# T H E NODE



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THE NODE

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## **EDITORIAL**



Seasons greetings. We have received over sixty cards and letters from colleagues and friends around the globe, some of which will be included in this issue and others in following issues. We thought for this issue we would focus on certain themes. We have a wealth of information on items related to second generation, creative transitions and networking. We would like to have a regular theme on networking.

For us, the International Conference on Women held in Beijing occasioned a lead theme of Women's Focus for this issue with excerpts from Shizuyo Sato's article followed by where some women colleagues around the world are focusing their enegies.

In a future issue, we would like to focus on Creative involvement in society. We would particularly love to hear from you on this theme.

Heidi, Jeanette, Sandra & Sheighlah



# **WOMEN'S FOCUS**

arrived in Beijing September 2, 1995. This conference attracted many more people than the three previous conferences. I learned that there were 26,549 participants in the NGO part of the conference plus more than 5000 from China. There were 190 countries represented in the official UN part of conference. 5000 were government, 4030 NGOs and 3245 were media. There were 3339 workshops at the NGO part of the conference. They covered a wide range of subjects including economics, politics, human rights, legal issues, peace and security, education, health, environment, religion and mental health. The largest number were devoted to human rights issues. Some of the specific human rights issues were violence toward immigrants, abuse of refugee women, violence directed toward women in war zones, battered women in marital situations, women pressured in clitorectomies and other forms of surgical abuse, prostitution and sexual harassment in the workplace.

Because of my role in ICAI, I was able to participate in both the NGO conference as an official observer. This dual perspective allowed me to see how governments and NGOs can work together constructively. The NGOs are becoming the means by which the vision of peace, development and equality to which the UN prescribes can be realized in many local situations. The NGO part of this conference was especially large, giving hope and signs of real possibility for implementation through the work of NGOs.

The resolutions of this conference will continue to demand our attention in the years ahead. I was grateful that ICA is already active in most of the resolution arenas. When I came back to Tokyo I felt compelled to set up appointments regarding these challenges and to focus more of my energy on their resolution.

Conferences like this encourage us to share our experiences and learn from them, to hear how others feel and think and to consider ways in which we can all grow because of our wider experience with each other. We begin to feel more solidarity with one another. The gift of the Beijing Conference for me is that all these issues now have faces and many of them have names and addresses. I was surprised how blind I had been to women's issues. As a Japanese woman, I had thought very little about the difference in rights between men and women. Now I see the issue is even larger than rights. For many women the question is how to be seen as humans, instead of property.

As we look forward to the next UN conference, we need to be more prepared to present our abilities to work effectively towards the solution of these global issues through a variety of workshops and presentations to forums, country meetings, lobby groups, etc.

Women are needed to reform the quality of life for the entire planet. Male consciousness has created the style of the 20th century. The 21st century is calling for the particular gifts of the woman in the cities and villages of the world. Although the support of men will be needed, it

is the commitment of the women that is essential. .....Shizuyo Sato

Mary has taken us all on a profound journey this past year. Last January she was diagnosed with ovarian cancer and was successfully operated on with no need for follow up chemotherapy. She is completing her master's Degree in family and pastoral counseling at Iona College and is looking forward to applying her skills. She also helped care for her parents in Phoenix after her father's operation for cancer. Mary continues as group processor for the Guild of spiritual Guidance at the Wainwright House and as a board member of two volunteer groups caring for the homeless and the mentally ill. She especially enjoyed doing some spiritual work with Jan Sanders at Heartsong Hill near Toronto.

.....Mary Work

Who would have thought that at age 56, I would have my first art show, Touching Mystery, that sixty people would come and I would sell twenty of my sixty-seven paintings? As one friend noted, it was a "zinger" of a high point. All my analysis, journal and dream work, name change, solitude, ritual creations, and four years of art classes paid off. I broke through family and social conditioning and found a new identity - West Coast Watermedia Artist.

Launching the Wild Woman Odyssey last January intensified my drive toward creative expression. The nine month journey on which I led seven women culminated in September with an ocean side fire dance in which we each wore the mask we'd created. My mask was my artist persona. A marker along the way to my October show was the June acceptance of two of my paintings in Fine Arts '95, the largest juried show on Vancouver Island where 40% of Canada's professional artists live. In July I sold my first painting and treated myself to a week at the Metchosin International Summer School of the Arts. ....LiDona Wagner



Robin Hutchinson's school at Lewisham, a suburb of Sydney, has just established a permaculture garden and environmental program, giving inner-city students hands-on experience of sutstainability and manure! The concept of a school development day on Learning and Lifestyle for the staff, and the community of 7 schools, was rejected by the government department, but out of the reaction, grass roots solidarity is growing.

.....Robin Hutchinson

 ${\sf T}$ he transition from hospice work to a community-based, public health project was a big adjustment for me, but finally the four of us have begun to figure out how to implement this new program, and we're learning to operate as a team. I continue to be grateful that I made the decision to move closer to my family in the lowcountry of South Carolina. This year I was able to host my sister's 60th birthday party and help plan a surpirse party for my brother's 50th birthday. Also, I really appreciate the natural beauty and slower pace of Beaufort and this region. Both Pyramid (my cat) and I are very much settled into our new surroundings. .....Mary Ward

Elaine continued to serve on the Board of Greensboro Beautiful, Inc. and to chair its committee on Global Issues which focuses on Sustainability. She also was asked to participate in Forecast 2015 -- a county wide group of community leaders meeting over 18 months to build a 25 year vision for Guilford County. .....Elaine Stover

After struggling to make a go of her previous job, an occupational therapy position with a company that was increasingly requiring her to spend weeks out of Austin on assignment, Mary decided to apply for a new job. Since June she has been working as the head occupational therapist at a new hospital in Austin. This job is the first OT position where she has had an active role in planning the start up of her department (and of the hospital as a whole). .....Mary Hapmpton

I completed the requirements for the Postgraduate Diploma in Teaching English to

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Speakers of Other Languages (TESOL) at the Sheffield Hallam University and passed "with distinction". I also qualified to receive the Licentiate Diploma from Trinity college in London, one of the prestige qualifications for English language teachers in England and recognised in many parts of the world. The course work was quite demanding, both the distance learning part and the four-week summer school and testing phase so I was very relieved to get though it all and to get "good marks".

Much of my work in language teaching has been developed without the help of formal courses. My interest in languages has certainly helped me and my training as a teacher and group facilitator in earlier years. Nonetheless, it was very good to have my work confirmed through the course work and to find out I had intuitively done a lot of thing right! Of course, I was exposed to many new ideas and have some new concepts for my work. I will probably continue studying for another year in order to finish up the requirements for a Master's degree.

.....Yvonne Ford

Judy is still teaching English at South Mountain High School. Much of her time at home is spent in the yard--composting, planning, and harvesting. In January we had oranges and bok choi. In May and June we harvested 200 pounds of peaches. In June and July we had the most beautiful eggplants, zucchini, tomatoes and peppers. The winter's pecans we shelled all through the spring and have gathered in the first bushel of this year's crop. Judy and Jenny made peach preserves and grape jam. Some of the grapes were dried for raisins. Even the mailman knows the seasons as we share the abundance. This week Judy took pecans to school and brought home grapefruits. ....Judy Weigel

Claudia is co-creating some amazing Quilts. The cards she had printed last year have been great advertising. She has her quilts on display in local galaries and in the Pike Street Market at Undervover Quilts. She has gotten local media coverage. She is attempting to

transist to doing her own creations during 1996! .....Claudia Cramer

In May, I took a step I'd been contemplating for several years. I began training as a therapeutic massage therapist. Classes were held at night. The instructors and other students are all so interesting that I really enjoyed it. The school is called Minneapolis School of Body Work and Massage. I am finishing my last course in the basic requirement for certification this month (December). I then can be certified and begin to have some clients. I have ordered a massage table that is to arrive at any time. I really enjoyed training. I loved anatomy. I told my teacher I had been waiting for 30 years to take this course. I intend to do more training, but I need to take time to get more experience DOING massage and see how it goes from me. This means I have to take good care of myself physically so that I can do this skill. So I'm eating better and starting to exercise regularly again. .....Doris Jane Conway

We enjoyed a reunion with Maxine's family in Gillette, Wyoming. Several family members gathered at the home to visit and see a quilt made up of squares with the names of 35 women from the Dillinger and Coffee families. Maxine's grandmother, Della Coffee Dillinger, had started the quilt in the early 1930s, asking each woman to make a square from a piece of her clothing and embroidered with her name in the center. The quilt pieces were finished by 1935 but no one had time to put the quilt together.

When Maxine's mother died last year, her sister-in-law, Judy Dillinger, gave Maxine the quilt pieces. Maxine's friend, Claudia Cramer, is an artist who does quilt art. She completed the quilt with a beautiful appliqued border of ivy vines and sheaves of wheat. The quilt is now hanging on Maxine's living room wall. It probably will go with her to all future family reunions.

The great gift for Maxine's life this year was being laid off from her job at Los Angeles County Harbor-UCLA Medical Center on

October 15, 1995. She is optimistic about being rehired or finding a new job sometime before mid-January, but in the meantime she is rejoicing in the free time. She was laid off just before Brooke was born which allowed her to spend a week helping Elaine and Greg after the birth. She has also been catching up on projects she has been putting off for years and is enjoying every day. .....Maxine Butcher

It is ten years since I, Christine Mead, Lorraine Purden and others, build The Labyrinth of Consciousness on the second floor of the Kemper building in Chicago for the Planetary Vision Quest Conference. That installation was quick whirl through theories about the mind. The labyrinth has since become the symbol for my inner journey: whenever I have "unfinished business", I go into the labyrinth, metaphorically speaking.

In 1993 unemployment gave me enforced solitude, and instructors at the Ontario College of Art showed me how to transform my past, my body, my dreams, into art, transforming inner emptiness into a creative womb or garden. This culminated in my first public art show and video presentation in Toronto--The Labyrinth of the Deeps. This was the first time I felt I had done something completely on my own. My sense of accomplishment soon evaporated--few sales left me disillusioned. angry and confused. Since then, I have produced just a lot of bits and pieces, experimenting with different styles, media and materials--drawing, watercolour, dyes, cardboard, banana peels, wire and junk.

In this past year, I found more satisfaction renovating our new property--demolishing, hauling mountains of garbage to the dump, taping drywall, digging a garden--and designing logos, annual reports, brochures and periodical for clients like ICA Canada, the Canadian Spinal Research Organization, PeopleEnergy, and several clients on the LETSystem, a local barter network. The computer is usually on 4 hours day.

Now, in my spacious new studio space, I'm ready to find a focus and have launched another journey through the labyrinth.

provoked by a crushing experience at a summer art fair where I sold no artwork. After eight years, I am three-quarters through a four-year program at the Ontario College of Art. Three art teachers serve as mentors and I am working on three goals:

1. The Labyrinth of the Self or Center. This will be a room-sized environment symbolizing my quest to find the centre of the labyrinth (ie

my centre/identity/eqo/self).

2. Ten "Doodles". (remember The Doodlers Cave at the PVQ?) These small painting will develop my artistic scribbles into a personal vocabulary and narrative about my journeys through the labyrinth.

3. Persona;/Family Montages: customers give me their scraps, junk memorabilia, etc, and I turn them into an artform according to their specifications (colour, size, etc.)

The labyrinth is my dark night/long march and alchemical transformation; the doodles are my play and my dance (instead of bellydancing); the montages are my connection with people. .....liona Staples

Kamala gets to enjoy the beautiful environment of the farm because she is mostly in Nasik. For the last 3 years, she has been involved with a women's programme--an interesting concept that combines personal grooming, enhancement of outdoor & indoor home environment along with diet nutrition & yoga. .....Kamala Parekh

Tina had a great summer traveling in Asia. She took the summer off from studies to visit Hong Kong and India for the first time. While Raymond was doing business, Tina toured around and was gracously hosted by friends. Highlights of her trip included the Ellora Caves, Bombay, Delhi, Taj Mahal, and Maliwads. At home, Tina is working on her masters in early childhood education at North Park College. .....Tina Valdes

Thea is the Unit Leader of five fourth-grade teachers and two assistants at Hong Kong International School. she co-ordinates curriculum and helps new teachers understand 'the way we do things here'. Her



team is talented and co-operative but it's hard not to feel responsible about too many meetings or curriculum problems. It's a fulfilling time. Thea's cluster of 130 fourth graders sang carols at the Kwun Tong Home for the Elderly last week. Songs, smiles, fruit and candy, easily crossed barriers of language, age, and poverty.

.....Thea Patterson

left "temping" half way through the year to edit a book full time. It was exciting to be challenged by working with ideas again. It was a delight to stop commuting. It was frustrating to work free-lance on such a huge project. The manuscript finally went to the publisher a month behind schedule and I have just sent off final responses to their queries. I will be delighted to see it in print this year. (building a Win-Win-Win World: Life Beyond Global Economic Warfare by Hazel Henderson)

Currently, I am working full-time in the building with the International Conference Center. The interrelation of connections and networks that fill our space comes as complete mystery and pure gift. We have had the joy of hosting colleagues from all over the world engaged in all sorts of activity. The longer term visitors are the most exciting because of the opportunities they provide for interchange and learning.

.....Margaret Lazear

I find myself drawn to working with various forms of energy building this year. This includes the American Indian sweet medicine teaching and the Chinese Chi Kung and Tai Chi Exercises. It may sound like a strange combination but I find them very empowering. My work with women this year has focused largely on personal rituals and ceremonies for various individuals. Drawing on our past wisdom and experience we have created some very powerful events, from wedding, to memorial services, to healing circles to rites of passage into cronehood. ....Sandra Rafos

returned to Hong Kong to lead a two-day leadership retreat and begin the school year in our newly renovated facility. After several years of dreaming and careful planning, our

vision has become reality in our beautiful building. we have a Chinese Studies Center with floor to ceiling windows opening onto a pavilion. The pavilion sits in the middle of a garden with lush vegetation and a pool with goldfish. We now have a science laboratory and an in house TV station with monitors in each classroom. Students are already producing brief news reports on location from such places as Beijing and the playground. This year we have 530 students in grades 3, 4 and 5. Our maximum class size is 22, with most having 20 students. Half of our classroom teachers are new this year. We have a great faculty, wonderful kids to work with, and a supportive parent community. With 140 new students and 21 new faculty members, our priority goal for this year is building community. In addition we are working to align our math teaching to the NCTM (National Council of Teachers of Mathematics) standards. We are developing our knowledge and use of student portfolios and student led parent confidences, and identifying pieces of evidence which tell us what our exiting fifth graders know and can do when they leave upper primary.

.....Mary Hoff

Earth's Song by T.C. Wright

Billions of years ago earth began and creatures followed startling us for life is lived from breath to breath amazing us that time collapses to a single point yet we are viable as we slowly learn what responsible behavior means our actions now the key to the continuing viability

of our

planet



#### **CREATIVE TRANSITIONS**

The most shocking event for me was to turn forty years of age. I am not a young man anymore. Yet I feel that there are hundreds and thousands of things to learn more about life and the world. I will be finishing my master course offered by Azusa Pacific University this year, and Don Hinkelman helps me to write a graduation paper. I try to lead a balanced life as "the three boxes of life" taught us. I enjoyed swimming last year totaling 100 kilometers of swimming for a year. My job is basically OK, yet I feel it's a little difficult to find any excitement here because I've been in the same office for ten years. .....Kenji Yoneda

Some of you know my attraction to financial complexity. It has been a year now since Ilona and I finally converted rent to mortgage and bought a derelict two-story commercial building in a main street facing Lake Ontario's beach. Our challenge was to turn the burnt out restaurant into a studio, and the second floor into an apartment. Installing from scratch electricity, plumbing, heating, insulation, drywali, windows and doors graduated me from bright-eyed enthusiast to bleary-eyed, weary novice. I did everything twice, the first time to make mistakes, and the second time to get it right. I developed acute paranoia of building inspectors. We rummaged through a used building material warehouse and constructed bathroom and kitchen for under \$1000. The building came with a strange 4'x8' fiberglass tub equipped with steps. It took three months to figure out it was a baptismal font trashed by a preacher who once owned the building, and another three months to figure out how to get rid of it. Today, we have a property that has appreciated in value and an unobstructed view of Lake Ontario. .....Bill Staples

Yes, Jim and Sue have moved to the great Northwest, after residing in Hong Kong for the past 9 years and in various locations around the world for the past 22 years.

In July we finished up our jobs at Finexco and the Hong Kong International School, said

goodbye to familiar sites and friends and set off for Oregon. We, first, located a car (Volvo) and an apartment and began a new phase in this life adventure by settling on the banks of the Willamette River, midway between Portland and Salem in the Charbonneau area of Wilsonville. Charbonneau is a 312 acre planned development with footpaths that wind through courtyards, over bridges, along peaceful ponds and rushing streams. We enjoy the country atmosphere, yet have easy access to the city and shopping.

We bought a new Macintosh in November and have been exploring the "Internet".

Shortly after visiting relatives in Oregon and California, Jim tested above normal for the PSA marker in the blood. A biopsy revealed that he did indeed have a cancerous tumor within his prostate and preparation was made for surgery on December 4th. Surgery was a success, the doctors believe that they have removed all the cancer. This is great news.

.....Jim and Sue Oberg

John is in Bangkok, Thailand, for a three-day seminar. His company's growth necessitated a move to a larger office space last July. There are eight full-time staff and another sixteen who work for Kanbay at Hong Kong Telecom. It's a challenge to create the systems for all this expansion. It was much simpler when there were only three in the office! We have had our share of farewells and visitors. It was a wrenching time saying good-bye to the Greenwalds and the Obergs last July and we often forget they are too far away to 'walk the Dragon's Back' this or that Saturday, as we were wont to do. Visitors abound, though, bringing good cheer and news from friends and family.

.....John, Thea, Miriam, David Patterson



We remember Joe, who introduced us to the Other World and to The Land of Great Mysterythe Journeys of Those Who Care, of Spirit and of Service-of Transparent Knowing, Being & Doing.

We also remember The Man on the Mountain, the Great Seers of Vedas and the Mahatma - I AM Presence-Tat Twam Asi-That Thou Art.

Remembering Jesus today we remember Khalil Gibran who said "Our children are not our children, They are the sons and daughters of Life's longing for itself. They come through us but not from us. We may give them our love but not our thoughts for they have their own thoughts."

.....Chandra Joshi, Kolhapur, India

#### SECOND GENERATION

The August wedding of our daughter Kathryn Telford and Charles Vaughan was a real family event with relatives arriving from New Zealand, Brisbane, Melbourne and country NSW. The ceremony was held at Observatory Hill near the Sydney Harbour Bridge on a beautiful afternoon. Congratulations to the newlyweds. .....John & ElaineTelford

Christopher and Jennifer O'neil, his girlfriend, are attending Purchase College, liberal/fine arts school which is part of the State University of New York. He has enjoyed his classes in music, antrhopology and history and is still deciding about his college major and future directions.

Benjamin is a senior at Pace Univserity in accounting and business management preparing for his CPA exams. He works on campus and enjoys very much his fraternity. Over the summer he worked in manhattan at an accounting firm. .....Rob & Mary Work

Lynn is discovering the joys and challenges of independence and college dorm life. The first semester has been one of 30 hour writing marathons, exciting and dull classes, new friends, time and money management. When Lynn spoke at her high school graduation, the theme was short and long term preparation short term when the message is spontaneous and from the heart; long-term when preparing for adulthood in the next millennium. As she pointed out, her class will be the last college

graduating class of this century. There were times this fall for her when the long term really hit home! .....Bob, Sandra & Lynn True

Meg has had a good year. Perhaps the highlight? was when, in October after 24 hours of non-stop rain, the roof (We are on the top floor) really began to leak and water started dripping from the ceiling in Meg's room. Mike and our building engineer went up to the crawl space with buckets while Judi did the same in Meg's room. However, too little, too late.

Meg was in bed, ready for sleep when a good chunk of her ceiling fell, knocking several shelves from Meg's wall. It was nearly 1:00 am before we finished picking up all of Meg's plaster-covered things, shoveling the wet plaster into large garbage cans and vacuuming up all the bits and pieces. What a miserable mess. Luckily, no one was hurt. True to form, Meg laughed hysterically and loved the continuous flow of roofers, repair men and condo board members who came to see the disaster. To celebrate the festive occasion, we escaped to the circus with Meg, Grandma Dorothy and Brooke.

Long Boat Key was a very special time this year. Kit, Alex and Colin, now age 16 months were able to join us for most of the week. Meg and her nephew have a real thing going. Colin loves the sea, sand, sun and surf as much as the rest of us and he and Meg had great times on the beach. Kit and Colin were in Chicago for a visit in October and will be here again for part of the holidays.

......Judi, Mike & Meg Tippett

It has been a great year of beginning.
Elisabeth Hampton and Jonathan Darley were married in June in Blanco, Texas. It was a fine wedding with all the preparations coming off without a hitch. We welcome Jonathan as the newest member of the Family.

Christopher 16 years old now & over 6 feet tall, has had a pretty good year. In his first year in high school, Chris was placed in the top 10% of academic achievers in the whole of Austin. On the sports side he was chosen to

play for both the junior and senior school soccer teams, and won the best defender award for the junior team. He started driving lessons recently, and also had his wisdom teeth removed in November. Ouch!

.....Stuart and Mary Hampton

Esther Stringham has been in Canterbury since the beginning of September. She's in her second year of studies (English and German law). She worked in a lawyer's office in Frankfurt for a month this summer and got a job at the newly opened Haagen-Daz shop in Canterbury a few weeks before the fall term started. She's sharing a house with five other students this year - the university doesn't have enough housing for students to stay in dormitories.

Jonathan is finishing high school this year. He's 19 and in grade 13. He has applied to a number of universities in the UK and hopes he will be accepted in a programme of business studies. He has talked about applying to colleges in Canada and the USA, too; his marks are high enough that he should be able to get a scholarship (the only way we could afford a North American school!). He's still playing flute and is working part-time at Haagen-Daz.

Dara is in 11th grade and bearing the burden of the course schedule that precedes the last two years in which some courses can be dropped. The work load is great in this year and is complicated by the amount of time she spends on dance, work at the British Bookshop and on cross-stitching. She finished an intricate Christmas stocking for her best friend after several months of work. She made a trip this summer to Verona in Italy and saw two operas in the open air theater and was delighted to visit the Toscana area of Italy, staying at the home of the talented young violinist Augustin Haderlich who was giving concerts in Germany when he was nine.

Hannah turned 12 this summer, the point at which we mark the passage from child to youth. She made her first trip alone, to Canada to visit Marjorie and John's brother Peter and his family. Being 12 also means

she opened her own bank account and has to manage a monthly budget. She also is responsible for her own laundry (what a hassle!) and for learning to cook an evening meal for the household. She's a fraction taller than I am and wears larger shoes than either Dara or Esther. At school, relationships with her school mates have improved and she seems happier than she has been before. She's still getting tutoring in Math and Latin but hopes she'll be able to proceed on her own soon (and has plans for what she would do with part of the money that would free up..)

.....Yvonne Ford

Jenny is home from 60 days of traveling in Mexico and Central America, awed by all that she has experienced--seeing a coral scuba diving off the coast of Honduras, rafting through virgin rain forest, and climbing Costa Rica's highest peak. In March she was awarded a Fullbright Fellowship to do research in Nicaragua. This summer she led ICA's 6th grade Rite of Passage and reflected upon her participation in this program over 11 years.

In May the boys graduated from high school and this fall they began their college work at Glendale Community College. Summer jobs were challenging and physically demanding. Shanker interned with a horse trainer and worked with 30-to horses, breaking and training them and taking them to shows in California. Dhondi provided water and sustenance support for forest fire crews working around the state. He was on call 24 hours a day and camped out up to 10 days at a time in temperatures over 100 degrees in Arizona's lower desert areas.

.....Jim & Judy Weigel

We had a family reunion at Bell Fenton's home in Colorado with all three children, spouses, our great-grandson and all but one grandchild. this was the first time for many years that all three of our children had been together. Many old stories were told and new ventures bragged about. Jay now has "Mad Scientist" on his business card with a small computer graphics development company. Bill and Leigh have brought a big house-

between them they have five teenagers to keep it lively. Kathy has become a young grandmother and keeps on managing DeFaul University finances. .....Jim & Sally Fenton

We all agree that this year's family highlight occurred in early July with the wedding of Benjamin to Karen Louise Ahlborn in Wilmington, Delaware. The event was a joyous celebration, attended by family and friends from places as distant as Alaska, Arizona, Florida and Newfoundland. The bride was beautiful and the groom radiant. Joe gave the wedding witness and Jonathan served as best man. We all deeply appreciated the greetings extended at that time by those who have influenced Ben's life.

Following the wedding Ben and Karen enjoyed a honeymoon in Bermuda, and then left for a year of study and work in India. They spent the fall months in Vellore working at Christian Medical College, and are currently in Madurai where Ben is coordinating an ocular TB project at Aravind Eye Clinic and Karen is helping to write a hospital management curriculum and promotional materials. In the early spring they will relocate to Bombay where Jon hopes to join them for a clinical rotation and some travel. Top on their list is a return to Maliwada, the village in which we all lived 20 years ago.

Jonathan passed his first medical boards and has completed clinical rotations in psychiatry, family medicine, obstetrics/gynecology and pediatrics. Next he tackles internal medicine and surgery. The practical nature of this training phase became clear to us when he was "beeped" en route to RI on Thanksgiving eve and was called back to the hospital in Worcester, MA to attend at a Latino patient's delivery. He caught up with us 24 hours later. Jon is finding his facility in Spanish to be a strong asset in his work in the city.

.....Marilyn & Joe Crocker

Mark Cramer is working with Kanbay, the company he helped found and is a senior VP, to open an office in Seattle, with Mark as the Managing Director. From here he will

coordinate and develop their business on the West Coast and start up a new line of telecommunications services. He hopes to move to Seattle, permanently, by February.

Kristen is still single and gorgeous, enjoying her real estate business and celebrated her 30th birthday this year. She hosted Thanksgiving dinner, cooked the turkey, entertained and fed 18 people. She is also demonstrating her wondrous 'Auntie Tia' skills. .....Claudia & Don Cramer

Aaron is in his second year at Trent University in Peterborough, Ontario. He is reading English Literature and History. He's in honours and wants to go into teaching. He's in a house with five other students, doing all of his own cooking and all the rest of it. Exploring the edges of culture and assumptions and loving every minute of it. Like we expected something different.

Tim made the big leap into high school. Year 9 is turning out to be quite a success. He chose Danforth because of the good technical courses and his interest in engineering. Meanwhile, he is discovering a talent for writing and gets top marks in French. Who Knows? Beyond school he is into skateboarding and fixing boards and bikes.

.....Wayne & Jo Nelson

Dirk lived in my house until July when he moved into a new townhome in Burnsville. He continues working at Heat 'N Glo although he is actively looking elsewhere. He has a housemate: his freshman roomate from college.

Jessica, and her husband, Geoff are in Hickory Corner, Mi. (near Kalamazoo). Geoff has finished his doctorate. Jessica is continuing her research for her doctorate in aquatic biology. .....Doris Jane Conway

A highlight for us was the birth of our first grandchild, Brooke Elaine Stuart, daughter of Elaine and Greg on October 20, 1995. She weighed 9 lbs. 11 oz. and was born at home with a midwife in attendance. Elaine and Greg



had done a wonderful job of preparing for her birth. She is healthy, alert, happy baby and is growing rapidly and charming us all.

Greg is finishing work on his Master in Public Administration degree at California Lutheran University, and continues to work as Director of Youth Programs for Catholic Charities in Los Angeles. Elaine still works for Sumitomo Corporation of America, a Japanese trading company, although she is on maternity leave until the end of January.

Carol is a senior accountant for Aramark Company in Burbank, California. IN addition to her work she has been taking creative writing classes and guitar and dance classes, guitar and dance classes.

Teresa still lives in East Lansing, Michigan. She is working at two jobs. She is a mental health resident technician and also coordinates assault counselling at a mental health center. She is applying to graduate schools to begin studying for a masters degree in social work next fall. We're looking forward to her being home for a week at Christmas. .....Maxine & Roger Butcher

Ashrita, after graduating in home science is undergoing a one year Pre-Primary Teachers' Training at Pune. Thanks to colleagues at the International School in Hong Kong who helped her discover the passion for children's education.

Summit, now in Hong Kong, has had a very good 3 1/2 years stay there. He has enjoyed the responsibility of managing the affairs of a company. He now understands systems and logistics of running a business and plans to return to India by mid '96.

.....Vinod and Pamela Parekh

Asha Spencer who is now 12 went to live with Aunt Daphne and Uncle Phil in Whyalla, South Australia where she attended school for the year and learned to speak Australian and other strange customs. She enjoyed her experience so much that she decided to look into the possibility of staying on. As a result of her initiative, good planning, and a lot of

persuasive talking she has been accepted into a boarding high school in Adelaide where she'll be attending at the end of January. In the mean time we're glad to have her back in Chicago for the holidays.

Sonya has also enjoyed her share of travel this year. As a member of the Gems Rhythmic Gymnastics team, she often travels out of state to compete in regional meets during the winter and spring months. This year she captured first place for the region in her division. This qualified her to compete in the National Junior Olympics competition which was held in Atlanta, Georgia. Sonya also graduated from Skinner Elementary this year and tested into Whitney Young High school which is well known for its high academic standards. With school and gymnastics you might assume that Sonya does not have a social life. Not true. If you come by the house you most likely will find her on the phone.

.....Tina Valdes & Raymond Spencer

David's High school graduation in June, and farewell as he departed for Trent University last September, was a time of celebration and a teeny bit of 'empty nest' turmoil for his parents. He is enjoying being in residence, having his own room (and telephone) and is experiencing a real Canadian winter for the first time in his life.

Miriam's graduation from Trent University in early June, saw John, Thea and Grandpa Hait cheering for Miriam despite the rain. Summer work took Miriam to the Yukon, and from thence, Hong Kong. In mid-October she began an Indian Odyssey, visiting Delhi, Bombay, Kerala, Karnataka, Aurangabad, Pune, Nasik, and Maliwada, the village she lived in for a year when she was three. This was an important time for Miriam as she moves into another phase of her life.

.....John, Thea, Miriam & David Patterson

Esther is at Loyola University here in Chicago and Naomi is enrolled at Shimer College in Waukeegan, but on an exchange program this year in Oxford, U.K. .....Margaret Lazear

Our eldest son, Peter, and his wife and kids have retuned from Canada. Peter was part of the Lorne project for a year and there met his wife. So, 14 years later they went back and saw relatives and friends, including the people of Lorne. It was a tremendous year for them.

Our second son and his wife and kids have faced illnesses, not their own but Jessie's parents. This have been quite draining on them. Geoff also contracted a spinal disease and has had to give up his roofing business. He has taken the risk of going back to university to get a building degree and has come through the first year with flying colours. Son No. 3, Robert, has decided to buy our house in Greenacres and has set up a backyard printing business in the shed. He works for a printing firm so this is a spare time iob for which they have high hopes. At the moment it looks like a mini-Chicago printshop! Jenny has completed her teaching diploma. Her partner is making it possible for them to go to Latin America in this coming year for a little objectivity! .....Brian & Rhonda Robins

In June, Shonna, now 25, graduated with honors from Ohio State in Environmental Education. Kevin, now 23, lives and works at Hemlock, a George Mason University Outdoor Education Program. Robert and the Little River Soccer Team placed second in their division this year.

.....Eunice & Sherwood Shankland

Mark and Cari, Erica, 4 years and Alec, 2 years-are in Bolingbrook, IL, SW of Chicago. Mark has been out of the hospital 1-1/2 years, and Epi-Q, the business he and his team formed is doing well. They work with outcome-based disease managment and are pioneering new ways of approaching old problems.

Nathan and Jill, Chirstopher, 8 years and Nicholas, 3 years-are at Travis Air Force Base near San Francisco where Nathan is a pilot flying KC-10's (the Air Force DC-10's). Some extended trips are required but for the most part he gets to stay pretty close to home. We really like it when he flies to a base close to us

and can drop in overnight. Too bad he can't bring the family along.

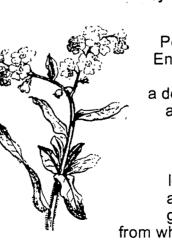
Russel - in boston, left the Either/Orchestra after a trip to Europe in order to stay in Boston and develop his work there as a professional trombonist. This includes giving lessons and also volunteering with an educational enrichment program teaching trombone to inner city youth. This expands in the summer to a job teaching these same youth in a music camp in New Hampshire. He'd love to do more of this.

.....Dorothea & Jim Jewell

Rachel Holmes has the opportunity this summer to work at the Dome Mines in South Porcupine and discover some of her family roots. This is the mine where Duncan's father worked for 35 years and also the area Duncan grew up in. Rachel got to work with some of Duncan's class mates and meet others over the summer. The opportunity to live on her own brought an awakening of all the work involved in keeping a house and caring for oneself. She continues in her third year at Lakehead University in Thunder Bay. Her focus is still Biology with an increasing interest in geology and anthropology. Boyfriends come and go - one or- at a time - but the topic is still off limits in these letters.

.....Duncan & Heidi Holmes

The Gift of Quality by T.C. Wright



Life is Perpetually Enhanced by quality a dot of beauty a moment of care a timely word look for it and it will greet you from where it is hidden look for it and name its presence.



#### **NETWORKING LIGHTS UP**

received a phone call from Mohammed Yasin from Cairo last autumn. He was attending an ICA meeting in Tokyo. we spent one day together and I had a chance to show him Tokyo. He was impressed with the strange costumes and dancing at Harajuku. Yasin is married to an Egyptian lady and they have two daughters. He said that he does not wash dishes anymore in ICA Cairo and commutes to the office from his private apartment. He feels that he works with an ordinary company. .....Kenji Yoneda

Katrin and Sarah Ogilvy, Margaret Taylor, and Lis and Garnet Banks recently met for a workshop in Melbourne on the partnership model of leadership covering definition of the model, why we would use this model and what and where we begin to take the first steps. The group will meet again in December to continue the process.

Priscilla and her partners, Kathleen Harnish-Doucet and Joel Wright, have kept busy redesigning and delivering their leadership development program, Team Tech. They have also had the first 5 of a series of 12 articles on leadership published in the Kansas Corporate Report. .....Priscilla & Rod Wilson

This year's trip to India included a visit to Kanya Kumari, an awe-inspiring temple at the southern tip of the continent. Our three weeks in India and the visit of both Shankar and Shakuntala Jadhav to our house kept us aware of the wonder-filled oneness of the planet Earth and of the need for simple sustainable living patterns around the globe.

.....Elaine and Nelson Stover

John teamed up with the Malaysian Institute of Training and Development four times to deliver strategic planning to all managers and executives of an aero-space engineering firm; Ann teamed up with Norwegian Save the Children in Asia to design and deliver a 2-week Leadership training seminar for rising young managers from Cambodia, Vietnam, Sri

Lanka, Thailand, and Nepal A second and extremely exciting aspect of this partnership was that Ann was able to invite three others from ICA/LENS Asian network to join the facilitation team. The interchange and colleagueship among Kevin Balm from Perth, Mary D'Souza from New Delhi, Judy Gilles from Bombay, plus Ann, was an exciting event in itself. The team of four has been invited to conduct two more modules for the same group in 1996. .....Ann & John Epps

In addition to individual, world-related travel which usually has us coming and going at different times and in different directions, Marilyn and Joe flew to Arizona and New Mexico together this summer for a rare taste of "being tourists". We spent a great weekend visiting with Kaye Hayes Gadway in the paradise setting of Supai, in the Grand Canyon; enjoyed the breathtaking beauty and variety of land and sky in the Flagstaff area; and concluded our trip with a week in Taos and a deepened appreciation for Native American culture. ..... Marilyn & Joe Crocker

Don is into his second year at Bates Business and Management Training Center in Tacoma and enjoying both the challenge, the regular salary and the benefits. Last spring he climbed, with Dave Cunningham and John Karpoff, the 10,541 ft. Glacier Peak, one of the major snowcapped volcanoes in the Cascade Range. .....Don Cramber

A number of colleagues are here in Atlanta: Bill & Phylis Slicker, Al Lingo, Martha Talbott, and the Montgomerys, Brazeres & Vaughens to name a few. We lost Sandy Powell to marriage in Latin America. George and Wanda Halcomb have been here training to be "official Methodist Missionaries to the Philippines and have just left to spend the holidays in Dallas before taking their assignment in January.

.....Bruce & Marha Donnelly



# BOOK REFLECTIONS by Bob Vance

5 Books

Over the last 10 years I have had the opportunity to read a number of books (probably about 500). Some of them were my attempt to reformulate what I saw going on in my life and in the world. I want to take this opportunity to share with you my thinking about the five books that have most impacted my life in the last 3-5 years. These are not book reviews but some impressions on what most caught my attention.

The Universe Story by Swimme & Thomas Berry

For the first time I read a book that presented a cogent and meaningful narrative about the whole universe and the glorious five billion year history of which I am a part. Religious mythologies now appear woefully inadequate in the face of our current perceptions of reality. The great thing about if for me is our emerging new story about what actually happened is far more exciting than any of the older and earlier attempts appear today. During my 21 years at the Institute we had a lot of breakthroughs and had significant achievements in many areas but we never did finally work on a comprehensive new story or "myth" to make sense out of what has happened and is happening on the planet.

- A. Throughout the 5 billion year history of the universe many of the "events" that created the Epochs and Periods of the geologic time-scale were massive extinctions of various forms of animals. All of us know of the dinosaur extinctions but there were many other species that died out at the same time as them and that "event" was really small potatoes compared to some of the earlier times of mass extinction's.
- B. Never in history has one species (humankind) catalyzed so rapidly the extinction of so many other species and today, the rate of that catalization of extinction is only increasing. The truly tragic dimension is that most people don't grasp what is happening and, since it has never happened

this way before, no one really knows what the long-term result will be.

The Ecology of Commerce by Paul Hawken This book dramatically reminded me that as we rapidly and almost unknowingly increase the impact of our most serious environmental problems, we are unquestionably moving toward catastrophic consequences-any one of which could lead to a crisis that our species might not survive.

- A. He argues that not only is business primarily responsible for many of the crisis, but also that business is the only force on the planet capable of spearheading the reversal of these conditions. He further argues that the collapse of the environment could well destroy the economy and the quality of life we enjoy. The environment will recreate itself in other forms; civilization, as we know it, might well be finished if this happens.
- B. A major key is to assign real costs to the losses created by economic forces. Polluted water, the loss of wetlands or destruction of the ozone layer should be seen as costs of doing business and included in the expenses used to determine prices and profits. Someone eventually will have to pay for these gross mis-judgements, if we are to survive them. Why shouldn't the people who are sometimes making obscene profits today be the ones to pay rather than pushing the costs off on future generations

Ageless Body, Timeless Mind by Deepak Chopra

This book convinced me it was possible to live to the age of 85 without extreme loss of vitality and strength that I currently have at the age of 56. The keys, he argues, include disciplined life involvement, consistent and serious exercises and careful monitoring of your diet. The major issue is the control you decide to have over your own life not only in surface patterns but in its deeps currents.

A. His insights on how this is possible are not esoteric notions but rather are the new emerging common sense realities such as "the mind and the body are inseparably one",

"we are not (simply) victims of aging, sickness and death" and "although each person seems separate and independent, all of us are connected to patterns of intelligence that govern the whole cosmos".

B. His practical hints are truly doable but by no means easy. I quickly recognize the value of making some of the changes he says are necessary but actually making the changes is much harder. I currently struggle with the decision to do some relatively serious weight exercises to compliment the aerobic exercises that I do regularly.

#### The Fountain of Age by Betty Frieden

This book dramatically reinforced my generally vague awareness that, in fact, if I chose to, I could still move in some new, creative and positive directions in my life in the next 30 years. Like most people we have established some specific patterns that we could easily continue and extend without much variation for 15 or 20 years. On the other hand, if we so chose, there could be many adventures ahead of us that we have yet to conceive of.

- A. The greatest enemy any of us faces as we age is a subtle and pervasive ageism. Most people as they age are told they will lose vitality and no longer have societal usefulness- and sure enough that is exactly what happens-for most people. This deterioration does not happen to everyone and so it does not automatically have to happen to me. However, it will require a determined effort on my part to stop if from happening to me.
- B. Community in its many forms can play a part in this battle. This can be either immediate or extended family, work colleagues, friends or even an adopted community group in a church, a building or a neighborhood. Community can provide the support that any of us needs to maintain a healthy and positive stance.

# Sex, Ecology, Spirituality: The Spirit of Evolution by Ken Wilbur

This book (first of three volumes) is monumental effort in a highly systematic and rational way to explain and make sense of what has happened and is happening in the complex set of societal and cultural trends we participate in - and tie all of this into a somewhat new understanding of evolution. Wilber has created four coordinated tracks of evolution that follow: a) the development of the physical universe and society; b) the development of culture and religion in society; c) the internal development of the individual and d) the development of consciousness. This is a rough description of his quite complex layout.

- A. One of the major reasons I went to seminary and became a minister was to try and answer for myself some of the big questions about life. I find now that neither traditional religious approaches nor many of the new religious thinkers are of much help any longer in giving ways to make sense out of these life questions.
- B. As one who has always had a healthy dose of cynicism if not outright pessimism about trends in society, I am delighted that Wilbur is building an argument that, in spite of all we see and experience, life does seem in the long view to be ever moving in a new and positive way. .....Bob Vance

