



THE CANONICAL HOURS

VOLUME II

The Ecumenical Institute, a division of the Church Federation of Greater Chicago, was founded by concerned citizens and churchmen as a result of a resolution offered in the Second Assembly of the World Council of Churches at Evanston in 1954. It is a not-for-profit organization chartered by the State of Illinois. The Institute is dependent for support upon gifts, deductible for tax purposes, from individuals, corporations, religious bodies and foundations.

For the past fifteen years the Ecumenical Institute has been directly engaged in experimentation and research in contextual re-education, social reformulation, and human motivation in Chicago, throughout North America, and across the globe.

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INTRODUCTION

During this century the advancement of man's awareness of his universe has reached a pace that is unparalleled in all the rest of history. At the same time, every structure that man has invented in the social process is struggling to reinterpret its foundational meaning and thrust. In these times of great upheaval around the world we are witnessing a phenomenon in the spirit of man.

As in the past this breakloose of the spirit is the indication that a New Social Vehicle is about to come into being. No new era in the social process has ever been born save out of a new awakening in man's spirit deeps. The People of God across the globe have sensed this awakening. The church universal sees that its task in these times is to recreate and recover the symbols which can be the sustaining power for the New Social Vehicle.

This experiment in a new form of the Breviary is one attempt to recover spiritual meaning in our time. Post modern man as man in the past must have a way of internally marking the times of the day. It is his means of being present to his significance, and hence of internally sustaining himself. This becomes more important as life continually grows more complex. The aim of this Breviary is to contribute to this need. Its intent is to recapture the rich heritage of spiritual nurture found in the Canonical Hours while at the same time to transpose them into the milieu of the post modern world.

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Man tells time not only by the clock but also by significance, or kairotically. Self-consciousness requires an overlay of intentionality upon time. In the midst of everyday life the patterns of man are forged by the relationships he takes to time—herein is the expression of the meaning of his life. The church has marked Christian time in several ways such as dividing the years into sacred seasons. She has told time by partitioning the day into eight segments built around the great episodes of the Christian faith. These are called the Canonical Hours and mark both chronological and kairotic time.

The Canonical Hours were developed in the early church. By the third century the form and arrangement had been established, and few major changes have been made since. The nocturn hours of Vespers, Matins, and Lauds came first. To these night watches were added the three day hours of Terce, Sext, and None. Later in the life of the monasteries two more hours were added: Prime in the morning and Compline at night. This gave eight hour offices, each one a three hour period of the twenty-four hour day.

In the early medieval church the Canonical Hours were used to consecrate the day and night unto God. They were a means of sanctifying the total activity of each rotation of the earth with each hour office corresponding to the particular spiritual need of that time period. Hence, the hours were from the first practical and not some theology superimposed upon the day. As one writer has put it, the offices are like an oasis one comes upon as he hurries through a day which offers the water of grace and the cool refreshing shade of heavenly assistance.

The Canonical Hours contain four major elements: hymns or canticles, the Old Testament Psalms, the Lessons or capital verses from scripture, and prayers of the historical church. The remaining part of the hours are the framework which hold these major sections and include the Invitatory, the Benediction, and Versicles.

The central key to the hour offices is the Book of Psalms. For thousands of years the Psalms have been used by the church as a source of spiritual sustenance. They express the joys and agonies in the journey of the

man of faith. They reflect the spirit deeps at the very center of being. Used for depth spiritual reflection, they are unique in devotional literature, holding timeless themes and states of being. The offices of the hours are built around the Psalter with three selections from the Psalms read at each of the eight offices.

In this Breviary the Psalms are sequentially ordered taking fourteen days to complete the full cycle of the one hundred and fifty Psalms. The Invitatory, Benediction, and Versicles remain constant for each hour office. The hymns and prayers, three each for each office, are selected from both classical and contemporary sources. The Lessons are taken from the Old Testament, the Gospels, and Epistles. The Oxford University Press text is used for all Old Testament readings, including the Psalms. The Phillips translation is used for all New Testament readings.

The offices can be used in several ways. A given office can be done any time during the three hour period it encompasses. It can be rehearsed by a large or small group or by an individual. The three sets of variables make it possible to use the office in a variety of ways. One office can include all three sets of variables or can be shortened by using only one set, or three offices can be rehearsed during a three hour period, using one set of variables per hour. When appropriate, the office may be abbreviated, to the reading of one Psalm as symbolic of the whole.

The themes, moods and states of being rehearsed in the Canonical Hours can be grasped through the aid of the accompanying chart. One half of the offices dramatize the great mysteries of the faith. The other half are concerned with the spiritual states of a man of faith. The meaning and form of the hour offices here presented is adapted to the times in which we live but is grounded in the traditional development and is intended to be utterly loyal to the spirit they have embodied through the ages.

May those who wax bold to use them sense the presence of the host of witnesses who in the past have been nurtured through participation in the offices of the hours of the day.

SUMMER '71

OFFICES OF THE HOURS

THE DAY OF THE CHURCH

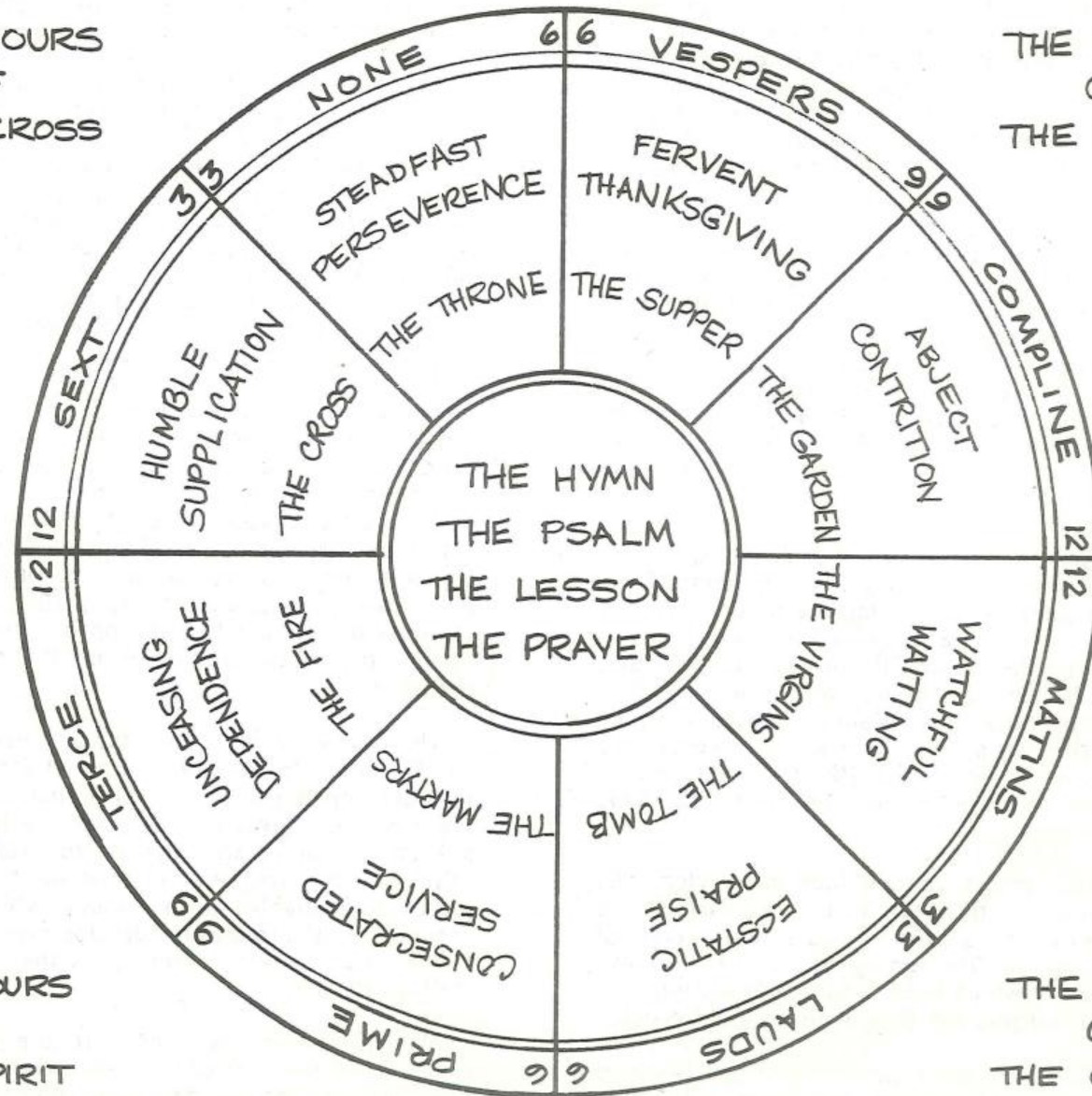
RESEARCH ASSEMBLY

THE HOURS
OF
THE CROSS

THE HOURS
OF
THE CHURCH

THE HOURS
OF
THE SPIRIT

THE HOURS
OF
THE CHRIST



THE CANONICAL OFFICES OF THE HOURS OF THE DAY AND THE NIGHT

The Liturgist shall begin by saying,

O God, come to my assistance.

COMMUNITY: O Lord, make haste to help me.

Liturgist: Glory be to the Father, and to the Son, and to the Holy Ghost.

COMMUNITY: As it was in the beginning, is now, and ever shall be, world without end. Amen.

Liturgist: Praise ye the Lord.

*Here shall be sung the appointed HYMN, after which
the Liturgist shall say,*

Make a joyful noise unto God, all ye lands.

COMMUNITY: Let Psalms declare the glory of his name.

*Here shall be read the appointed PSALM, after which
the Liturgist shall say,*

O Lord, I will meditate on thy precepts.

COMMUNITY: I will delight in thy statutes; I will not forget thy word.

*Here shall be read the appointed LESSON, after which
the Liturgist shall say,*

O Lord, hear my prayer.

COMMUNITY: And let my cry come unto thee.

Liturgist: Let us pray.

*Here shall be read the appointed PRAYER, after which
the Liturgist shall say,*

Lord, have mercy upon us.

COMMUNITY: Christ, have mercy upon us.

Liturgist: Lord, have mercy upon us.

COMMUNITY: Amen.

And then the Liturgist shall say,

Now to him who is able to keep you from falling, and to present you without blemish before the presence of his glory with rejoicing,

COMMUNITY: to the only God, our savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and forever. Amen.

THE INVITATORY

the gloria patri

THE HYMN

the versicle

THE PSALM

the versicle

THE LESSON

the versicle

THE PRAYER

the kyrie eleison

THE BENEDICTION



VESPERS

COMPLINE

MATINS

LAUDS

PRIME

TERCE

SEXT

NONE

First Day	OFFICE OF VESPERS		
	six to nine on the dark day		
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR
The Hymns	<p>FOR ALL THE SAINTS</p> <p>For all the saints, who from their labors rest, Who thee, by faith before the world confessed, Thy name, O Jesus, be forever blessed, Alleluia! Alleluia!</p> <p>Thou wast their rock, their fortress, and their might; Thou, Lord, their captain in the well-fought fight; Thou, in the darkness drear, their one true light. Alleluia! Alleluia!</p>	<p>GIVE THANKS</p> <p><i>Refrain:</i> Praise be to God the Father Almighty, Praise be to God who came to this earth, Praise be to God the Spirit eternal, Praise be to God forever.</p> <p>Give thanks that all life is good Give thanks that we are received Give thanks that the past's approved And the future is open, and the future is open.</p>	<p>MEN OF THE SPIRIT</p> <p>Men of the Spirit March on to build a new tomorrow, Theirs is the will to will one thing and only, Theirs is the joy, the godly sorrow.</p> <p>Men of the Spirit Are men of flesh and blood and iron, Theirs is the war that's never won, but winning, Theirs is the mission never done.</p>
The Psalms	<p>Then the Lord awoke as a sleeper awakes, like a warrior heated with wine; he struck his foes in the back parts and brought perpetual shame upon them. He despised the clan of Joseph and did not choose the tribe of Ephraim; he chose the tribe of Judah and Mount Zion which he loved; he built his sanctuary high as the heavens, founded like the earth to last for ever. He chose David to be his servant and took him from the sheepfolds; he brought him from minding the ewes to be the shepherd of his people Jacob; and he shepherded them in singleness of heart and guided them with skilful hand.</p>	<p>79</p> <p>O God, the heathen have set foot in thy domain, defiled thy holy temple and laid Jerusalem in ruins. They have thrown out the dead bodies of thy servants to feed the birds of the air; they have made thy loyal servants carrion for wild beasts. Their blood is spilled all round Jerusalem like water, and there they lie unburied. We suffer the contempt of our neighbours, the gibes and mockery of all around us.</p> <p>How long, O LORD, wilt thou be roused to such fury? Must thy jealousy rage like a fire? Pour out thy wrath over nations which do not know thee and over kingdoms which do not invoke thee by name; see how they have devoured Jacob and laid waste his homesteads. Do not remember against us the guilt of past generations but let thy compassion come swiftly to meet us, we have been brought so low.</p>	<p>Help us, O God our saviour, for the honour of thy name; for thy name's sake deliver us and wipe out our sins. Why should the nations ask, 'Where is their God?' Let thy vengeance for the bloody slaughter of thy servants fall on those nations before our very eyes.</p> <p>Let the groaning of the captives reach thy presence and in thy great might set free death's prisoners. As for the contempt our neighbours pour on thee, O Lord, turn it back sevenfold on their own heads. Then we thy people, the flock which thou dost shepherd, will give thee thanks for ever and repeat thy praise to every generation.</p>
The Lessons	<p>"But what am I, and what is my people, that we should be able to give willingly like this? For everything comes from thee, and it is only of thy gifts that we give to thee."</p> <p>I Chronicles 29.14</p>	<p>Jesus said to her, "Everyone who drinks this water will be thirsty again. But whoever drinks the water I will give him will never be thirsty again. For my gift will become a spring in the man himself, welling up into eternal life."</p> <p>John 4.13-14</p>	<p>You will even be able to thank God in the midst of pain and distress because you are privileged to share the lot of those who are living in the light. For we must never forget that he rescued us from the power of darkness, and re-established us in the kingdom of his beloved Son.</p> <p>Colossians 1.12-13</p>
The Prayers	<p>O most merciful Father, who hast blessed the labours of the husbandman in the returns of the fruits of the earth, we give thee humble and hearty thanks for this thy bounty, beseeching thee to continue thy loving-kindness to us, that our land may still yield her increase, to thy glory and our comfort, through Jesus Christ our Lord. AMEN.</p>	<p>We give thanks, our Father, for the life and knowledge which thou hast made known unto us through Jesus, thy servant; to thee be the glory unto the ages. As this broken bread was scattered over the hills, and having been gathered became one, so may thy church be gathered from the ends of the earth into thy kingdom, for thine is the glory and the power, through Jesus Christ, unto the ages. AMEN.</p>	<p>O thou almighty God, who has given us a world of glory and despair, I thank you for the structures now in existence and claim the promise that new and better structures necessary to creating humanness will be built in the future, in the name of Jesus the Christ. AMEN.</p>

First Day	OFFICE OF COMPLINE		
	nine to twelve on the dark day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>A MIGHTY FORTRESS IS OUR GOD</p> <p>That word above all earthly powers, No thanks to them, abideth; The Spirit and the gifts are ours Through him who with us sideth; Let goods and kindred go, This mortal life also; The body they may kill; God's truth abideth still, His kingdom is forever.</p>	<p>CALLED TO WALK IN THE WAY</p> <p>Then the Spirit came and said, "Go into the desert! There's a power—old Satan—he's the one you've got to meet. Forty days without food out there as a Solitary; Had to decide old Satan was the one that had to be beat.</p>	<p>POVERTY</p> <p>Come walk with Francis Like him you'll naked die Free all you now cherish For time soon will pass you by If you would do something, then be God's nothing Be the Lord's fool and fife In holding to naught there the secret is found You are wealth when not by wealth bound</p>
The Psalms	<p>80</p> <p>Hear us, O shepherd of Israel, who leadest Joseph like a flock of sheep. Show thyself, thou that art throned on the cherubim, to Ephraim and to Benjamin. Rouse thy victorious might from slumber, come to our rescue. Restore us, O God, and make thy face shine upon us that we may be saved. O LORD God of Hosts, how long wilt thou resist thy people's prayer?</p> <p>Thou hast made sorrow their daily bread and tears of threefold grief their drink. Thou hast humbled us before our neighbours, and our enemies mock us to their hearts' content.</p>	<p>O God of Hosts, restore us; make thy face shine upon us that we may be saved.</p> <p>Thou didst bring a vine out of Egypt; thou didst drive out nations and plant it; thou didst clear the ground before it, so that it made good roots and filled the land. The mountains were covered with its shade, and its branches were like those of mighty cedars. It put out boughs all the way to the Sea and its shoots as far as the River. Why hast thou broken down the wall round it so that every passer-by can pluck its fruit? The wild boar from the thickets gnaws it, and swarming insects from the fields feed on it.</p>	<p>O God of Hosts, once more look down from heaven, take thought for this vine and tend it, this stock that thy right hand has planted. Let them that set fire to it or cut it down perish before thy angry face. Let thy hand rest upon the man at thy right side, the man whom thou hast made strong for thy service. We have not turned back from thee, so grant us new life, and we will invoke thee by name. LORD God of Hosts, restore us; make thy face shine upon us that we may be saved.</p>
The Lessons	<p>I am the Lord your God who brought you out of Egypt, out of the land of slavery. You shall have no other god to set against me. Exodus 20.2-3</p>	<p>"Anyone who is not with me is against me, and the man who does not gather with me is really scattering." Luke 11.23</p>	<p>For the Word that God speaks is alive and active: it cuts more keenly than any two-edged sword: it strikes through to the place where soul and spirit meet, to the innermost intimacies of a man's being. Hebrews 4.12</p>
The Prayers	<p>Favor this dwelling, Lord, with your presence. Far from it repulse all the wiles of Satan. Your holy angels—let them live here, to keep us in peace. And may your blessing remain always upon us. This we ask of you through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever. AMEN.</p>	<p>O thou Holy Spirit, great is the anguish and distress of my heart; have mercy upon me for Jesus Christ's sake. I am afflicted, and so are many more: O vouchsafe thou to illuminate, comfort, and strengthen me and them unto all goodness; convey thou and bring us out of all trouble, and fail us not, neither forsake us for evermore. AMEN.</p>	<p>Lord of heaven who demands that we confess our disobedience to your demand: We see the family structures have collapsed, the educational structure irrelevant, the church structure reduced in its task, the political structures unjust, recreation structures demonic. Yet we have not done the necessary preparation for change. Lord have mercy on us. Turn not thy face from us. Grant us thy peace. AMEN.</p>

First Day	OFFICE OF MATINS		
	twelve to three on the dark day		
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR
The Hymns	<p>GOD MOVES IN A MYSTERIOUS WAY</p> <p>His purposes will ripen fast, Unfolding every hour; The bud may have a bitter taste, But sweet will be the flower.</p> <p>Blind unbelief is sure to err, And scan his work in vain; God is his own interpreter, And he will make it plain.</p>	<p>BLESSED ASSURANCE</p> <p>Perfect submission, perfect delight, Visions of rapture now burst on my sight; Angels descending, bring from above, Echoes of mercy, whispers of love.</p> <p><i>Refrain:</i> This is my story, this is my song, Praising my Savior all the day long: This is my story, this is my song, Praising my Savior all the day long.</p>	<p>THOSE WHO WAIT ON THE LORD</p> <p>Those who wait on the Lord Shall renew their strength. They shall mount up on wings as eagles, They shall run and not be weary, They shall walk and not faint, Help us, Lord, Help us, Lord, in thy way.</p>
The Psalms	<p>81</p> <p>Sing out in praise of God our refuge, acclaim the God of Jacob. Take pipe and tabor, take tuneful harp and lute. Blow the horn for the new month, for the full moon on the day of our pilgrim-feast. This is a law for Israel, an ordinance of the God of Jacob, laid as a solemn charge on Joseph when he came out of Egypt.</p> <p>When I lifted the load from his shoulders, his hands let go the builder's basket.</p> <p>When you cried to me in distress, I rescued you; unseen, I answered you in thunder. I tested you at the waters of Meribah, where I opened your mouths and filled them. I fed Israel with the finest wheat-flour and satisfied him with honey from the rocks.</p>	<p>Listen, my people, while I give you a solemn charge— do but listen to me, O Israel: you shall have no strange god nor bow down to any foreign god; I am the LORD your God who brought you up from Egypt. But my people did not listen to my words and Israel would have none of me; so I sent them off, stubborn as they were, to follow their own devices.</p> <p>If my people would but listen to me, if Israel would only conform to my ways, I would soon bring their enemies to their knees and lay a heavy hand upon their persecutors. Let those who hate them come cringing to them, and meet with everlasting troubles.</p>	<p>82</p> <p>God takes his stand in the court of heaven to deliver judgement among the gods themselves.</p> <p>How long will you judge unjustly and show favour to the wicked? You ought to give judgement for the weak and the orphan, and see right done to the destitute and downtrodden, you ought to rescue the weak and the poor, and save them from the clutches of wicked men. But you know nothing, you understand nothing, you walk in the dark while earth's foundations are giving way. This is my sentence: Gods you may be, sons all of you of a high god, yet you shall die as men die; princes fall, every one of them, and so shall you.</p> <p>Arise, O God, and judge the earth; for thou dost pass all nations through thy sieve.</p>
The Lessons	<p>The Lord, I say, is all that I have; therefore I will wait for him patiently. The Lord is good to those who look for him; to all who seek him.</p> <p>Lamentations 3:24-25</p>	<p>And he woke up, rebuked the wind, and said to the waves, "Hush now! Be still!" The wind dropped and everything was very still. "Why are you so frightened? What has happened to your faith?" he asked them.</p> <p>Mark 4.39-41</p>	<p>For yourselves I beg you to stick to the original teaching. If you do, you will be living in fellowship with both the Father and the Son. And that means sharing his own life for ever, as he has promised.</p> <p>I John 2.24-25</p>
The Prayers	<p>O God, grant to thy church, for which our savior gave himself upon the cross, a pure and holy life, a deeper love, and a fuller consecration to thy service. Strengthen all who are called to discipleship with the power to watch and pray and to fight the good fight of faith and to endure with courage to the end. In the name of him who raised men to new life, Christ our Lord. AMEN.</p>	<p>Grant, O Lord, that the ears which have heard the voice of thy Word may be closed to the voice of clamor and dispute, that the eyes which have seen thy great love may also behold thy blessed hope, that the tongues which have united in thy praise may speak the truth, that the feet which have walked in thy courts may walk in the ways of light, and that the bodies which have partaken of thy living body may be restored in newness of life. Glory be to thee for thine unspeakable gift. AMEN.</p>	<p>O Thou who brings life-giving structures where there is destruction and despair, we pray tonight for the creators of political structures in our time as they mold, shape, and hammer polities necessary for the twentieth century order, justice, and well-being. In the name of the crucified one—even Christ our Lord. AMEN.</p>

First Day	OFFICE OF LAUDS			three to six on the dark day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>O FOR A THOUSAND TONGUES</p> <p>He speaks and listening to his voice, New life the dead receive; The mournful, broken hearts rejoice, The humble poor believe.</p> <p>Hear him, ye deaf; his praise, ye dumb, Your loosened tongues employ. Ye blind, behold your Savior come; And leap, ye lame, for joy.</p>	<p>THE VISION</p> <p>Beyond the wanderings of time Beyond the race of all mankind; I see living bodies torn and crushed, Life emerging from the arid dust. Now the face I see is dark beyond all hope Mystery. Comes the dawn of silence.</p>	<p>MEN OF FAITH</p> <p>Men of faith create tomorrow, Men of faith live the Word, Men of faith reduplicate the Deed, Men of faith proclaim the Word.</p> <p><i>Refrain:</i> March into the future, march! Dance over the dark abyss. March into the future, march! Men of faith create the world.</p>	
The Psalms	<p>83</p> <p>Rest not, O God; O God, be neither silent nor still, for thy enemies are making a tumult, and those that hate thee carry their heads high. They devise cunning schemes against thy people and conspire against those thou hast made thy treasure: 'Come, away with them,' they cry, 'let them be a nation no longer, let Israel's name be remembered no more.' With one mind they have agreed together to make a league against thee: the families of Edom, the Ishmaelites, Moabites and Hagarenes, Geba, Ammon and Amalek, Philistia and the citizens of Tyre, Asshur too their ally, all of them lending aid to the descendants of Lot. Deal with them as with Sisera, as with Jabin by the torrent of Kishon, who fell vanquished as Midian fell at En-harod, and were spread on the battlefield like dung.</p>	<p>Make their princes like Oreb and Zeeb, make all their nobles like Zebah and Zalmunna; for they said, 'We will seize for ourselves all the pastures of God's people.' Scatter them, O God, like thistledown, like chaff before the wind. Like fire raging through the forest or flames which blaze across the hills, hunt them down with thy tempest, and dismay them with thy storm-wind. Heap shame upon their heads, O LORD, until they confess the greatness of thy name. Let them be abashed, and live in perpetual dismay; let them feel their shame and perish. So let them learn that thou alone art LORD, God Most High over all the earth.</p>	<p>84</p> <p>How dear is thy dwelling-place, thou LORD of Hosts! I pine, I faint with longing for the courts of the LORD's temple; my whole being cries out with joy to the living God. Even the sparrow finds a home, and the swallow has her nest, where she rears her brood beside thy altars, O LORD of Hosts, my King and my God. Happy are those who dwell in thy house; they never cease from praising thee. Happy the men whose refuge is in thee, whose hearts are set on the pilgrim ways ! As they pass through the thirsty valley they find water from a spring; and the LORD provides even men who lose their way with pools to quench their thirst. So they pass on from outer wall to inner, and the God of gods shows himself in Zion.</p>	
The Lessons	<p>Cease to dwell on days gone by and to brood over past history. Here and now I will do a new thing; this moment it will break from the bud. Can you not perceive it?</p> <p>Isaiah 43.18-19</p>	<p>"I have told you all this so that you may find your peace in me. You will find trouble in the world—but, never lose heart, I have conquered the world!"</p> <p>John 16.33</p>	<p>This doesn't mean, of course, that we have only a hope of future joys—we can be full of joy here and now even in our trials and troubles.</p> <p>Romans 5.3-4</p>	
The Prayers	<p>O God, fountain of light and truth, give to thy church a new vision and a new charity, new wisdom and understanding, that the eternal message of thy Son, not confused by the traditions of men, may be hailed as the good news of the new age, through him who maketh all things new, Jesus Christ our Lord. AMEN.</p>	<p>O God, thou art my God, early will I seek thee. My soul thirsteth for thee, my flesh also longeth after thee in a barren and dry land where no water is. Thus have I looked for thee in holiness, that I might behold thy power and glory; for thy loving-kindness is better than the life itself. My lips shall praise thee. AMEN.</p>	<p>O thou almighty God, who gives us our lives as solitary beings and as social beings, we lift up before thee the deep struggle, the pain and the joy in our time in being those ones who live before constant social change. Be with us, O Lord, we dare to ask in his name. AMEN.</p>	

First Day	OFFICE OF PRIME		
	THE SIXTH HOUR	THE SEVENTH HOUR	six to nine on the light day THE EIGHTH HOUR
The Hymns	<p>COME THOU FOUNT</p> <p>Come, thou Fount of every blessing, Tune my heart to sing thy grace; Streams of mercy, never ceasing, Call for songs of loudest praise. Teach me some melodious sonnet, Sung by flaming tongues above; Praise the mount—I'm fixed upon it, Mount of thy redeeming love.</p>	<p>THE CHURCH</p> <p>The Church of God is like the pioneer The sensitive, responsive one, Who hears the Word of God And sees his judgments, And has the vision of the resurrection.</p>	<p>FREEDOM</p> <p>Our freedom lies in obedience Of choosing the necessity, And nothing can deliver us From dreadful responsibility.</p> <p><i>Refrain:</i> No recourse to the law, No justification or righteousness, No way to defend our deeds, But we offer them up to the Mystery.</p>
The Psalms	<p>O LORD God of Hosts, hear my prayer; listen, O God of Jacob. O God, look upon our lord the king and accept thy anointed prince with favour.</p> <p>Better one day in thy courts than a thousand days at home; better to linger by the threshold of God's house than to live in the dwellings of the wicked. The LORD God is a battlement and a shield; grace and honour are his to give. The LORD will hold back no good thing from those whose life is blameless.</p> <p>O LORD of Hosts, happy the man who trusts in thee!</p>	<p>85</p> <p>LORD, thou hast been gracious to thy land and turned the tide of Jacob's fortunes. Thou hast forgiven the guilt of thy people and put away all their sins. Thou hast taken back all thy anger and turned from thy bitter wrath.</p> <p>Turn back to us, O God our saviour, and cancel thy displeasure. Wilt thou be angry with us for ever? Must thy wrath last for all generations?</p> <p>Wilt thou not give us new life that thy people may rejoice in thee? O LORD, show us thy true love and grant us thy deliverance.</p>	<p>Let me hear the words of the LORD: are they not words of peace, peace to his people and his loyal servants and to all who turn and trust in him? Deliverance is near to those who worship him, so that glory may dwell in our land. Love and fidelity have come together; justice and peace join hands. Fidelity springs up from earth and justice looks down from heaven. The LORD will add prosperity, and our land shall yield its harvest. Justice shall go in front of him and the path before his feet shall be peace.</p>
The Lessons	<p>Seek good and not evil, that you may live, that the Lord the God of Hosts may be firmly on your side, as you say he is.</p> <p>Amos 5.14</p>	<p>"Heal the sick, raise the dead, cure the lepers, drive out devils—give, as you have received, without any charge whatever."</p> <p>Matthew 10.8</p>	<p>For I take no special pride in the fact that I preach the gospel. I feel compelled to do so; I should be utterly miserable if I failed to preach it.</p> <p>I Corinthians 9.16</p>
The Prayers	<p>O Lord God, king of heaven and earth, be pleased this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words and deeds according to your law and in obedience to your commandments. Now and forever may we attain salvation and freedom by your help, O savior of the world, living and reigning forever and ever. AMEN.</p>	<p>O Thou who art heroic love, keep alive in our hearts that adventurous spirit which makes men scorn the way of safety, so that thy will be done. For so only shall we be worthy of those courageous souls who in every age have ventured all in obedience to the call, and for whom the trumpets have sounded on the other side, through Jesus Christ our Lord. AMEN.</p>	<p>O great Creator, who brings to be and destroys all human relationships, I pray this night for insight into the roles demanded of the family in our time that I might be a sign and witness unto that vision in creating the new structures of humanness for our time. This I pray in the name of the one whose vision of the family scandalized his time and may yet be but partially understood in our own. AMEN.</p>

First Day	OFFICE OF TERCE		
	nine to twelve on the light day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>GOD OF GRACE</p> <p>Lo! the hosts of evil round us Scorn thy Christ, assail his ways. Fears and doubts too long have bound us, Free our hearts to work and praise. Grant us wisdom, grant us courage, For the living of these days, For the living of these days.</p>	<p>A BALM IN GILEAD</p> <p>Sometimes I feel discouraged And think my work in vain, But then the Holy Spirit Revives my soul again.</p> <p><i>Refrain:</i> There is a balm in Gilead To make the wounded whole, There is a balm in Gilead To heal the sinsick soul.</p>	<p>FINISH OUR WORK</p> <p>We are one body with the race of men, All who are, will be, and ere have been. "You must not die," the dead cry out within, "Finish our work!" "Finish our work!"</p> <p>We are the people of God in History, Who are and were and evermore shall be, Out of the depths we hear the mystery, "Finish our work!" "Finish our work!"</p>
The Psalms	<p>86</p> <p>Turn to me, LORD, and answer; I am downtrodden and poor. Guard me, for I am constant and true; save thy servant who puts his trust in thee. O Lord my God, show me thy favour; I call to thee all day long. Fill thy servant's heart with joy, O Lord, for I lift up my heart to thee. Thou, O Lord, art kind and forgiving, full of true love for all who cry to thee. Listen, O LORD, to my prayer and hear my pleading. In the day of my distress I call on thee; for thou wilt answer me.</p> <p>Among the gods not one is like thee, O Lord, no deeds are like thine. All the nations thou hast made, O Lord, will come, will bow down before thee and honour thy name; for thou art great, thy works are wonderful, thou alone art God.</p>	<p>Guide me, O LORD, that I may be true to thee and follow thy path; let me be one in heart with those who revere thy name. I will praise thee, O Lord my God, with all my heart and honour thy name for ever. For thy true love stands high above me; thou hast rescued my soul from the depths of Sheol. O God, proud men attack me; a mob of ruffians seek my life and give no thought to thee. Thou, Lord, art God, compassionate and gracious, forbearing, ever constant and true. Turn towards me and show me thy favour; grant thy slave protection and rescue thy slave-girl's son. Give me proof of thy kindness; let those who hate thee see to their shame that thou, O LORD, hast been my help and comfort.</p>	<p>87</p> <p>The LORD loves the gates of Zion more than all the dwellings of Jacob; her ^b foundations are laid upon holy hills, and he has made her his home. ^c I will count Egypt and Babylon among my friends; Philistine, Tyrian and Nubian shall be ^d there; and Zion shall be called a mother in whom men of every race are born. The LORD shall write against each in the roll of nations: 'This one was born in her.' Singers and dancers alike all chant ^e your praises, proclaiming glorious things of you, O city of God.</p>
The Lessons	<p>I said, I will never break my covenant with you, and you in turn must make no covenant with the inhabitants of the country; you must pull down their altars.</p> <p>Judges 2.2</p>	<p>And he looked round at the faces of those sitting in a circle about him. "Look!" he said, "my mother and my brothers are here. Anyone who does the will of God is brother and sister and mother to me."</p> <p>Mark 3.34-35</p>	<p>"But you are to be given power when the Holy Spirit has come to you. You will be witnesses to me, not only in Jerusalem, not only throughout Judaea, not only in Samaria, but to the very ends of the earth!"</p> <p>Acts 1.8</p>
The Prayers	<p>Come, O Holy Spirit, replenish the hearts of thy faithful believers, and kindle in them the fire of thy love, thou that through manifold tongues hast gathered together all the nations of the heathen in unity of faith. O take all dissension and discord out of thy holy church, and make us to be of one mind and unfeigned love, without which we cannot please thee. AMEN.</p>	<p>Almighty and most merciful God, grant, we beseech thee, that by the indwelling of thy Holy Spirit, we may be enlightened and strengthened for thy service; through Jesus Christ our Lord, who liveth and reigneth with thee in the unity of the same Spirit, ever one God, world without end. AMEN.</p>	<p>O, great Mystery, which brings all into being and takes it out of being, which we dare to name Father, we pray on behalf of the local manifestation of the church. We dare to name it 5th City, that it may become the radical symbol of global human settlement. We dare to take responsibility for 5th City in order that it may be established in every region in the world, that it be global, and that it be grassroots. In the name of the Christ. AMEN.</p>

First Day	OFFICE OF SEXT		
	THE TWELFTH HOUR	THE FIRST HOUR	twelve to three on the light day THE SECOND HOUR
The Hymns	<p>O SACRED HEAD, NOW WOUNDED</p> <p>O sacred head, now wounded, With grief and shame weighed down, Now scornfully surrounded With thorns, thy holy crown, O sacred head, what glory, What bliss, till now, was thine! Yet, though despised and gory, I joy to call thee mine.</p>	<p>THE CRYIN'</p> <p>It's then I feel the pangs of love For earth and men and heaven. "I'll save these for you, Lord," I cry, "And this can be your heaven." The Cry responds, "It's not for me; You save what you inherit. For I must crush your world to bones, And grind it into Spirit."</p>	<p>ALL LIFE IS OPEN</p> <p>Illusions trap us and bind us, We can't endure endless struggle, We need our promise of greatness, Or must withdraw isolated. Then life demands we embrace all, That all is good and accepted.</p>
The Psalms	<p>88</p> <p>O LORD, my God, by day I call for help, by night I cry aloud in thy presence. Let my prayer come before thee, hear my loud lament; for I have had my fill of woes, and they have brought me to the threshold of Sheol. I am numbered with those who go down to the abyss and have become like a man beyond help, like a man who lies dead or the slain who sleep in the grave, whom thou rememberest no more because they are cut off from thy care.</p>	<p>Thou hast plunged me into the lowest abyss, in dark places, in the depths. Thy wrath rises against me, thou hast turned on me the full force of thy anger. Thou hast taken all my friends far from me, and made me loathsome to them. I am in prison and cannot escape; my eyes are failing and dim with anguish. I have called upon thee, O LORD, every day and spread out my hands in prayer to thee. Dost thou work wonders for the dead? Shall their company rise up and praise thee? Will they speak of thy faithful love in the grave, of thy sure help in the place of Destruction? Will thy wonders be known in the dark, thy victories in the land of oblivion?</p>	<p>But, LORD, I cry to thee, my prayer comes before thee in the morning. Why hast thou cast me off, O LORD, why dost thou hide thy face from me? I have suffered from boyhood and come near to death; I have borne thy terrors, I cower beneath thy blows. Thy burning fury has swept over me, thy onslaughts have put me to silence; all the day long they surge round me like a flood, they engulf me in a moment. Thou hast taken lover and friend far from me, and parted me from my companions.</p>
The Lessons	<p>Those who look to the Lord will win new strength, they will grow wings like eagles they will run and not be weary, they will march on and never grow faint.</p> <p>Isaiah 40.31</p>	<p>I tell you truly that unless a grain of wheat falls into the earth and dies, it remains a single grain of wheat; but if it dies, it brings a good harvest.</p> <p>John 12.24</p>	<p>Think constantly of him enduring all that sinful men could say against him and you will not lose your purpose or your courage.</p> <p>Hebrews 12.3</p>
The Prayers	<p>Grant, O Lord, that in all our sufferings here upon earth for the testimony of thy truth we may steadfastly look up to heaven, and, being filled with the Holy Ghost, may learn to love and bless our persecutors by the example of thy first martyr Saint Stephen, who prayed for his murderers to thee. O blessed Jesus, who standest at the right hand of God to succor all those that suffer for thee, our only mediator and advocate, we pray in thy name. AMEN.</p>	<p>Almighty and everlasting God who by thy Son has promised us forgiveness of sins and everlasting life, we beseech thee so to rule and govern our hearts by thy Holy Spirit, that in our daily need and especially in all time of temptation we may seek help from him, and by a true and lively faith in thy word obtain the same, through Jesus Christ thy Son, our Lord. AMEN.</p>	<p>Almighty God, bestow upon us, we beseech thee, such love and charity as were his, to whom it was more blessed to give than receive, and who came not to be ministered unto, but to minister. May the same mind be in us which was also in Christ Jesus, while we keep the festival of his divine humility, consecrating ourselves to the service of all who are in need—for the sake of Jesus Christ our Lord. AMEN.</p>

First Day	OFFICE OF NONE		
	three to six on the light day		
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR
The Hymns	<p>O GOD, OUR HELP IN AGES PAST</p> <p>O God, our help in ages past, Our hope for years to come, Our shelter from the stormy blast, And our eternal home!</p> <p>Before the hills in order stood, Or earth received her frame, From everlasting thou art God, To endless years the same.</p>	<p>JESUS MET THE WOMAN AT THE WELL</p> <p>She said, this man, this man, must be a prophet He done told me everything I ever done.</p> <p>She said, Jesus, Jesus, he is the Savior He done told me, "life is good, as it is."</p>	<p>POVERTY</p> <p>Drawn too by surety: living is to be unsure So pour your life wholly Each burden you will endure Abound with Paul and run the race and In fullness there abse In all that you do make this your song That all earth to all men belong</p>
The Psalms	<p>89</p> <p>I will sing the story of thy love, O LORD, for ever; I will proclaim thy faithfulness to all generations. Thy true love is firm as the ancient earth, thy faithfulness fixed as the heavens. The heavens praise thy wonders, O LORD, and the council of the holy ones exalts thy faithfulness.</p> <p>In the skies who is there like the LORD, who like the LORD in the court of heaven, like God who is dreaded among the assembled holy ones, great and terrible above all who stand about him? O LORD God of Hosts, who is like thee? Thy strength and faithfulness, O LORD, surround thee. Thou rulest the surging sea, calming the turmoil of its waves.</p>	<p>Thou didst crush the monster Rahab with a mortal blow and scatter thy enemies with thy strong arm. Thine are the heavens, the earth is thine also; the world with all that is in it is of thy foundation. Thou didst create Zaphon and Amanus; Tabor and Hermon echo thy name. Strength of arm and valour are thine; thy hand is mighty, thy right hand lifted high; thy throne is built upon righteousness and justice, true love and faithfulness herald thy coming.</p> <p>Happy the people who have learnt to acclaim thee, who walk, O LORD, in the light of thy presence! In thy name they shall rejoice all day long; thy righteousness shall lift them up. Thou art thyself the strength in which they glory; through thy favour we hold our heads high. The LORD, he is our shield; the Holy One of Israel, he is our king.</p>	<p>Then didst thou announce in a vision and declare to thy faithful servants: I have made a covenant with him I have chosen, I have sworn to my servant David: 'I will establish your posterity for ever, I will make your throne endure for all generations.' I have endowed a warrior with princely gifts, so that the youth I have chosen towers over his people. I have discovered David my servant; I have anointed him with my holy oil. My hand shall be ready to help him and my arm to give him strength. No enemy shall strike at him and no rebel bring him low; I will shatter his foes before him and vanquish those who hate him. My faithfulness and true love shall be with him and through my name he shall hold his head high.</p> <p>I will extend his rule over the Sea and his dominion as far as the River. He will say to me, 'Thou art my father, my God, my rock and my safe refuge.' And I will name him my first-born, highest among the kings of the earth. I will maintain my love for him for ever and be faithful in my covenant with him. I will establish his posterity for ever and his throne as long as the heavens endure.</p>
The Lessons	<p>Then they will call to the Lord, and he will give them no answer; when that time comes he will hide his face from them, so wicked are their deeds.</p> <p>Micah 3.4</p>	<p>"Yes, and people will come from the east and the west, and from the north and the south, and take their seats in the kingdom of God. There are some at the back now who will be in front then, and there are some in front now who will then be far behind."</p> <p>Luke 13.29-30</p>	<p>So now that I am far away be keener than ever to work out the salvation that God has given you with a proper sense of awe and responsibility.</p> <p>Phillip 2.12-13</p>
The Prayers	<p>O Lord, who never failest to help and govern those whom thou dost bring up in thy steadfast fear and love, make us to have a perpetual fear and love of thy holy name, through thy son, Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Ghost, one God, world without end. AMEN.</p>	<p>O Lord, our gracious Father! Help us, we beseech thee that we may build rock upon rock, and establish our lives by obedience to Jesus Christ. We thank thee for the sure foundation laid in Zion, the tried cornerstone, on which whosoever storms may blow and beat. AMEN.</p>	<p>O Father, who continually pushes us into confronting our depth fears and anxieties, we seek your guidance in our continual struggle in reimagining ourselves in the pain of lost understanding and the formation of new being. In the name of the teacher whom we follow, Jesus Christ. AMEN.</p>

Second Day	OFFICE OF VESPERS		
	six to nine on the dark day		
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR
The Hymns	<p>A CHARGE TO KEEP I HAVE</p> <p>A charge to keep I have, A God to glorify; A never-dying soul to save, And fit it for the sky.</p> <p>Arm me with jealous care, As in thy sight to live, And O, thy servant, Lord, prepare, A strict account to give!</p>	<p>GLORY BE TO THEE, O GOD</p> <p><i>Refrain:</i> Glory be to Thee, O God, Hallelujah! Father, Son, and Holy Ghost, Hallelujah!</p> <p>All the world has been received, Hallelujah! It has been received indeed, Hallelujah!</p>	<p>THE CORPORATES</p> <p>Come, Brother Poverty, Come and dance for me, affirm contingency, And disengage your life from all that binds it.</p> <p><i>Chorus:</i> Oh, Mr. Corporate Man, Create the sign for me, transform community In freedom give your life to him who gave it.</p>
The Psalms	<p>If his sons forsake my law and do not conform to my judgements, if they renounce my statutes and do not observe my commands, I will punish their disobedience with the rod and their iniquity with lashes. Yet I will not deprive him of my true love nor let my faithfulness prove false; I will not renounce my covenant nor change my promised purpose. I have sworn by my holiness once and for all, I will not break my word to David: his posterity shall continue for ever, his throne before me like the sun; it shall be sure for ever as the moon's return, faithful so long as the skies remain.</p>	<p>Yet thou hast rejected thy anointed king, thou hast spurned him and raged against him, thou hast denounced the covenant with thy servant, defiled his crown and flung it to the ground. Thou hast breached his walls and laid his fortresses in ruin; all who pass by plunder him, and he suffers the taunts of his neighbours. Thou hast increased the power of his enemies and brought joy to all his foes; thou hast let his sharp sword be driven back and left him without help in the battle. Thou hast put an end to his glorious rule and hurled his throne to the ground; thou hast cut short the days of his youth and vigour and covered him with shame.</p>	<p>How long, O LORD, wilt thou hide thyself from sight? How long must thy wrath blaze like fire? Remember that I shall not live for ever; hast thou created man in vain? What man shall live and not see death or save himself from the power of Sheol? Where are those former acts of thy love, O Lord, those faithful promises given to David? Remember, O Lord, the taunts hurled at thy servant, how I have borne in my heart the calumnies of the nations; so have thy enemies taunted us, O LORD, taunted the successors of thy anointed king.</p> <p>Blessed is the LORD for ever. Amen, Amen.</p>
The Lessons	<p>God has told you what is good; and what is it that the Lord asks of you only to act justly, to love loyalty, to walk wisely before your God.</p> <p style="text-align: right;">Micah 6.8</p>	<p>Again, the kingdom of heaven is like some treasure which has been buried in a field. A man finds it and buries it again and goes off overjoyed to sell all his possessions to buy himself that field.</p> <p style="text-align: right;">Matthew 13.44</p>	<p>For just as you have many members in one physical body and those members differ in their functions, so we, though many in number, compose one body in Christ and are all members of one another.</p> <p style="text-align: right;">Romans 12.4-5</p>
The Prayers	<p>God and Lord of all that is, make us worthy of this hour, unworthy as we are, for you have men's interests at heart. Cleanse us from all deceit and hypocrisy, that we may be united one to another by the bonds of peace and love. May we draw strength and holiness, O God, from knowing you, through your only Son, our Lord and savior, Jesus Christ. Blessing be yours, and his, and your holy, all-holy, life-giving spirit's now and forever, age after age. AMEN.</p>	<p>We beseech thee Lord, to behold us with favor, gathered together in the peace of this roof, weak men and women subsisting under the cover of thy patience. Be patient still; suffer us yet awhile longer—with our broken purposes of good, with our idle endeavors against evil—suffer us awhile longer to endure and, if it may be, help us to do better. AMEN.</p>	<p>O great Father whom the church worships, we give joyous thanks for the church that has been and for the gifts that it presents to the church of now and the now to come. Particularly are we grateful for the gift of corporateness which will again create humanness for the sake of all men. In the name of the Christ. AMEN.</p>

Second Day	OFFICE OF COMPLINE		
	ninē to twelve on the dark day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>ONCE TO EVERY MAN AND NATION</p> <p>Once to every man and nation Comes the moment to decide, In the strife of truth with falsehood, For the good or evil side; Some great cause, God's new Messiah, Offering each the bloom or blight, And the choice goes by forever Twixt that darkness and that light.</p>	<p>GOD</p> <p>It is God that gives the desire to achieve, And yet death leaves man's work undone. It is God that summons man to do good, And neglect his duty to none. And yet God is the voice that pronounces guilt, For man's war with self is never won. It is God who gives every man his life, And God who takes his life away.</p>	<p>THE CRYIN'</p> <p>It's then I know what I had known Before the world began; The infidel, the satisfied, 'Tis I who am that man! Oh, I'm a lost and lonely soul; My heart is full of cryin'. The Cry is now for pain of me— My God and I are dyin'.</p>
The Psalms	<p>90</p> <p>Lord, thou hast been our refuge from generation to generation. Before the mountains were brought forth, or earth and world were born in travail, from age to age everlasting thou art God. Thou turnest man back into dust; 'Turn back,' thou sayest, 'you sons of men'; for in thy sight a thousand years are as yesterday; a night-watch passes, and thou hast cut them off; they are like a dream at daybreak, they fade like grass which springs up^c with the morning but when evening comes is parched and withered. So we are brought to an end by thy anger and silenced by thy wrath.</p>	<p>Thou dost lay bare our iniquities before thee and our lusts in the full light of thy presence. All our days go by under the shadow of thy wrath; our years die away like a murmur. Seventy years is the span of our life, eighty if our strength holds; the hurrying years are labour and sorrow, so quickly they pass and are forgotten. Who feels the power of thy anger, who feels thy wrath like those that fear thee? Teach us to order our days rightly, that we may enter the gate of wisdom.</p>	<p>How long, O LORD? Relent, and take pity on thy servants. Satisfy us with thy love when morning breaks, that we may sing for joy and be glad all our days. Repay us days of gladness for our days of suffering, for the years thou hast humbled us. Show thy servants thy deeds and their children thy majesty. May all delightful things be ours, O Lord our God; establish firmly all we do.</p>
The Lessons	<p>For I know how many your crimes are and how countless your sins, you who persecute the guiltless, hold men to ransom and thrust the destitute out of court.</p> <p>Amos 5.12</p>	<p>Oh Jerusalem, Jerusalem! You murder the prophets and stone the messengers that are sent to you. How often have I longed to gather your children round me like a bird gathering her brood together under her wings—and you would never have it.</p> <p>Matthew 23.37</p>	<p>For every one of us will have to stand without pretence before Christ our judge, and we shall be rewarded for what we did when we lived in our bodies, whether it was good or bad.</p> <p>II Corinthians 5.10</p>
The Prayers	<p>Grant, we beseech thee, almighty God, that we, who for our evil deeds do worthily deserve to be punished, by the comfort of thy grace may mercifully be relieved; through our Lord and Saviour Jesus Christ. AMEN.</p>	<p>Lord, I beseech thee, let my impiety be forgiven to his piety, my obstinacy to his meekness, my violence to his gentleness, now let his humility win back my pride, his patience my impatience, his obedience my disobedience, even him who liveth and reigneth with thee and the Holy Ghost, world without end. AMEN.</p>	<p>Father, the one who singles out men to stand alone, we confess, out of our vulnerability, that we hate the social order from which we suckle our existence. We are those who hear without hearing, see without seeing, learn without learning, and so stand as the guilty ones. We confess this and all that remains unconfessed. In the name of Jesus the Christ. AMEN.</p>

Second Day	OFFICE OF MATINS		
	twelve to three on the dark day		
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR
The Hymns	<p>THE GOD OF ABRAHAM PRAISE</p> <p>He hath eternal life; Implanted in the soul; His love shall be our strength and stay, While ages roll. Praise to the living God! All praised be his Name Who was, and is and is to be, And still the same!</p>	<p>MY HOPE IS BUILT ON NOTHING LESS</p> <p>When darkness veils his lovely face I rest on his unchanging grace; In very high and stormy gale, My anchor holds withing the veil.</p> <p>His oath, his covenant, his blood, Support me in the whelming flood; When all around my soul gives way, He then is all my hope and stay.</p>	<p>THE PREPARATION AND THE CRY</p> <p>Then at time of great happiness, Time of virtue or despair, Someone within will cry out, 'O help me!' As he struggles to be free.</p> <p>If you do not hear this voice, Do not set out on the March; You must continue to prepare, Till within you hear this Cry.</p>
The Psalms	<p>91</p> <p>You that live in the shelter of the Most High and lodge under the shadow of the Almighty, who say, 'The LORD is my safe retreat, my God the fastness in which I trust'; he himself will snatch you away from fowler's snare or raging tempest. He will cover you with his pinions, and you shall find safety beneath his wings; you shall not fear the hunters' trap by night or the arrow that flies by day, the pestilence that stalks in darkness or the plague raging at noonday.</p>	<p>A thousand may fall at your side, ten thousand close at hand, but you it shall not touch; his truth will be your shield and your rampart. With your own eyes you shall see all this; you shall watch the punishment of the wicked. For you, the LORD is a safe retreat; you have made the Most High your refuge. No disaster shall befall you, no calamity shall come upon your home. For he has charged his angels to guard you wherever you go, to lift you on their hands for fear you should strike your foot against a stone. You shall step on asp and cobra, you shall tread safely on snake and serpent.</p>	<p>Because his love is set on me, I will deliver him; I will lift him beyond danger, for he knows me by my name. When he calls upon me, I will answer; I will be with him in time of trouble; I will rescue him and bring him to honour. I will satisfy him with long life to enjoy the fullness of my salvation.</p>
The Lessons	<p>The wise leaders shall shine like the bright vault of heaven, and those who have guided the people in the true path shall be like the stars for ever and ever.</p> <p>Daniel 12.3</p>	<p>The thief comes with the sole intention of stealing and killing and destroying, but I came to bring them life, and far more life than before.</p> <p>John 10.10</p>	<p>We were saved by this hope, but in our moments of impatience let us remember that hope means waiting for something that we do not yet possess.</p> <p>Romans 8.24-25</p>
The Prayers	<p>Gracious Father, we humbly beseech thee for thy holy Christian church. Fill it with all truth; in all truth with all peace. Where it is corrupt, purge it; where it is in error, direct it; where it is superstitious, rectify it; where anything is amiss, reform it; where it is right, strengthen and confirm it; where it is in want, furnish it; where it is divided and rent asunder, make up the breaches of it, O thou holy one of Israel, for the sake of Jesus Christ our Lord and savior. AMEN.</p>	<p>We pray for our native country. Grant that our chiefs and governors, the men of learning, the priests of art, the captains of industry, may be so ruled by thy statutes and filled with the love of that which is righteous and life giving, that they may serve as a wholesome salt in the life of the people, and be helpers of thy kingdom, in the name of Jesus Christ. AMEN.</p>	<p>Lord God, we thank you for the gift of democracy, the mother and context of all that we hold dear and cherish in systems, structures and methods of political activity. And we pray that we might be the instruments for the dispersion of the gifts and not the perversions of democracy throughout the world, in the name of the Christ. AMEN.</p>

Second Day	OFFICE OF LAUDS		
	THE THIRD HOUR	THE FOURTH HOUR	three to six on the dark day THE FIFTH HOUR
The Hymns	<p>ALL CREATURES OF OUR GOD AND KING</p> <p>And thou, most kind and gentle death Waiting to hush our latest breath, O praise him! Alleluia! Thou leadest home the child of God, And Christ our Lord the way hath trod, O praise him, O praise him! Alleluia! Alleluia! Alleluia!</p>	<p>PRAISE YE THE LORD</p> <p>O Lord, open Thou our lips. O Lord, open Thou our lips. And our mouths shall show forth Shall show forth Thy praise, Shall show forth Thy praise.</p>	<p>RUN INTO THE FUTURE RUN</p> <p>The day is come, my ancient people. Now we run to meet the sun. Born of pain beyond all suffering. Now the day of Wonder comes.</p> <p><i>Refrain:</i> Run into the future, run. Run into the rising sun. Run into the future, run. Men who run create the world.</p>
The Psalms	<p>92</p> <p>O LORD, it is good to give thee thanks, to sing psalms to thy name, O Most High, to declare thy love in the morning and thy constancy every night, to the music of a ten-stringed lute, to the sounding chords of the harp. Thy acts, O LORD, fill me with exultation; I shout in triumph at thy mighty deeds. How great are thy deeds, O LORD! How fathomless thy thoughts!</p>	<p>He who does not know this is a brute, a fool is he who does not understand this: that though the wicked grow like grass and every evildoer prospers, they will be destroyed for ever. While thou, LORD, dost reign on high eternally, thy foes will surely perish, all evildoers will be scattered.</p>	<p>I lift my head high, like a wild ox tossing its horn; I am anointed richly with oil. I gloat over all who speak ill of me, I listen for the downfall of my cruel foes. The righteous flourish like a palm-tree, they grow tall as a cedar on Lebanon; planted as they are in the house of the LORD, they flourish in the courts of our God, vigorous in old age like trees full of sap, luxuriant, wide-spreading, eager to declare that the LORD is just, the LORD my rock, in whom there is no unrighteousness.</p>
The Lessons	<p>The people who walked in darkness have seen a great light: light has dawned upon them, dwellers in a land as dark as death.</p> <p>Isaiah 9.2</p>	<p>But the angel said to them: "Do not be afraid! Listen, I bring you glorious news of great joy which is for all the people. This very day, in David's town, a Savior has been born for you."</p> <p>Luke 2.10-11</p>	<p>If one died for all men then, in a sense, they all died, and his purpose in dying for them is that their lives should now be no longer lived for themselves but for him who died and rose again for them.</p> <p>II Corinthians 5.15</p>
The Prayers	<p>God, by whom the meek are guided in judgment, and light riseth up darkness for the godly, grant us, in all our doubts and uncertainties, the grace to ask what thou wouldst have us to do; that the spirit of wisdom may save us from all false choices and that in thy light we may see light, and in thy straight path may not stumble, through Jesus Christ our Lord. AMEN.</p>	<p>Lord, how wonderful is thy name for ever; who didst with thine infinite word establish all things, who art the Lord of indestructible, invisible, and flawless treasures! Bless thy holy church and preserve this thy flock. Bring us in at the narrow gate into thy royal temple, that, with holy and unresting voices, we may praise thy all-blessed name, Father, Son, and Holy Spirit, who livest and reignest, one God, world without end. AMEN.</p>	<p>O God, raiser up of the covenant communities of the Word in history, send the new vision of hope to your despairing people of the historical church, and let them see their role as that of significant churchmen once again, in the name of the crucified one. AMEN.</p>

Second Day	OFFICE OF PRIME		
	THE SIXTH HOUR	THE SEVENTH HOUR	six to nine on the light day THE EIGHTH HOUR
The Hymns	<p>THE CHURCH'S ONE FOUNDATION</p> <p>The Church's one foundation Is Jesus Christ her Lord, She is his new creation By water and the Word, From heaven he came and sought her To be his holy bride, With his own blood he bought her, And for her life he died.</p>	<p>RESPONSIBILITY</p> <p>Obligation is the call; To God and neighbor, surrender all. The free venture is the deed Rendered up to meet the need.</p> <p><i>Refrain:</i> Free men live in responsibility, Duty bound and free in relativity. Free men live in responsibility, Whoever they may be Their deeds are history.</p>	<p>CREATION</p> <p>We stand beyond our life and see, We stand beyond our death and really see, What's required of men Who give their death to history. And it is now that we must do What other ones must always seek to be, To discover what's required of us To set men free.</p>
The Psalms	<p>93</p> <p>The LORD is king; he is clothed in majesty; the LORD clothes himself with might and fastens on his belt of wrath.</p> <p>Thou hast fixed the earth immovable and firm, thy throne firm from of old; from all eternity thou art God.</p> <p>O LORD, the ocean lifts up, the ocean lifts up its clamour; the ocean lifts up its pounding waves. The LORD on high is mightier far than the noise of great waters, mightier than the breakers of the sea.</p> <p>Thy law stands firm, and holiness is the beauty of thy temple, while time shall last, O LORD.</p>	<p>94</p> <p>O LORD, thou God of vengeance, thou God of vengeance, show thyself. Rise up, judge of the earth; punish the arrogant as they deserve. How long shall the wicked, O LORD, how long shall the wicked exult? Evildoers are full of bluster, boasting and swaggering; they beat down thy people, O LORD, and oppress thy chosen nation; they murder the widow and the stranger and do the fatherless to death; they say, "The LORD does not see, the God of Jacob pays no heed." Pay heed yourselves, most brutish of the people; you fools, when will you be wise? Does he that planted the ear not hear, he that moulded the eye not see? Shall not he that instructs the nations correct them? The teacher of mankind, has he no knowledge? The LORD knows the thoughts of man, that they are but a puff of wind.</p>	<p>Happy the man whom thou dost instruct, O LORD, and teach out of thy law, giving him respite from adversity until a pit is dug for the wicked.</p> <p>The LORD will not abandon his people nor forsake his chosen nation; for righteousness still informs his judgement, and all upright men follow it.</p> <p>Who is on my side against these sinful men? Who will stand up for me against these evildoers? If the LORD had not been my helper, I should soon have slept in the silent grave.</p>
The Lessons	<p>I summon heaven and earth to witness against you this day: I offer you the choice of life or death, blessing or curse. Choose life and then you and your descendants will live; love the Lord your God, obey him and hold fast to him.</p> <p>Deuteronomy 30:19-20</p>	<p>As he looked at the vast crowds he was deeply moved with pity for them, for they were as bewildered and miserable as a flock of sheep with no shepherd.</p> <p>Matthew 9:36</p>	<p>We know and to some extent realize the love of God for us because Christ expressed it in laying down his life for us. We must in turn express our love by laying down our lives for those who are our brothers.</p> <p>1 John 3:16</p>
The Prayers	<p>O almighty God, from whom every good prayer cometh, who pourest out on all who desire it the spirit of grace and of supplication: deliver us, when we draw nigh to thee, from coldness of heart and wanderings of mind, that with steadfast thoughts and kindled affections we may worship thee in spirit and in truth, through Jesus Christ our Lord. AMEN.</p>	<p>O God our Father, help us to realize the greatness of our calling in Christ. Fill us with fresh visions of thy love, thy power, thy wonderful purpose for thy creation; inspire and strengthen us with the sense of being called in the body of Christ—made one with our Lord, and in him with one another. AMEN.</p>	<p>O thou Lord of all, we hold up tonight the cries of men for a new and more equitable economic order on our planet. In a world where children starve to death, we pray for the vision of what the new economics must be in order for every man to live his life, and we pray for the courage to dare to bring off that vision in history. In the name of the one who had nowhere to lay his head and who yet fed the 5,000 with more than they could possibly need. AMEN.</p>

Second Day	OFFICE OF TERCE		
	nine to twelve on the light day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>GOD MOVES IN A MYSTERIOUS WAY</p> <p>Judge not the Lord by feeble sense, But trust Him for his grace; Behind a frowning providence He hides a smiling face.</p> <p>His purposes will ripen fast, Unfolding every hour; The bud may have a bitter taste, But sweet will be the flower.</p>	<p>AMAZING GRACE</p> <p>Amazing grace how sweet the sound, That saved a wretch like me, I once was lost, but now am found, Was blind, but now I see.</p> <p>Thru many dangers, toils and snares, I have already come, 'Tis grace that brought me safe thus far, And grace will lead me home.</p>	<p>HARVEST TIME</p> <p><i>Refrain:</i> Over and over, Yes, deeper and deeper, My heart is pierced through With life's sorrowing cry, But the tears of the sower And the songs of the reaper, Shall mingle together In joy by and by.</p>
The Psalms	<p>When I felt that my foot was slipping, thy love, O LORD, held me up. Anxious thoughts may fill my heart, but thy presence is my joy and my consolation. Shall sanctimonious calumny call thee partner, or he that contrives a mischief under cover of law? For they put the righteous on trial for his life and condemn to death innocent men. But the LORD has been my strong tower, and God my rock of refuge; our God requites the wicked for their injustice, the LORD puts them to silence for their misdeeds.</p>	<p>95</p> <p>Come! Let us raise a joyful song to the LORD, a shout of triumph to the Rock of our salvation. Let us come into his presence with thanksgiving, and sing him psalms of triumph. For the LORD is a great God, a great king over all gods; the farthest places of the earth are in his hands, and the folds of the hills are his; the sea is his, he made it; the dry land fashioned by his hands is his. Come! Let us throw ourselves at his feet in homage, let us kneel before the LORD who made us; for he is our God, we are his people, we the flock he shepherds. You shall know his power today if you will listen to his voice.</p>	<p>Do not grow stubborn, as you were at Meribah, as at the time of Massah in the wilderness, when your forefathers challenged me, tested me and saw for themselves all that I did. For forty years I was indignant with that generation, and I said: They are a people whose hearts are astray, and they will not discern my ways. As I swore in my anger: They shall never enter my rest.</p>
The Lessons	<p>For my thoughts are not your thoughts, and your ways are not my ways. This is the very word of the Lord.</p> <p>Isaiah 55:8</p>	<p>I assure you that the man who believes in me will do the same things that I have done, yes, and he will do even greater things than these, for I am going away to the Father.</p> <p>John 14:12</p>	<p>For God has not given us a spirit of fear, but a spirit of power and love and a sound mind. So never be ashamed of bearing witness to our Lord.</p> <p>II Timothy 1:7-8</p>
The Prayers	<p>O God, at whose Word chaos became an ordered creation, brood over this troubled world, as once thy Spirit brooded over the face of the deep, and create in the nations, by the grace of thy son, that love for thee and for each other, which will make this world a new creation in righteousness and peace and joy, in brotherhood and mutual service, through the saving merit of the same, thy son, Jesus Christ our Lord. AMEN.</p>	<p>O God grant us a vision of the city, fair as she might be, a city of justice, where none shall prey on others, a city of plenty, where vice and poverty shall cease to fester; a city of brotherhood, where all success shall be founded on service, and honor shall be given to nobleness alone; a city of peace, where order shall not rest on force, but on the love of all for the city, the great mother of the common life and weal. Hear thou, O Lord, the silent prayer of all our hearts as we pledge our time and strength and thought to speed the day of her coming beauty and righteousness, through Christ our Lord. AMEN.</p>	<p>O thou source of all wisdom, thou who hast the power to give the gift of eternal life in and through man's reason and being, we boldly pray for this gift and for responsibility to use it to thy glory and for the sake of all men, in the name of the Christ. AMEN.</p>

Second Day	OFFICE OF SEXT		
	THE TWELFTH HOUR	THE FIRST HOUR	twelve to three on the light day THE SECOND HOUR
The Hymns	<p>A MIGHTY FORTRESS IS OUR GOD</p> <p>And though this world, with devils filled, Should threaten to undo us; We will not fear, for God hath willed His truth to triumph through us; The prince of darkness grim, We tremble not for him; His rage we can endure, For lo! his doom is sure, One little word shall fell him.</p>	<p>THE KING'S BUSINESS</p> <p>There is a burning there that's like the flame of hell. It's an apostasy beyond man's power to quell. Yet in that awful fire there sings a holy choir. And that's the pause in my return.</p>	<p>OBEDIENCE</p> <p>Heed the cries that Sound your passion Bleed with every Struggling one</p> <p>Will that you might Live to free them Speak the Word, the Deed be done</p>
The Psalms	<p>96</p> <p>Sing a new song to the LORD; sing to the LORD, all men on earth. Sing to the LORD and bless his name, proclaim his triumph day by day. Declare his glory among the nations, his marvellous deeds among all peoples. Great is the LORD and worthy of all praise; he is more to be feared than all gods. For the gods of the nations are idols every one; but the LORD made the heavens. Majesty and splendour attend him, might and beauty are in his sanctuary.</p>	<p>Ascribe to the LORD, you families of nations, ascribe to the LORD glory and might; ascribe to the LORD the glory due to his name, bring a gift and come into his courts. Bow down to the LORD in the splendour of holiness, and dance in his honour, all men on earth. Declare among the nations, 'The LORD is king. He has fixed the earth firm, immovable; he will judge the peoples justly.' Let the heavens rejoice and the earth exult, let the sea roar and all the creatures in it, let the fields exult and all that is in them; then let all the trees of the forest shout for joy before the LORD when he comes to judge the earth. He will judge the earth with righteousness and the peoples in good faith.</p>	<p>97</p> <p>The LORD is king, let the earth be glad, let coasts and islands all rejoice. Cloud and mist enfold him, righteousness and justice are the foundation of his throne. Fire goes before him and burns up his enemies all around. The world is lit up beneath his lightning-flash; the earth sees it and writhes in pain. The mountains melt like wax as the LORD approaches, the LORD of all the earth. The heavens proclaim his righteousness, and all peoples see his glory. Let all who worship images, who vaunt their idols, be put to shame; bow down, all gods, before him.</p>
The Lessons	<p>You shepherds, these are the words of the Lord God: How I hate the shepherds of Israel who care only for themselves! Should not the shepherd care for the sheep? Ezekiel 34:1b-2</p>	<p>The man who loves his own life will destroy it, and the man who hates his life in this world will preserve it for eternal life. John 12:25</p>	<p>You may as well know now that it was my secret determination to concentrate entirely on Jesus Christ himself and the fact of his death upon the cross. 1 Corinthians 2:2</p>
The Prayers	<p>Almighty God, who has created man in thine own image, grant us grace fearlessly to contend against evil, and to make no peace with oppression; and, that we may reverently use our freedom, help us to employ it in the maintenance of justice among men and nations, to the glory of thy holy name; through Jesus Christ our Lord. AMEN.</p>	<p>O Lord, grant us to love thee, grant that we may love those that love thee, grant that we may do the deeds that win thy love. Make the love of thee to be dearer to us than ourselves, than our families, than wealth, and even than cool water. AMEN.</p>	<p>O Lord, from whom the power of decisions comes, who has given us all that we need for living, grant thy people the power to withstand the temptations of the world, the flesh and the devil that we may focus our will on daring to be the decision-makers for all mankind; in the name of Jesus the Christ. AMEN.</p>

Second Day	OFFICE OF NONE		
	three to six on the light day		
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR
The Hymns	<p>NOW THANK WE ALL OUR GOD</p> <p>O may this bounteous God Through all our life be near us, With ever joyful hearts And blessed peace to cheer us; And keep us in his grace, And guide us when perplexed, And free us from all ills In this world and the next.</p>	<p>AM I A SOLDIER OF THE CROSS</p> <p>Am I a soldier of the cross, A follower of the lamb, And shall I fear to own his cause, Or blush to speak his name?</p> <p>Must I be carried to the skies On flowery beds of ease, While others fought to win the prize And sailed through bloody seas?</p>	<p>THE SINGLE MIND</p> <p>The journey of the Spirit demands full heart and mind; To forge the Universal on behalf of all mankind.</p> <p><i>Refrain:</i> Obedience the Armor, Our poverty the sign, Our chastity the battle to create the single mind.</p>
The Psalms	<p>Zion heard and rejoiced, the cities of Judah were glad at thy judgements, O LORD. For thou, LORD, art most high over all the earth, far exalted above all gods.</p> <p>The LORD loves those who hate evil; he keeps his loyal servants safe and rescues them from the wicked. A harvest of light is sown for the righteous, and joy for all good men. You that are righteous, rejoice in the LORD and praise his holy name.</p>	<p>98</p> <p>Sing a new song to the LORD, for he has done marvellous deeds; his right hand and holy arm have won him victory. The LORD has made his victory known; he has displayed his righteousness to all the nations. He has remembered his constancy, his love for the house of Israel. All the ends of the earth have seen the victory of our God.</p> <p>Acclaim the LORD, all men on earth, break into songs of joy, sing psalms. Sing psalms in the LORD's honour with the harp, with the harp and with the music of the psaltery. With trumpet and echoing horn acclaim the presence of the LORD our king. Let the sea roar and all its creatures, the world and those who dwell in it. Let the rivers clap their hands, let the hills sing aloud together before the LORD; for he comes to judge the earth. He will judge the world with righteousness and the peoples in justice.</p>	<p>99</p> <p>The LORD is king, the peoples are perturbed; he is throned on the cherubim, earth quivers. The LORD is great in Zion; he is exalted above all the peoples.</p> <p>They extol his name as great and terrible; he is holy, he is mighty, a king who loves justice.</p> <p>Thou hast established justice and equity; thou hast dealt righteously in Jacob. Exalt the LORD our God, bow down before his footstool; he is holy.</p> <p>Moses and Aaron among his priests, and Samuel among those who call on his name, called to the LORD, and he answered. He spoke to them in a pillar of cloud; they followed his teaching and kept the law he gave them. Thou, O LORD our God, thou didst answer them; thou wast a God who forgave all their misdeeds and held them innocent. Exalt the LORD our God, bow down towards his holy hill; for the LORD our God is holy.</p>
The Lessons	<p>There is a voice that cries: Prepare a road for the Lord through the wilderness, clear a highway across the desert for our God. Isaiah 40.3</p>	<p>Just so must you keep a lookout, for you do not know when the master of the house will come—it might be late evening, or midnight, or cock-crow, or early morning—otherwise he might come unexpectedly and find you sound asleep. Mark 13.35-36</p>	<p>We are not meant to remain as children at the mercy of every chance wind of teaching and the jockeying of men who are expert in the crafty presentation of lies. Ephesians 4.14</p>
The Prayers	<p>O Lord Jesus Christ, who after thy resurrection from the dead didst gloriously ascend into heaven, grant us the aid of thy loving-kindness, that, according to thy promise, thou mayest ever dwell with us on earth, and we with thee in heaven, where with the Father and the Holy Ghost, thou livest and reignest one God for ever and ever. AMEN.</p>	<p>Day after day, O Lord of my life, shall I stand before thee face to face with folded hands. O Lord of all worlds under the great sky, in solitude and silence, with humble heart shall I stand before thee face to face. In this laborious world of thine, tumultuous with toil and with struggle, shall I stand before thee face to face. And when my work shall be done in this world, O king of kings, alone and speechless shall I stand before thee face to face. AMEN.</p>	<p>O Father, the comfort of all who suffer and are sad, let the prayers of those who cry out of any tribulation, come unto thee, that all may rejoice to find thy mercy. Be present with them in their affliction till sooner or later, thou dost lift away the burden of their fears and sadness, and dost heal their diseases, and put a new song in their mouths, if it be thy will through Jesus Christ our Lord. AMEN.</p>

Third Day	OFFICE OF VESPERS			six to nine on the dark day
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR	
The Hymns	<p>O FOR A THOUSAND TONGUES</p> <p>O for a thousand tongues to sing My great redeemer's praise, The glories of my God and king, The triumphs of his grace!</p> <p>My gracious master and my God, Assist me to proclaim, To spread through all the earth abroad The honors of thy name.</p>	<p>I KNOW WHOM I HAVE BELIEVED</p> <p>I know not why God's wondrous grace To me he hath made known, Nor why unworthy—Christ in love Redeemed me for his own.</p> <p><i>Refrain:</i> But "I know whom I have believed And am persuaded that he is able To keep that which I've committed Unto him against that day."</p>	<p>THE INVITATION</p> <p>You are invited to be set free. Be not offended, attend to me. Lay down your burden, pick up your life. The one solution for all your strife.</p> <p>The Church triumphant is yet to be. Always becoming in history. The one salvation, severity. The Church's task is to set men free.</p>	
The Psalms	<p>100</p> <p>Acclaim the LORD, all men on earth, worship the LORD in gladness; enter his presence with songs of exultation. Know that the LORD is God; he has made us and we are his own, his people, the flock which he shepherds. Enter his gates with thanksgiving and his courts with praise. Give thanks to him and bless his name; for the LORD is good and his love is everlasting, his constancy endures to all generations.</p>	<p>101</p> <p>I sing of loyalty and justice; I will raise a psalm to thee, O LORD.</p> <p>I will follow a wise and blameless course, whatever may befall me. I will go about my house in purity of heart. I will set before myself no sordid aim; I will hate disloyalty, I will have none of it. I will reject all crooked thoughts; I will have no dealings with evil.</p> <p>I will silence those who spread tales behind men's backs, I will not sit at table with proud, pompous men, I will choose the most loyal for my companions; my servants shall be men whose lives are blameless. No scandal-monger shall live in my household; no liar shall set himself up where I can see him. Morning after morning I will put all wicked men to silence and will rid the LORD's city of all evildoers.</p>	<p>102</p> <p>LORD, hear my prayer and let my cry for help reach thee. Hide not thy face from me when I am in distress. Listen to my prayer and, when I call, answer me soon; for my days vanish like smoke, my body is burnt up as in an oven. I am stricken, withered like grass; I cannot find the strength to eat. Wasted away, I groan aloud and my skin hangs on my bones. I am like a desert-owl in the wilderness, an owl that lives among ruins. Thin and meagre, I wail in solitude, like a bird that flutters on the roof-top. My enemies insult me all the day long; mad with rage, they conspire against me. I have eaten ashes for bread and mingled tears with my drink. In thy wrath and fury thou hast taken me up and flung me aside. My days decline as the shadows lengthen, and like grass I wither away.</p>	
The Lessons	<p>Thine, O Lord, is the greatness, the power, the glory, the splendour, and the majesty, for everything in heaven and on earth is thine; thine, O Lord, is the sovereignty, and thou art exalted over all as head.</p> <p>I Chronicles 29.11</p>	<p>I am the good shepherd, and I know those that are mine and my sheep know me, just as the Father knows me and I know the Father. And I am giving my life for the sake of the sheep.</p> <p>John 10.14-15</p>	<p>Christ did not therefore enter into any holy places made by human hands (however truly these may represent heavenly realities), but he entered Heaven itself to make his appearance before God as High Priest on our behalf.</p> <p>Hebrews 9.24</p>	
The Prayers	<p>O God, whose blessed Son did manifest himself to his disciples in the breaking of bread, open, we pray thee, the eyes of our faith, that we may behold thee in all thy works, through the same thy Son Jesus Christ our Lord. AMEN.</p>	<p>Dear Lord and Father, we know beyond a doubt that thou dost love us for we love thy Son, our redeemer, Jesus Christ. In this trust and confidence we know that thou wilt gladly grant us all things, not because we are holy and devout, but through the merits of thy Son, Jesus Christ. In his name we now come before thee and ask, without doubting in the least that our prayers will assuredly be answered, no matter who we may be. AMEN.</p>	<p>Almighty Father, who has decreed that the church be the context of our living and dying, we praise thy name for that context which has delivered the Word of deliverance to us. We give thanks for the possibility of becoming the church for the twentieth century, in the name of that Word embodied, Jesus Christ. AMEN.</p>	

Third Day	OFFICE OF COMPLINE		
	nine to twelve on the dark day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>GRACE</p> <p>Where sin abounded, grace did all the more abound, Paul said. The state of our whole life is this that we are separated, Separated from life's aim and its origin; Separated from ourselves and from other men.</p>	<p>CALLED TO WALK IN THE WAY</p> <p>Then the Spirit came and said, "Go into the desert! There's a power—old Satan—he's the one you've got to meet. Forty days without food out there as a Solitary; Had to decide old Satan was the one that had to be beat.</p>	<p>BEING</p> <p>My life is as Vast as the sea No boundaries nor Floor beneath me.</p> <p>Yet as I look within No man has greater sin I am the least of all I daily fall.</p>
The Psalms	<p>But thou, LORD, art enthroned for ever and thy fame shall be known to all generations. Thou wilt arise and have mercy on Zion; for the time is come to pity her. Her very stones are dear to thy servants, and even her dust moves them with pity. Then shall the nations revere thy name, O LORD; and all the kings of the earth thy glory, when the LORD builds up Zion again and shows himself in his glory. He turns to hear the prayer of the destitute and does not scorn them when they pray. This shall be written down for future generations, and a people yet unborn shall praise the LORD. The LORD looks down from his sanctuary on high, from heaven he surveys the earth to listen to the groaning of the prisoners and set free men under sentence of death; so shall the LORD's name be on men's lips in Zion and his praise shall be told in Jerusalem, when peoples are assembled together, peoples and kingdoms, to serve the LORD.</p>	<p>My strength is broken in mid course; the time allotted me is short. Snatch me not away before half my days are done, for thy years last through all generations. Long ago thou didst lay the foundations of the earth, and the heavens were thy handiwork. They shall pass away, but thou endurest; like clothes they shall all grow old; thou shalt cast them off like a cloak, and they shall vanish; but thou art the same and thy years shall have no end; thy servants' children shall continue, and their posterity shall be established in thy presence.</p>	<p>103</p> <p>Bless the LORD, my soul; my innermost heart, bless his holy name. Bless the LORD, my soul, and forget none of his benefits. He pardons all my guilt and heals all my suffering. He rescues me from the pit of death and surrounds me with constant love, with tender affection; he contents me with all good in the prime of life, and my youth is ever new like an eagle's.</p>
The Lessons	<p>Then the Lord said to Cain, "Where is your brother Abel?" Cain answered, "I do not know. Am I my brother's keeper?"</p> <p>Genesis 4.9</p>	<p>This is the judgment—that light has entered the world and men have preferred darkness to light because their deeds are evil.</p> <p>John 3.19</p>	<p>Be self-controlled and vigilant always, for your enemy the devil is always about, prowling like a lion roaring for its prey. Resist him, standing firm in your faith.</p> <p>1 Peter 5.8-9</p>
The Prayers	<p>O Lord, we beseech thee, mercifully hear our prayers, and spare all those who confess their sins unto thee, that they, whose consciences by sin are accused, by thy merciful pardon may be forgiven, through Christ our Lord. AMEN.</p>	<p>O God, who dost not let those who fail perish if they desire to be converted and live, suspend the judgment of our sins and be present with us. And let not our hypocrisy heap up for us punishment, but let thy compassion evermore abound for our sins, through the Lord Jesus Christ, thy Son, our Lord. AMEN.</p>	<p>O Thou who is beyond form yet working in it, who defies expression yet is unapproachable except through symbol, we confess that we hate the forms and symbols which constitute and illumine our lives. We refuse to create the art which would express and manifest the Christ style. Lord have mercy upon us, through thy Son, Jesus. AMEN.</p>

Third Day	OFFICE OF MATINS		
	twelve to three on the dark day		
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR
The Hymns	<p>GOD OF GRACE</p> <p>God of grace and God of glory, On thy people pour thy power; Crown thine ancient church's story, Bring her bud to glorious flower. Grant us wisdom, grant us courage, For the facing of this hour, For the facing of this hour.</p>	<p>AMAZING GRACE</p> <p>Amazing grace how sweet the sound, That saved a wretch like me, I once was lost, but now I'm found, Was blind, but now I see.</p> <p>When we've been there ten thousand years Bright shining as the sun, We've no less days to sing God's praise Than when we first begun.</p>	<p>CONTEMPLATION</p> <p>And the not-yet I see Is cut from under me So fast it comes as Possibility Then my reality Is change eternally And I become the All of yet to be</p>
The Psalms	<p>The LORD is righteous in his acts; he brings justice to all who have been wronged. He taught Moses to know his way and showed the Israelites what he could do. The LORD is compassionate and gracious, long-suffering and for ever constant; he will not always be the accuser or nurse his anger for all time. He has not treated us as our sins deserve or requited us for our misdeeds. For as the heaven stands high above the earth, so his strong love stands high over all who fear him. Far as east is from west, so far has he put our offences away from us. As a father has compassion on his children, so has the LORD compassion on all who fear him. For he knows how we were made, he knows full well that we are dust.</p> <p>Man's days are like the grass; he blossoms like the flowers of the field: a wind passes over them, and they cease to be, and their place knows them no more. But the LORD's love never fails those who fear him; his righteousness never fails their sons and their grandsons who listen to his voice and keep his covenant, who remember his commandments and obey them.</p>	<p>The LORD has established his throne in heaven, his kingly power over the whole world. Bless the LORD, all his angels, creatures of might who do his bidding. Bless the LORD, all his hosts, his ministers who serve his will. Bless the LORD, all created things, in every place where he has dominion.</p> <p>Bless the LORD, my soul.</p>	<p>104</p> <p>Bless the LORD, my soul: O LORD my God, thou art great indeed, clothed in majesty and splendour, and wrapped in a robe of light. Thou hast spread out the heavens like a tent and on their waters laid the beams of thy pavilion; who takest the clouds for thy chariot, riding on the wings of the wind; who makest the winds thy messengers and flames of fire thy servants; thou didst fix the earth on its foundation so that it never can be shaken; the deep overspread it like a cloak, and the waters lay above the mountains. At thy rebuke they ran, at the sound of thy thunder they rushed away, flowing over the hills, pouring down into the valleys to the place appointed for them. Thou didst fix a boundary which they might not pass; they shall not return to cover the earth.</p>
The Lessons	<p>All alike are God's creatures, who may die in a moment, in the middle of the night at his touch the rich are no more, and the mighty vanish though no hand is laid on them. Job 34.19-20</p>	<p>"Yet the time is coming, yes, and has already come, when true worshippers will worship the Father in spirit and in reality. Indeed, the Father looks for men who will worship him like that." John 4.23</p>	<p>We do, of course, speak "wisdom" among those who are spiritually mature, but it is not what is called wisdom by this world, nor by the powers-that-be, who soon will be only the powers that have been. I Corinthians 2.6</p>
The Prayers	<p>Into thy hands, O Lord, we commend ourselves and all who are dear to us this day. Be with us in our going out and our coming in. Strengthen us for the work which thou hast given us to do. And grant that, being filled with thy Holy Spirit, we may walk worthy of our high calling, and cheerfully accomplish those things that thou wouldst have us do, through Jesus Christ our Lord. AMEN.</p>	<p>Almighty and everlasting God, who hast given to thy servants grace in the confession of the true faith to acknowledge the glory of the eternal Trinity, and in the power of thy majesty to worship the unity, grant that by steadfastness in the same faith we may evermore be defended from all adversities, through our Lord. AMEN.</p>	<p>O creator, sustainer, and destroyer, which we dare only to call God; consume in the fiery demand of humanness itself all dead images of man and woman. That we, venturing freely, may know the missional family as divine necessity, through Jesus Christ our Lord. AMEN.</p>

Third Day	OFFICE OF LAUDS			three to six on the dark day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>ALL HAIL THE POWER OF JESUS' NAME</p> <p>Ye chosen seed of Israel's race, Ye ransomed from the fall, Hail him who saves you by his grace, And crown him Lord of all.</p> <p>Let every kindred, every tribe, On this terrestrial ball To him all majesty ascribe, And crown him Lord of all.</p>	<p>GLORY BE TO THEE, O GOD</p> <p><i>Refrain:</i> Glory be to thee, O God, Hallelujah! Father, Son, and Holy Ghost, Hallelujah!</p> <p>Praise the Lord, Christ is risen, Hallelujah! He is risen indeed, Hallelujah!</p>	<p>MEN OF THE SPIRIT</p> <p>Men of the spirit March on to build a new tomorrow, Theirs is the will to will one thing and only, Theirs is the joy, the godly sorrow.</p> <p>Men of the spirit Are black, tan, brown, white, red and yellow, Theirs is the task to build the earth, the future, Their lives are given for their fellow.</p>	
The Psalms	<p>Thou dost make springs break out in the gullies, so that their water runs between the hills. The wild beasts all drink from them, the wild asses quench their thirst; the birds of the air nest on their banks and sing among the leaves.</p> <p>From thy high pavilion thou dost water the hills; the earth is enriched by thy provision. Thou makest grass grow for the cattle and green things for those who toil for man, bringing bread out of the earth and wine to gladden men's hearts, oil to make their faces shine and bread to sustain their strength.</p> <p>The trees of the LORD are green and leafy, the cedars of Lebanon which he planted; the birds build their nests in them, the stork makes her home in their tops. High hills are the haunt of the mountain-goat, and boulders a refuge for the rock-badger.</p> <p>Thou hast made the moon to measure the year and taught the sun where to set.</p>	<p>When thou makest darkness and it is night, all the beasts of the forest come forth; the young lions roar for prey, seeking their food from God. When thou makest the sun rise, they slink away and go to rest in their lairs; but man comes out to his work and to his labours until evening. Countless are the things thou hast made, O LORD. Thou hast made all by thy wisdom; and the earth is full of thy creatures, beasts great and small.</p>	<p>Here is the great immeasurable sea, in which move creatures beyond number. Here ships sail to and fro, here is Leviathan whom thou hast made thy plaything.</p> <p>All of them look expectantly to thee to give them their food at the proper time; what thou givest them they gather up; when thou openest thy hand, they eat their fill. Then thou hidest thy face, and they are restless and troubled; when thou takest away their breath, they fail [and they return to the dust from which they came]; but when thou breakest into them, they recover; thou givest new life to the earth.</p>	
The Lessons	<p>Rain righteousness, you heavens, let the skies above pour down; let the earth open to receive it, that it may bear the fruit of salvation with righteousness in blossom at its side. All this I, the Lord, have created.</p> <p style="text-align: right;">Isaiah 45.8</p>	<p>"I myself am the road," replied Jesus, "and the truth and the life. No one approaches the Father except through me. If you had known who I am, you would have known my Father. From now on, you do know him and you have seen him."</p> <p style="text-align: right;">John 14.6-7</p>	<p>The night is nearly over, the day has almost dawned. Let us therefore fling away the things that men do in the dark, let us arm ourselves for the fight of the day! Let us live cleanly, as in the daylight.</p> <p style="text-align: right;">Romans 13.12-13</p>	
The Prayers	<p>Hear us, O Lord our God, the fountain of light, the light of thine angels, principalities, powers, and of all intelligent beings; who hast created the light of thy saints: May our souls be lamps of thine, kindled and illuminated by thee, may they shine and burn with the truth and never go out in the darkness and ashes. May the gloom of sins be cleared away, and the light of perpetual faith abide within us. AMEN.</p>	<p>Grant, O Lord, by thy mercy, that we may attain unto eternal life, and when we behold thy glory as it is, let us adore thy majesty and say: glory be to the Holy Spirit, who has sanctified us. AMEN.</p>	<p>Dear Father, magnificent provider, we stand in sheer gratitude for this life in which economics is more than saving and spending goods. We glory in the dance of life expended in a universe not of our design on behalf of those not of our liking. Ours is a radical economy. Praise the Lord. AMEN.</p>	

Third Day	OFFICE OF PRIME		
	THE SIXTH HOUR	THE SEVENTH HOUR	six to nine on the light day THE EIGHTH HOUR
The Hymns	<p>THE GOD OF ABRAHAM PRAISE</p> <p>He hath eternal life, Implanted in the soul; His love shall be our strength and stay, While ages roll. Praise to the living God! All praised be his name Who was, and is and is to be, And still the same!</p>	<p>CALLED TO WALK IN THE WAY</p> <p>Called to walk in the way of the man who stilled the waters; Called to walk in the way of the man who calmed the sea; Called to live in the Word and be free to live for others; Called to walk in the way of the man from Galilee.</p>	<p>MARCHING SONG OF THE IRON MEN</p> <p>See the vision of a life style Stretch before the eyes of man, From Brazil, to France, to China, From the Congo to Iran. Where all men can live in freedom, Claim their power and their plan, Full humanness for all.</p>
The Psalms	<p>May the glory of the LORD stand for ever and may he rejoice in his works! When he looks at the earth, it quakes; when he touches the hills, they pour forth smoke.</p> <p>I will sing to the LORD as long as I live, all my life I will sing psalms to my God. May my meditation please the LORD, as I show my joy in him! Away with all sinners from the earth and may the wicked be no more!</p> <p>Bless the LORD, my soul. O praise the LORD.</p>	<p>105</p> <p>Give the LORD thanks and invoke him by name, make his deeds known in the world around. Pay him honour with song and psalm and think upon all his wonders. Exult in his hallowed name; let those who seek the LORD be joyful in heart. Turn to the LORD, your strength, seek his presence always. Remember the wonders that he has wrought, his portents and the judgements he has given, O offspring of Abraham his servant, O chosen sons of Jacob.</p>	<p>He is the LORD our God; his judgements fill the earth.</p> <p>He called to mind his covenant from long ago, the promise he extended to a thousand generations— the covenant made with Abraham, his oath given to Isaac, the decree by which he bound himself for Jacob, his everlasting covenant with Israel: 'I will give you the land of Canaan', he said, 'to be your possession, your patrimony.' A small company it was, few in number, strangers in that land, roaming from nation to nation, from one kingdom to another; but he let no one ill-treat them, for their sake he admonished kings: 'Touch not my anointed servants, do my prophets no harm.'</p>
The Lessons	<p>O Lord, show us thy favor; we hope in thee. Uphold us every morning, save us when troubles come.</p> <p>Isaiah 33.2</p>	<p>I have sent them to the world just as you sent me to the world and I consecrate myself for their sakes that they may be made holy by the truth.</p> <p>John 17.19</p>	<p>Our battle is to bring down every deceptive fantasy and every imposing defence that men erect against the true knowledge of God.</p> <p>II Corinthians 10.5</p>
The Prayers	<p>O God, the sovereign good of the soul, who requirest the hearts of all thy children, deliver us from all sloth in thy work, all coldness in thy cause, and grant us by looking unto thee to rekindle our love, and by waiting upon thee to renew our strength, through Jesus Christ our Lord. AMEN.</p>	<p>O almighty God, who hast built thy church upon the foundations of the apostles and prophets, Jesus Christ himself being the head cornerstone: grant us so to be joined together in unity of spirit by the doctrine that we may be made a holy temple, acceptable unto thee, through Jesus Christ our Lord. AMEN.</p>	<p>Almighty Father, we stand before thee as those people who know not what the educational structure has to be in the 20th Century. We pray for the wisdom to create the necessary structures to enable every man and woman of every culture and experience to take a decisional stance about their lives, in the name of the one who dared to stand as truth, even Jesus Christ. AMEN.</p>

Third Day	OFFICE OF TERCE		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>MY HOPE IS BUILT ON NOTHING LESS</p> <p>My hope is built on nothing less Than Jesus' blood and righteousness; I dare not trust the sweetest frame, But wholly lean on Jesus' name.</p> <p>When darkness veils his lovely face I rest on his unchanging grace; In every high and stormy gale, My anchor holds within the veil.</p>	<p>A BALM IN GILEAD</p> <p>Sometimes I feel discouraged And think my work in vain, But then the Holy Spirit Revives my soul again.</p> <p><i>Refrain:</i> There is a balm in Gilead To make the wounded whole, There is a balm in Gilead To heal the sinsick soul.</p>	<p>PENTECOST HYMN</p> <p>To the light from darkness And to freedom from fear Building from the ashes Into one community Peter, Paul, and Luther Augustine and Benedict Born of fire Filled with power For all men.</p>
The Psalms	<p>He called down famine on the land and cut short their daily bread. But he had sent on a man before them, Joseph, who was sold into slavery; he was kept a prisoner with fetters on his feet and an iron collar clamped on his neck. He was tested by the LORD's command until what he foretold came true. Then the king sent and set him free, the ruler of nations released him; he made him master of his household and ruler over all his possessions, to correct his officers at will and teach his counsellors wisdom.</p>	<p>Then Israel too went down into Egypt and Jacob came to live in the land of Ham. There God made his people very fruitful, he made them stronger than their enemies, whose hearts he turned to hatred of his people and double-dealing with his servants. He sent his servant Moses and Aaron whom he had chosen. They were his mouthpiece to announce his signs, his portents in the land of Ham. He sent darkness, and all was dark, but still they resisted his commands. He turned their waters into blood and killed all their fish. Their country swarmed with frogs, even their princes' inner chambers. At his command came swarms of flies and maggots the whole land through. He changed their rain into hail and flashed fire over their country. He blasted their vines and their fig-trees and splintered the trees throughout the land. At his command came locusts, hoppers past all number, they consumed every green thing in the land, consumed all the produce of the soil. Then he struck down all the first-born in Egypt, the firstfruits of their manhood;</p>	<p>he led Israel out, laden with silver and gold, and among all their tribes no man fell. The Egyptians were glad when they went, for fear of Israel had taken hold of them. He spread a cloud as a screen, and fire to light up the night. They asked, and he sent them quails, he gave them bread from heaven in plenty. He opened a rock and water gushed out, a river flowing in a parched land; for he had remembered his solemn promise given to his servant Abraham. So he led out his people rejoicing, his chosen ones in triumph. He gave them the lands of heathen nations and they took possession where others had toiled, so that they might keep his statutes and obey his laws. O praise the LORD.</p>
The Lessons	<p>A spirit lifted me up and carried me along and I went full of exaltation, the hand of the Lord strong upon me. Ezekiel 3.14</p>	<p>"The wind blows where it likes, you can hear the sound of it but you have no idea where it comes from and where it goes. Nor can you tell how a man is born by the wind of the Spirit." John 3.8</p>	<p>And the marvelous thing is this, that we now receive not the spirit of the world but the Spirit of God himself, so that we can actually understand something of God's generosity towards us. 1 Corinthians 2.12</p>
The Prayers	<p>O God, who wast pleased to send on thy disciples the Holy Spirit in the burning fire of thy love, grant to thy people to be fervent in the unity of faith, that abiding in thee evermore, they may be found both steadfast in faith and active in work, through Jesus Christ our Lord. AMEN.</p>	<p>Holy, holy, holy, Lord God almighty, I a miserable sinner, humbly acknowledge that I am altogether unworthy to pray for myself. But since thou hast commanded me to make prayers and intercessions for all men, in obedience to thy command and confidence of thy unlimited goodness, I commend to thy mercy the wants and necessities of all mankind, through Jesus Christ. AMEN.</p>	<p>O Thou who has created us as solitary human beings yet hath also made us for community, we pray for the community of the church that she might create structures that enable humans to be solitary and deeply human. May she give herself as one body and know the strength of community, through Jesus Christ our Lord, the solitary and communal man. AMEN.</p>

Third Day	OFFICE OF SEXT			twelve to three on the light day		
	THE TWELFTH HOUR		THE FIRST HOUR	THE SECOND HOUR		
The Hymns	<p>WHEN I SURVEY THE WONDROUS CROSS</p> <p>When I survey the wondrous cross, On which the Prince of Glory died, My richest gain I count but loss, And pour contempt on all my pride.</p> <p>See, from his head, his hands, his feet, Sorrow and love flow mingled down; Did e'er such love and sorrow meet, Or thorns compose so rich a crown?</p>		<p>THE WAY OF THE CROSS LEADS HOME</p> <p>I must needs go on in the blood-sprinkled way, The path that the Savior trod, If I ever climb to the heights sublime, Where the soul is at home with God.</p> <p><i>Chorus:</i> The way of the cross leads home The way of the cross leads home It is sweet to know, as I onward go, The way of the cross leads home.</p>	<p>THE PREPARATION AND THE CRY</p> <p>Then at time of great happiness, Time of virtue or despair, Someone within will cry out, "O help me!" As he struggles to be free.</p> <p>If you do not hear this voice, Do not set out on the March; You must continue to prepare, Till within you hear this cry:</p>		
The Psalms	<p>106</p> <p>O praise the LORD.</p> <p>It is good to give thanks to the LORD; for his love endures for ever. Who will tell of the LORD's mighty acts and make his praises heard? Happy are they who act justly and do right at all times!</p> <p>Remember me, LORD, when thou showest favour to thy people, look upon me when thou savest them, that I may see the prosperity of thy chosen, rejoice in thy nation's joy and exult with thy own people.</p>		<p>We have sinned like our forefathers, we have erred and done wrong. Our fathers in Egypt took no account of thy marvels, they did not remember thy many acts of faithful love, but in spite of all^d they rebelled by the Red Sea.^b Yet the LORD delivered them for his name's sake and so made known his mighty power. He rebuked the Red Sea and it dried up, he led his people through the deeps as through the wilderness. So he delivered them from those who hated them, and claimed them back from the enemy's hand. The waters closed over their adversaries, not one of them survived. Then they believed his promises and sang praises to him.</p> <p>But they quickly forgot all he had done and would not wait to hear his counsel; their greed was insatiable in the wilderness, they tried God's patience in the desert. He gave them what they asked but sent a wasting sickness among them.</p>	<p>They were envious of Moses in the camp, and of Aaron, who was consecrated to the LORD. The earth opened and swallowed Dathan, it closed over the company of Abiram; fire raged through their company, the wicked perished in flames.</p> <p>At Horeb they made a calf and bowed down to an image; they exchanged their Glory^d for the image of a bull that feeds on grass. They forgot God their deliverer, who had done great deeds in Egypt, marvels in the land of Ham, terrible things at the Red Sea. So his purpose was to destroy them, but Moses, the man he had chosen, threw himself into the breach to turn back his wrath lest it destroy them.</p> <p>They made light of the pleasant land, disbelieving his promise; they muttered treason in their tents and would not obey the LORD. So with uplifted hand he swore to strike them down in the wilderness, to scatter their descendants among the nations and disperse them throughout the world.</p>		
The Lessons	<p>The Lord God stands by to help me; therefore no insult can wound me. I have set my face like flint, for I know that I shall not be put to shame.</p> <p>Isaiah 50.7</p>		<p>Then he himself spoke to them, "Aren't you failing to understand, and slow to believe in all that the prophets have said? Was it not inevitable that Christ should suffer like that and so find his glory?"</p> <p>Luke 24.25-26</p>	<p>And, having become man, he humbled himself by living a life of utter obedience, even to the extent of dying, and the death he died was the death of a common criminal.</p> <p>Philippians 2.8</p>		
The Prayers	<p>O Lord God, whose blessed Son, our savior, gave his back to the smiters and hid not his face from shame, grant us grace to take joyfully the sufferings of the present time, in full assurance of the glory that shall be revealed, through the same thy Son Jesus Christ our Lord. AMEN.</p>		<p>Merciful, and everlasting God, who hast not spared thine only Son, but delivered him up for us all, that he might bear our sins upon the cross, grant that our hearts may be so fixed with steadfast faith in him that we may not fear the power of any adversaries, through the same Jesus Christ, thy Son, our Lord. AMEN.</p>	<p>O God, who by the passion of thy blessed Son hast made the instrument of shameful death to be unto us the means of life and peace; grant us so to glory in the cross of Christ that we may gladly suffer shame and loss, for the sake of the same thy Son our Lord. AMEN.</p>		

Third Day	OFFICE OF NONE			three to six on the light day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>COME THOU FOUNT</p> <p>Here I raise mine Ebenezer; Hither by thy help I'm come; And I hope, by thy good pleasure, Safely to arrive at home. Jesus sought me when a stranger Wandering from the fold of God; He, to rescue me from danger, Interposed his precious blood.</p>	<p>BLESSED ASSURANCE</p> <p>Blessed assurance, Jesus is mine! O what a foretaste of glory divine! Heir of salvation, purchase of God, Born of his Spirit, washed in his blood.</p> <p><i>Refrain:</i> This is my story, this is my song, Praising my Savior all the day long: This is my story, this is my song, Praising my Savior all the day long.</p>	<p>LORD OF THE DANCE</p> <p><i>Refrain:</i> Dance then wherever you may be I am the lord of the dance, said he. And I'll lead you all wherever you may be, And I'll lead you all in the dance, said he.</p> <p>I danced on a Friday when the sky turned black; It's hard to dance with the devil on your back; They buried my body and they thought I'd gone, But I am the dance and I still go on.</p>	
The Psalms	<p>They joined in worshipping the Baal of Peor and ate meat sacrificed to lifeless gods. Their deeds provoked the LORD to anger, and plague broke out amongst them; but Phinehas stood up and interceded, so the plague was stopped. This was counted to him as righteousness throughout all generations for ever.</p> <p>They roused the LORD to anger at the waters of Meribah, and Moses suffered because of them; for they had embittered his spirit and he had spoken rashly.</p>	<p>They did not destroy the peoples round about, as the LORD had commanded them to do, but they mingled with the nations, learning their ways; they worshipped their idols and were ensnared by them. Their sons and their daughters they sacrificed to foreign demons; they shed innocent blood, the blood of sons and daughters offered to the gods of Canaan, and the land was polluted with blood. Thus they defiled themselves by their conduct and they followed their lusts and broke faith with God.</p>	<p>Then the LORD grew angry with his people and loathed them, his own chosen nation; so he gave them into the hands of the nations, and they were ruled by their foes; their enemies oppressed them and made them subject to their power. Many times he came to their rescue, but they were disobedient and rebellious still. And yet, when he heard them wail and cry aloud, he looked with pity on their distress; he called to mind his covenant with them and, in his boundless love, relented; he roused compassion for them in the hearts of all their captors. Deliver us, O LORD our God, and gather us in from among the nations that we may give thanks to thy holy name and make thy praise our pride.</p> <p>Blessed be the LORD the God of Israel from everlasting to everlasting; and let all the people say 'Amen.'</p> <p>O praise the LORD.</p>	
The Lessons	<p>Hear, O Israel, the Lord is our God, one Lord and you must love the Lord your God with all your heart and soul and strength. These commandments which I give you this day are to be kept in your heart.</p> <p>Deuteronomy 6.4-5</p>	<p>Every man who has left houses or brothers or sisters or fathers or mother or children or land for my sake will receive it all back many times over, and will inherit eternal life.</p> <p>Matthew 19.29</p>	<p>And so, brothers of mine, stand firm! Let nothing move you as you busy yourselves in the Lord's work. Be sure that nothing you do for him is ever lost or ever wasted.</p> <p>I Corinthians 15.58</p>	
The Prayers	<p>Have pity, O Lord God, on all those whose spirit and ambition are blunted by the weariness of monotonous toil; and grant them the cheer of continued faithfulness to duty that arises with the consciousness of all labor well done, be it small or great; hear us and bless them for thy mercy's sake, O God, through Jesus Christ our Lord. AMEN.</p>	<p>Come down, O Christ, and help me! reach thy hand, For I am drowning in a stormier sea Than Simon on thy Lake of Galilee: The wine of life is spilled upon the sand, My heart is as some famine-murdered land Whence all good things have perished utterly, And well I know my soul in hell must lie If I this night before God's throne should stand. AMEN</p>	<p>Thou who hast given us those means by which we can express our deepest emotions, our most rational and most irrational thoughts, our sanity and insanity, we ask that you will give us the ability to creatively express through the arts that which not only says what man is but that which says what he can be, in Jesus name. AMEN.</p>	

Fourth Day	OFFICE OF VESPERS			six to nine on the dark day
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR	
The Hymns	<p>I KNOW WHOM I HAVE BELIEVED</p> <p>I know not how this saving faith To me he did impart, Nor how believing in his Word Wrought peace within my heart.</p> <p><i>Refrain:</i> But "I know whom I have believed And am persuaded that he is able To keep that which I've committed Unto him against that day."</p>	<p>THE LORD'S PRAYER</p> <p>Our Father, who art in heaven, Hallowed be Thy name; Thy kingdom come, Thy will be done On earth as it is in heaven. Give us this day our daily bread, And forgive us our trespasses, As we forgive those who trespass against us; And lead us not into temptation, But deliver us from evil:</p>	<p>MEN OF THE SPIRIT</p> <p>Men of the Spirit March on to build a new tomorrow, Theirs is the will to will one thing and only, Theirs is the joy, the godly sorrow.</p> <p>Men of the Spirit Are men of flesh and blood and iron, Theirs is the war that's never won, but winning, Theirs is the mission never done.</p>	
The Psalms	<p>107</p> <p>It is good to give thanks to the LORD, for his love endures for ever. So let them say who were redeemed by the LORD, redeemed by him from the power of the enemy and gathered out of every land, from east and west, from north and south.</p> <p>Some lost their way in desert wastes; they found no road to a city to live in; hungry and thirsty, their spirit sank within them. So they cried to the LORD in their trouble, and he rescued them from their distress; he led them by a straight and easy way until they came to a city to live in. Let them thank the LORD for his enduring love and for the marvellous things he has done for men: he has satisfied the thirsty and filled the hungry with good things.</p>	<p>Some sat in darkness, dark as death, prisoners bound fast in iron, because they had rebelled against God's commands and flouted the purpose of the Most High. Their spirit was subdued by hard labour; they stumbled and fell with none to help them. So they cried to the LORD in their trouble, and he saved them from their distress; he brought them out of darkness, dark as death, and broke their chains. Let them thank the LORD for his enduring love and for the marvellous things he has done for men: he has shattered doors of bronze, bars of iron he has snapped in two.</p>	<p>Some were fools, they took to rebellious ways, and for their transgression they suffered punishment. They sickened at the sight of food and drew near to the very gates of death. So they cried to the LORD in their trouble, and he saved them from their distress; he sent his word to heal them and bring them alive out of the pit of death. Let them thank the LORD for his enduring love and for the marvellous things he has done for men. Let them offer sacrifices of thanksgiving and recite his deeds with shouts of joy.</p>	
The Lessons	<p>If you feed the hungry from your own plenty and satisfy the needs of the wretched, then your light will rise like dawn out of darkness and your dusk be like noonday; Isaiah 58.10</p>	<p>"You have no power at all against me," replied Jesus, "except what was given to you from above. And for that reason the one who handed me over to you is even more guilty than you are." John 19:11</p>	<p>For the one who makes men holy and the men who are made holy share a common humanity. So that he is not ashamed to call them his brothers. Hebrews 2.11</p>	
The Prayers	<p>O God, who dost not permit those who hope in thee to be afflicted beyond measure but lendest a pitying ear to their prayers: We give thee hearty thanks for the answer vouchsafed to our petitions, humbly beseeching thee, that by thy grace we may ever praise thee with thankful lives, and with trusting hearts gladly present our daily needs before thee, through Jesus Christ, our Lord. AMEN.</p>	<p>O Lord God almighty, we thank thee with all our hearts, that thou hast fed our souls with the body and blood of thy most dear Son. And we beseech thee unfeignedly so to illuminate our minds with thy Holy Spirit, that we may daily increase in strength of faith to thee, in assuredness of hope in thy promises, and fervency of love toward thee and our neighbor, to the glory and praise of thy holy name. AMEN.</p>	<p>O thou whom we encounter day after day, we pray for those in our nation and across the world who are the very poor, and the very rich according to society's standards. We take responsibility for creating the new style which will enable them to realize their possibilities and will reshape what humanness means for the whole world. We pray this in the name of the most poor and most rich, even Jesus Christ our Lord. AMEN.</p>	

Fourth Day	OFFICE OF COMPLINE			nine to twelve on the dark day
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR	
The Hymns	<p>AM I A SOLDIER OF THE CROSS</p> <p>Am I a soldier of the cross, A follower of the Lamb, And shall I fear to own his cause, Or blush to speak his name?</p> <p>Must I be carried to the skies On flowery beds of ease, While others fought to win the prize And sailed through bloody seas?</p>	<p>CREATION</p> <p>A time to set forth a new demand. A time to look into the past For without "What has been." There is no "yet to be." Nothing that we do then could last.</p>	<p>ALL LIFE IS OPEN</p> <p>The real world bursts in upon us, Our cares are ruthlessly tromped on, Yet our desires are unceasing, The power pushes us further. Is there no end to this chaos? Must separation be final?</p>	
The Psalms	<p>Others there are who go to sea in ships and make their living on the wide waters. These men have seen the acts of the LORD and his marvellous doings in the deep. At his command the storm-wind rose and lifted the waves high. Carried up to heaven, plunged down to the depths, tossed to and fro in peril, they reeled and staggered like drunken men, and their seamanship was all in vain. So they cried to the LORD in their trouble, and he brought them out of their distress. The storm sank to a murmur and the waves of the sea were stilled. They were glad then that all was calm, as he guided them to the harbour they desired. Let them thank the LORD for his enduring love and for the marvellous things he has done for men. Let them exalt him in the assembly of the people and praise him in the council of the elders.</p>	<p>He turns rivers into desert and springs of water into thirsty ground; he turns fruitful land into salt waste, because the men who dwell there are so wicked. Desert he changes into standing pools, and parched land into springs of water. There he gives the hungry a home, and they build themselves a city to live in; they sow fields and plant vineyards and reap a fruitful harvest. He blesses them and their numbers increase, and he does not let their herds lose strength. Tyrants² lose their strength and are brought low in the grip of misfortune and sorrow; he brings princes into contempt and leaves them wandering in a trackless waste. But the poor man he lifts clear of his troubles and makes families increase like flocks of sheep. The upright see it and are glad, while evildoers are filled with disgust. Let the wise man lay these things to heart, and ponder the record of the LORD's enduring love.</p>	<p>108</p> <p>My heart is steadfast, O God, my heart is steadfast. I will sing and raise a psalm; awake,² my spirit, awake, lute and harp, I will awake at dawn of day. I will confess thee, O LORD, among the peoples, among the nations I will raise a psalm to thee; for thy unfailing love is wider than the heavens and thy truth reaches to the skies. Show thyself, O God, high above the heavens; let thy glory shine over all the earth. Deliver those that are dear to thee; save with thy right hand and answer.</p>	
The Lessons	<p>Hear the word of the Lord, O Israel; for the Lord has a charge to bring against the people of the land; there is no good faith or mutual trust, no knowledge of God in the land.</p> <p>Hosea 4.1</p>	<p>I will get up and go back to my father, and I will say to him, "Father, I have done wrong in the sight of Heaven and in your eyes. I don't deserve to be called your son any more."</p> <p>Luke 15.18-19</p>	<p>If we refuse to admit that we are sinners, then we live in a world of illusion and truth becomes a stranger to us. But if we freely admit that we have sinned, we find God utterly reliable and straightforward—he forgives our sins and makes us thoroughly clean from all that is evil.</p> <p>I John 1.8-9</p>	
The Prayers	<p>We beseech thee to continue thy gracious protection to us this night. Defend us from all dangers, and from fear of them, that we may enjoy such refreshing sleep as may fit us for the duties of the coming day, and grant us grace always to live in such a state that we may never be afraid to die, so that, living and dying, we may be thine; through the merits and satisfaction of thy Son Jesus, Christ our Lord. AMEN.</p>	<p>Let us fall down before the majesty of our God and acknowledge our offenses, beseeching him to have mercy upon us that we may find favor at his hands, although we deserve it not, and beseeching him to pardon not only the sins which we have already committed but also to rid us of all our faults, until he hath clothed us with the perfection of his holiness whereunto he daily exhorteth us. AMEN.</p>	<p>Almighty God, behold thy people who are no longer whole. We have all of us sold our spirits into death. We are all of us the sick parts of a sick thing. We are not any more ourselves. Harken unto us, we beseech thee, and let our cry come at last unto thee, and restore unto us truth and health and meaning in life through him who is the way, the truth, and the life. AMEN.</p>	

THE OFFICES

	DAY ONE				THE DARK DAY				
	THE RESURRECTIONAL PRESENCE								
THE HOURS OF THE NIGHT	6:00 P.M.				MIDNIGHT				6:00
	THE PRESENCE THE HOURS OF THE CHURCH				THE RESURRECTION THE HOURS OF THE CHRIST				
	1 VESPERS SALVATION STORY 6		2 COMPLINE SPIRITUAL REFLECTION 9		3 MATINS SPIRITUAL REFLECTION 12		4 LAUDS SALVATION STORY 3		
HOLY MYSTERY	EUCCHARIST THE PRESENCE IN THE CHURCH		REFLECTION ON CHRIST'S GETHSEMANE		REFLECTION ON SECOND COMING		RESURRECTION THE RAISING OF CHRIST		
IMAGE	THE SUPPER		THE GARDEN		THE VIRGINS		THE TOMB		
SPIRITUAL THEME	FERVENT THANKSGIVING APPROPRIATION OF THE GIVEN DAY		ABJECT CONTRITION EXAMINATION OF THE CONSCIENCE		WATCHFUL WAITING PREPARATION FOR THE RISING DAY		ECSTATIC PRAISE APPRECIATION OF DIVINE CREATION		
MOOD	GRATITUDE		PENITENCE		ANTICIPATION		JUBILANCE		
DIVINE IMPERATIVE	TO ACKNOWLEDGE THE DAY'S GIFTS EXPRESSING OUR THANKS FOR ALL THE DAY'S SAVING GRACES		TO EXAMINE THE DAY'S EVENTS FACING OUR DAY AS PREPARATION FOR THE NIGHT		TO AFFIRM THE DAY'S MEANING ARRANGING OUR DAY ACCORDING TO GOD'S ECONOMY		TO EMBRACE THE NEW CREATION AWAKENING OURSELVES TO THE WONDER OF A NEW DAY		
THE NIGHT	BEGINNING OF THE NIGHT		THE NIGHT'S REST			END OF THE NIGHT			

OF THE HOURS

DAY TWO				THE LIGHT DAY	
THE CRUCIFORM SPIRIT					
6:00A.M.		MID-DAY		6:00P.M.	
THE HOLY SPIRIT THE HOURS OF THE SPIRIT		THE CRUCIFIXION THE HOURS OF THE CROSS			
5 PRIME SPIRITUAL REFLECTION 6 9	6 TERCE SALVATION STORY 9 12	7 SEXT SALVATION STORY 12 3	8 NONE SPIRITUAL REFLECTION 3 6	THE HOURS OF THE DAY	
REFLECTION ON GREAT COMMISSION	PENTECOST THE DESCENT OF THE SPIRIT	CRUCIFIXION THE CROSS OF CHRIST	REFLECTION ON LAST JUDGEMENT		
THE MARTYRS	THE FIRE	THE CROSS	THE THRONE	HOLY MYSTERY	
CONSECRATED SERVICE DEDICATION OF LIFE/S LABORS	UNCEASING DEPENDENCE INVOCATION OF THE HOLY SPIRIT	HUMBLE SUPPLICATION SUBMISSION TO DIVINE GRACE	STEADFAST PERSEVERENCE CONSIDERATION OF THE ESCHATON	IMAGE	
OBEDIENCE	DEPENDENCE	PASSION	SOMBERNESS	SPIRITUAL THEME	
TO ACCEPT THE HOLY CALLING PREPARING OURSELVES FOR THE LABOR OF THE DAY	TO PERCEIVE THE HOLY SPIRIT STRENGTHENING OURSELVES FOR THE DAYS CONFLICT	TO EMBODY THE SACRIFICIAL LIFE OPENING OURSELVES TO GRACE FOR VICTORY OVER EVIL	TO APPROPRIATE THE LAST THINGS UNDERGIRDING OURSELVES FOR THE END OF LIFE	MOOD	
BEGINNING OF THE DAY	THE DAY'S WORK		END OF THE DAY	DIVINE IMPERATIVE	
				THE DAY	

Fourth Day	OFFICE OF MATINS		
	twelve to three on the dark day		
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR
The Hymns	<p>THE CHURCH'S ONE FOUNDATION</p> <p>Yet one o'er all the earth, Her charter of salvation, One Lord, one Faith, one Birth; One holy Name she blesses, Partakes one holy food, And to one hope she presses, With every grace endured.</p>	<p>PENTECOST HYMN</p> <p>Like the sound of heaven With the rushing of the wind Came the fire a-burning And new life was given to men. The young see visions And the old dream dreams Born of fire Filled with power For all men.</p>	<p>COME THOU FOUNT</p> <p>O to grace how great a debtor Daily I'm constrained to be! Let thy goodness, like a fetter, Bind my wandering heart to thee; Prone to wander, Lord I feel it, Prone to leave the God I love. Here's my heart, O take and seal it; Seal it for thy courts above.</p>
The Psalms	<p>God has spoken from his sanctuary: 'I will go up now and measure out Shechem; I will divide the valley of Succoth into plots; Gilead and Manasseh are mine; Ephraim is my helmet, Judah my sceptre; Moab is my wash-bowl, I fling my shoes at Edom; Philistia is the target of my anger.'</p> <p>Who can bring me to the impregnable city, who can guide me to Edom, since thou, O God, hast abandoned us and goest not forth with our armies? Grant us help against the enemy, for deliverance by man is a vain hope. With God's help we shall do valiantly, and God himself will tread our enemies under foot.</p>	<p>109</p> <p>O God of my praise, be silent no longer, for wicked men heap calumnies upon me. They have lied to my face and ringed me round with words of hate. They have attacked me without a cause and accused me though I have done nothing unseemly. They have repaid me evil for good and hatred in return for my love. They say, 'Put up some rascal to denounce him, an accuser to stand at his right side.' But when judgement is given, that rascal will be exposed and his follies accounted a sin.</p>	<p>May his days be few; may his hoarded wealth fall to another! May his children be fatherless, his wife a widow! May his children be vagabonds and beggars, driven from their homes! May the money-lender distraint on all his goods and strangers seize his earnings! May none remain loyal to him, and none have mercy on his fatherless children! May his line be doomed to extinction, may their name be wiped out within a generation! May the sins of his forefathers be remembered and his mother's wickedness never be wiped out! May they remain on record before the Lord, but may he extinguish their name from the earth! For that man never set himself to be loyal to his friend but persecuted the downtrodden and the poor and hounded the broken-hearted to their death. Curses he loved: may the curse fall on him! He took no pleasure in blessing: may no blessing be his!</p>
The Lessons	<p>I will stand at my post, I will take up my position on the watch-tower, I will watch to learn what he will say through me, and what I shall reply when I am challenged. Habakkuk 2.1</p>	<p>The spirit of the Lord is upon me, Because he anointed me to preach good tidings to the poor: He hath sent me to proclaim release to the captives, And recovering of sight to the blind, To set at liberty them that are bruised, To proclaim the acceptable year of the Lord. John 4:18</p>	<p>Here and now we are God's children. We don't know what we shall become in the future. We only know that, if reality were to break through, we should reflect his likeness, for we should see him as he really is! 1 John 3.2</p>
The Prayers	<p>Give us O Lord, a humble spirit, that we may never presume upon thy mercy, but live always as those who have been much forgiven. Make us tender and compassionate toward those who are overtaken by temptation, considering ourselves, how we have fallen in times past and may fall yet again. Make us watchful and sober-minded, looking ever unto thee for grace to stand upright, and to persevere unto the end, through thy Son, Jesus Christ, our Lord. AMEN.</p>	<p>Lord, preserve thy people, maintain true, righteous justice and worldly government everywhere, so that all things may take place in an orderly way and peace may not be destroyed by revolution or secret enmity and plotting; nor the external good order be corrupted by debased and impure living or disturbed by other offences. AMEN.</p>	<p>Thou who has called us into a fearful life within a family, we lift up the present inadequacies and deterioration of the family structure within our age. And we claim the promise of the possibility of creating that kind of family structure that will enable everyone of its members to live on the edge of radical, raw humanness. In the name of the one who brings all possibility. AMEN.</p>

Fourth Day	OFFICE OF LAUDS			three to six on the dark day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>ALL CREATURES OF OUR GOD AND KING</p> <p>And thou, most kind and gentle death Waiting to hush our latest breath, O praise him! Alleluia! Thou leadest home the child of God, And Christ our Lord the way hath trod, O praise him, O praise him! Alleluia! Alleluia! Alleluia!</p>	<p>THE CHURCH</p> <p>The church of God is like the pioneer The sensitive, responsive one, Who hears the word of God And sees his judgments, And has the vision of the resurrection.</p>	<p>PRAISE YE THE LORD</p> <p>O Lord, open thou our lips. O Lord, open thou our lips. And our mouths shall show forth Shall show forth thy praise, Shall show forth thy praise.</p>	
The Psalms	<p>He clothed himself in cursing like a garment: may it seep into his body like water and into his bones like oil! May it wrap him round like the clothes he puts on, like the belt which he wears every day! May the LORD so requite my accusers and those who speak evil against me!</p> <p>But thou, O LORD God, deal with me as befits thy honour: in the goodness of thy unfailing love deliver me, for I am downtrodden and poor, and my heart within me is distracted. I fade like a passing shadow, I am shaken off like a locust. My knees are weak with fasting and my flesh wastes away, so meagre is my fare. I have become the victim of their taunts; when they see me they toss their heads.</p>	<p>Help me, O LORD my God; save me, by thy unfailing love, that men may know this is thy doing and thou alone, O LORD, hast done it. They may curse, but thou dost bless; may my opponents be put to shame, but may thy servant rejoice! May my accusers be clothed with dishonour, wrapped in their shame as in a cloak! I will lift up my voice to extol the LORD, and before a great company I will praise him. For he stands at the poor man's right side to save him from his adversaries.</p>	<p>110</p> <p>The LORD said to my lord, 'You shall sit at my right hand when I make your enemies the footstool under your feet.' When the LORD from Zion hands you the sceptre, the symbol of your power, march forth through the ranks of your enemies. At birth you were endowed with princely gifts and resplendent in holiness. You have shone with the dew of youth since your mother bore you. The LORD has sworn and will not change his purpose: 'You are a priest for ever, in the succession of Melchizedek.' The Lord at your right hand has broken kings in the day of his anger. So the king in his majesty, sovereign of a mighty land, will punish nations; he will drink from the torrent beside the path and therefore will hold his head high.</p>	
The Lessons	<p>Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life. Thus the man became a living creature.</p> <p>Genesis 2.7</p>	<p>Flesh gives birth to flesh and spirit gives birth to spirit: you must not be surprised that I told you that all of you must be born again.</p> <p>John 3.6</p>	<p>For if a man is in Christ he becomes a new person altogether— the past is finished and gone, everything has become fresh and new.</p> <p>II Corinthians 5.17</p>	
The Prayers	<p>O God of unchangeable power and eternal light, look favorably on thy whole church, that wonderful and sacred mystery; and by the tranquil operation of thy perpetual providence carry out the work of man's salvation: and let the whole world feel and see that things which were cast down are being raised up: that those things which had grown old are being made new; and that all things are returning to perfection, through him from whom they took their origin, even our Lord Jesus Christ. AMEN.</p>	<p>Almighty Father, who hast given thine only Son to die for our sins, and to rise again for our justification: grant us so to put away the leaven of malice and wickedness, that we may always serve thee in pureness of living and truth, through the merits of the same thy Son Jesus Christ our Lord. AMEN.</p>	<p>Father God who is the image behind all images who is the cracking of all images, we decide to be symbol so that men may shout, "Yes," just through the possibility that our lives are and reveal, as you revealed your life through Jesus the Christ. AMEN.</p>	

Fourth Day		OFFICE OF PRIME			six to nine on the light day
		THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR	
The Hymns		<p>ONCE TO EVERY MAN AND NATION</p> <p>Though the cause of evil prosper, Yet 'tis truth alone is strong; Though her portion be the scaffold And upon the throne be wrong, Yet that scaffold sways the future, And, behind the dim unknown, Standeth God within the shadow, Keeping watch above his own.</p>	<p>GO DOWN' MOSES</p> <p>When Israel was in Egypt land, Let my people go! Oppressed so hard they could not stand, Let my people go!</p> <p>Thus saith the Lord, bold Moses said, Let my people go! If not, I'll smite your first-born dead, Let my people go!</p>	<p>MEN OF FAITH</p> <p>Men of Faith create tomorrow, Men of Faith live the Word, Men of Faith reduplicate the Deed, Men of Faith proclaim the Word.</p> <p><i>Refrain:</i> March into the future, March! Dance over the dark abyss. March into the future, March! Men of Faith create the world.</p>	
		<p>111</p> <p>O praise the LORD.</p> <p>With all my heart will I praise the LORD in the company of good men, in the whole congregation. Great are the doings of the LORD; all men study them for their delight His acts are full of majesty and splendour; righteousness is his for ever. He has won a name by his marvellous deeds; the LORD is gracious and compassionate. He gives food to those who fear him, he keeps his covenant always in mind. He showed his people what his strength could do, bestowing on them the lands of other nations. His works are truth and justice; his precepts all stand on firm foundations, strongly based to endure for ever, their fabric goodness and truth. He sent and redeemed his people; he decreed that his covenant should always endure. Holy is his name, inspiring awe. The fear of the LORD is the beginning of wisdom, and they who live by it grow in understanding. Praise will be his for ever.</p>	<p>112</p> <p>O praise the LORD.</p> <p>Happy is the man who fears the LORD and finds great joy in his commandments. His descendants shall be the mightiest in the land, a blessed generation of good men. His house shall be full of wealth and riches; righteousness shall be his for ever. He is gracious, compassionate, good, a beacon in darkness for honest men. It is right for a man to be gracious in his lending, to order his affairs with judgement. Nothing shall ever shake him; his goodness shall be remembered for all time. Bad news shall have no terrors for him, because his heart is steadfast, trusting in the LORD. His confidence is strongly based, he will have no fear; and in the end he will gloat over his enemies. He gives freely to the poor; righteousness shall be his for ever; in honour he carries his head high. The wicked man shall see it with rising anger and grind his teeth in despair; the hopes of wicked men shall come to nothing.</p>	<p>113</p> <p>O praise the LORD.</p> <p>Praise the LORD, you that are his servants, praise the name of the LORD. Blessed be the name of the LORD now and evermore. From the rising of the sun to its setting may the LORD's name be praised. High is the LORD above all nations, his glory above the heavens. There is none like the LORD our God in heaven or on earth, who sets his throne so high but deigns to look down so low; who lifts the weak out of the dust and raises the poor from the dunghill, giving them a place among princes, among the princes of his people; who makes the woman in a childless house a happy mother of children.</p>	
	The Lessons	<p>Watch; I will restore the fortunes of Jacob's clans and show my love for all his dwellings. Every city shall be rebuilt on its mound of ruins, every mansion shall have its familiar household.</p> <p>Jeremiah 30.18</p>	<p>"It is not that you have chosen me; but it is I who have chosen you. I have appointed you to go and bear fruit that will be lasting; so that whatever you ask the Father in my name, he will give it to you."</p> <p>John 15.16</p>	<p>Don't be surprised, therefore, if the world hates you. We know that we have crossed the frontier from death to life because we do love our brothers.</p> <p>I John 3.13-14</p>	
	The Prayers	<p>We praise and bless thy glorious name, O Lord, for the devoted sacrifices of thy servants who have laid down their lives that we might live. Into thy holy keeping we commend their souls, and humbly pray that we, like they, may give and never count the cost, fight and never heed the wounds, toil and never seek for rest, labor and ask for no reward save the knowledge that we do thy will, through Jesus Christ our Lord. AMEN.</p>	<p>O almighty, everlasting God, who, through thine only Son, our blessed Lord, hast commanded us to love our enemies, to do good to them that hate us, and to pray for them that persecute us: we earnestly beseech thee that by thy gracious visitation they may be led to true repentance, and may have the same love, and be of one accord, and of one mind and heart with us, and with thy whole church, through the same Jesus Christ, thy Son, our Lord. AMEN.</p>	<p>O Lord, who gives the light of understanding about our existence, we would lift up the parents of all those in educational structures who are lost in the chaos of their own creation and take the responsibility of being the enablers of the parents in bringing into history new images of education for the twenty-first century. AMEN.</p>	

Fourth Day	OFFICE OF TERCE		
	nine to twelve on the light day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>A MIGHTY FORTRESS IS OUR GOD</p> <p>That word above all earthly powers, No thanks to them, abideth; The Spirit and the gifts are ours Through him who with us sideth: Let goods and kindred go, This mortal life also; The body they may kill: God's truth abideth still, His kingdom is forever.</p>	<p>PENTECOST HYMN</p> <p>To the light from darkness And to freedom from fear Building from the ashes Into one community Peter, Paul, and Luther Augustine and Benedict Born of fire Filled with power For all men.</p>	<p>THOSE WHO WAIT ON THE LORD</p> <p>Those who symbolize their lives Shall renew their strength. They shall mount up on wings as eagles, They shall run and not be weary, They shall walk and not faint, Help us, Lord, help us, Lord, in thy way. Those who know the Mystery. . . Those who see the risen Lord. . .</p>
The Psalms	<p>114</p> <p>O praise the LORD.</p> <p>When Israel came out of Egypt, Jacob from a people of outlandish speech, Judah became his sanctuary, Israel his dominion. The sea looked and ran away; Jordan turned back. The mountains skipped like rams, the hills like young sheep. What was it, sea? Why did you run? Jordan, why did you turn back? Why, mountains, did you skip like rams, and you, hills, like young sheep?</p> <p>Dance, O earth, at the presence of the Lord, at the presence of the God of Jacob, who turned the rock into a pool of water, the granite cliff into a fountain.</p>	<p>115</p> <p>Not to us, O LORD, not to us, but to thy name ascribe the glory, for thy true love and for thy constancy.</p> <p>Why do the nations ask, 'Where then is their God?' Our God is in high heaven; he does whatever pleases him. Their idols are silver and gold, made by the hands of men. They have mouths that cannot speak, and eyes that cannot see; they have ears that cannot hear, nostrils, and cannot smell; with their hands they cannot feel, with their feet they cannot walk, and no sound comes from their throats. Their makers grow to be like them, and so do all who trust in them.</p>	<p>But Israel trusts in the LORD; he is their helper and their shield. The house of Aaron trusts in the LORD; he is their helper and their shield. Those who fear the LORD trust in the LORD; he is their helper and their shield. The LORD remembers us, and he will bless us; he will bless the house of Israel, he will bless the house of Aaron. The LORD will bless all who fear him, high and low alike.</p>
The Lessons	<p>Thereafter the day shall come when I will pour out my spirit on all mankind; your sons and your daughters shall prophesy, your old men shall dream dreams and your young men see visions;</p> <p>Joel 2.28</p>	<p>"A good man produces good things from the good stored up in his heart, and a bad man produces evil things from his own stores of evil. For a man's words will always express what has been treasured in his heart."</p> <p>Luke 6.45</p>	<p>I have cheerfully made up my mind to be proud of my weaknesses, because they mean a deeper experience of the power of Christ.</p> <p>II Corinthians 12.9</p>
The Prayers	<p>Send, we beseech thee, almighty God, thy Holy Spirit into our hearts, that he may direct and rule us according to thy will; comfort us in all our afflictions, defend us from all error, and lead us into all truth, through Jesus Christ our Lord, who with thee and the same Holy Spirit liveth and reigneth, one God, world without end. AMEN.</p>	<p>O God, from whom every good thing takest its beginning and through whom it gathereth rich growth, always advancing to better things, grant to us suppliants, we beseech thee, that this, which we undertake to the praise of thy name, we may by the help of thy fatherly wisdom carry through to completion, through Jesus Christ our Lord. AMEN.</p>	<p>O mighty Spirit, who brought thy church into being with the symbol of fire, we reach out again for thy creative power and ask that it may quicken anew thy struggling church as it attempts to be the church that is needed today. We ask this through Jesus Christ our Lord. AMEN.</p>

Fourth Day	OFFICE OF SEXT		
	THE TWELFTH HOUR	THE FIRST HOUR	twelve to three on the light day THE SECOND HOUR
The Hymns	<p>O SACRED HEAD, NOW WOUNDED</p> <p>Be thou my consolation, My shield when I must die; Recall to me thy passion When my last hour draws nigh. Mine eyes shall then behold thee, Upon thy cross shall dwell; My heart by faith behold thee: Who diest thus dies well.</p>	<p>I KNOW WHOM I HAVE BELIEVED</p> <p>I know not why God's wondrous grace To me he hath made known, Nor why unworthy—Christ in love Redeemed me for his own.</p> <p>I know not how this saving faith To me he did impart, Nor how believing in his Word Wrought peace within my heart.</p>	<p>OBEDIENCE</p> <p>Launch with those who Share the vision To expand man's Destiny</p> <p>In the life that's Born of drowning Sail with friends who Wage the sea.</p>
The Psalms	<p>May the LORD give you increase, both you and your sons. You are blessed by the LORD, the LORD who made heaven and earth. The heavens, they are the LORD's; the earth he has given to all mankind. It is not the dead who praise the LORD, not those who go down into silence; but we, the living, bless the LORD, now and for evermore.</p> <p>O praise the LORD.</p>	<p>116</p> <p>I love the LORD, for he has heard me and listens to my prayer; for he has given me a hearing whenever I have cried to him. The cords of death bound me, Sheol held me in its grip. Anguish and torment held me fast; so I invoked the LORD by name, 'Deliver me, O LORD, I beseech thee; for I am thy slave.'</p> <p>Gracious is the LORD and righteous, our God is full of compassion. The LORD preserves the simple-hearted; I was brought low and he saved me. Be at rest once more, my heart, for the LORD has showered gifts upon you. He has rescued me from death and my feet from stumbling. I will walk in the presence of the LORD in the land of the living.</p>	<p>I was sure that I should be swept away, and my distress was bitter. In panic I cried, 'How faithless all men are!' How can I repay the LORD for all his gifts to me? I will take in my hands the cup of salvation and invoke the LORD by name. I will pay my vows to the LORD in the presence of all his people. A precious thing in the LORD's sight is the death of those who die faithful to him.</p>
The Lessons	<p>He will not break a bruised reed, or snuff out a smouldering wick; he will make justice shine on every race, never faltering, never breaking down.</p> <p>Isaiah 42.3</p>	<p>"If anyone comes to me without 'hating' his father and mother and wife and children and brothers and sisters, and even his own life, he cannot be a disciple of mine. The man who will not take up his cross and follow in my footsteps cannot be my disciple."</p> <p>Luke 14.26</p>	<p>After all, it is no credit to you if you are patient in bearing a punishment which you have richly deserved! But if you do your duty and are punished for it and can still accept it patiently, you are doing something worthwhile in God's sight.</p> <p>I Peter 2.20</p>
The Prayers	<p>Lord, we beseech thee, grant thy people grace to withstand the temptations of the world, the flesh, and the devil; and with pure hearts and minds to follow thee, the only God; through Jesus Christ our Lord. AMEN.</p>	<p>Christ, the peace of things that are on high, and the great rest of those that are below, establish, O Lord, in thy peace and rest, the four regions of the world, and destroy wars and battles from the end of the earth. Disperse the people that delight in war, and pacify the whole world by the mercy of thy divinity, that we may have a secure habitation with all sobriety and piety, through thy mercy and love for ever. AMEN.</p>	<p>Our God, may we lay hold of thy cross, as of a staff that can stand unshaken when the floods run high. It is this world and not another, this world with all its miseries—its ruin and its sin—that thou hast entered to redeem by thine agony and bloody sweat. AMEN.</p>

Fourth Day	OFFICE OF NONE			three to six on the light day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>O GOD, OUR HELP IN AGES PAST</p> <p>O God, our help in ages past, Our hope for years to come, Our shelter from the stormy blast, And our eternal home!</p> <p>A thousand ages, in thy sight, Are like an evening gone; Short as the watch that ends the night, Before the rising sun.</p>	<p>HARVEST TIME</p> <p><i>Refrain:</i> Over and over, Yes, deeper and deeper, My heart is pierced through With life's sorrowing cry, But the tears of the sower And the songs of the reaper, Shall mingle together In joy by and by.</p>	<p>THE SINGLE MIND</p> <p>Come colleagues of the Journey, give up your will to God's. Become the bloody footsteps on the road our fathers trod.</p> <p><i>Refrain:</i> Obedience the armor, Our poverty the sign, Our chastity the battle to create the single mind.</p>	
The Psalms	<p>I am thy slave, thy slave-girl's son; thou hast undone the bonds that bound me. To thee will I bring a thank-offering and invoke the LORD by name. I will pay my vows to the LORD in the presence of all his people, in the courts of the LORD's house, in the midst of you, Jerusalem. O praise the LORD.</p>	<p>117</p> <p>Praise the LORD, all nations, extol him, all you peoples; for his love protecting us is strong, the LORD's constancy is everlasting. O praise the LORD.</p>	<p>118</p> <p>It is good to give thanks to the LORD, for his love endures for ever. Declare it, house of Israel: his love endures for ever. Declare it, house of Aaron: his love endures for ever. Declare it, you that fear the LORD: his love endures for ever. When in my distress I called to the LORD, his answer was to set me free. The LORD is on my side, I have no fear; what can man do to me? The LORD is on my side, he is my helper, and I shall gloat over my enemies.</p>	
The Lessons	<p>If a prophet has a dream, let him tell his dream; if he has my word, let him speak my word in truth. Jeremiah 23.28</p>	<p>"Then the king will answer them with these words, 'I assure you that whatever you failed to do to the humblest of my brothers you failed to do to me.' "And these will go off to eternal punishment, but the true men to eternal life." Matthew 25.45-46</p>	<p>"See, I come quickly! I carry my reward with me, and repay every man according to his deeds. I am Alpha and Omega, the first and the last, the Beginning and the End." Revelation 22.12-13</p>	
The Prayers	<p>Blessed Lord, who has caused all holy scriptures to be written for our learning; grant that we may in such wise hear them, read, mark, learn, and inwardly digest them, that by patience and comfort of thy holy Word, we may embrace, and ever hold fast the blessed hope of everlasting life, which thou hast given us in our savior Jesus Christ. AMEN.</p>	<p>Almighty God, who seest that we have no power of ourselves to help ourselves, keep us both outwardly in our bodies, and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul, through Jesus Christ our Lord. AMEN.</p>	<p>Dear Lord, the one who reminds us that financial security is no security, we pray particularly for thy People of God and confess that we are those who continue to allow ourselves to be trapped in an economic stranglehold. We pray for vision of a way to be freed from this entrapment and create a way for all men to participate authentically in renewed structures for the sake of all mankind, in the name of the Christ. AMEN.</p>	

Fifth Day	OFFICE OF VESPERS		
	THE SIXTH HOUR	THE SEVENTH HOUR	six to nine on the dark day THE EIGHTH HOUR
The Hymns	<p>ALL CREATURES OF OUR GOD AND KING</p> <p>Thou flowing water, pure and clear, Make music for thy Lord to hear, Alleluia, Alleluia! Thou fire so masterful and bright, Thou givest man both warmth and light! O praise him, O praise him! Alleluia! Alleluia! Alleluia!</p>	<p>THE INVITATION</p> <p>The call comes daily, confronting me. All former patterns are shaken free. The man exalted, the God brought low. Behind this offense, my death I know.</p> <p>I'm at the crossroads I must decide To live offended, or faith confide. There is no reason, the cross to choose. It's my election, my life to lose.</p>	<p>OBEDIENCE</p> <p>Come all spirits Roaming freely Bind your will in Common thrust</p> <p>Stand beneath the Gaze of neighbor Ready to obey Their trust</p>
The Psalms	<p>It is better to find refuge in the LORD than to trust in men. It is better to find refuge in the LORD than to trust in princes. All nations surround me, but in the LORD's name I will drive them away. They surround me on this side and on that, but in the LORD's name I will drive them away. They surround me like bees at the honey; they attack me, as fire attacks brushwood, but in the LORD's name I will drive them away. They thrust hard against me so that I nearly fall; but the LORD has helped me.</p>	<p>The LORD is my refuge and defence, and he has become my deliverer. Hark! Shouts of deliverance in the camp of the victors^a!</p> <p>With his right hand the LORD does mighty deeds, the right hand of the LORD raises up. I shall not die but live to proclaim the works of the LORD. The LORD did indeed chasten me, but he did not surrender me to Death.</p>	<p>Open to me the gates of victory; I will enter by them and praise the LORD. This is the gate of the LORD; the victors shall make their entry through it. I will praise thee, for thou hast answered me and hast become my deliverer. The stone which the builders rejected has become the chief corner-stone. This is the LORD's doing; it is marvellous in our eyes. This is the day on which the LORD has acted: let us exult and rejoice in it. We pray thee, O LORD, deliver us; we pray thee, O LORD, send us prosperity. Blessed in the name of the LORD are all who come; we bless you from the house of the LORD. The LORD is God; he has given light to us, the ordered line of pilgrims by the horns of the altar. Thou art my God and I will praise thee; my God, I will exalt thee. It is good to give thanks to the LORD, for his love endures for ever.</p>
The Lessons	<p>You shall indeed go out with joy and be led forth in peace. Before you mountains and hills shall break into cries of joy, and all the trees of the wild shall clap their hands. Isaiah 55.12</p>	<p>In my opinion whatever we may have to go through now is less than nothing compared with the magnificent future God has planned for us. The whole creation is on tiptoe to see the wonderful sight of the sons of God coming into their own. Romans 8.18-19</p>	<p>"And the king will reply, 'I assure you that whatever you did for the humblest of my brothers you did for me.'" Matthew 25.40</p>
The Prayers	<p>O merciful Father, we render thee thanks and praise that thou hast vouchsafed to feed us, thy unworthy servants, with the precious body and blood of thy dear Son, and we pray that by thy grace, we may walk worthy of our holy calling and learn to adorn the doctrine of God our savior in all things, through the same Jesus Christ thy Son our Lord. AMEN.</p>	<p>My Lord Christ, I have fallen, I would gladly be strong; for this purpose you have instituted the sacrament, that with it we may rekindle and strengthen our faith and be helped. Behold, Lord, it is your Word. My weakness and failings are known to you. You yourself have said: "Come unto me, all who labor and are heavy laden, and I will give you rest." I now come to be helped. AMEN.</p>	<p>Master, Creator, who confronts us with our finiteness and insatiableness, who both creates and disposes of our hopes and despairs, we are grateful for those sensitive and responsible artists who hold before us the way life is and project a vision of the future allowing us to experience moments of self-conscious awareness in our lives as we journey toward the sun. In the name of Christ Jesus our Lord. AMEN.</p>

Fifth Day	OFFICE OF COMPLINE		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>THE WAY OF THE CROSS LEADS HOME</p> <p>I must needs go home by the way of the cross, There's no other way but this; I shall ne'er get sight of the gates of light, If the way of the cross I miss.</p> <p><i>Chorus:</i> The way of the cross leads home The way of the cross leads home It is sweet to know, as I onward go, The way of the cross leads home.</p>	<p>FREEDOM</p> <p>Now deed and self stand naked here We own whatever we've brought to be. No rules to rescue, no course to clear From dreadful responsibility.</p> <p><i>Refrain:</i> No recourse to the law, No justification or righteousness, No way to defend our deeds, But we offer them up to the Mystery.</p>	<p>BEING</p> <p>I see then as Never before The secrets of Heaven my store.</p> <p>With wisdom twice my age My life an open page Though with each insight gain A deeper pain.</p>
	<p>119</p> <p>Happy are they whose life is blameless, who conform to the law of the LORD. Happy are they who obey his instruction, who set their heart on finding him; who have done no wrong and have lived according to his will. Thou, Lord, hast laid down thy precepts for men to keep them faithfully. If only I might hold a steady course, keeping thy statutes! I shall never be put to shame if I fix my eyes on thy commandments. I will praise thee in sincerity of heart as I learn thy just decrees.</p> <p>Thy statutes will I keep faithfully; O do not leave me forsaken.</p>	<p>How shall a young man steer an honest course? By holding to thy word. With all my heart I strive to find thee; let me not stray from thy commandments. I treasure thy promise in my heart, for fear that I might sin against thee. Blessed art thou, O LORD; reach me thy statutes. I say them over, one by one, the decrees that thou hast proclaimed. I have found more joy along the path of thy instruction than in any kind of wealth. I will meditate on thy precepts and keep thy paths ever before my eyes. In thy statutes I find continual delight; I will not forget thy word.</p>	<p>Grant this to me, thy servant: let me live and, living, keep thy word. Take the veil from my eyes, that I may see the marvels that spring from thy law. I am but a stranger here on earth,^a do not hide thy commandments from me. My heart pines with longing day and night for thy decrees. The proud have felt thy rebuke; cursed are those who turn from thy commandments. Set me free from scorn and insult, for I have obeyed thy instruction. The powers that be sit scheming together against me; but I, thy servant, will study thy statutes. Thy instruction is my continual delight; I turn to it for counsel.</p>
The Lessons	<p>Woe betide you who have built a town with bloodshed and founded a city on fraud, so that nations toil for a pittance, and peoples weary themselves for a mere nothing! Habakkuk 2.12-13</p>	<p>Nor do you really believe his word in your hearts, for you refuse to believe the man whom he has sent. You pore over the scriptures for you imagine that you will find eternal life in them. And all the time they give their testimony to me! John 5.38-39</p>	<p>If a man says, "I love God" and hates his brother, he is a liar. For if he does not love the brother before his eyes how can he love the one beyond his sight? 1 John 4.20</p>
The Prayers	<p>O God, gracious and merciful, give us we entreat thee, a humble trust in thy mercy, and suffer not heart to fail us. Though our sins be more in number than the hairs of our head, yet give us grace in loving penitence to cast ourselves down into the depth of thy compassion. AMEN.</p>	<p>Alas! O Father, it is true. We acknowledge our guilt. Be thou a gracious Father and call us not into judgment, but grant us thy grace so to live that thy holy name may be hallowed in us. Let us not think, speak, do, have, or undertake anything that is not to thy honor and praise, that before all things we may seek thy honor and name, rather than our own vainglory. Grant that we may love, fear, and honor thee as children do a father. AMEN.</p>	<p>O Lord of history, who has brought into being and taken out of being social structures as they have served humanness and perverted it, we confess our intentional participation in obsolete, non-functional social structures, preferring the perverted to the unknown. We pray in the name of Jesus Christ. AMEN.</p>

Fifth Day	OFFICE OF MATINS		
	twelve to three on the dark day		
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR
The Hymns	<p>O GOD, OUR HELP IN AGES PAST</p> <p>O God, our help in ages past, Our hope for years to come, Our shelter from the stormy blast, And our eternal home!</p> <p>A thousand ages, in thy sight, Are like an evening gone; Short as the watch that ends the night, Before the rising sun.</p>	<p>THE LORD'S PRAYER</p> <p>Our Father, who art in heaven, Hallowed be thy name; Thy kingdom come, Thy will be done On earth as it is in heaven. Give us this day our daily bread, And forgive us our trespasses, As we forgive those who trespass against us; And lead us not into temptation, But deliver us from evil.</p>	<p>THE SINGLE MIND</p> <p>Come colleagues of the Journey, Give up your will to God's, Become the bloody footsteps On the road our fathers trod.</p> <p><i>Refrain:</i> Obedience the armor, Our poverty the sign, Our chastity the battle To create the single mind.</p>
The Psalms	<p>I lie prone in the dust; grant me life according to thy word. I tell thee all I have done and thou dost answer me; teach me thy statutes. Show me the way set out in thy precepts, and I will meditate on thy wonders. I cannot rest for misery; renew my strength in accordance with thy word. Keep falsehood far from me and grant me the grace of living by thy law.</p> <p>I have chosen the path of truth and have set thy decrees before me. I hold fast to thy instruction; O LORD, let me not be put to shame. I will run the course set out in thy commandments, for they gladden my heart.</p> <p>Teach me, O LORD, the way set out in thy statutes, and in keeping them I shall find my reward. Give me the insight to obey thy law and to keep it with all my heart; make me walk in the path of thy commandments, for that is my desire.</p>	<p>Dispose my heart toward thy instruction and not toward ill-gotten gains; turn away my eyes from all that is vile, grant me life by thy word. Fulfil thy promise for thy servant, the promise made to those who fear thee. Turn away the censure which I dread, for thy decrees are good. How I long for thy precepts! In thy righteousness grant me life.</p> <p>Thy love never fails; let it light on me, O LORD, and thy deliverance, for that was thy promise; then I shall have my answer to the man who taunts me, because I trust in thy word. Rob me not of my power to speak the truth, for I put my hope in thy decrees.</p>	<p>I will heed thy law continually, for ever and ever; I walk in freedom wherever I will, because I have studied thy precepts. I will speak of thy instruction before kings and will not be ashamed; in thy commandments I find continuing delight; I love them with all my heart. I will welcome thy commandments and will meditate on thy statutes.</p> <p>Remember the word spoken to me, thy servant, on which thou hast taught me to fix my hope. In time of trouble my consolation is this, that thy promise has given me life.</p>
The Lessons	<p>Thou art in our midst, O Lord, and thou hast named us thine; do not forsake us.</p> <p style="text-align: right;">Jeremiah 14.9</p>	<p>"Believe me," he said, "unless you change your whole outlook and become like little children you will never enter the kingdom of Heaven."</p> <p style="text-align: right;">Matthew 18.2</p>	<p>You are all sons of light, sons of the day, and none of us belongs to darkness or the night. Let us then never fall into the sleep that stupefies the rest of the world: let us keep awake, with our wits about us.</p> <p style="text-align: right;">1 Thessalonians 5.5-6</p>
The Prayers	<p>Heavenly Father, who dost always have time for us, so that we may come to thee at any time, teach us to order and use our time aright, that we may know the blessing of time employed in thy name. Help us, even in the midst of work, to take time for thee and for our neighbor, through Jesus Christ our Lord. AMEN.</p>	<p>O Lord Jesus Christ, draw thou our hearts unto thee; join them together in inseparable love, that we may abide in thee, and thou in us, and that the everlasting covenant between us may stand forever. O wound our hearts with the fiery darts of thy piercing love. Let them pierce through all our slothful members and inward powers, that we, being happily wounded, may so become whole and sound. AMEN.</p>	<p>O Lord, we hold up the educational structures. We have ourselves fallen prey to the mindset we intended to change. Allow us, Lord to see the vision of what is necessary in these structures in our time and to bring the explosion of twentieth century consciousness to every last student, teacher and administrator in our educational systems. In the name of the one who gave his life that <i>all</i> people might live, Jesus Christ. AMEN.</p>

Fifth Day	OFFICE OF LAUDS			three to six on the dark day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>WHEN I SURVEY THE WONDROUS CROSS</p> <p>When I survey the wondrous cross, On which the Prince of Glory died, My richest gain I count but loss, And pour contempt on all my pride.</p> <p>Were the whole realm of nature mine, That were an offering far too small; Love so amazing, so divine, Demands my soul, my life, my all.</p>	<p>LORD OF THE DANCE</p> <p>I danced on a Friday when the sky turned black; It's hard to dance with the devil on your back; They buried my body and they thought I'd gone, But I am the dance and I still go on.</p> <p><i>Refrain:</i> Dance then wherever you may be, I am the lord of the dance, said he. And I'll lead you all wherever you may be, And I'll lead you all in the dance, said he.</p>	<p>THE VISION</p> <p>Lighting moment blazing spark Lighting moment in our dark; The birth and death of every star and tree, The dread assault of spirit within me Then <i>God</i> confronts me with terror and with love Ecstasy. Comes the dawn of silence.</p>	
The Psalms	<p>I have cherished thy decrees all my life long, and in them I find consolation, O LORD. Gusts of anger seize me as I think of evil men who forsake thy law. Thy statutes are the theme of my song wherever I make my home. In the night I remember thy name, O LORD, and dwell upon thy law. This is true of me, that I have kept thy precepts.</p> <p>Proud men treat me with insolent scorn, but I do not swerve from thy law.</p>	<p>Thou, LORD, art all I have; I have promised to keep thy word. With all my heart I have tried to please thee; fulfil thy promise and be gracious to me. I have thought much about the course of my life and always turned back to thy instruction; I have never delayed but always made haste to keep thy commandments. Bands of evil men close round me, but I do not forget thy law. At midnight I rise to give thee thanks for the justice of thy decrees. I keep company with all who fear thee, with all who follow thy precepts. The earth is full of thy never-failing love; O LORD, teach me thy statutes.</p>	<p>Thou hast shown thy servant much kindness, fulfilling thy word, O LORD. Give me insight, give me knowledge, for I put my trust in thy commandments. I went astray before I was punished; but now I pay heed to thy promise. Thou art good and thou doest good; teach me thy statutes. Proud men blacken my name with lies, yet I follow thy precepts with all my heart; their hearts are thick and gross; but I continually delight in thy law. How good it is for me to have been punished, to school me in thy statutes! The law thou hast ordained means more to me than a fortune in gold and silver.</p> <p>Thy hands moulded me and made me what I am; show me how I may learn thy commandments.</p>	
The Lessons	<p>God said, "Let there be light," and there was light; and God saw that the light was good, and he separated light from darkness. He called the light day, and the darkness night.</p> <p>Genesis 1.3-4</p>	<p>"For the Son of man will come in the glory of his Father and in the company of his angels and then he will repay every man for what he has done."</p> <p>Matthew 16.27</p>	<p>Here, then, is the message which we heard from him, and now proclaim to you: GOD IS LIGHT and no shadow of darkness can exist in him.</p> <p>I John 1.5</p>	
The Prayers	<p>O almighty God, from whom every good prayer cometh, and who pourest out on all who desire it the spirit of grace and supplication, deliver us when we draw nigh to thee from all coldness of heart and wanderings of mind, that with steadfast thoughts and kindled affections we may worship thee in spirit and in truth through Jesus Christ our Lord. AMEN.</p>	<p>O Christ returning victoriously to thy heavenly realm, remember my flesh in which thou wast born! Rising again, in this body, joyfully I shall sing, sing endless hymns with the angelic choirs! Once Satan loved me ardently, in the death of sin: with thee, reigning throughout the ages, me let him now behold! AMEN.</p>	<p>Almighty God, thou who has given us the world in all its glory and despair, we thank thee for those social structures now in existence and claim the promise of new and better structures that in the life to come everyman may better participate in the humanness of life, in the name of Jesus, the Christ. AMEN.</p>	

Fifth Day	OFFICE OF PRIME		
	THE SIXTH HOUR	THE SEVENTH HOUR	six to nine on the light day THE EIGHTH HOUR
The Hymns	<p>THE CHURCH'S ONE FOUNDATION</p> <p>The Church's one foundation Is Jesus Christ her Lord, She is his new creation By water and the Word, From heaven he came and sought her To be his holy bride, With his own blood he bought her, And for her life he died.</p>	<p>FINISH OUR WORK</p> <p>We are one body with the race of men, All who are, will be, and ere have been. "You must not die," the dead cry out within, "Finish our work!" "Finish our work!"</p> <p>We choose to hear the cries from history Of pioneers in responsibility, Who struggled for a world they did not see, "Finish our work!" "Finish our work!"</p>	<p>CREATION</p> <p><i>Refrain:</i> We stand beyond our life and see, We stand beyond our death and really see, What's required of men who give their death To history. And it is now that we must do What other ones must always seek to be, To discover what's required of us To set men free.</p>
The Psalms	<p>Let all who fear thee be glad when they see me, because I hope for the fulfilment of thy word. I know, O LORD, that thy decrees are just and even in punishing thou keepest faith with me. Let thy never-failing love console me, as thou hast promised me, thy servant. Extend thy compassion to me, that I may live; for thy law is my continual delight. Put the proud to shame, for with their lies they wrong me; but I will meditate on thy precepts. Let all who fear thee turn to me, all who cherish thy instruction. Let me give my whole heart to thy statutes, so that I am not put to shame.</p>	<p>I long with all my heart for thy deliverance, hoping for the fulfilment of thy word; my sight grows dim with looking for thy promise and still I cry, "When wilt thou comfort me?" Though I shrivel like a wine-skin in the smoke, I do not forget thy statutes. How long has thy servant to wait for thee to fulfil thy decree against my persecutors? Proud men who flout thy law spread tales about me. Help me, for they hound me with their lies, but thy commandments all stand for ever. They had almost swept me from the earth, but I did not forsake thy precepts; grant me life, as thy love is unchanging, that I may follow all thy instruction.</p>	<p>Eternal is thy word, O LORD, planted firm in heaven. Thy promise^a endures for all time, stable as the earth which thou hast fixed. This day, as ever, thy decrees stand fast; for all things serve thee. If thy law had not been my continual delight, I should have perished in all my troubles; never will I forget thy precepts, for through them thou hast given me life. I am thine; O save me, for I have pondered thy precepts. Evil men lie in wait to destroy me; but I will give thought to thy instruction.</p> <p>I see that all things come to an end, but thy commandment has no limit.</p>
The Lessons	<p>Then I heard the Lord say, Whom shall I send? Who will go for me? And I answered, Here am I; send me Isaiah 6.8-9</p>	<p>"So you are a king, are you?" returned Pilate. "Indeed I am a king," Jesus replied; "the reason for my birth and the reason for my coming into the world is to witness to the truth. Every man who loves truth recognises my voice." John 18.37</p>	<p>There are different ways of serving God, but it is the same Lord who is served. God works through different men in different ways, but is the same God who achieves his purposes through them all. I Corinthians 12.5-6</p>
The Prayers	<p>O Lord, our heavenly Father, by whose providence the duties of men are varied and ordered, grant to us all the spirit to labor heartily to do our work in our several stations, in serving one master and looking for one reward. Teach us to put to good account whatever talents thou hast given us, and enable us to redeem our time by patience and zeal, through Jesus Christ our Lord. AMEN.</p>	<p>Almighty and everlasting God, who dost enkindle the flame of thy love in the hearts of the saints, grant unto us the same faith and the power of love, that, as we rejoice in their triumphs, we may profit by their examples, through Jesus Christ our Lord. AMEN.</p>	<p>Almighty creator and destroyer, who rules forever despite our persistent refusal to acknowledge thy rulership, we plead this day for the social process of the creatures who inhabit this universe and beg that our context and life be a sign to the world. May we create structures that sustain life for all and at the same time remind human beings of their total contingency and dependency on those structures, in the name of the feared one. AMEN.</p>

Fifth Day	OFFICE OF TERCE		
	THE NINTH HOUR	THE TENTH HOUR	nine to twelve on the light day THE ELEVENTH HOUR
The Hymns	<p>GOD OF GRACE</p> <p>Lo! the hosts of evil round us Scorn thy Christ, assail his ways. Fears and doubts too long have bound us, Free our hearts to work and praise. Grant us wisdom, grant us courage, For the living of these days, For the living of these days.</p>	<p>AMAZING GRACE</p> <p>Amazing grace! how sweet the sound, That saved a wretch like me, I once was lost, but now am found, Was blind, but now I see.</p> <p>Thru many dangers, toils and snares, I have already come, 'Tis grace that brought me safe thus far, And grace will lead me home.</p>	<p>THE CHURCH</p> <p>The Church of God, the world society, To God-in-Christ and Christ-in-God, Responds in hope and trust, Repents for all mankind, And so reduplicates the deed of Jesus Christ.</p>
The Psalms	<p>O how I love thy law! It is my study all day long. Thy commandments are mine for ever; through them I am wiser than my enemies. I have more insight than all my teachers, for thy instruction is my study; I have more wisdom than the old, because I have kept thy precepts. I set no foot on any evil path in my obedience to thy word; I do not swerve from thy decrees, for thou thyself hast been my teacher. How sweet is thy promise in my mouth, sweeter on my tongue than honey!</p>	<p>From thy precepts I learn wisdom; therefore I hate the paths of falsehood.</p> <p>Thy word is a lamp to guide my feet and a light on my path; I have bound myself by oath and solemn vow to keep thy just decrees. I am cruelly afflicted; O LORD, revive me and make good thy word.</p>	<p>Accept, O LORD, the willing tribute of my lips and teach me thy decrees. Every day I take my life in my hands, yet I never forget thy law. Evil men have set traps for me, but I do not stray from thy precepts. Thy instruction is my everlasting inheritance; it is the joy of my heart. I am resolved to fulfil thy statutes; they are a reward that never fails.</p>
The Lessons	<p>You must not follow other gods, gods of the nations that are around you; if you do, the Lord your God who is in your midst will be angry with you, and he will sweep you away off the face of the earth, for the Lord your God is a jealous god.</p> <p>Deuteronomy 6.14-15</p>	<p>And then he breathed upon them and said, "Receive holy spirit. If you forgive any men's sins, they are forgiven, and if you hold them unforgiven, they are unforgiven."</p> <p>John 20.22-23</p>	<p>If you are then "risen" with Christ, reach out for the highest gifts of Heaven, where Christ reigns in power. Give your heart to the heavenly things, not to the passing things of earth.</p> <p>Colossians 3.1-2</p>
The Prayers	<p>Grant to us, Lord, we beseech thee, the spirit to think and do always such things as are right, that we, who cannot do anything that is good without thee, may by thee be enabled to live according to thy will, through Jesus Christ our Lord. AMEN.</p>	<p>Grant, O Lord, to all those who are bearing pain, thy spirit of healing, thy spirit of peace and hope, of courage and endurance. Cast out from them the spirit of anxiety and fear; grant them perfect confidence and trust in thee, that in thy light they may see light, through Jesus Christ our Lord. AMEN.</p>	<p>Our Father, giver of all symbols, we pray on behalf of the church. In the midst of travail we dare to build models for the church for the next hundred years. May we shove our whole lives into the struggle to build the church that it might retell humanness for all mankind. We dare to pray only in the name of Jesus Christ our Lord. AMEN.</p>

Fifth Day	OFFICE OF SEXT		
	twelve to three on the light day		
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR
The Hymns	<p>ONCE TO EVERY MAN AND NATION</p> <p>Then to side with truth is noble, When we share her wretched crust, Ere her cause bring fame and profit, And 'tis prosperous to be just, Then it is the brave man chooses, While the coward stands aside, Till the multitude make virtue Of the faith they had denied.</p>	<p>THE PREPARATION AND THE CRY</p> <p>Free yourself from the mind, Seeks to order all that is, And free yourself from the heart's terror, That seeks essence in all things.</p> <p>Sail calmly toward the abyss, Learn to say that nothing exists, So conquer hope, the greatest temptation, Find the freedom you have sought.</p>	<p>ALL LIFE IS OPEN</p> <p>Our knowledge falters and crumbles, Our thoughts turn banal and senseless, Our feelings flood in to drown us, Our hearts cry out, "Push no further!" But don't stop now, lead us onward To what we know, yet cannot see.</p>
The Psalms	<p>I hate men who are not single-minded, but I love thy law. Thou art my shield and hiding-place; I hope for the fulfilment of thy word. Go, you evildoers, and leave me to myself, that I may keep the commandments of my God. Support me as thou hast promised, that I may live; do not disappoint my hope. Sustain me, that I may see deliverance; so shall I always be occupied with thy statutes. Thou dost reject those who stray from thy statutes, for their talk is all malice and lies. In thy sight all the wicked on earth are scum; therefore I love thy instruction. The dread of thee makes my flesh creep, and I stand in awe of thy decrees.</p>	<p>I have done what is just and right; thou wilt not abandon me to my oppressors. Stand surety for the welfare of thy servant; let not the proud oppress me. My sight grows dim with looking for thy deliverance and waiting for thy righteous promise. In all thy dealings with me, LORD, show thy true love and teach me thy statutes. I am thy servant; give me insight to understand thy instruction. It is time to act, O LORD; for men have broken thy law. Truly I love thy commandments more than the finest gold. It is by thy precepts that I find the right way; I hate the paths of falsehood.</p> <p>Thy instruction is wonderful; therefore I gladly keep it. Thy word is revealed, and all is light; it gives understanding even to the untaught. I pant, I thirst, longing for thy commandments.</p>	<p>Turn to me and be gracious, as thou hast decreed for those who love thy name. Make my step firm according to thy promise, and let no wrong have the mastery over me. Set me free from man's oppression, that I may observe thy precepts. Let thy face shine upon thy servant and teach me thy statutes. My eyes stream with tears because men do not heed thy law.</p> <p>How just thou art, O LORD! How straight and true are thy decrees! How just is the instruction thou givest! It is fixed firm and sure. I am speechless with resentment, for my enemies have forgotten thy words.</p>
The Lessons	<p>They shall know that I am the Lord when I break the bars of their yokes and rescue them from those who have enslaved them.</p> <p>Ezekiel 34.27</p>	<p>"But it must not be so among you. No, whoever among you wants to be great must become the servant of you all, and if he wants to be first among you he must be your slave."</p> <p>Matthew 20.26-27</p>	<p>Yet when he was insulted he offered no insult in return. When he suffered he made not threats of revenge. He simply committed his cause to the one who judges fairly.</p> <p>1 Peter 2.23</p>
The Prayers	<p>Direct us, O Lord, in all our doings, with thy most gracious favor, and further us with thy continual help, that in all our works begun, continued, and ended in thee, we may glorify thy holy name, and finally, by thy mercy, obtain everlasting life, through Jesus Christ our Lord. AMEN.</p>	<p>O Lord, grant me this grace of detachment from all creatures and above all from myself. May my mind and heart be centered only in you, and thus merit to possess you forever in heaven. AMEN.</p>	<p>Holy Father, we pray not for peace but for thy creative fire, not for tranquility but for the agony of change. Purge from our hearts our refusal to embrace global humanness so that our lives may be given to the task of creating the new social order on behalf of all. AMEN.</p>

Fifth Day	OFFICE OF NONE			three to six on the light day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>BEFORE JEHOVAH'S AWE-FULL THRONE</p> <p>Before Jehovah's awe-full throne, Ye nations, bow with sacred joy; Know that the Lord is God alone, He can create, and he destroy.</p> <p>His sovereign power, without our aid, Made us of clay and formed us men; And, when like wandering sheep we strayed, He brought us to his fold again.</p>	<p>CALLED TO WALK IN THE WAY</p> <p>Heal the sick, chase the demons, say the Word that says "forgiveness;"</p> <p>Take away all excuses for a life to be lived as dead. Help each man you meet to make a new decision— To pick up his past, live the future with all its dread.</p>	<p>POVERTY</p> <p>Come walk with Francis Like him you'll naked die Free all you now cherish For time soon will pass you by If you would do something, then be God's nothing Be the Lord's fool and fife In holding to naught there the secret is found You are wealth when not by wealth bound.</p>	
The Psalms	<p>Thy promise has been tested through and through, and thy servant loves it.</p> <p>I may be despised and of little account, but I do not forget thy precepts. Thy justice is an everlasting justice, and thy law is truth. Though I am oppressed by trouble and anxiety, thy commandments are my continual delight. Thy instruction is ever just; give me understanding that I may live.</p>	<p>I call with my whole heart; answer me, LORD. I will keep thy statutes. I call to thee; O save me that I may heed thy instruction. I rise before dawn and cry for help; I hope for the fulfilment of thy word. Before the midnight watch also my eyes are open for meditation on thy promise. Hear me, as thy love is unchanging, and give me life, O LORD, by thy decree. My pursuers in their malice are close behind me, but they are far from thy law. Yet thou art near, O LORD, and all thy commandments are true. I have long known from thy instruction that thou hast given it eternal foundations.</p>	<p>See in what trouble I am and set me free, for I do not forget thy law. Be thou my advocate and win release for me; true to thy promise, give me life. Such deliverance is beyond the reach of wicked men, because they do not ponder thy statutes. Great is thy compassion, O LORD; grant me life by thy decree. Many are my persecutors and enemies, but I have not swerved from thy instruction. I was cut to the quick when I saw traitors who had no regard for thy promise. See how I love thy precepts, O LORD! Grant me life, as thy love is unchanging. Thy word is founded in truth, and thy just decrees are everlasting.</p>	
The Lessons	<p>Fools who long for the day of the Lord, what will the day of the Lord mean to you? It will be darkness, not light.</p> <p style="text-align: right;">Amos 5.18</p>	<p>"Believe me," returned Jesus, "a man cannot even see the kingdom of God without being born again."</p> <p style="text-align: right;">John 3.3</p>	<p>Every competitor in athletic events goes into serious training. Athletes will take tremendous pains—for a fading crown of leaves. But our contest is for an eternal crown that will never fade.</p> <p style="text-align: right;">I Corinthians 9.25</p>	
The Prayers	<p>Almighty and merciful God, into whose gracious presence we ascend, not by the frailty of the flesh, but by the activity of the soul, make us ever, by thy inspiration, to seek after the courts of the heavenly city, and, by thy mercy, confidently to enter them, both here and hereafter. AMEN.</p>	<p>Therefore we need thee, my Lord Christ. Do not let the work of thy hands perish! If by the heavy burden of our weak flesh we be cast down, lift us up again and enkindle us with the flame of thy heavenly fire that we may look up to thee again, and with our hearts return to thee and arise in true faith, that, in thy strength, we may sweep out all the evil which clings to us. Lay off every sin which corrupts us. AMEN.</p>	<p>Our Father God, who puts us to live as solitary beings in the midst of societies, we stand as those who want to restructure our society so as to eliminate solitariness. We ask that you give us the continued struggle of collegiality so that we might begin to internalize what it means to be finally solitary beings, in the name of the one who was as solitary in life as in death, even Jesus the Christ our Lord. AMEN.</p>	

Sixth Day	OFFICE OF VESPERS			six to nine on the dark day
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR	
The Hymns	<p>O FOR A THOUSAND TONGUES</p> <p>O for a thousand tongues to sing My great Redeemer's praise, The glories of my God and King, The triumphs of his grace!</p> <p>My gracious Master and my God, Assist me to proclaim, To spread through all the earth abroad The honors of thy name.</p>	<p>BEING</p> <p>I see then as Never before The secrets of Heaven my store.</p> <p>With wisdom twice my age My life an open page Though with each insight gain A deeper pain.</p>	<p>THE CORPORATES</p> <p>Come, Brother Poverty, Come and dance for me, affirm contingency, And disengage your life from all that binds it.</p> <p><i>Chorus:</i> Oh, Mr. Corporate Man, Create the sign for me, transform community In freedom give your life to him who gave it.</p>	
The Psalms	<p>The powers that be persecute me without cause, yet my heart thrills at thy word. I am jubilant over thy promise, like a man carrying off much booty. Falsehood I detest and loathe, but I love thy law.</p> <p>Seven times a day I praise thee for the justice of thy decrees. Peace is the reward of those who love thy law; no pitfalls beset their path. I hope for thy deliverance, O LORD, and I fulfil thy commandments; gladly I heed thy instruction and love it greatly. I heed thy precepts and thy instruction, for all my life lies open before thee.</p>	<p>Let my cry of joy reach thee, O LORD; give me understanding of thy word. Let my supplication reach thee; be true to thy promise and save me. Let thy praise pour from my lips, because thou teachest me thy statutes; let the music of thy promises be on my tongue, for thy commandments are justice itself. Let thy hand be prompt to help me, for I have chosen thy precepts; I long for thy deliverance, O LORD, and thy law is my continual delight. Let me live and I will praise thee; let thy decrees be my support. I have strayed like a lost sheep; come, search for thy servant, for I have not forgotten thy commandments.</p>	<p>120</p> <p>I called to the LORD in my distress, and he answered me. 'O LORD,' I cried, 'save me from lying lips and from the tongue of slander.' What has he in store for you, slanderous tongue? What more has he for you? Nothing but a warrior's sharp arrows or red-hot charcoal. Hard is my lot, exiled in Meshech, dwelling by the tents of Kedar. All the time that I dwelt among men who hated peace, I sought peace; but whenever I spoke of it, they were for war.</p>	
The Lessons	<p>Never again shall your sun set nor your moon withdraw her light; but the Lord shall be your everlasting light, and the days of your mourning shall be ended. Isaiah 60.20</p>	<p>But I tell you, love your enemies, and pray for those who persecute you, so that you may be sons of your heavenly Father. For he makes his sun rise upon evil men as well as good, and he sends his rain upon honest and dishonest men alike. Matthew 5.44-45</p>	<p>Thank God, the Father of our Lord Jesus Christ, that he is our Father and the source of all mercy and comfort. II Corinthians 1.3</p>	
The Prayers	<p>Almighty and everlasting God, give unto us the increase of faith, hope, and charity; and, that we may obtain that which thou dost promise, make us to love that which thou dost command, through Jesus Christ our Lord. AMEN.</p>	<p>We thank thee for him who is our peace, who has come to them that were afar off, and has brought them nigh. And we beseech thee that we may yield gladly to all the drawings of his life and death, of his glory, and of his Spirit sent forth into the world, and may indeed be drawn near to thee and kept always close at thy side. AMEN.</p>	<p>Almighty God, we bow before thee in gratitude for the non-rational expression of life and claim the promise that we who are called to be the religious of our times might know art as expression, rather than thing created, in Christ's name. AMEN.</p>	

Sixth Day	OFFICE OF COMPLINE		
	nine to twelve on the dark day		
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR
The Hymns	<p>GOD</p> <p>It is God that gives the desire to achieve, And yet death leaves man's work undone. It is God that summons man to do good; And neglect his duty to none. And yet God is the voice that pronounces guilt, For man's war with self is never won. It is God who gives every man his life, And God who takes his life away.</p>	<p>THE KING'S BUSINESS</p> <p>There is a darkness there, profound as death's domain. The mortal blow to sight leaves hopelessness and pain. Yet in that pitchest night there shines the glory light. And that's the pause in my return.</p>	<p>ALL LIFE IS OPEN</p> <p>Our knowledge falters and crumbles, Our thoughts turn banal and senseless, Our feelings flood in to drown us, Our hearts cry out, "Push no further!" But don't stop now, lead us onward To what we know yet cannot see.</p>
The Psalms	<p>121</p> <p>If I lift up my eyes to the hills, where shall I find help? Help comes only from the LORD, maker of heaven and earth. How could he let your foot stumble? How could he, your guardian, sleep? The guardian of Israel never slumbers, never sleeps. The LORD is your guardian, your defence at your right hand; the sun will not strike you by day nor the moon by night. The LORD will guard you against all evil; he will guard you, body and soul. The LORD will guard your going and your coming, now and for evermore.</p>	<p>122</p> <p>I rejoiced when they said to me, 'Let us go to the house of the LORD.' Now we stand within your gates, O Jerusalem: Jerusalem that is built to be a city where people come together in unity; to which the tribes resort, the tribes of the LORD, to give thanks to the LORD himself, the bounden duty of Israel. For in her are set the thrones of justice, the thrones of the house of David. Pray for the peace of Jerusalem: 'May those who love you prosper; peace be within your ramparts and prosperity in your palaces.' For the sake of these my brothers and my friends, I will say, 'Peace be within you.' For the sake of the house of the LORD our God I will pray for your good.</p>	<p>123</p> <p>I lift my eyes to thee whose throne is in heaven. As the eyes of a slave follow his master's hand or the eyes of a slave-girl her mistress, so our eyes are turned to the LORD our God waiting for kindness from him.</p> <p>Deal kindly with us, O LORD, deal kindly, for we have suffered insult enough; too long have we had to suffer the insults of the wealthy, the scorn of proud men.</p>
The Lessons	<p>When the Lord saw that man had done much evil on earth and that his thoughts and inclinations were always evil, he was sorry that he had made man on earth, and he was grieved at heart.</p> <p>Genesis 6.5-6</p>	<p>"Go in by the narrow gate. For the wide gate has a broad road which leads to disaster, and there are many people going that way. The narrow gate and the hard road lead out into life, and only a few are finding it."</p> <p>Matthew 7.13-14</p>	<p>Let us therefore approach the throne of grace with fullest confidence, that we may receive mercy for our failures and grace to help in the hour of need.</p> <p>Hebrews 4.16</p>
The Prayers	<p>Almighty God, the fountain of all wisdom, who knowest our necessities before we ask, and our ignorance in asking, we beseech thee to have compassion upon our infirmities; and those things which for our unworthiness we dare not, and for our blindness we cannot ask, vouchsafe to give us, for the worthiness of thy Son, Jesus Christ our Lord. AMEN.</p>	<p>Search us, O Lord, and prove us. Look well if there be any way of wickedness in us, and lead us in the way everlasting. Let thy favor be better to us than life itself, that so in all things we may approve our hearts before thee and feel the sense of thy acceptance of us, giving us a joy which the world cannot give. AMEN.</p>	<p>Almighty God, whom we dare to address as Father when that word has become almost meaningless in our age, give us the strength, the courage and the wisdom to stand in the gap, to build the bridge which will enable all men—infants through elders—to participate meaningfully in a renewed family structure. We pray in the name of your only Son, our Lord. AMEN.</p>

Sixth Day	OFFICE OF MATINS			twelve to three on the dark day
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR	
The Hymns	<p>THE GOD OF ABRAHAM PRAISE</p> <p>He hath eternal life, Implanted in the soul; His love shall be our strength and stay, While ages roll. Praise to the living God! All praised be his name Who was, and is and is to be, And still the same!</p>	<p>I KNOW WHOM I HAVE BELIEVED</p> <p>I know not how the Spirit moves, Convincing men of sin, Revealing Jesus through the Word, Creating faith in him.</p> <p>I know not what of good or ill May be reserved for me, Or weary ways or golden days, Before his face I see.</p>	<p>OBEDIENCE</p> <p>Live your life Before the calling To discern the Will of God</p> <p>Each man of the Globe your brother Each demand a Weight and rod</p>	
The Psalms	<p>124</p> <p>If the LORD had not been on our side, Israel may now say, if the LORD had not been on our side when they assailed us, they would have swallowed us alive when their anger was roused against us. The waters would have carried us away and the torrent swept over us; over us would have swept the seething waters. Blessed be the LORD, who did not leave us to be the prey between their teeth. We have escaped like a bird from the fowler's trap; the trap broke, and so we escaped. Our help is in the name of the LORD, maker of heaven and earth.</p>	<p>125</p> <p>Those who trust in the LORD are like Mount Zion, which cannot be shaken but stands fast for ever. As the hills enfold Jerusalem, so the LORD enfolds his people, now and evermore. The sceptre of wickedness shall surely find no home in the land allotted to the righteous, so that the righteous shall not set their hands to injustice. Do good, O LORD, to those who are good and to those who are upright in heart. But those who turn aside into crooked ways, may the LORD destroy them, as he destroys all evildoers! Peace be upon Israel!</p>	<p>126</p> <p>When the LORD turned the tide of Zion's fortune, we were like men who had found new health. Our mouths were full of laughter and our tongues sang aloud for joy. Then word went round among the nations, 'The LORD has done great things for them.' Great things indeed the LORD then did for us, and we rejoiced.</p> <p>Turn once again our fortune, LORD, as streams return in the dry south. Those who sow in tears shall reap with songs of joy. A man may go out weeping, carrying his bag of seed; but he will come back with songs of joy, carrying home his sheaves.</p>	
The Lessons	<p>But where can wisdom be found? And where is the source of understanding? No man knows the way to it; it is not found in the land of living men.</p> <p>Job 28.12-13</p>	<p>"Watch and pray, all of you, that you may not have to face temptation. Your spirit is willing, but human nature is weak."</p> <p>Matthew 26.41</p>	<p>Now how can they call on one in whom they have never believed? How can they believe in one of whom they have never heard? And how can they hear unless someone proclaims him? And who will go to tell them unless he is sent?</p> <p>Romans 10.14-15</p>	
The Prayers	<p>Almighty and everlasting God, who orderest all things in heaven and in earth, and who didst make all ages a preparation for the coming of thy Son, prepare us by thy Holy Spirit for the coming of him whom thou dost send, that we may behold his glory and receive the fulness of thy blessing, through Jesus Christ our Lord. AMEN.</p>	<p>O Lord, make us to live soberly, justly, and righteously in this present age, and, as we look for that blessed hope and the coming of thy glory, may we walk in the path of holiness that, by thy grace, we may come to the eternal inheritance which thou hast prepared for those who love thee, through thy mercy, O our God who art blessed for evermore. AMEN.</p>	<p>O you who cause all social decay and collapse so that history can move on and new and more humane civilizations can be created, we pray on behalf of the crumbling civilization in which we live. We pray for the people who are being crushed as our social order falls. We pray for the old who will never know that new order is being born, for the young who must create the new order, and for ourselves who have decided to give our lives that the new order can come to be, in the name of the Christ. AMEN.</p>	

Sixth Day	OFFICE OF LAUDS			three to six on the dark day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>COME THOU FOUNT</p> <p>Come, thou Fount of every blessing, Tune my heart to sing thy grace; Streams of mercy, never ceasing, Call for songs of loudest praise. Teach me some melodious sonnet, Sung by flaming tongues above; Praise the mount—I'm fixed upon it, Mount of thy redeeming love.</p>	<p>MY HOPE IS BUILT ON NOTHING LESS</p> <p>My hope is built on nothing less Than Jesus' blood and righteousness; I dare not trust the sweetest frame, But wholly lean on Jesus' name.</p> <p>His oath, his covenant, his blood, Support me in the whelming flood; When all around my soul gives way, He then is all my hope and stay.</p>	<p>GIVE THANKS</p> <p>Give thanks that all life is good Give thanks that we are received Give thanks that the past's approved And the future is open, and the future is open.</p> <p><i>Refrain:</i> Praise be to God the Father Almighty, Praise be to God who came to this earth, Praise be to God the Spirit eternal, Praise be to God forever</p>	
The Psalms	<p>127</p> <p>Unless the LORD builds the house, its builders will have toiled in vain. Unless the LORD keeps watch over a city, in vain the watchman stands on guard. In vain you rise up early and go late to rest, toiling for the bread you eat; he supplies the need of those he loves. Sons are a gift from the LORD and children a reward from him. Like arrows in the hand of a fighting man are the sons of a man's youth. Happy is the man who has his quiver full of them; such men shall not be put to shame when they confront their enemies in court.</p>	<p>128</p> <p>Happy are all who fear the LORD, who live according to his will. You shall eat the fruit of your own labours, you shall be happy and you shall prosper. Your wife shall be like a fruitful vine in the heart of your house; your sons shall be like olive-shoots round about your table. This is the blessing in store for the man who fears the LORD.</p> <p>May the LORD bless you from Zion; may you share the prosperity of Jerusalem all the days of your life, and live to see your children's children!</p> <p>Peace be upon Israel!</p>	<p>129</p> <p>Often since I was young have men attacked me— let Israel now say— often since I was young have men attacked me, but never have they prevailed. They scored my back with scourges, like ploughmen driving long furrows. Yet the LORD in his justice has cut me loose from the bonds of the wicked. Let all enemies of Zion be thrown back in shame; let them be like grass growing on the roof, which withers before it can shoot, which will never fill a mower's hand nor yield an armful for the harvester, so that passers-by will never say to them, 'The blessing of the LORD be upon you! We bless you in the name of the LORD.'</p>	
The Lessons	<p>But for you who fear my name, the sun of righteousness shall rise with healing in his wings, and you shall break loose like calves released from the stall.</p> <p>Malachi 4.2</p>	<p>"I solemnly assure you that the man who hears what I have to say and believes in the one who has sent me has eternal life."</p> <p>John 5.24</p>	<p>Consider the incredible love that the Father has shown us in allowing us to be called "children of God"—and that is not just what we are called, but what we are.</p> <p>1 John 3.1</p>	
The Prayers	<p>O thou who art the light of the world, the desire of all nations, and the shepherd of our souls: let thy light shine in the darkness, and by the lifting up of thy cross gather the peoples unto thee, that all the ends of the earth may see the salvation of God. AMEN.</p>	<p>Fill my soul with thy good will, anoint me with the oil of thy plenty that I may begin anew to praise, fear and love thee so that I may perceive not only the temporal goodness, but far more, the spiritual <i>yea</i>. I praise thee evermore for thy goodness all the days of my life so that after this, I may come to dwell and abide with thee. AMEN.</p>	<p>O mysterious Force which drives man to the limits of life, we ask that you enable those persons in all of society who are the lepers and the outcasts to find that they can live and find that even their lives are good, in the name of the outcast, Jesus Christ. AMEN.</p>	

Sixth Day	OFFICE OF PRIME			six to nine on the light day
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR	
The Hymns	<p>ONCE TO EVERY MAN AND NATION</p> <p>Once to every man and nation Comes the moment to decide, In the strife of truth with falsehood, For the good or evil side; Some great cause, God's new Messiah, Offering each the bloom or blight, And the choice goes by forever Twixt that darkness and that light.</p>	<p>OBEDIENCE</p> <p>Take within yourself The burden Peace on earth, Good will to men</p> <p>All the world is Now your parish Every spirit Yours to win.</p>	<p>THE VISION</p> <p>We heard the cry from the past We heard the cry set forth at last; Our ancestors plead to live our time, The crimson line their only awesome sign. Now <i>all</i> the earth cries out within our hearts Agony. Comes the dawn of silence.</p>	
The Psalms	<p>130</p> <p>Out of the depths have I called to thee, O LORD; Lord, hear my cry. Let thy ears be attentive to my plea for mercy. If thou, LORD, shouldest keep account of sins, who, O Lord, could hold up his head? But in thee is forgiveness, and therefore thou art revered. I wait for the LORD with all my soul, I hope for the fulfilment of his word. My soul waits for the LORD more eagerly than watchmen for the morning. Like men who watch for the morning, O Israel, look for the LORD. For in the LORD is love unfailing, and great is his power to set men free. He alone will set Israel free from all their sins.</p>	<p>131</p> <p>O LORD, my heart is not proud, nor are my eyes haughty; I do not busy myself with great matters or things too marvellous for me. No; I submit myself, I account myself lowly, as a weaned child clinging to its mother. O Israel, look for the LORD now and evermore.</p>	<p>132</p> <p>O LORD, remember David in the time of his adversity, how he swore to the LORD and made a vow to the Mighty One of Jacob: 'I will not enter my house nor will I mount my bed, I will not close my eyes in sleep or my eyelids in slumber, until I find a sanctuary for the LORD, a dwelling for the Mighty One of Jacob.' We heard of it in Ephrathah; we came upon it in the region of Jaar. Let us enter his dwelling, let us fall in worship at his footstool.</p>	
The Lessons	<p>Inquire of the Lord while he is present, call upon him when he is close at hand.</p> <p>Isaiah 55.6</p>	<p>"There is a great harvest," he told them, "but only a few are working in it—which means you must pray to the Lord of the harvest that he will send out more reapers."</p> <p>Luke 10.1</p>	<p>For Christ did not send me to see how many I could baptize, but to proclaim the gospel. And I have not done this by the persuasiveness of clever words, for I have no desire to rob the cross of its power.</p> <p>I Corinthians 1.17</p>	
The Prayers	<p>O Lord our God, in whose hands is the issue of all things, who requirest from thy stewards not success, but faithfulness, give us such faith in thee, and in thy sure purpose that we measure not our lives by what we have done, or failed to do, but by our obedience to thy will. AMEN.</p>	<p>O God, who hast prepared for us a city that hath foundations, whereof thou art the architect and maker, who hast called us in one body, even in the body of thy Son Jesus Christ, to be kings and priests unto thee, grant that we may walk worthy of the vocation wherewith we are called, with all lowliness and meekness, with longsuffering, forbearing one another in love. AMEN.</p>	<p>O unsynonymous One, you know how we grow inwardly for the answers to our dilemma of education for tomorrow's adults. Please give to all the vision to know that symbols are necessary to be held before the eyes of children and youth. We plead for Christ's sake. AMEN.</p>	

Sixth Day	OFFICE OF TERCE			nine to twelve on the light day
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR	
The Hymns	<p>A MIGHTY FORTRESS IS OUR GOD</p> <p>Did we in our own strength confide Our striving would be losing; Were not the right man on our side, The man of God's own choosing. Dost ask who that may be? Christ Jesus, it is he; Lord Sabaoth his name, From age to age the same, And he must win the battle.</p>	<p>CREATION</p> <p><i>Refrain:</i> We stand beyond our life and see, We stand beyond our death and really see, What's required of men who give their death To history. And it is now that we must do What other ones must always seek to be, To discover what's required of us To set men free.</p>	<p>THOSE WHO WAIT ON THE LORD</p> <p>Those who wait on the Lord Shall renew their strength. They shall mount up on wings as eagles, They shall run and not be weary, They shall walk and not faint, Help us, Lord, Help us, Lord, in thy way.</p>	
The Psalms	<p>Arise, O LORD, and come to thy resting-place, thou and the ark of thy power. Let thy priests be clothed in righteousness and let thy loyal servants shout for joy. For thy servant David's sake reject not thy anointed king. The LORD swore to David an oath which he will not break: 'A prince of your own line will I set upon your throne. If your sons keep my covenant and heed the teaching that I give them, their sons in turn for all time shall sit upon your throne.'</p>	<p>For the LORD has chosen Zion and desired it for his home: 'This is my resting-place for ever; here will I make my home, for such is my desire.</p> <p>I will richly bless her destitute and satisfy her needy with bread. With salvation will I clothe her priests; her loyal servants shall shout for joy. There will I renew the line of David's house and light a lamp for my anointed king; his enemies will I clothe with shame, but on his head shall be a shining crown.'</p>	<p>133</p> <p>How good it is and how pleasant for brothers to live together! It is fragrant as oil poured upon the head and falling over the beard, Aaron's beard, when the oil runs down over the collar of his vestments. It is like the dew of Hermon falling upon the hills of Zion. There the LORD bestows his blessing, life for evermore.</p>	
The Lessons	<p>I have wiped out the proud; their battlements are laid in ruin. I have made their streets a desert where no one passes. their cities are laid waste, deserted, unpeopled. Zephaniah 3.6</p>	<p>"It is the Spirit which gives life. The flesh will not help you. The things which I have told you are spiritual and are life." John 6.63</p>	<p>So, humble yourselves under God's strong hand, and in his own good time he will lift you up. You can throw the whole weight of your anxieties upon him, for you are his personal concern. 1 Peter 5.6-7</p>	
The Prayers	<p>O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom, defend us thy humble servants in all assaults of our enemies, that we, surely trusting in thy defence, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. AMEN.</p>	<p>O Lord, raise up, we pray thee, thy power, and come among us, and with great might succour us; that whereas, through our sins and wickedness, we are sore let and hindered in running the race that is set before us, thy bountiful grace and mercy may speedily help and deliver us, through the satisfaction of thy Son our Lord, to whom with thee and the Holy Ghost be honor and glory, world without end. AMEN.</p>	<p>God almighty who forces us into life, yet limits us, plays with us, yet is totally impartial, we ask you for the raw courage, the vision, and the strength to attempt the impossible task of creating a human future for all, in the name of your Son, the possibility, we pray. AMEN.</p>	

Sixth Day	OFFICE OF SEXT			twelve to three on the light day
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR	
The Hymns	<p>THE WAY OF THE CROSS LEADS HOME</p> <p>I must needs go on in the blood-sprinkled way, The path that the Savior trod, If I ever climb to the heights sublime, Where the soul is at home with God.</p> <p><i>Chorus:</i> The way of the cross leads home The way of the cross leads home It is sweet to know, as I onward go, The way of the cross leads home.</p>	<p>CONTEMPLATION</p> <p>And deep within I see The fact that I just be And unrepeatably this one this self.</p> <p>Free passion then I live My depthless life I give I find that I be Being in myself</p>	<p>THE CRYIN'</p> <p>It's then I feel the pangs of love For earth and men and heaven. "I'll save these for you, Lord," I cry, "And this can be your heaven." The Cry responds, "It's not for me You save what you inherit. For I must crush your world to bones, And grind it into Spirit."</p>	
The Psalms	<p>134</p> <p>Come, bless the LORD, all you servants of the LORD, who stand night after night in the house of the LORD. Lift up your hands in the sanctuary and bless the LORD. The LORD, maker of heaven and earth, bless you from Zion!</p>	<p>135</p> <p>O praise the LORD.</p> <p>Praise the name of the LORD; praise him, you servants of the LORD, who stand in the house of the LORD, in the temple courts of our God. Praise the LORD, for that is good; honour his name with psalms, for that is pleasant. The LORD has chosen Jacob to be his own and Israel as his special treasure. I know that the LORD is great, that our Lord is above all gods.</p>	<p>Whatever the LORD pleases, that he does, in heaven and on earth, in the sea, in the depths of ocean. He brings up the mist from the ends of the earth, he opens rifts for the rain, and brings the wind out of his storehouses. He struck down all the first-born in Egypt, both man and beast. In Egypt he sent signs and portents against Pharaoh and all his subjects. He struck down mighty nations and slew great kings, Sihon king of the Amorites, Og the king of Bashan, and all the princes of Canaan, and gave their land to Israel, to Israel his people as their patrimony. O LORD, thy name endures for ever; thy renown, O LORD, shall last for all generations.</p>	
The Lessons	<p>For the Lord will not cast off his servants for ever. He may punish cruelly, yet he will have compassion in the fullness of his love; he does not willingly afflict or punish any mortal man.</p> <p>Lamentations 3.31-33</p>	<p>And as Pilate wanted to satisfy the crowd, he set Barabbas free for them, and after having Jesus flogged handed him over to be crucified. Then the soldiers marched him away inside the courtyard of the governor's residence and called their whole company together.</p> <p>Mark 15.15-16</p>	<p>For he, who had always been God by nature, did not cling to his prerogatives as God's equal, but stripped himself of all privilege by consenting to be a slave by nature and being born as mortal man.</p> <p>Philippians 2.6-7</p>	
The Prayers	<p>O gracious Father, whose dearly loved Son has taught us that whosoever will be his disciple must take up his cross and follow him, help us so to follow our Lord through these days in which we commemorate his bitter sufferings and passion that as he, for the joy that was set before him, endured the shame and cross, so we may learn of him, by his grace, to be faithful in all things, through the same, thy Son, Jesus Christ our Lord. AMEN.</p>	<p>My Lord Jesus Christ, you are indeed the only shepherd and I, sorry to say, am the lost and straying sheep. I am anxious and afraid. Gladly would I be devout and own you, my gracious God, and so have peace in my heart. I learn that you are as anxious for me as I am for you. I am eager to know how I can come to you for help. Anxiously you desire above all else to bring me back to yourself again. Then come to me. Seek and find me. Help me also to come to you and praise and honor you forever. AMEN.</p>	<p>O Lord and Father of all mankind that placed us in the midst of our particular situations and forced us to stand there as ones who wished to be anywhere but there, we find thy demand on our lives is to create the new form of the family that will allow that struggle to be the gift for all families in the twentieth century, through that one Word that gives all families of man meaning in life. AMEN.</p>	

Sixth Day	OFFICE OF NONE			three to six on the light day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>THE CHURCH'S ONE FOUNDATION</p> <p>The Church's one foundation Is Jesus Christ her Lord, She is his new creation By water and the Word, From heaven he came and sought her To be his holy bride, With his own blood he bought her, And for her life he died.</p>	<p>AM I A SOLDIER OF THE CROSS</p> <p>Am I a soldier of the cross, A follower of the Lamb, And shall I fear to own his cause, Or blush to speak his name?</p> <p>Must I be carried to the skies On flowery beds of ease, While others fought to win the prize And sailed through bloody seas?</p>	<p>GOD</p> <p>It is God that is always driving man To care about the coming day, And yet God is the mystery who takes Each man's security away. It is God that makes man seek happiness, But does not allow his joy to stay. It is God who gives every man his life, And God who takes his life away.</p>	
The Psalms	<p>The LORD will give his people justice and have compassion on his servants. The gods of the nations are idols of silver and gold, made by the hands of men. They have mouths that cannot speak and eyes that cannot see; they have ears that do not hear, and there is no breath in their nostrils. Their makers grow like them, and so do all who trust in them. O house of Israel, bless the LORD; O house of Aaron, bless the LORD. O house of Levi, bless the LORD; you who fear the LORD, bless the LORD. Blessed from Zion be the LORD who dwells in Jerusalem. O praise the LORD.</p>	<p>136</p> <p>It is good to give thanks to the LORD, for his love endures for ever. Give thanks to the God of gods; his love endures for ever. Give thanks to the Lord of lords; his love endures for ever. Alone he works great marvels; his love endures for ever.</p> <p>In wisdom he made the heavens; his love endures for ever. He laid the earth upon the waters; his love endures for ever. He made the great lights, his love endures for ever, the sun to rule by day, his love endures for ever, the moon and the stars to rule by night; his love endures for ever.</p>	<p>He struck down the first-born of the Egyptians, his love endures for ever, and brought Israel from among them; his love endures for ever. With strong hand and outstretched arm, his love endures for ever, he divided the Red Sea in two, his love endures for ever, and made Israel pass through it, his love endures for ever; but Pharaoh and his host he swept into the sea; his love endures for ever. He led his people through the wilderness; his love endures for ever.</p>	
The Lessons	<p>A son honours his father, and a slave goes in fear of his master. If I am a father, where is the honour due to me? If I am a master where is the fear due to me? So says the Lord of Hosts to you, you priests who despise my name. Malachi 1.6</p>	<p>"But you will be betrayed, even by parents and brothers and kinsfolk and friends, and there will be some of you who will be killed and you will be hated everywhere for my name's sake. Luke 21.16</p>	<p>Let every man learn to assess properly the value of his own work and he can then be glad when he has done something worth doing without depending on the approval of others. Galatians 6.4</p>	
The Prayers	<p>O Master, the Lord Jesus Christ our God, who said unto his saintly disciples and honored apostles, "Many prophets and righteous men desired to see the things which ye see, and did not see, and to hear the things which ye did hear, and heard them not." We pray thee, O holy and good Father, lead us not into temptation, nor let any iniquity get the dominion over us, but deliver us from unavailing works, and from the thoughts, motions, sights and touch thereof. AMEN.</p>	<p>O God, dwelling in light that no man may come unto, whose ways are not as our ways or thoughts as our thoughts, who are able to do for us exceeding abundantly above all that we ask or think, so draw up our affection to thee, so win us by the vision of the perfect kingdom of thy Christ, so kindle our imagination and quicken our ideals, so revive our faith and renew our hope, that we may live wholly unto thee, neither heeding the fear nor seeking the praise of men. AMEN.</p>	<p>Father of all, creator of the inscrutable mystery of life, we pray for insight to recreate the symbol of the meal so that we may daily celebrate the goodness and mystery of life which is so freely given to us. We engage in this struggle to regain oneness with the creatures of the loaf and the cup, and through Christ Jesus, pray this prayer. AMEN.</p>	

Seventh Day		OFFICE OF VESPERS		six to nine on the dark day
		THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR
The Hymns		<p>I KNOW WHOM I HAVE BELIEVED</p> <p>I know not why God's wondrous grace To me he hath made known, Nor why unworthy—Christ in love Redeemed me for his own.</p> <p><i>Refrain:</i> But "I know whom I have believed And am persuaded that he is able To keep that which I've committed Unto him against that day."</p>	<p>I'M SO GLAD</p> <p>I'm so glad the Word's in history. I'm so glad the Word's in history. I'm so glad the Word's in history. Singing glory hallelujah! The Word's in history!</p>	<p>GLORY, GLORY, HALLELUJAH</p> <p><i>(Chorus)</i> Glory, Glory, Hallelujah, Since I laid my burdens down. Glory, glory, hallelujah Since I laid my burdens down.</p> <p><i>(Special chorus)</i> Burdens down, Lord Burdens down, Lord Since I laid my burdens down.</p>
	The Psalms	<p>He struck down great kings; his love endures for ever. He slew mighty kings, his love endures for ever, Sihon king of the Amorites, his love endures for ever, and Og the king of Bashan; his love endures for ever. He gave their land to Israel, his love endures for ever, to Israel his servant as their patrimony; his love endures for ever. He remembered us when we were cast down, his love endures for ever, and rescued us from our enemies; his love endures for ever. He gives food to all his creatures; his love endures for ever. Give thanks to the God of heaven, for his love endures for ever.</p>	<p>137</p> <p>By the rivers of Babylon we sat down and wept when we remembered Zion. There on the willow-trees we hung up our harps, for there those who carried us off demanded music and singing, and our captors called on us to be merry: 'Sing us one of the songs of Zion.' How could we sing the LORD's song in a foreign land?</p> <p>If I forget you, O Jerusalem, let my right hand wither away; let my tongue cling to the roof of my mouth if I do not remember you, if I do not set Jerusalem above my highest joy. Remember, O LORD, against the people of Edom the day of Jerusalem's fall, when they said, 'Down with it, down with it, down to its very foundations!' O Babylon, Babylon the destroyer, happy the man who repays you for all that you did to us! Happy is he who shall seize your children and dash them against the rock.</p>	<p>138</p> <p>I will praise thee, O LORD, with all my heart; boldly, O God, will I sing psalms to thee. I will bow down towards thy holy temple; for thy love and faithfulness I will praise thy name; for thou hast made thy promise wide as the heavens. When I called to thee thou didst answer me and make me bold and valiant-hearted. Let all the kings of the earth praise thee, O LORD, when they hear the words thou hast spoken; and let them sing of the LORD's ways, for great is the glory of the LORD. For the LORD, high as he is, cares for the lowly, and from afar he humbles the proud. Though I walk among foes thou dost preserve my life, exerting thy power against the rage of my enemies, and with thy right hand thou savest me. The LORD will accomplish his purpose for me. Thy true love, O LORD, endures for ever; leave not thy work unfinished.</p>
The Lessons		<p>I am the Lord, there is no other; I make the light, I create darkness, author alike of prosperity and trouble. I, the Lord, do all these things.</p> <p>Isaiah 45.6-7</p>	<p>" 'Well done!' said his master, 'you're a sound, reliable servant. You've been trustworthy over a few things, now I'm going to put you in charge of much more. Come in and share your master's rejoicing.' "</p> <p>Matthew 25.23</p>	<p>Don't worry over anything whatever; tell God every detail of your needs in earnest and thankful prayer.</p> <p>Philippians 4.</p>
The Prayers		<p>O Lord Jesus Christ, who saidst unto thine apostles, "Peace I leave with you, my peace I give unto you," regard not our sins, but the faith of thy church; and grant to it that peace and unity which is according to thy will, who livest and reignest with the Father and the Holy Ghost, one God, world without end. AMEN.</p>	<p>O Lord, my God, I thank thee that thou hast brought this day to its close. I thank thee that thou dost give rest to body and soul. Thy hand has been over me, guarding me and preserving me. Forgive my feeble faith and all the wrong I have done this day, and help me to forgive all who have wronged me. Grant that I may sleep in peace beneath thy care and defend me from the temptations of darkness. Into thy hands I commend my loved ones, I commend this household, I commend my body and soul. O God, thy holy name be praised. AMEN.</p>	<p>O Thou who brings political systems into being and takes them out of being, we give thee thanks for this particular system of democracy and ask thy help in pulling out the gifts of that system in a sea of perversions, in the name of the Christ. AMEN.</p>

Seventh Day	OFFICE OF COMPLINE			nine to twelve on the dark day	
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR		
The Hymns	<p>THE WAY OF THE CROSS LEADS HOME</p> <p>I must needs go home by the way of the cross, There's no other way but this; I shall ne'er get sight of the gates of light, If the way of the cross I miss.</p> <p><i>Chorus:</i> The way of the cross leads home The way of the cross leads home It is sweet to know, as I onward go, The way of the cross leads home.</p>	<p>GRACE</p> <p>Where sin abounded, grace did all the more abound, Paul said. The state of our whole life is this that we are separated, Separated from life's aim and its origin; Separated from ourselves and from other men.</p>	<p>POVERTY</p> <p>Come walk with Francis Like him you'll naked die Free all you now cherish For time soon will pass you by If you would do something then be God's nothing Be the Lord's fool and fife In holding to naught there the secret is found You are wealth when not by wealth bound.</p>		
The Psalms	<p>139</p> <p>LORD, thou hast examined me and knowest me. Thou knowest all, whether I sit down or rise up; thou hast discerned my thoughts from afar. Thou hast traced my journey and my resting places, and art familiar with all my paths. For there is not a word on my tongue but thou, LORD, knowest them all. Thou hast kept close guard before me and behind and hast spread thy hand over me. Such knowledge is beyond my understanding, so high that I cannot reach it.</p>	<p>Where can I escape from thy spirit? Where can I flee from thy presence? If I climb up to heaven, thou art there; if I make my bed in Sheol, again I find thee. If I take my flight to the frontiers of the morning or dwell at the limit of the western sea, even there thy hand will meet me and thy right hand will hold me fast. If I say, 'Surely darkness will steal over me, night will close around me', darkness is no darkness for thee and night is luminous as day; to thee both dark and light are one.</p>	<p>Thou it was who didst fashion my inward parts; thou didst knit me together in my mother's womb. I will praise thee, for thou dost fill me with awe; wonderful thou art, and wonderful thy works. Thou knowest me through and through: my body is no mystery to thee, how I was secretly kneaded into shape and patterned in the depths of the earth. Thou didst see my limbs unformed in the womb, and in thy book they are all recorded; day by day they were fashioned, not one of them was late in growing. How deep I find thy thoughts, O God, how inexhaustible their themes! Can I count them? They outnumber the grains of sand; to finish the count, my years must equal thine.</p>		
The Lessons	<p>Woe is me! I am lost, for I am a man of unclean lips and I dwell among a people of unclean lips; Yet with these eyes I have seen the King, the Lord of Hosts. Isaiah 6.5.</p>	<p>"You must understand that God has not sent his Son into the world to pass sentence upon it, but to save it—through him." John 3.17</p>	<p>Now if we sin deliberately after we have known and accepted the truth, there can be no further sacrifice for sin for us but only a terrifying expectation of judgment and the fire of God's indignation, which will one day consume all that sets itself against him. Hebrews 10.26-27</p>		
The Prayers	<p>O Lord our God, gracious and full of compassion, slow to anger and of great mercy, with contrite hearts we confess our sin and seek thy pardon. We are unworthy of the heritage thou hast given thy church; we have not shown the courage and patience of those who went before us in the way of Christ, nor have we earnestly contended for the faith which was once delivered to us. Forgive us, we beseech thee, for the sake of him who died and rose again, our Lord Jesus Christ. AMEN</p>	<p>Dear God, in the midst of anguish and need, I am in great trouble. My brother has his trials which the devil increases. This is not the time to ask whether I am godly or worthy. Help me now in this time of need, as you said you would. AMEN.</p>	<p>Heavenly Father, we confess that we have sinned against thee and our neighbor. We have walked in darkness rather than in light; we have named the name of Christ, but have not departed from iniquity. Cleanse us by thy Holy Spirit, quicken our consciences, and enable us to forgive others, that we may henceforth serve thee in newness of life, to the glory of thy holy name. AMEN.</p>		

Seventh Day	OFFICE OF MATINS			twelve to three on the dark day
	THE TWELFTH HOUR	THE FIRST HOUR	THE SECOND HOUR	
The Hymns	<p>BEFORE JEHOVAH'S AWE-FULL THRONE</p> <p>We'll crowd his gates with thankful songs, High as the heavens our voices raise; And earth, with her ten thousand tongues, Shall fill his courts with sounding praise.</p> <p>Wide as the world is his command; Vast as eternity his love; Firm as a rock his truth shall stand, When rolling years shall cease to move.</p>	<p>GOD OF GRACE</p> <p>God of grace and God of glory, On thy people pour thy power; Crown thine ancient church's story, Bring her bud to glorious flower. Grant us wisdom, grant us courage, For the facing of this hour, For the facing of this hour.</p>	<p>THE PREPARATION AND THE CRY</p> <p>Then at time of great happiness, Time of virtue or despair, Someone within will cry out, "O help me!" As he struggles to be free.</p> <p>If you do not hear this voice, Do not set out on the March; You must continue to prepare, Till within you hear this Cry;</p>	
The Psalms	<p>O God, if only thou wouldst slay the wicked! If those men of blood would but leave me in peace— those who provoke thee with deliberate evil and rise in vicious rebellion against thee! How I hate them, O LORD, that hate thee! I am cut to the quick when they oppose thee; I hate them with undying hatred; I hold them all my enemies.</p> <p>Examine me, O God, and know my thoughts; test me, and understand my misgivings. Watch lest I follow any path that grieves thee; guide me in the ancient ways.</p>	<p>140</p> <p>Rescue me, O LORD, from evil men; keep me safe from violent men, whose heads are full of wicked schemes, who stir up contention day after day. Their tongues are sharp as serpents' fangs; on their lips is spiders' poison. Guard me, O LORD, from wicked men; keep me safe from violent men, who plan to thrust me out of the way. Arrogant men set hidden traps for me, rogues spread their nets and lay snares for me along the path. I said, 'O LORD, thou art my God; O LORD, hear my plea for mercy. O LORD God, stronghold of my safety, thou hast shielded my head in the day of battle. Frustrate, O LORD, their designs against me; never let the wicked gain their purpose. If any of those at my table rise against me, let their own conspiracies be their undoing. Let burning coals be tipped upon them; let them be plunged into the miry depths, never to rise again. Slander shall find no home in the land; evil and violence shall be hounded to destruction.'</p> <p>I know that the LORD will give their due to the needy and justice to the downtrodden.</p> <p>Righteous men will surely give thanks to thy name; the upright will worship in thy presence.</p>	<p>141</p> <p>O LORD, I call to thee, come quickly to my aid; listen to my cry when I call to thee. Let my prayer be like incense duly set before thee and my raised hands like the evening sacrifice. Set a guard, O LORD, over my mouth; keep watch at the door of my lips. Turn not my heart to sinful thoughts nor to any pursuit of evil courses. The evildoers appal me; not for me the delights of their table. I would rather be buffeted by the righteous and reproved by good men. My head shall not be anointed with the oil of wicked men for that would make me a party to their crimes. They shall founder on the rock of justice and shall learn how acceptable my words are. Their bones shall be scattered at the mouth of Sheol, like splinters of wood or stone on the ground. But my eyes are fixed on thee, O LORD God; thou art my refuge; leave me not unprotected. Keep me from the trap which they have set for me, from the snares of evildoers. Let the wicked fall into their own nets, whilst I pass in safety, all alone.</p>	
The Lessons	<p>Let us humble ourselves, let us strive to know the Lord. whose justice dawns like morning light, and its dawning is as sure as the sunrise.</p> <p>Hosea 6.3</p>	<p>"You must be ready dressed and have your lamps alight, like men who wait to welcome their lord and master on his return from the wedding-feast, so that when he comes and knocks at the door, they may open it for him at once."</p> <p>Luke 12.35-36</p>	<p>May the God who inspires men to endure, and give them a Father's care, give you a mind united toward one another because of your common loyalty to Jesus Christ. And then, as one man, you will sing from the heart the praises of God, the Father of our Lord Jesus Christ.</p> <p>Romans 15.5</p>	
The Prayers	<p>All-powerful, eternal God, you willed the restoration of all things in your beloved Son, our king. Grant that the family of the nations, torn apart by the wound of sin may submit to the soothing action of his supreme authority. This we ask of you through him who lives and reigns with you in the unity of the Holy Spirit, God, forever. AMEN.</p>	<p>Bless us, O God, we pray thee, with the vision of thy being and beauty, that in the light of it we may learn to think thine own thoughts after thee, and in the strength of it may do our work without haste and without rest, through Jesus Christ our Lord. AMEN.</p>	<p>O Thou who gives us our lives and the decision to do with them what we will, we pray tonight for the people of the world who do not see themselves as the creators of history. We ask that out of our struggle will issue new images and symbols from which free people are able to forge constructs necessary for the historical process, the name of the one who decided, even Christ our Lord. AMEN.</p>	

Seventh Day	OFFICE OF LAUDS			three to six on the dark day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>ALL HAIL THE POWER OF JESUS' NAME</p> <p>Ye chosen seed of Israel's race, Ye ransomed from the fall, Hail him who saves you by his grace, And crown him Lord of all.</p> <p>Let every kindred, every tribe, On this terrestrial ball, To him all majesty ascribe, And crown him Lord of all.</p>	<p>GLORY BE TO THEE, O GOD</p> <p><i>Refrain:</i> Glory be to Thee, O God, Hallelujah! Father, Son, and Holy Ghost, Hallelujah!</p> <p>Praise the Lord, Christ is risen, Hallelujah! He is risen indeed, Hallelujah!</p>	<p>I'M SO GLAD</p> <p>I'm so glad the Word's in history. I'm so glad the Word's in history. I'm so glad the Word's in history. Singing Glory Hallelujah! The Word's in history!</p>	
The Psalms	<p>142</p> <p>I cry aloud to the LORD; to the LORD I plead aloud for mercy. I pour out my complaint before him and tell over my troubles in his presence. When my spirit is faint within me, thou art there to watch over my steps. In the path that I should take they have hidden a snare. I look to my right hand, I find no friend by my side; no way of escape is in sight, no one comes to rescue me. I cry to thee, O LORD, and say, 'Thou art my refuge; thou art all I have in the land of the living. Give me a hearing when I cry, for I am brought very low; save me from my pursuers, for they are too strong for me. Set me free from my prison, so that I may praise thy name.' The righteous shall crown me with garlands, when thou givest me my due reward.</p>	<p>143</p> <p>LORD, hear my prayer; be true to thyself, and listen to my pleading; then in thy righteousness answer me. Bring not thy servant to trial before thee; against thee no man on earth can be right. An enemy has hunted me down, has ground my living body under foot and plunged me into darkness like a man long dead, so that my spirit fails me and my heart is dazed with despair. I dwell upon the years long past, upon the memory of all that thou hast done; the wonders of thy creation fill my mind. To thee I lift my outspread hands, athirst for thee in a thirsty land. LORD, make haste to answer, for my spirit faints. Do not hide thy face from me or I shall be like those who go down to the abyss. In the morning let me know thy true love; I have put my trust in thee. Show me the way that I must take; to thee I offer all my heart. Deliver me, LORD, from my enemies, for with thee have I sought refuge. Teach me to do thy will, for thou art my God; in thy gracious kindness, show me the level road. Keep me safe, O LORD, for the honour of thy name and, as thou art just, release me from my distress. In thy love for me, reduce my enemies to silence and bring destruction on all who oppress me; for I am thy servant.</p>	<p>144</p> <p>Blessed is the LORD, my rock, who trains my hands for war, my fingers for battle; my help that never fails, my fortress, my strong tower and my refuge, my shield in which I trust, he who puts nations under my feet.</p> <p>O LORD, what is man that thou carest for him? What is mankind? Why give a thought to them? Man is no more than a puff of wind, his days a passing shadow. If thou, LORD, but tilt the heavens, down they come; touch the mountains, and they smoke. Shoot forth thy lightning flashes, far and wide, and send thy arrows whistling. Stretch out thy hands from on high to rescue me and snatch me from great waters.</p>	
The Lessons	<p>Thine, O Lord, is the greatness, the power, the glory, the splendour, and the majesty; for everything in heaven and on earth is thine; thine, O Lord, is the sovereignty, and thou art exalted over all as head.</p> <p>I Chronicles 29.11</p>	<p>So the word of God became a human being and lived among us. We saw his splendour (the splendour as of a father's only son), full of grace and truth.</p> <p>John 1.14</p>	<p>"Blessing and glory and wisdom and thanksgiving and honour and power and strength be given to our God for timeless ages!"</p> <p>Revelation 7.12</p>	
The Prayers	<p>We give thanks to thee, O Lord God, Father almighty, together with thy Son our Lord and savior Jesus Christ, and the Holy Spirit. All nations offer praise and thanksgiving unto thee, O Lord, from the rising of the sun unto the going down thereof, from the north and from the south, for great is thy name in all nations. AMEN.</p>	<p>O this beauty of the universe! How did you, my Lord, come to create it? In what outburst of ecstasy Allowed you your Being to be manifested? Some say you took fancy in the play of form, Giving delight your Absolute Being and appearance. AMEN.</p>	<p>Creator of the freedom, the abundance and the flow of life, as well as the desolation, the despair of life, we pray that thy creation, the church, might come alive once more in history to nurture, sustain and serve the spirit depths of man. We offer our prayer in the name of the saints of the church. AMEN.</p>	

Seventh Day	OFFICE OF PRIME			six to nine on the light day
	THE SIXTH HOUR	THE SEVENTH HOUR	THE EIGHTH HOUR	
The Hymns	<p>THE GOD OF ABRAHAM PRAISE</p> <p>He hath eternal life, Implanted in the soul; His love shall be our strength and stay, While ages roll. Praise to the living God! All praised be his name Who was, and is and is to be, And still the same!</p>	<p>CALLED TO WALK IN THE WAY</p> <p>Called to walk in the way of the man who stilled the waters; Called to walk in the way of the man who calmed the sea; Called to live in the Word and be free to live for others; Called to walk in the way of the man from Galilee.</p>	<p>THE SPIRIT</p> <p>Life is a resurrected deed Lived that all men be free, Responding to the global need In particularity.</p> <p><i>Chorus:</i> Our eyes have seen a thousand years; We must unceasing stand And prophesy that all the earth Belongs to every man.</p>	
The Psalms	<p>I will sing a new song to thee, O God, psalms to the music of a ten-stringed lute. O God who gavest victory to kings and deliverance to thy servant David, rescue me from the cruel sword; snatch me from the power of foreign foes, whose every word is false and all their oaths are perjury.</p> <p>Happy are we whose sons in their early prime stand like tall towers, our daughters like sculptured pillars at the corners of a palace.</p> <p>Our barns are full and furnish plentiful provision; our sheep bear lambs in thousands upon thousands; the oxen in our fields are fat and sleek; there is no miscarriage or untimely birth, no cries of distress in our public places. Happy are the people in such a case as ours; happy the people who have the LORD for their God.</p>	<p>145</p> <p>I will extol thee, O God my king, and bless thy name for ever and ever. Every day will I bless thee and praise thy name for ever and ever. Great is the LORD and worthy of all praise; his greatness is unfathomable. One generation shall commend thy works to another and set forth thy mighty deeds. My theme shall be thy marvellous works, the glorious splendour of thy majesty. Men shall declare thy mighty acts with awe and tell of thy great deeds. They shall recite the story of thy abounding goodness and sing of thy righteousness with joy.</p>	<p>The LORD is gracious and compassionate, forbearing, and constant in his love. The LORD is good to all men, and his tender care rests upon all his creatures.</p> <p>All thy creatures praise thee, LORD, and thy servants bless thee. They talk of the glory of thy kingdom and tell of thy might, they proclaim to their fellows how mighty are thy how glorious the majesty of thy kingdom. Thy kingdom is an everlasting kingdom, and thy dominion stands for all generations.</p>	
The Lessons	<p>I did not hide my face from spitting and insult; but the Lord God stands by to help me; therefore no insult can wound me.</p> <p>Isaiah 50:6-7</p>	<p>"You are the earth's salt. But if the salt should become tasteless what can make it salt again? It is completely useless and can only be thrown out of doors and stamped under foot."</p> <p>Matthew 5:13</p>	<p>If I have the gift of foretelling the future and hold in mind not only all human knowledge but the very secret of God, and if I also have that absolute faith which move mountains, but have no love, I amount to nothing at all.</p> <p>I Corinthians 13:2</p>	
The Prayers	<p>O God whose ways are all mercy and truth, carry on thy gracious work, and bestow by thy favor what human frailty cannot attain, that they who preach the Word and attend upon the heavenly mysteries may be grounded in perfect faith and shine forth by the purity of their lives, through Jesus Christ our Lord. AMEN.</p>	<p>Lord Jesus Christ, very sun of the world, ever arising and never going down, I pray thee graciously to enlighten my spirit, that the night of sin and the mists of error may be driven away by thine inward shining; so that I may go all my life long without stumbling, and walk as in the daytime, pure and undefiled by the works of darkness, who with the Father and the Holy Spirit livest and reignest for ever. AMEN.</p>	<p>O wondrous Mystery, who expands our minds, show how to enable the lives of all men that they may be freed from crippling parochial mindsets and respond joyously to the summons of history, in the name of our first-born intruder, Jesus Christ our Lord. AMEN.</p>	

Seventh Day	OFFICE OF TERCE			nine to twelve on the light day
	THE NINTH HOUR	THE TENTH HOUR	THE ELEVENTH HOUR	
The Hymns	<p>GOD MOVES IN A MYSTERIOUS WAY</p> <p>God moves in a mysterious way His wonders to perform; He plants his footsteps in the sea And rides upon the storm.</p> <p>Ye fearful saints, fresh courage take; The clouds ye so much dread Are big with mercy, and shall break In blessings on your head.</p>	<p>MY HOPE IS BUILT ON NOTHING LESS</p> <p>My hope is built on nothing less Than Jesus' blood and righteousness; I dare not trust the sweetest frame, But wholly lean on Jesus' name.</p> <p>When darkness veils his lovely face I rest on his unchanging grace; In every high and stormy gale, My anchor holds within the veil.</p>	<p>PENTECOST HYMN</p> <p>For the coming ages And the journey of mankind We claim the promise That the fire give life to them Deciding freely To live on behalf of all Born of fire Filled with power For all men.</p>	
The Psalms	<p>In all his promises the LORD keeps faith, he is unchanging in all his works; the LORD holds up those who stumble and straightens backs which are bent. The eyes of all are lifted to thee in hope, and thou givest them their food when it is due; with open and bountiful hand thou givest what they desire to every living creature. The LORD is righteous in all his ways, unchanging in all that he does; very near is the LORD to those who call to him, who call to him in singleness of heart. He fulfils their desire if only they fear him; he hears their cry and saves them. The LORD watches over all who love him but sends the wicked to their doom. My tongue shall speak out the praises of the LORD, and all creatures shall bless his holy name for ever and ever.</p>	<p>146</p> <p>O praise the LORD.</p> <p>Praise the LORD, my soul. As long as I live I will praise the LORD; I will sing psalms to my God all my life long. Put no faith in princes, in any man, who has no power to save. He breathes his last breath, he returns to the dust; and in that same hour all his thinking ends.</p> <p>Happy the man whose helper is the God of Jacob, whose hopes are in the LORD his God, maker of heaven and earth, the sea, and all that is in them; who serves wrongdoers as he has sworn and deals out justice to the oppressed. The LORD feeds the hungry and sets the prisoner free. The LORD restores sight to the blind and straightens backs which are bent; the LORD loves the righteous and watches over the stranger; the LORD gives heart to the orphan and widow but turns the course of the wicked to their ruin. The LORD shall reign for ever, thy God, O Zion, for all generations.</p> <p>O praise the LORD.</p>	<p>147</p> <p>O praise the LORD.</p> <p>How good it is to sing psalms to our God! How pleasant to praise him! The LORD is rebuilding Jerusalem; he gathers in the scattered sons of Israel. It is he who heals the broken in spirit and binds up their wounds, he who numbers the stars one by one and names them one and all. Mighty is our Lord and great his power, and his wisdom beyond all telling.</p>	
The Lessons	<p>Prophets and priests are frauds, every one of them; they dress my people's wound, but skin-deep only, with their saying, "All is well." All well? Nothing is well!</p> <p>Jeremiah 6.13-14</p>	<p>"The one who comes from above is naturally above everybody. The one who arises from the earth belongs to the earth and speaks from the earth."</p> <p>John 3.31</p>	<p>Be on your guard, stand firm in the faith, live like men, be strong! Let everything that you do be done in love.</p> <p>I Corinthians 16.13-14</p>	
The Prayers	<p>O God, who knowest us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright, grant to us such strength and protection, as may support us in all dangers and carry us through all temptations, through Jesus Christ our Lord. AMEN.</p>	<p>Deliver me, O God, from all idolatrous love of any creature. Preserve me from all such blind affection. Be thou a guard to all my desires. And be thou my security that I may never open my heart to anything but out of love to thee. AMEN.</p>	<p>Almighty God, whom we know and regard as Father, we express our awe at your creation of cruciform people. We assume responsibility for all of those who live out of the image of the cross and the empty tomb, that they might have the courage to stand on their convictions and the wisdom that is given only in the Word of Jesus Christ our Lord. AMEN.</p>	

Seventh
Day

OFFICE OF SEXT

twelve to three on the light day

THE TWELFTH HOUR

THE FIRST HOUR

THE SECOND HOUR

The
Hymns

WHEN I SURVEY THE WONDROUS CROSS

When I survey the wondrous cross,
On which the prince of glory died,
My richest gain I count but loss,
And pour contempt on all our pride.

See, from his head, his hands, his feet,
Sorrow and love flow mingled down;
Did e'er such love and sorrow meet,
Or thorns compose so rich a crown?

ALL LIFE IS OPEN

We see our linkage to history,
We see the duty demanded,
Our cares unite in the power,
All life is served in obedience.
We give our minds, hearts and spirits
To forge the free deed in history.

HARVEST TIME

Another may reap what
In springtime I've planted.
Another rejoice
In the fruit of my pain,
Not knowing my tears
When in summer I fainted
While toiling sad-hearted
In sunshine and rain.

The
Psalms

The LORD gives new heart to the humble
and brings evildoers down to the dust.
Sing to the LORD a song of thanksgiving,
sing psalms to the harp in honour of our God.

He veils the sky in clouds
and prepares rain for the earth;
he clothes the hills with grass
and green plants for the use of man.
He gives the cattle their food
and the young ravens all that they gather.
The LORD sets no store by the strength of a horse
and takes no pleasure in a runner's legs;
his pleasure is in those who fear him,
who wait for his true love.

Sing to the LORD, Jerusalem;
O Zion, praise your God,
for he has put new bars in your gates;
he has blessed your children within them.
He has brought peace to your realm
and given you fine wheat in plenty.
He sends his command to the ends of the earth,
and his word runs swiftly.
He showers down snow, white as wool,
and sprinkles hoar-frost thick as ashes;
crystals of ice he scatters like bread-crumbs;
he sends the cold, and the water stands frozen,
he utters his word, and the ice is melted;
he blows with his wind and the waters flow.
To Jacob he makes his word known,
his statutes and decrees to Israel;
he has not done this for any other nation,
nor taught them his decrees.

O praise the LORD.

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O praise the LORD.
Praise the LORD out of heaven;
praise him in the heights.
Praise him, all his angels;
praise him, all his host.
Praise him, sun and moon;
praise him, all you shining stars;
praise him, heaven of heavens,
and you waters above the heavens.
Let them all praise the name of the LORD,
for he spoke the word and they were created;
he established them for ever and ever
by an ordinance which shall never pass away.

The
Lessons

Once I said, "I have laboured in vain;
I have spent my strength for nothing, to no purpose";
yet in truth my cause is with the Lord
and my reward is in God's hands.
Isaiah 49.4

"Let your light shine like that in the sight of men. Let
them see the good things you do and praise your Father
in Heaven."

Matthew 5.16

I sometimes think that God means us, the messengers
to appear last in the procession of mankind, like the
men who are to die in the arena.

I Corinthians 4.5

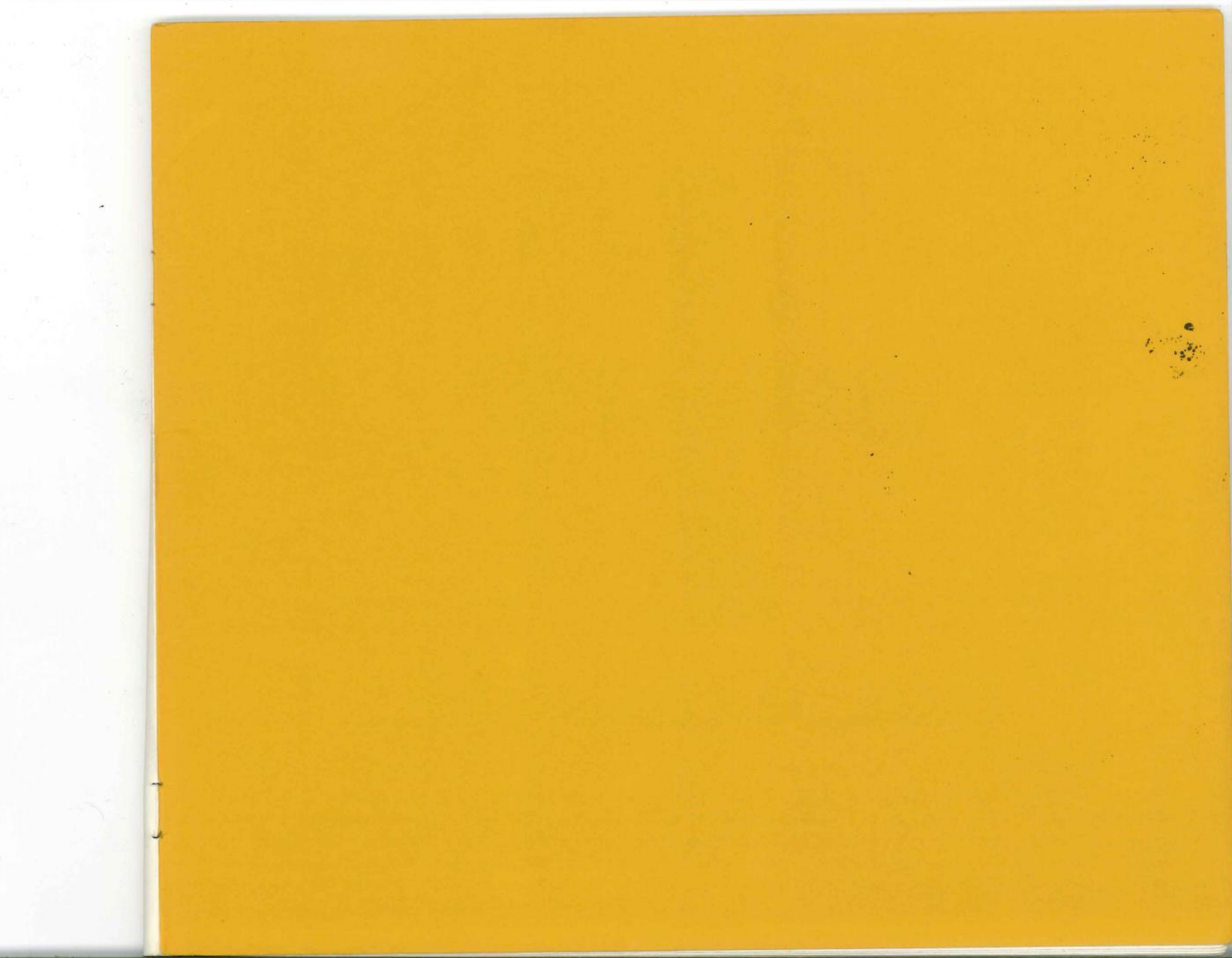
The
Prayers

We beseech thee, almighty God, look upon the hearty
desires of thy humble servants, and stretch forth the
right hand of thy majesty, to be our defence against all
our enemies, through Jesus Christ our Lord. AMEN.

Thou whose mercy is without measure, whose goodness
is unspeakable, despise not thy returning servant who
earnestly begs for pardon and reconciliation. Grant me
the forgiveness of what is past and a perfect repentance
of all my sins, that for the time to come I may with a
pure spirit do thy will, O God, walking humbly with
thee, conversing charitably with all men, possessing my
soul in resignation and holiness, and my body in
sanctification and honor. AMEN.

Almighty and mysterious power whom we have named
God, who has given man both rational and irrational
senses, we pray for the individual, family and the
community educational structures as they have been
throughout history, that through them every man may
have the possibility of self-consciously relating to his
own life, in the name of the one who demands constant
decision about our lives, Jesus the Christ. AMEN.

Seventh Day	OFFICE OF NONE			three to six on the light day
	THE THIRD HOUR	THE FOURTH HOUR	THE FIFTH HOUR	
The Hymns	<p>GOD</p> <p>It is God that drives man to search for love, And yet man is constantly pursued, By that force which finally casts each one out Into loneliness and solitude. It is God that drives man to knowledge and truth, But always denies him certitude. It is God who gives every man his life, And God who takes his life away.</p>	<p>BLESSED ASSURANCE</p> <p>Blessed assurance, Jesus is mine! O what a foretaste of glory divine! Heir of salvation, purchase of God, Born of his Spirit, washed in his blood. <i>Refrain:</i> This is my story, this is my song, Praising my savior all the day long: This is my story, this is my song, Praising my savior all the day long.</p>	<p>PRAYER</p> <p>The weight of the world on my shoulders I bear I echo the voices that cry The path of mankind with my agony bent And my God I'll fight on 'til I die.</p>	
The Psalms	<p>Praise the LORD from the earth, you water-spouts and ocean depths; fire and hail, snow and ice, gales of wind obeying his voice; all mountains and hills; all fruit-trees and all cedars; wild beasts and cattle, creeping things and winged birds; kings and all earthly rulers, princes and judges over the whole earth; young men and maidens, old men and young together. Let all praise the name of the LORD, for his name is high above all others, and his majesty above earth and heaven; he has exalted his people in the pride of power and crowned with praise his loyal servants, all Israel, the people nearest him. O praise the LORD.</p>	<p>149</p> <p>O praise the LORD. Sing to the LORD a new song, sing his praise in the assembly of the faithful; let Israel rejoice in his maker and the sons of Zion exult in their king. Let them praise his name in the dance, and sing him psalms with tambourine and harp. For the LORD accepts the service of his people; he crowns his humble folk with victory. Let his faithful servants exult in triumph; let them shout for joy as they kneel before him. Let the high praises of God be on their lips and a two-edged sword in their hand, to wreak vengeance on the nations and to chastise the heathen; to load their kings with chains and put their nobles in irons; to execute the judgement decreed against them— this is the glory of all his faithful servants. O praise the LORD.</p>	<p>150</p> <p>O praise the LORD. O praise God in his holy place, praise him in the vault of heaven, the vault of his power; praise him for his mighty works, praise him for his immeasurable greatness. Praise him with fanfares on the trumpet, praise him upon lute and harp; praise him with tambourines and dancing, praise him with flute and strings; praise him with the clash of cymbals, praise him with triumphant cymbals; let everything that has breath praise the LORD! O praise the LORD.</p>	
The Lessons	<p>These are the words of the Lord of Hosts: Do not listen to what the prophets say, who buoy you up with false hopes; the vision they report springs from their own imagination, it is not from the mouth of the Lord. Jeremiah 23.16</p>	<p>"It is not everyone who keeps saying to me 'Lord, Lord' who will enter the kingdom of Heaven, but the man who actually does my Heavenly Father's will." Matthew 7.21</p>	<p>For we continue to share in all that Christ has for us so long as we steadily maintain until the end the trust with which we began. Hebrews 3.14</p>	
The Prayers	<p>O almighty God, who out of the mouths of babes and sucklings hast ordained strength, and madest infants to glorify thee by their deaths, mortify and kill all vices in us, and so strengthen us by thy grace, that by the innocence of our lives, and constancy of our faith even unto death, we may glorify thy holy name, through Jesus Christ our Lord. AMEN.</p>	<p>Most merciful Father, open our hearts, we beseech thee, and grant us to desire with ardent mind those things which please thee, to search for them wisely, to know them truly, and to fulfill them perfectly, to the honor and glory of thy holy name, through Jesus Christ our Lord. AMEN.</p>	<p>O Lord, who calls the church into being and lays upon her the impossible task of creating the future, we cry out to thee in the midst of confusion and brokenness. Give us, we pray, courage and vision and staying power that we shall be able to pick up the task that we know must be done for the sake of all men, through Jesus Christ our Lord. AMEN.</p>	



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