

121

SOLITARY JOURNAL

SUMMER 73

YEAR OF THE GLOBAL GUILD

THE CONTEXT: This journal is an experimental form for bringing self-consciousness to a Day I or Day II, as it has passed. The method includes using a chart, recalling signal events, and writing a paragraph.

THE METHOD:

1. **INTENSIVE IMPRESSION:** *In the boxes below the hour numbers, note the moments, events, etc., between 5 o'clock and 5 o'clock that come to mind.*
2. **ABSTRACT CHART WITHOUT TITLES:** *Chart your day by sensing where the three or four major breaks come. At the points where the breaks occur, extend the line between the hours up to the line above, delineating the break.*
3. **KEY EVENT OF THE DAY:** *Make an asterisk at the top of the chart where the happening of the day occurred. Make note of what it was. Draw a line from the asterisk to each five o'clock.*
4. **TITLES FOR DIVISIONS AND MAJOR EVENTS:** *In light of the key event of the day, name the divisions of the day, and the major events in them.*
5. **RELATION TO ENTIRE DAY IN LIGHT OF KEY EVENT:** *Write the name of the day in light of the key event in the space provided: "The Day of . . ."*
6. **REFLECTIVE PARAGRAPH ON THE DAY:** *In light of the chart, reflect on the significance of the day in a paragraph or two.*

THE DAY OF _____

5	6	7	8	9	10	11	12	1	2	3	4	5

Paragraph:

Day: m t w t f s s

Day: I II

Date: