

Reflective Questions for Each Section & Closing

WHAT'S HAPPENING & WHY: INDICATORS & CAUSES (5 min.)

Indicators

Let's look first at the **Indicators or warning signs**. You were probably already aware of most of these.

1. So which one grabbed your attention today?
2. Which one is happening faster than you thought?
3. Which one of these is most worrisome to you?
4. Which one would you like to learn more about or understand better?
5. So going back to our frog analogy, how hot would you say the water is getting for us,?

Causes

Then looking at the **Causes**.

- 1) What is new information here for you or something you haven't really thought about?
- 2) Looking at both of these columns, what emotions came up for you as these cards went up?
- 3) What new perspective do these 2 columns give you about what we are dealing with?

**HOW BAD HOW FAST:
UNCERTAINTIES & CONSEQUENCES (10 min.)**

Uncertainties

Looking first at the **Uncertainties**.

1. Which of these grabbed your attention?
2. What is your gut response to this column?
3. What questions/concerns started coming up for you in this column?

Consequences

So then let's look at the **Consequences**.

4. What's a word that comes to you as you look at this column?
5. Which one of these is most alarming to you?
6. As you think of our local area, which of these consequences do you think we will be experiencing within the next 10-20 years, or perhaps are already experiencing to some degree?
7. What new understanding does this give you about what we are facing"?

WHAT CAN BE DONE: WAYS TO MITIGATE, RESISTING FORCES, & WHAT CAN WE DO

Ways to Mitigate

1. What's the feel of this column on **Mitigation**?
2. Which of these mitigation strategies or ideas most captured your imagination?
3. Which one looks most feasible?
4. In which of these do you see the most momentum?
5. If you had to choose 3 of these mitigations, which 3 do you think would make the most difference?
6. Where have you seen or heard about some of these things being addressed on a small scale? Let's get a couple of examples.
7. What kind of shifts will these mitigation strategies require in the way we live (from what to what)?

Resisting Forces

8. Now, looking at the **Resisting Forces**, which one struck a chord with you?
9. What is the feel of this column for you?
10. Which 2 or 3 feel like the biggest obstacles to mitigation?
11. Which one seems like, if it was addressed, it could unblock some of the other Resisting Factors?

12. So looking over this whole picture, what are you taking away from this?

What Can We Do

- So we're going to move on to the last column, *What Can We Do*. First, let me say, there are many things we can do in our individual lives to reduce our carbon footprint. You can easily find lists of those, and we have a handout for you.
- Those things are important. As Greta Thunberg says, *they help to form an opinion*, and, I would add, help us to walk our talk. And they also will help us strengthen our own resilience as things get more difficult.
- But they alone as individual acts are not going to reduce the warming. So we want to focus on what we can do in our communities to make a greater impact, i.e., how we can initiate, support, and/or encourage the most important mitigation strategies.
- This is about building ***community resilience***.
- As we can see from the mitigation strategies here, we need to make ***structural and systemic changes***. So, we're going to take a few minutes to see what that might look like at the community level.

- Here's the question we're going to answer: ***What can we do in our community in the next 10 years to reduce CO2 emissions and increase resilience?*** So let's look back at the mitigation strategies and ask ourselves, what does that look like on a community level. This is more on the level of campaigns, initiatives, programs, projects, etc. For example, what do we do as a community to prepare for much hotter temperatures? Or for prolonged, severe drought? How do we dramatically increase renewable energy? (Get a couple of examples.)
- In order to answer this, it might be helpful to know where our CO2 comes from in (Redlands). Share graph.
- Then do one of the following, depending on time:
 - a. Turn to person next to you, discuss this question briefly, keeping in mind the Resisting Forces.
 - b. Then print your best idea (1 or 2) like this (show sample card). We will bring around the half sheets and markers. Allow 5 minutes. Collect and put up on wall under WHAT WE CAN DO. Read as you put each card up, and then ask:
 - a. **What is one idea here that you think is especially on target?**
 - b. **Which one would you most like to do/be involved in?**
 - c. **What might be a first step in taking action on one of these?**
 - c. If time is short, rather than writing ideas, just have a brief discussion time on the question and have a few teams

share their idea. A co-facilitator could quickly write them on cards and put them in the column. Then ask the above three questions.

- d. If you have scheduled the event for 3-4 hours, you can do a full workshop on the above question or on one the group has worked out ahead of time.

Closing

1. **What Next Handout:** If this is the first time you are really experiencing the full impact of what is happening to our planet, we recommend first reading the paper, *Deep Adaptation* by Jem Bendell. He is exploring ways to deal with the emotional impact of our situation. He, and others, including me, recommend that you take some time to be with your feelings. Here is a handout (*What Now, Possible Ways to Respond*) with some other suggestions on one side, and some resources on the other. There is so much info on the internet that you hardly need this.
2. **Immediate Actions:** Have a table with information about local action groups, a current petition to sign, an event to attend, etc. In our area, we have a Climate Adaptation Circle to help people respond to the trauma of climate change, and so provide a signup sheet for that.

3. **Greta Video**, 2-3 minutes, if time. We want to end this event with a short video by a young heroine who has taken a stance on the climate crisis and inspired millions of kids and adults and has started a global movement of kids going on school strikes for climate change. She was 15 when she stated this (now 16) and is on the spectrum with Aspergers and a couple of other disorders. Her name is Greta Thunberg. She inspires me every day. She is the 2019 Time magazine Person of the Year.

4. And/or end with a quote such as: