

## CHART I-SHAPING AN INTENTIONAL LIFE OF SERVICE

- Rational Objectives:
  - Provide a framework for shaping a life of service
  - Practice spirit methods to sustain social engagement
  - Establish a network of support on the journey
  - Catalyze personal insights by sharing in the lives of exemplars
  - Practice Balance between achieving awareness of global issues & personal time
- Experiential Aims:
  - Appreciation for the complexities and fulfillment of living an intentional life
  - Support and empowerment

SOCIAL	PERSONAL	SOCIAL	PERSONAL	SEND OUT	IN FIELD	PERSONAL
Being present to what is  I	Challenges of caring  II	Signs of emerging hope: <i>Spiritus Mundi</i>  III	Covenant with self, others, planet, mystery  IV	Commit to practicing the resolve  IV	Practice  V	Return & report  V
RO: •Introduce Lab & Participants • Establish buy-in • Open up broader dialogue • Expand context for own arena of engagement • Establish sense of common journey • Reflect on the Day EA: •Intrigue (What’s next) •Concern(for world)	RO: • Learn tools that enable a caring person to give <b>time</b> to projects and time to self • Shift perspectives on what could be EA: •I can live a care-filled life •Energizing	RO: • Share stories resurgence •Current positives • Use of Décor as spirit care • Understand role of <b>space</b> as spirit care  EA: • Excitement •External Drahla	RO: • Occasion synthesis • Confident with reflective practices • Develop a standpoint EA: • Appreciate support of new colleagues/relationships • New Resolve • Picture calls you	RO: •Name the stages of the solitary journey • Identify victories EA: • The calling	RO: • Daily reflection • Obedience to task EA: • Uncertainty	RO: Share what worked & what didn’t EA: •Colleague Support •Community
Poet-the profundity in the moment Tolle & McDonnell  Lao Tse	Song: “Winds of Change” . . (WHAT I ) “HAVE BEEN.... Staying the course-Human	“I AM . . Prophetic insight-provides the context to my increased	“AND NOW DECIDE TO BE” What’s worth my life?	Be with “Meditative Council”	Space, Time, Relationships	“All Those of Way become my We”

	transformation-a manifestation of my total life as a sign and symbol in such a way that the world itself is continually transformed What is the way of progress?	perceptions, the depths of which I know will never be plumbed  How does one reconcile greed, brutality and systematic exploitation in our world with a vision of “no one left out?”	How do we decide which solutions to pursue across geography?	Send Out	IN FIELD Do a daily, weekly, quarterly time design  Create home decor	Return
Wangari Maathai	Dag Hammarskjöld	An Indigenous Grandmother	Abraham Lincoln			
Poet	Anointed One	Wise One	The Saint			
Awareness GB pp 16-30	Key to Transformation pp 76-82	Stop Thinking pp 48 - 50	Surrendered to Life pp32-43			The One Consciousness 106-113
<i>Hot, Flat &amp; Crowded</i> (Friedman) <i>Fertilizers, Pills &amp; Magnetic Strips</i> (Glass) <i>Guardians of Being</i> (Tolle & McDonnell)		John Epps-10 s  <i>Where Good Ideas Come From</i> (Johnson)				

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