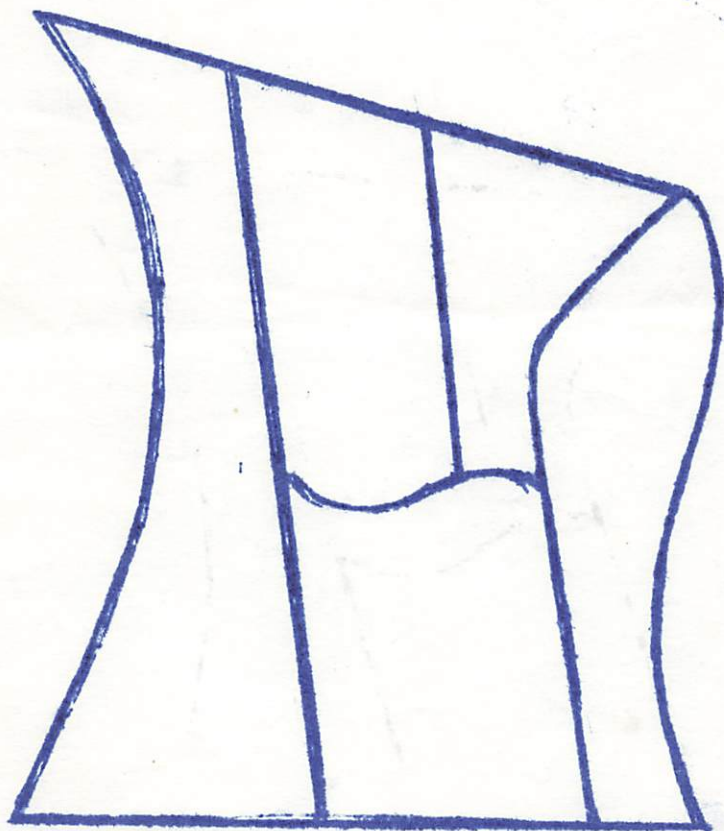


THE KAPINI
HUMAN DEVELOPMENT PROJECT



HEALTH CARETAKERS' COMMISSIONING
8 APRIL 1978

WHAT IS A HEALTH CARETAKER

Health Caretakers are individuals who are for thirty families in their stakes. Their efforts are directed toward preventative medicine, keeping people from getting sick through sanitation, nutrition, immunization and basic care. These are most of the Health needs of the Kapini Human Development Project.

To accomplish this task, the Health Caretakers responsibilities are:

1. To weigh babies once a month and once a week when needed in their stakes.
2. To do home visitation in preventative medicine twice a month.
3. To meet weekly to continue education, future planning and to share ideas concerning home visits.
4. To hold community events each month.
5. To do basic care and referral.

THE HEALTH CARETAKERS: KAPINI HUMAN DEVELOPMENT PROJECT

The following people have decided to serve the Kapini Human Development Project as Health Caretakers. They have received four weeks of training, weighed babies in their stakes, taught preventive health care education to their neighbors, participated in the community Sanitation Demonstration, Community Nutrition Demonstration and a Community Health Show. Their graduation is only the beginning of practical health care for their community, Zambia and the world.

STAKE 1

Jaliam Nambela
Margarete Mwachilenga
Philip Copote
Humphrey Malekano
Heida Malekano

STAKE 2

Catherine Kapini
Florence Ndlovu
Muliam Ndlovu
Veronica Kapini
Delinah Shafaluma
John Kumalo
Danny Tiyoba

STAKE 3

Susan Shinondo
Evelyn Snute
Doris Muchilengal

STAKE 4

Elizabeth Luya
Augustino Tembo
Spear Lubelala
Shella Muchenyé

STAKE 5

Beauty Nswana
Rosemary Mwachilenga
Mrs. Kawara

The following people have participated in the Health Caretaker Training Programme as visitors and will take this experience back to their community to begin the Health Caretaker System there.

Charles Mwanza
Cephas Sinoya

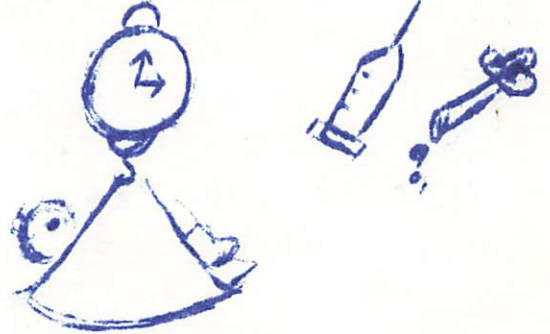
The following people have decided to serve the community by preparing a nutritious lunch each day for the Pre-school and Guild workers, as well as demonstrating sanitation in the Community Kitchen. They have received training and will continue their education and service for the community, Zambia and the world.

Gracious Lubambo
Lommy Kawara
Charity Chama

YOUR HEALTH CARE TAKER



TEACHES IN HOMES



WEIGHES AND CHECKS VACCINATION



DOES BASIC CARE



TELLS RESIDENTS WHERE TO GO TO CLINIC



HOLDS COMMUNITY TOGETHER

THE KAPINI HUMAN DEVELOPMENT PROJECT
 GLOBAL HEALTH SERVICES PROGRAMME
 APRIL 1978

Kapini HDP April 1978
 Global Health Services
 Programme

PHASE	Phase I	PHASE II	PHASE III
MAJOR IMAGE	INITIATE THE PREVENTIVE HEALTH CARE INFRA-STRUCTURE	INCORPORATE THE PREVENTIVE HEALTH SYSTEM INTO LIFE OF THE VILLAGE	MEASURE THE EFFECTIVENESS OF THE PREVENTIVE HEALTH CARE SYSTEM.
KEY OBJECTIVE	IMPACT THE COMMUNITY WITH THE NECESSITY OF GOOD HEALTH THROUGH PREVENTION	BUILD A VILLAGE-WIDE CONSENSUS AND CAMPAIGN IN A CORPORATE EFFORT IN PREVENTIVE HEALTH CARE	RADICALLY DECREASE THE PERCENTAGE OF VILLAGERS WITH DISEASE OR MALNUTRITION
PRIMARY FOCUS	CREATING AN INDIGENOUS HEALTH CARETAKER INFRASTRUCTURE.	BUILDING ALL NECESSARY HEALTH AND SANITATION FACILITIES	COMPARING INFESTATION & MALNUTRITION OF KAPINI TO A SECOND VILLAGE WHICH HAS NOT USED P.H.C.S.
BASIC TASK TO BE ACCOMPLISHED	<ol style="list-style-type: none"> 1. Lay the Basic Foundations: survey every home create area map recruit Health Caretakers 2. Train a core of village Health Caretakers (2 per 20-30 homes) 3. Enroll 10 women in Traditional Midwifery Course 4. Demonstrate Community Sanitation 5. Demonstrate Community Nutrition 6. Explore the Community's imagination through a Health Show 7. Commission Health Caretakers into the future <p style="text-align: center;">1 mon</p>	<ol style="list-style-type: none"> 1. Expand Preventive Care throughout the Village 2. Organise the Village into Cohesive Units 3. Build all Necessary Health and Sanitation Facilities 4. Feed the Community through a Variety of Approaches 5. Structure Outside Resources into the Infrastructure 6. Create A Medical Records System 7. Establish the Prevalence of Infestation and Malnutrition <p style="text-align: center;">5 mon</p>	<ol style="list-style-type: none"> 1. Treat all Cases of Disease and Malnutrition 2. Build the Additional Curative Section of the Health Outpost 3. Test at Six-month Intervals to show percentage of new and repeated infestation 4. Deliver and Teach the Community Basic Care and Referral 5. Compare Infestation and Malnutrition Ratio with a Village Receiving Treatment but not Preventive Measures <p style="text-align: center;">1 1/2 yrs</p>

THE HEALTH CARETAKER CURRICULUM: APRIL - SEPTEMBER 1978

WEEKS	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER
1. PREPARING THE STAKE VISITS	Digestion	Microbes	Detection of Malnutrition	Waste and its disposal	Pre-natal Care	Growth and Microbes
	Calories/Protein/Iron	Infectious Diseases of Water	Treatment of Malnutrition	Microbes- Worms Parasites/ Treatment	Traditional Midwife Delivery	Principles of Sanitation in Home & Kitchen
	Visitation	Baby Weighing	Baby Weighing	Baby Weighing	Baby Weighing	Baby Weighing
2. LAUNCHING THE STAKE EVENTS	Food Forms Fetus & Infant	Preventive Techniques	The Brain and its Needs	How to Build a Toilet	Post-Natal Care	Upper Respiratory Symptom-by-Treatm
	Food Preparation	Well Testing Microbes/Minerals	Immunization	How to Eliminate Sewage & Waste	Weaning	Heart, Lung, TB S-D-T
	Visitation Food Groups	Visitation Diseases & Germs	Visitation Malnutrition	Visitation Diseases/Toilets	Visitation Pro-Natal Care	Visitation Home Sanitation
3. GROUNDING THE COMMUNITY EVENTS	How to Grow Legumes (Agr. Guild)	Construction of Wells	How to Grow Vegetables (Agr.)	Crop Rotation (Agric. Guild)	Developmental Status	Eye Diseases
	Signs of Malnutrition	Diarrhea & Fever Symptom-by-Treatm	Vitamin & Mineral Needs	External Parasites	Preventive Dentistry	Accidents in the Home
	Visitation Infant Feeds	Visitation Methods/Diarrhea	Visitation Infant Feeding	Visitation Immunisations	Visitation Personal Hygiene	Visitation Prev. in Kitchen
4. STRUCTURING THE HEALTH SYSTEM	Imaginal Education	Crop Rotation (Agr. Guild)	First Aid - Wounds	S.O.A.P. Medical Records	Skin - Prevention	Poisoning - Shock
	Record-Keeping	Neighbor Visits Approach/History	How to Use Medicines	Immobilisation	Head Injuries & Seizures	Mouth-to-Mouth Resuscitation
	Trip Kabwo Pub. Health	Trip Water Affairs	Trip UTH Pediatric Wd.	Trip Sowage Dept.	Trip- Kabwo Mid-Wife Nurag School	Trip UTH Emerg. Room
INVITING THE GUESTS	Mobile Clinic (Infant Feeder)	Public Health Sanitation Inspection	Mobile Clinic Immunizations	Mobile Clinic "Basic Care"	Red Cross First Aid & M/M Resuscitation	Mobile Clinic Dr. Patel, Eye Diseases
	Agric. Guild	Agric. Guild	Agric. Guild	Agric. Guild	Tradl Midwives	Dr. Patel, Dentist
SHOWING MOVIES	Care of Newborn Digestive Tract	Surprise	Surprise	Surprise	Surprise	Surprise

APRIL 1978

KHDP

HEALTH CARE-TAKER COMMUNITY ACTION PROGRAMME: APRIL 1978 - MARCH 1979

	PLANTING NUTRITION & SANITATION IN THE HOPE				SEWING PREVENTION ACROSS THE COMMUNITY				REAPING THE HARVEST OF A HEALTHY COMMUNITY			
	APR.	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR
COMMUNITY VISITS	5 Food Groups	Diseases of the Water & Germs	Kwashi- kor & Marasmus	Diseases from Toilets & Worms	Pre-Natal Care	Home Sanitation	Birth & Delivery	Nutrition Review & Vitamins	Eye Diseases & Prevention	Malaria & Fevers	Use of Medicines	Overview of Education
	Infant Nutrition	Methods of Clean Water & Diarrhea Treatment	Infant Food Preparation	Immunisations	Personal Hygiene & Scabies	Kitchen Diseases & Prevention	Post-Natal Care	Food Preparations	Dental Diseases & Prevention	Stagnant Water	First Aid & Wound Care	Child Spacing
COMMUNITY MASS EVENTS	Stake Nutrition Demonstration	Survey & Test Wells by Stakes	Stake Demonstration by Stake Residents in Nutrition	Build Stake Toilets	Stake Demonstration of Infant Care	Stake Kitchen Rehabilitation	Demonstration Delivery by Stake	Drama on Wheels	Eye & Dental Clinic	Drainage by Stakes	Stake Nutrition Demonstration by Stake Community	Yearly Survey
	Stake Legume Gardens	Rehabilitate Wells by Stake	Stake Vegetable Gardens	Drama on Wheels	Pre-Natal Clinic	Open Model House	Community Kitchen Opening Demonstration	Commun. Feast on Nutrit'n & Preparation	Stake Demonst. of Nutrition & Prepar.	Community Health Drama	Health Clinic Opens	Community Show
PROFESSIONAL VISITS	Mobile Clinic	Mobile Clinic & Health Inspector	Mobile Clinic & Eye Clinic	Mobile Clinic by Stakes	Mobile Clinic & Pre-Natal Clinic	Bi-Monthly TB Clinic	Bi-Monthly TB Clinic	Bi-Monthly TB Clinic	Eye Clinic & Dental Clinic	Bi-Monthly TB Clinic	Eye Clinic & TB Clinic & Dental	Bi-Monthly TB Clinic

April 1978

KAPINI HUMAN DEVELOPMENT PROJECT: FAMILIES

STAKE 1	STAKE 2	STAKE 3	STAKE 4	STAKE 5
1. M. Mwadika Malek	1. S. Mbewe Kapini	1. E. Mwalilanda	1. P. Lumawo Mulowa	1. P. Daniso Malekano
2. David	2. J. Shalmwa Kapini	2. D. Mwalilanda Kapini	2. D. Malota Mulowa	2. T. Kawala Mulowa
3.	3. G. Kasbkomona Kapini	3. E. Mwalilanda Kapini	3. S. Nkabika Mulowa	3. S. Banda
4. M. Mwadika Malekano	4. C. Naniyo Kapini	4. E. Mwalilanda Kapini	4. L. Kambulula Mulowa	4. P. Mango Malekano
5. E. Malilange Malekano	5.	5. J. Mwalilanda Kapini	5. J. Biliki Mulowa	5. P. Mwene Malekano
6. K. Malekano	6. E. Kapini	6. E. Mwalilanda Kapini	6. Mulowa	6. T. Wukwele Malekano
7. J. Malekano	7. E. Kapini	7. P. Mwila	7. S. Chimwanga Mulowa	7. B. Mwewe Malekano
8. L. Mapulango Malekano	8. E. Miyuba Kapini	8. E. Lubesha Malekano	8. M. Chimwanga Mulowa	8. C. Kawala Mulowa
9. S. Malekano	9. C. Chilwalo Kapini	9. M. Swana	9. A. Kandesha Mulowa	9. N. Mwachilenga Malekano
10.	10. E. Miyoba Kapini	10. G. Sinyambo	10. R. Ewimwanga	10. E. Muloka Malekano
11. K. Chipote Malekano	11. C. Mwenda Kapini	11. empty building	11. S. Kayonbo Mulowa	11. S. Chipote Malekano
12. T. Chipote Malekano	12. E. Kapini	12. bar	12. M. Mwalubemo Mulowa	12. empty
13. Abela Kapini	13. E. Shikwasha Kapini	13. W. Daka Mulowa	13. W. Chilikwela Mulowa	13. empty
14. D. Siskyumbe	14.	14. A. Zimba Malekano	14.	14. E. Mwale Malekano
15. J. Simiwana Malekano	15. Wilson	15. J. Phiri Mulowa	15. M. Chikolokoso Mulow	15. H. Tembo Mulowa
16.	16. J. Linunga Kapini	16. A. Banda Kapini	16. M. Chingoma	16. Chiyosha Mulowa
17. S. Monga Malekano	17. J. Mutodo Kapini	17. Council Kapini	17. A. Nswana	17. empty
18. D. Hamaknamu Malekano	18. T. Kapini	18. S. Mbilutu Malekano	18. S. Tembo Mulowa	18. R. Phiri Malekano
19.	19. M. Mulowa	19. J. Chiyala	19. M. Bizeck	19. Mrs. Saze
20. A. Chiyabi Malekano	20.	20. Stanpabale	20. A. Kawala Mulowa	
21. K. Kanyemba Kapini	21. M. Mulowa Malekano	21. Hamugomo	21. Hamugomo	
22. F. Kanyemba Kapini	22. S. Mwinde	22. J. Mwamungule Malek.	22. J. Mwamungule Malek.	
23. D. Samarga Kapini	23. K. Kafwaka Mulowa	23. D. Sase Malekano	23. P. Sase Malekano	
24. G. Kayo Malekano	24. I. Tiki Kapini	24. M. Shinondo Kapini	24. M. Chavula Mulowa	
25. I. Mushitu Malekano	25. Malalu Kapini	25. D. Malambo Malekano	25. A. Mukuku Mulowa	
	26. S. Kapini	26. P. Sautu Malekano		
	27. B. Melent	27. S. Santu Malekano		
	28. P. Lumbwe	28. M. Mushitu Malekano		
	29. D. Ndhlovu Kapini			
	30. C. Mwashapuota			
	31. J. Mwachilenga Malek.			
	32. B. Lukulge			

KAPINI HUMAN DEVELOPMENT PROJECT

