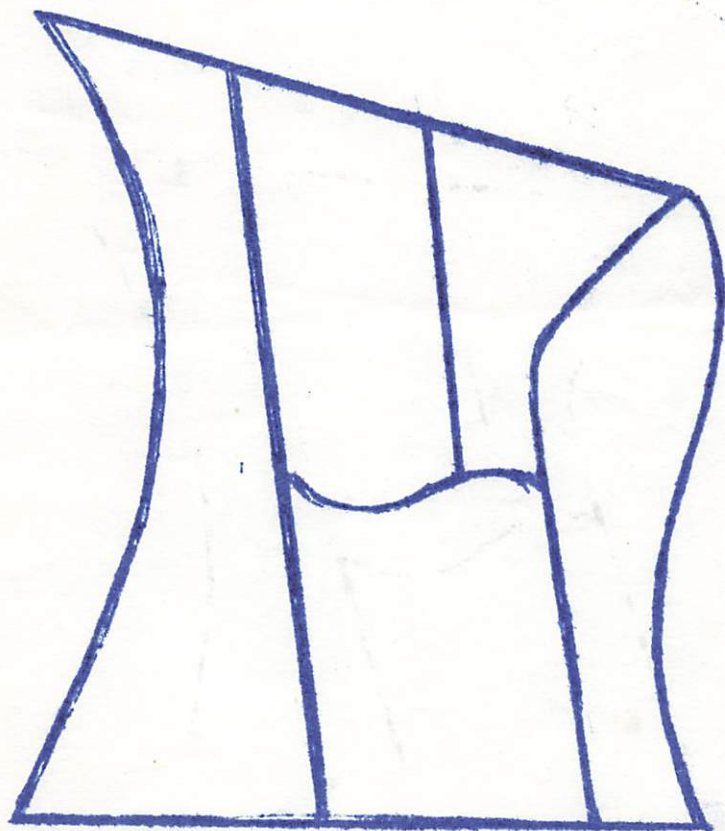


THE KAPINI
HUMAN DEVELOPMENT PROJECT



HEALTH CARETAKERS' COMMISSIONING
8 APRIL 1978

WHAT IS A HEALTH CARETAKER

Health Caretakers are individuals who are for thirty families in their stakes. Their efforts are directed toward preventative medicine, keeping people from getting sick through sanitation, nutrition, immunization and basic care. These are most of the Health needs of the Kapini Human Development Project.

To accomplish this task, the Health Caretakers responsibilities are:

1. To weigh babies once a month and once a week when needed in their stakes.
2. To do home visitation in preventative medicine twice a month.
3. To meet weekly to continue education, future planning and to share ideas concerning home visits.
4. To hold community events each month.
5. To do basic care and referral.

THE HEALTH CARETAKERS: KAPINI HUMAN DEVELOPMENT PROJECT

The following people have decided to serve the Kapini Human Development Project as Health Caretakers. They have received four weeks of training, weighed babies in their stakes, taught preventive health care education to their neighbors, participated in the community Sanitation Demonstration, Community Nutrition Demonstration and a Community Health Show. Their graduation is only the beginning of practical health care for their community, Zambia and the world.

STAKE 1

Jaliam Nambela
Margarete Mwachilenga
Philip Copote
Humphrey Malekano
Heida Malekano

STAKE 2

Catherine Kapini
Florence Ndlovu
Muliam Ndlovu
Veronica Kapini
Delinah Shafaluma
John Kumalo
Danny Tiyoba

STAKE 3

Susan Shinondo
Evelyn Snute
Doris Muchilengal

STAKE 4

Elizabeth Luya
Augustino Tembo
Spear Lubelala
Shella Muchenyé

STAKE 5

Beauty Nswana
Rosemary Mwachilenga
Mrs. Kawara

The following people have participated in the Health Caretaker Training Programme as visitors and will take this experience back to their community to begin the Health Caretaker System there.

Charles Mwanza
Cephas Sinoya

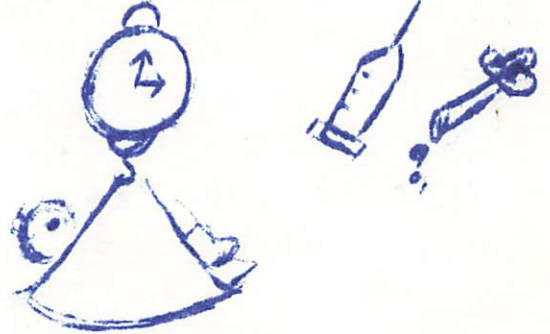
The following people have decided to serve the community by preparing a nutritious lunch each day for the Pre-school and Guild workers, as well as demonstrating sanitation in the Community Kitchen. They have received training and will continue their education and service for the community, Zambia and the world.

Gracious Lubambo
Lommy Kawara
Charity Chama

YOUR HEALTH CARE TAKER



TEACHES IN HOMIES



WEIGHES AND BABIES CHECKS VACINATION



DOES BASIC CARE



TELLS RESIDENTS WHEN + WHERE TO GO TO CLINIC



HOLDS COMMUNITY EVEN

THE KAPINI HUMAN DEVELOPMENT PROJECT
 GLOBAL HEALTH SERVICES PROGRAMME
 APRIL 1978

*Kapini H.D.P. April 1978
 Global Health Services
 Programme*

<p>PHASE</p>	<p><i>Phase I</i></p>	<p><i>PHASE II</i></p>	<p><i>PHASE III</i></p>
<p>MAJOR IMAGE</p>	<p>INITIATE THE COOPERATIVE HEALTH CARE INFRA-STRUCTURE</p>	<p>INDICATE THE PREVENTIVE HEALTH SYSTEM INTO LIFE OF THE VILLAGE</p>	<p>MEASURE THE EFFECTIVENESS OF THE PREVENTIVE HEALTH CARE SYSTEM.</p>
<p>KEY OBJECTIVE</p>	<p>IMPACT THE COMMUNITY WITH THE NECESSITY OF GOOD HEALTH THROUGH PREVENTION</p>	<p>BUILD A VILLAGE-WIDE CONSENSUS AND CAMPAIGN IN A CORPORATE EFFORT IN PREVENTIVE HEALTH CARE</p>	<p>RADICALLY DECREASE THE PERCENTAGE OF VILLAGERS WITH DISEASE OR MALNUTRITION</p>
<p>PRIMARY FOCUS</p>	<p>CREATING AN INDIGENOUS HEALTH CARETAKER INFRASTRUCTURE.</p>	<p>BUILDING ALL NECESSARY HEALTH AND SANITATION FACILITIES</p>	<p>COMPARING INFESTATION & MALNUTRITION OF KAPINI TO A SECOND VILLAGE WHICH HAS NOT USED P.H.C.S.</p>
<p>BASIC TASK TO BE ACCOMPLISHED</p>	<p>1. Lay the Basic Foundations: survey every home create area map recruit Health Caretakers 2. Train a core of village Health Caretakers (2 per 20-30 homes) 3. Enroll 10 women in Traditional Midwifery Course 4. Demonstrate Community Sanitation 5. Demonstrate Community Nutrition 6. Explode the Community's Imagination through a Health Show 7. Commission Health Caretakers into the future</p>	<p>1. Expand Preventive Care throughout the Village 2. Organise the Village into Cohesive Units 3. Build all Necessary Health and Sanitation Facilities 4. Feed the Community through a Variety of Approaches 5. Structure Outside Resources into the Infrastructure 6. Create A Medical Records System 7. Establish the Prevalence of Infestation and Malnutrition</p>	<p>1. Treat all Cases of Disease and Malnutrition 2. Build the Additional Curative Section of the Health Outpost 3. Test at Six-month Intervals to show percentage of new and repeated infestation 4. Deliver and Teach the Community Basic Care and Referral 5. Compare Infestation and Malnutrition Ratio with a Village Receiving Treatment but not Preventive Measures</p>

1 mon

5 mon

1 1/2 yrs

THE HEALTH CARETAKER CURRICULUM: APRIL - SEPTEMBER 1978

WEEKS	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER
1. PREPARING THE STAKE VISITS	Diagnosis/Protein Iron	Infectious Diseases of Infants	Detection of Malnutrition	Microbes-Horns	Pre-natal Care	Pre-natal Care
	Visitation	Baby Weighing	Baby Weighing	Baby Weighing	Baby Weighing	Baby Weighing
2. LAUNCHING THE STAKE EVENTS	Food Forms	Preventive Techniques	The Brain and Its Needs	How to Build a Toilet	Post-Natal Care	Upper Respiratory System-IV-Tuberc
	Fetus & Infant	Well Feeding	Immunization	How to Eliminate Sewage & Waste	Warning	Heart, Lung, TB
3. GROUNDING THE COMMUNITY EVENTS	Preparation	Microbes/Minerals	Visitation	Visitation	Visitation	Visitation
	Visitation	Visitation	Visitation	Visitation	Visitation	Visitation
4. STRUCTURING THE HEALTH SYSTEM	How to Grow Legumes (Agr. Guild)	Diseases & Forms of Worms	How to Grow Vegetables (Agr. Guild)	Crop Rotation (Agric. Guild)	Developmental Stages	Eyes Diseases
	Signs of Malnutrition	Diarrhea & Fever Symptom-Treatm	Vitamin & Mineral Needs	External Parasites	Preventive Dentistry	Accidents in the Home
INVITING THE GUESTS	Visitation	Visitation	Visitation	Visitation	Visitation	Visitation
	Infant Feeds	Methods/Diarrhea	Infant Feeding	Immunisations	Personal Hygiene	Prav. in Kitchen
SHOWING MOVIES	Imaginal Education	Crop Rotation (Agr. Guild)	First Aid Wounds	S.O.A.P.	Skin - Prevention	Prav. in Kitchen
	Record-Keeping	Neighborhood Approach/History	How to Use Medicines	Medical Records Immobilisation	Hood Injuries & Seizures	Prav. in Kitchen
SHOWING MOVIES	Trip	Trip	Trip	Trip	Trip	Trip
	Kabwo Pub. Health	Water Affairs	UTH Pediatric Wd.	Sowago Dept.	Wife Nurrag School	UTH Emerg. Room
SHOWING MOVIES	Mobile Clinic (Infant Feeder)	Public Health Sanitation Inspection	Mobile Clinic Immunizations	Mobile Clinic "Basic Care"	Red Cross First Aid & M/M Recesitation	Mobile Clinic
	Agric. Guild	Agric. Guild	Agric. Guild	Agric. Guild	Traditl Midwives	Mr. Patel, Eye Diseases
SHOWING MOVIES	Care of Newborn Digestive Tract	Surprise	Surprise	Surprise	Surprise	Surprise

KHDP

HEALTH CARE-TAKER COMMUNITY ACTION PROGRAM: APRIL 1978 - MARCH 1979

APRIL 1978

COMMUNITY VISITS	PLANTING NUTRITION & SANITATION IN THE HOME				SEWING PREVENTION ACROSS THE COMMUNITY				REAPING THE HARVEST OF A HEALTHY COMMUNITY				
	APR.	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR	
COMMUNITY MASS EVENTS	Stake Nutrition Demonstration	Survey & Test Wells by Stake	Stake Demonstration by Residents in Nutrition	Build Stake Toilets	Stake Demonstration of Infant Care	Stake Kitchen Rehabilitation	Demonstration Delivery by Stake	Drama on Schools	Eye & Dental Clinic	Drainage by Stake	Stake Nutrition Demonstration by Stake Community	Health Clinic Opens Community	Community Show
	Stake Legume Gardens	Rehabilitate Wells by Stake	Stake Vegetable Gardens	Drama on Wheels	Pre-Natal Clinic	Open Model House	Community Kitchen Opening Demonstration	Community Feast on Nutrition & Preparation	Stake Demonstration of Nutrition & Preparation	Community Health Drama	Health Clinic Opens Community		
PROFESSIONAL VISITS	Mobile Clinic	Mobile Clinic & Health Inspector	Mobile Clinic & Eye Clinic	Mobile Clinic by Stakes	Mobile Clinic & Pre-Natal Clinic	Bi-Monthly Clinic TB	Bi-Monthly Clinic	Bi-Monthly Clinic	Eye & Dental Clinic	Bi-Monthly Clinic	Eye Clinic & TB Clinic & Dental	Bi-Monthly Clinic	
5 Food Groups	Diseases of the Water & Germs	Kwashiorkor & Parasitosis	Diseases from Toilets & Worms	Pre-Natal Care	Home Sanitation	Birth & Delivery	Nutrition Review & Vitamins	Eye Diseases & Prevention	Malaria & Fevers	Use of Medicines	Overview of Education		
Infant Nutrition	Methods of Clean Water & Diarrhea Treatment	Infant Food Preparation	Immunizations	Personal Hygiene & Scabies	Kitchen Diseases & Prevention	Post-Natal Care	Food Preparations	Dental Diseases & Prevention	Stagnant Water	First Aid & Wound Care	Child Spacing		

April 1978

KAPINI HUMAN DEVELOPMENT PROJECT: FAMILIES

STAKE 1	STAKE 2	STAKE 3	STAKE 4	STAKE 5
<ol style="list-style-type: none"> 1. M. Mwadika Malek 2. David 3. 4. M. Mwadika Malekano 5. E. Malilange Malekano 6. K. Malekano 7. J. Malekano 8. L. Mapulango Malekano 9. S. Malekano 10. 11. K. Chipote Malekano 12. T. Chipote Malekano 13. Abela Kapini 14. D. Siskyumba 15. J. Simiwana Malekano 16. 17. S. Monga Malekano 18. D. Hamaknamu Malekano 19. 20. A. Chiyabi Malekano 21. K. Kanyemba Kapini 22. F. Kanyemba Kapini 23. D. Samarga Kapini 24. G. Kayo Malekano 25. I. Mushitu Malekano 	<ol style="list-style-type: none"> 1. S. Mbewe Kapini 2. J. Shalwa Kapini 3. G. Kasokomona Kapini 4. C. Maniyo Kapini 5. 6. E. Kapini 7. E. Kapini 8. E. Miyuba Kapini 9. C. Chilwalo Kapini 10. E. Miyoba Kapini 11. C. Mwenda Kapini 12. E. Kapini 13. E. Shikwasha Kapini 14. 15. Wilson 16. J. Linunga Kapini 17. J. Mutodo Kapini 18. T. Kapini 19. M. Mulowa 20. 21. M. Mulowa Malekano 22. S. Mwinda 23. K. Kafwaka Mulowa 24. I. Tiki Kapini 25. Malalu Kapini 26. S. Kapini 27. B. Palent 28. P. Lumbwe 29. D. Mdhlovu Kapini 30. C. Mwashapuota 31. J. Mwachillenga Malek. 32. B. Lukulge 	<ol style="list-style-type: none"> 1. E. Mwalilanda 2. D. Mwalilanda Kapini 3. E. Mwalilanda Kapini 4. E. Mwalilanda Kapini 5. J. Mwalilanda Kapini 6. E. Mwalilanda Kapini 7. P. Mwila 8. E. Lubesha Malekano 9. M. Swana 10. G. Sinyambo 11. empty building 12. bar 13. W. Daka Mulowa 14. A. Zimba Malekano 15. J. Phiri Mulowa 16. A. Banda Kapini 17. Council Kapini 18. S. Mbilutu Malekano 19. J. Chiyala 20. Stanpabale 21. Hamugomo 22. J. Mwamungule Malek. 23. D. Sase Malekano 24. M. Shinondo Kapini 25. D. Malambo Malekano 26. P. Sautu Malekano 27. S. Santu Malekano 28. M. Mushitu Malekano 	<ol style="list-style-type: none"> 1. P. Lumawo Mulowa 2. D. Malota Mulowa 3. S. Nkabika Mulowa 4. L. Kambulula Mulowa 5. J. Biliki Mulowa 6. Mulowa 7. S. Chimwanga Mulowa 8. M. Chimwanga Mulowa 9. A. Kandasha Mulowa 10. R. Ewimwanga 11. S. Kayonbo Mulowa 12. M. Mwalubemo Mulowa 13. W. Chillikwela Mulowa 14. 15. M. Chikolokoso Mulow 16. M. Chingoma 17. A. Nswana 18. S. Tembo Mulowa 19. M. Bizeck 20. A. Kawala Mulowa 21. Hamugomo 22. J. Mwamungule Malek. 23. P. Sase Malekano 24. M. Chavula Mulowa 25. A. Mukuku Mulowa 	<ol style="list-style-type: none"> 1. P. Daniso Malekano 2. T. Kawala Mulowa 3. S. Banda 4. P. Margo Malekano 5. P. Mwene Malekano 6. T. Ukwela Malekano 7. B. Mwewe Malekano 8. C. Kawala Mulowa 9. N. Mwachillenga Malekano 10. E. Muloka Malekano 11. S. Chipote Malekano 12. empty 13. empty 14. E. Mwale Malekano 15. H. Tembo Mulowa 16. Chiyoasha Mulowa 17. empty 18. R. Phiri Malekano 19. Mrs. Saze

KAPINI HUMAN DEVELOPMENT PROJECT

