

HEALTH TOWN MEETING

HEALTH

IN

EL BAYAD

GATHERING

OPENING

NEW
WORLD

CHALLENGES
WORKSHOP

INTERLUDE

NEW
HUMAN

PROPOSALS
WORKSHOP

PLENARY

HEALTH TOWN MEETING

The first health Town Meeting in the world was held in Bayad Al Arab, Beni Suef A.R.E. on January 22, 1977 with over 200 individuals participating. The five day program is part of a worldwide effort intended to encourage local initiative by providing creative methods for allowing any local community to make a new decision about it's future. The Saturday meeting followed the arrival of a Global Health and Nutrition Team in Bayad whose task is to assist in and accelerate the health programs which are a part of the Bayad Human Development Project.

Along with the Health Town Meeting was an accompanying program which was planned for the children of the village. Over 50 children participated in a day of learning and fun activities aimed at making them more aware of their own health practices.

The Health Team provided the leadership for an exciting day of looking at health problems in Bayad and working out practical solutions in response. The morning session identifies a list of key health problems voiced by village residents and others present at the meeting.

The work of the day was accented by lunch and entertainment provided by women from the village and a guest musician from Beni Suef.

In the afternoon 10 practical proposals were determined and assigned to village guilds to be actualized. The highlight of the day came in the final reporting session when task groups came together to hear the proposals of the other groups. The people were greatly impacted by the realistic understanding reflected in the proposals and the promise of a new future that it held for the development of Bayad.

MORNING WORKSHOPGESTALT OF INITIAL PROBLEMS BRAINSTORMNUTRITION WORKSHOP

Children's sickness
Dental Care
Skin Sickness

Nutrition
Misuse of Nutrition
Lack of Protein
Child Growth

Chest Sickness, TB
TB
Mental Retardation

SANITATION WORKSHOP

Bilharzia
Sanitation
Tricoma
Engstoma
Manure in House

Liver Sickness
No place for waste
birth fever
flies
Unhealthy construction
Cleaning Customs

lack of toilets
Individual cleaning customs
Insects
Asthma
Intestinal Disease

MEDICAL COORDINATION

Rheumatism
Malaria
Lack of Medicine
Paralysis
Lack of Medical coordination
Family Planning
Lack of Internal Section

Lack of Pharmacy
Lack of Health Care
Lack of Preventative Care
Lack of Doctors
Lack of Ambulance
Mosquitoes
Child Care

Heart Sickness
Health Education
Operation Equipment
Immunizations
Community Awareness
Lack of Organization
Market Difficult to Reach

Bayad Health Town Meeting: Challenge Statements

1. In the arena of nutrition, the underlying challenge is: locally available food for everyone at low prices. Examples: People starve in Bayad because they can't go to market. Food from Beni Suef market is very expensive.
2. In the arena of nutrition, the underlying challenge is: some foods eaten are not grown here. Example: Skin sickness, lack of protein, dental care and TB.
3. In the arena of nutrition, the underlying challenge is: lack of work and knowledge of how to use money. Examples: Children sick, mental retardation and children not growing well.
4. In the arena of water sanitation, the underlying challenge is: finding ways to avoid water contact with the skin. Examples: Infected drinking water, infected with irrigation water and unprotected skin.
5. In the arena of community cleaning, the underlying challenge is: the custom of not caring for the total cleaning of the village. Examples: Animal waste in the streets, no one reminding people of clean their area, no closed containers to put waste into.
6. In the arena of individual home care, the underlying challenge: the animals and the humans living together. Examples: Fear of losing the animals when no in the house at night. Strong relationship of families to their animals.
7. In the arena of medical cooperation, the underlying challenge is: lack of community organization for health in Bayad. Examples: Lack of community response to medical directions. Lack of community concern and cooperation.
8. In the arena of medical cooperation, the underlying challenge is: intermediate medical assistance between government planning and the village of Bayad. Examples: Lack of Medicine and not enough assistance.
9. In the arena of medical cooperation, the underlying challenge is: lack of preventive health education in Bayad. Examples: Lack of concern for cleanliness and Endemic Disease.

Bayad Health Town Meeting; Proposal Statements

1. We the citizens of El Bayad, in order to PROMOTE A CLEAN VILLAGE propose that A HOUSING AND SANITATION GROUP BE STARTED through THE BUILDERS GUILD.
2. We the citizens of El Bayad, in order to CLEAN COMMUNITY SPACE propose that THE GOVERNMENT PROVIDE SUPPORT FOR SANITATION through THE AMBASSADORS GUILD.
3. We the citizens of El Bayad, in order to PROVIDE 24 HOUR MINIMUM MEDICAL CARE IN THE VILLAGE propose that A SYSTEM TO PROVIDE FIRST AID (BOTH DR. AND OTHER TRAINED PEOPLE) through THE CARETAKERS GUILD AND THE HEALTH ACCELERATION TEAM.
4. We the citizens of El Bayad, in order to PROCURE ADEQUATE SUPPLIES FOR VILLAGE HEALTH, TWO ICA AND TWO VILLAGE PEOPLE GO AS A TEAM TO PEOPLE WHO CAN DONATE SUPPLIES, through THE MERCHANTS GUILD.
5. We the citizens of El Bayad, in order to INCREASE KNOWLEDGE AND WORK FOR USING MONEY AND BUYING FOOD propose that NEW WAYS TO INCREASE INCOME IN BAYAD BE FOUND through the FARMERS GUILD.
6. We the citizens of El Bayad, in order to HAVE HEALTH IN BAYAD propose that FAMILY CLASSES ON NUTRITION AND HEALTH be done through THE HEALTH ACCELERATION TEAM AND TRAINEES.
7. We the citizens of El Bayad, in order to ENCOURAGE THE DOCTOR TO STAY IN THE VILLAGE, propose that VILLAGERS REGULARLY VISIT HIM AND OFFER OTHER SUPPORT IN THE VILLAGE through THE CARETAKERS GUILD.
8. We the citizens of El Bayad, in order to ESTABLISH COMMUNICATION BETWEEN DOCTOR AND PEOPLE propose TEACHING PROGRAM ON A REGULAR AND FIXED DATE THROUGH THE AMBASSADORS GUILD.
9. We the citizens of El Bayad, in order to PROVIDE A WAY OF GETTING LOCAL FOODS CHEAPLY propose that a COOPERATIVE SOCIETY BE STARTED through the MERCHANTS GUILD.
10. We the citizens of El Bayad, in order to IMPROVE NUTRITION propose that a VILLAGE COOPERATIVE BE ESTABLISHED TO INCREASE NUTRITION AT COMMUNITY COST through the CARETAKERS GUILD.
11. We the citizens of El Bayad, in order to PROVIDE PREVENTIVE HEALTH EDUCATION PROPOSE THAT BAYAD HAVE NEW WAYS TO KEEP SICKNESS OUT through the HEALTH TEAM AND TRAINEES.

MORNING WORKSHOPGESTALT OF INITIAL PROBLEMS BRAINSTORMNUTRITION WORKSHOP

- | | | |
|-----------------------|-----------------------|----------------------|
| - Children's sickness | - Nutrition | - Chest Sickness, TB |
| - Dental Care | - Misuse of Nutrition | - TB |
| → Skin Sickness | - Lack of Protein | - Mental Retardation |
| | - Child Growth | |

SANITATION WORKSHOP

- | | | |
|--------------------------|--------------------------|-------------------------------|
| - Bilharzia | - Liver Sickness | - Lack of toilets |
| - Sanitation | - No Place for Waste | - Individual Cleaning Customs |
| - Typhoid | - Birth Fever | - Insects |
| - Erysipelas | - Flies | - Asthma |
| • Animal Manure in House | - Unhealthy Construction | - Intestinal Disease |
| | - Cleaning Customs | |

MEDICAL COORDINATION

- | | | |
|--------------------------------|-----------------------------|-----------------------------|
| • Rheumatism | - Lack of Pharmacy | - Heart Sickness |
| - Malaria | - Lack of Health Care | - Health Education |
| - Lack of Medicine | - Lack of Preventative Care | - Operation Equipment |
| - Paralysis | - Lack of Doctors | - Immunizations |
| - Lack of Medical Coordination | - Lack of Ambulance | - Community Awareness |
| - Family Planning | - Mosquitoes | - Lack of Organization |
| - Lack of Internal Section | - Child Care | - Market Difficult to Reach |

AFTERNOON WORKSHOP

CHALLENGES: THE UNDERLYING CONTRADICTIONS

- I. IN THE ARENA OF NUTRITION, THE UNDERLYING CHALLENGE IS:
LOCALLY AVAILABLE FOOD FOR EVERYONE AT LOW PRICE@
EXAMPLES: People starve in Bayad because they can't go to market.
Food from Beni Suf Market is very expensive.
- II. IN THE ARENA OF NUTRITION, THE UNDERLYING CHALLENGE IS:
SOME FOODS EATEN ARE NOT GROWN HERE.
EXAMPLES: Skin sickness, lack of protein, dental care and TB.
- III. IN THE ARENA OF NUTRITION, THE UNDERLYING CHALLENGE IS:
LACK OF WORK AND KNOWLEDGE OF HOW TO USE MONEY.
EXAMPLES: Children sick, mental retardation and children not growing well.
- IV. IN THE ARENA OF WATER SANITATION, THE UNDERLYING CHALLENGE IS:
FINDING WAYS TO AVOID WATER CONTACT WITH THE SKIN@
EXAMPLES: Infected drinking water, infected with irrigation water and unprotected skin.
- V. IN THE ARENA OF COMMUNITY CLEANING, THE UNDERLYING CHALLENGE IS:
THE CUSTOM OF NOT CARING FOR THE TOTAL CLEANING OF THE VILLAGE.
EXAMPLES: Animal waste in the streets
No one reminding people to clean their area
No closed containers to put waste into
- VI. IN THE ARENA OF INDIVIDUAL HOME CARE, THE UNDERLYING CHALLENGE:
THE ANIMALS AND THE HUMANS LIVING TOGETHER.
EXAMPLES: Fear of losing the animals when not in the house at night.
Strong relationship of families to their animals.
- VII. IN THE ARENA OF MEDICAL COOPERATION, THE UNDERLYING CHALLENGE IS:
LACK OF COMMUNITY ORGANIZATION FOR HEALTH IN BAYAD.
EXAMPLES: Lack of Community response to medical directions.
Lack of Community concern and cooperation.
- VIII. IN THE ARENA OF MEDICAL COOPERATION, THE UNDERLYING CHALLENGE IS:
INTERMEDIATE MEDICAL ASSISTANCE BETWEEN GOVERNMENT PLANNING AND THE VILLAGE OF BAYAD.
EXAMPLES: Lack of Medicine and not enough assistance.
- IX. IN THE ARENA OF MEDICAL COOPERATION, THE UNDERLYING CHALLENGE IS:
LACK OF PREVENTIVE HEALTH EDUCATION IN BAYAD.

EXAMPLES: Lack of concern for cleanliness and Endemic Disease.

AFTERNOON WORKSHOP

THE PRACTICAL PROPOSALS

- I. We the citizens of El Bayad, in order to PROMOTE A CLEAN VILLAGE propose that A HOUSING AND SANITATION GROUP BE STARTED through THE BUILDERS GUILD.
- II. We the citizens of El Bayad, in order to CLEAN COMMUNITY SPACE propose that THE GOVERNMENT PROVIDE SUPPORT FOR SANITATION through THE AMBASSADORS GUILD.
- III. We the citizens of El Bayad, in order to PROVIDE 24 HOUR MINIMUM MEDICAL CARE IN THE VILLAGE propose that A SYSTEM TO PROVIDE FIRST AID (BOTH DR. AND OTHER TRAINED PEOPLE) through THE CARETAKERS GUILD AND THE HEALTH ACCELERATION TEAM.
- IV. We the citizens of El Bayad, in order to PROCURE ADEQUATE SUPPLIES FOR VILLAGE HEALTH, 2 ICA AND 2 VILLAGE PEOPLE GO AS A TEAM TO PEOPLE WHO CAN DONATE SUPPLIES through THE MERCHANTS GUILD.
- V. We the citizens of El Bayad, in order to INCREASE KNOWLEDGE AND WORK FOR USING MONEY AND BUYING FOOD propose that NEW WAYS TO INCREASE INCOME IN BAYAD BE FOUND through the FARMERS GUILD.
- VI. We the citizens of El Bayad, in order to HAVE HEALTH IN BAYAD propose that FAMILY CLASSES ON NUTRITION AND HEALTH be done through THE HEALTH ACCELERATION TEAM AND TRAINEES.
- VII. We the citizens of El Bayad, in order to ENCOURAGE THE DOCTOR TO STAY IN THE VILLAGE, propose that VILLAGERS REGULARLY VISIT HIM AND OFFER OTHER SUPPORT IN THE VILLAGE through THE CARETAKERS GUILD.
- VIII. We the citizens of El Bayad, in order to ESTABLISH COMMUNICATION BETWEEN DOCTOR AND PEOPLE propose TEACHING PROGRAM ON A REGULAR AND FIXED DATE through THE AMBASSADORS GUILD.

- LX. We the citizens of El Bayad, in order to PROVIDE A WAY OF GETTING LOCAL FOODS CHEAPLY propose that A COOPERATIVE SOCIETY BE STARTED through THE MERCHANTS GUILD@
- X. We the citizens of El Bayad, in order to IMPROVE NUTRITION propose that A VILLAGE COOPERATIVE BE ESTABLISHED TO INCREASE NUTRITION AT COMMUNITY COST through THE CARETAKERS GUILD@
- XI. We the citizens of El Bayad, in order to PROVIDE PREVENTIVE HEALTH EDUCATION propose that BAYAD HAVE NEW WAYS TO KEEP SICKNESS OUT through THE HEALTH TEAM AND TRAINEES.

FROM BAYAD

- | | | |
|--------------------------|--------------------------|------------------------|
| 1. BARAKIT MOHAMMED | 34. WAHBA ISRAHIM | 67. SOLMI SHIRATA |
| 2. SUDMAN MOUSSOUR | 35. MADIA AHMED | 68. AZIMA MAHMOUD |
| 3. ALDA TOMA | 36. SAMHA SAYED | 69. GAMIL MOHAMMED |
| 4. BORAYA ZAKRI | 37. SAID RISKGALLAH | 70. IBRAHIM HANNA |
| 5. ALL OUBAN | 38. MOSEFHA ABDEL WAHED | 80. ALSHA AHMED ISMAIL |
| 6. MARIAM LABIB | 39. HAMID SHAKR | 81. SAID AHMED |
| 7. SAKINA ABDEL MUGLD | 40. SULHATA SALMA | 82. MOHAMMED AHMED |
| 8. KHALIL HANNA | 41. AZIZA GORLAD | 83. FATHAR METTAS |
| 9. SHIBATA SOLMI | 42. SAID ALI | 84. HUSSAIN MOHAMMED |
| 10. AHMED ISMAIL | 43. NOMOUA SAAD | 85. HEKMAT MOUSSOUR |
| 11. SAMLA SAAD | 44. TAREZA MARROUS | 86. HODAFAT ATYA |
| 12. SOAD PADLA | 45. RUMA ISRAHIM | 87. MOHAMMED GORAWI |
| 13. KORANI ALL | 46. MOHAMMED HASSAN | 88. HANNA GHALL |
| 14. TOMAS ABDU | 47. FAYEK SAAD | 89. MOUSTAFIA BEB |
| 15. SALEM SALMA | 48. TOMA SAAD | 90. ATYA GIRGIS |
| 16. GAMIL MOHAMMED | 49. SHIBATA FANMY | 91. ATYA FANIMA |
| 17. AMAR RIZK | 50. SAAD (School Sec.) | 92. SALEM KAMEL |
| 18. MOUSSOUR SAAD | 51. SAIED MIKHAIL | 93. KHALID ATYA |
| 19. SALEM AT YA | 52. MUFARA SAOULLAH | 94. RANDY SALMA |
| 20. YASSAN ALI | 53. AHMED MOHAMMED | 95. HANNA SAID |
| 21. SHAKR GIRGIS | 54. ARVAN ATYA | 96. ALL |
| 22. ABDEL HAMID MOHAMMED | 55. AZIZ FANIM | 97. SAOULLAH ABDOULLAH |
| 23. OM MOHAMMED | 56. WAHBA SAYED | 98. SAID FARAG |
| 24. SAID RIAD | 57. SAID MOUSTAPHA | 99. HUSSAIN ALL |
| 25. SAYED ADLY | 58. MEGIDA GIRGIS | 100. FATMA MOHAMMED |
| 26. SAID SAAD | 59. MELLE MOUSSOUR | 101. NURSA PADL |
| 27. HASSAN KHALID | 60. HUSSAIN HOBA | 102. AS L IBRAHIM |
| 28. FAREH HANNA | 61. RIAD MOUSTAFIA | 103. ISMAIL AHMED |
| 29. KAMEL FARAG | 62. ABU ZALD ORANI | 104. MOHAMMED KAMEL |
| 30. SAHY AZIZ | 63. ATULLAH ABDOULLAH | 105. MADIA FARAG ALLAN |
| 31. ATYAT SAAD | 64. ISRAHIM ALL | 106. AHMED RIAD |
| 32. SAMIRA HANNA | 65. AHMED KHALIL EL ALMA | 107. IBRAHIM MOHAMMED |
| 33. NOZA SALMA | 66. MAGIDA | 108. MLDYT |

FROM BEYL SUFE

1. MARIAM
2. ATWE
3. MARGARET RIAD
4. MRS. MARY
5. MADAME HODA
6. BASIL RIAD
7. NEAB
8. KARIMA
9. MR. GABER
10. LAILA
11. MAGDY
12. NAGY
13. NERAO
14. Dr. KARIMA
15. DR. MOHAMMED
16. DR. SHIRINE
17. KORANI
18. MANDOU
19. ASHRAF
20. ALOL

FROM CAIRO

1. FANORA
2. FANUFI
3. FANL
4. FATIMA
5. MONA
6. AMIRA
7. PIERRE
8. AZZA
9. FANINE
10. FARIDA
11. IMAM
12. SAFAT
13. RIAD MOUSTAFIA
14. YOUSSEF
15. PATRICE

GLOBAL HEALTH TEAM

1. Dr. KEN GILBERT
2. RUTH GILBERT
3. Dr. ROBERT TRUB
4. SAFOORA TRUB
5. ROBERTA LAPP
6. CAROL SCHUCHART

BAYAD AUXILIARY

1. SARAH BUSS
2. FRED BUSS
3. GENE BOLVIN
4. IRIS BOLVIN
5. JAYNE NELSON
6. JO NELSON
7. JUDY TRUBISE
8. JOHN TRUBISE
9. PAUL BOURTEL
10. ALIX-EMIL
11. JOHN WEEKS
12. RAGIA
13. ANAL MARCOS
14. MAHMOUD
15. CAMILLA
16. James Stovall

50 CHILDREN ATTENDED THE CHILDREN'S TOWN MEETING