THE SEASONS OF LIFE

	Phase I - Youth	Phase II - Rising Adult	Phase III - Established Adult	Phase IV - Elder	Phase V Sage
	0—20	20—40	40—60	60—80	80—100
QUALITIES	Wonder-filled	Risk-filled	Power-filled	Integrity-filled	Wonder-filled
	Dreamer	Innovator	Regulator	Mentor	Wisdom-keeper
ROLE	Life	Social	Social	Life	Spiritual
	Apprentice	Architect	Guardian	Exemplar	Eldering
TASK	Dramatize	Establish	Administer	Deepen	Story
	Life's	Social	Life's	Contemplative	Life's
	Possibilities	Identity	Structures	Abilities	Experiences
RELATIONSHIP	Injects	Injects	Injects	Injects	Injects
TO	Vitality	Passion	Stability	Motivation	Vulnerability
OTHER	Into	of	of	of	of
SEASONS	Play	Adventure	Preservation	Learning	Endings