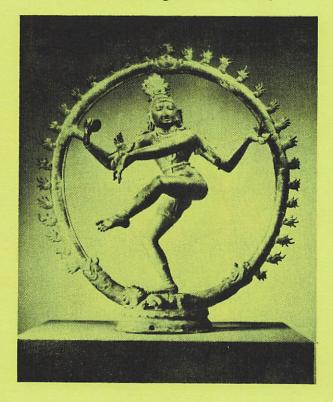
# Seasons, Loves, Tomorrows

Practice Dancing In The Ecstasy



David Dunn

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Practice Dancing In The Ecstasy

**David Dunn** 

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### To Be Your Heart

I am from deep within And far away, An awkward guest Making small talk at a party Thrown in honor of someone else. And L Remembered in an afterthought, Included as a gesture of good will To silence and attention. Neither wallflower Nor gadfly, Something awkward in between, Watch for an opening To show you to yourself, To mirror life. To light your eyes with you; To watch and see, Listen and hear. To reveal who we are. To be your heart Beating in a keen mind Thinking, wondering, and understanding, Wanting what you dare not dream.

### Seasons

#### Seasons

Leaves drift gently toward a disconsolate earth Covered with faded memories
Fallen from branches
Grateful for a change of scenery.
Quiet fertility lies among forgotten hope
Slowly turning into the birth of spring.

Hoarfrost jewels
And queen Anne's lace
Bedeck a moonlit breast of snow
Fallen asleep one silent night,
Exhausted and spent,
Abandoned by a lonely way.

Before the end of ice and night Sun's rays and blades of life Conspire in an affair of promise A premature intrusion Of warmth and beauty Ahead of its time.

We gasp for air
Seared by light and life
Suspended between the earth
And blue beyond belief
Overwhelmed by reality's candor
And the crush of color.

### **A Thousand Truths**

Outside lay a midnight full Of snow-frosted branches And gentle lights Almost lost in a haze Of memory and longing. I stared across the silent landscape Searching at such a distance I almost missed the great descent Before my weary eyes. For hours I sat in wonder As snow Crowned posts and boughs, A coronation Made marvelous By quiet Patience with itself. The stillness Told a thousand truths Lost to blue sky And daylight clamors.

### **Only Silence Knows**

Silent sentinels of night, Still and moonlight-frosted Dressed in snowy white, Stand without a sound Beneath a mist-veiled sky Aglow with crystal light From an untoward moon Hung at an unfathomable height Above the midnight earth, At rest, at peace Without a sound Waiting for a birth As new as falling snow And stealthy as a gentle flake Descending from the out of sight Into the moment Only silence knows.

### **Christmas Poem**

Silent nights not so holy.
Holy nights not so silent.
Crowds raucous and out of hand,
Holy purposes forgotten,
Beguiled by toys and ritual charm,
Incarnation does not figure prominently
In conversation.

A pity.

Accumulation is the universe's

Least concern

And pleasantness the sad resort

Of weary souls

Stranded in the search for grace.

Oh quiet night,
Wonder begs for time and space
To weigh in silence
The prospect of holiness
Come in our own flesh,
Not clambering for attention
Or expecting notice,
Just patiently waiting,
Like a good friend
Listening hopefully
To the evening news.

### Winter Garden

The ground was very cold and still.

What snow remained

Cowered in the deep shade of crevassed rock

Where even mid-day warmth

Could not reach.

The garden lay defeated

In shades of brown and grey

Along paths left to wander silently

Beside drained ponds and leafless trees.

Delicate shrubs stood wrapped in sack cloth

Against the winter blast,

Like so many monks cowled and girded

Against storms of desire or excess.

The garden lay at our feet,
Marking time,
Waiting obedient to the earth leaning
Away from light and life.
The very intermission its own show.
The winter silence beckoned memories and longings
As pleasing as milky fragrance
And engaging as blossoms waltzing in a gentle breeze.

### **Early Spring**

Snow clouds dash across a spring come lately crystal valley trying to catch up with winter. A plume of lucid white flows off the brilliant height a weary day-long trek away. High beyond the green horizon, above the roaring gust. cotton puffs of grey and silver scud west to east tangent to the earth, paying scant attention to the niceties of spring. Suspended high above the planet heaven is a bowl so blue everything you see seems true and there is no place to hide.

### The Tiny Leaf

The tiny leaf appeared one day Light green and bright On the little tree Stationed at my side.

I could not take my eyes off This little friend, An unexpected presence Of birth and life.

As I starred in delight, Tears came to my eyes As at the birth of a child, As if to say, "Welcome to being."

### Late Spring

Grey brown branches
Frosted, white-topped and cold,
Stare bleakly at each other,
Questioning the propriety
Of late spring snow.

### Spring Garden

I felt eyes peering up at me from every square foot of space at my feet. Even from the shrubs and trees. Everywhere life peered out from death, Green mists and hints of birth Damply rising above the sullen clods Prodding each other into view All subtly and prospects.

It was a stealthy affair,
These tiny debuts,
Like the movement of an hour hand
You notice only after the fact.
One day unknown and unexpected
The next arrived unannounced.
I felt startled eyes upon me at every turn
As if I had wandered in on some secret mustering of life.

### In Between

One evening the earth turned and cast a shadow on the hill where I sat,
The mountains on the left,
The plains on the right.
and in between I waited for the evening, master of the pines and scrub.

The valley lay silently below, clouds floated gently above and in between I listened to bees whispering among white blossoms and breezes playing in the boughs.

Care was forgotten,
Destiny beyond the horizon,
and in between I watched
a jet trail glow orange in the fading sun.
Car lights and street lamps
danced like fireflies,
far, far away.

### The Business of Shade

We sat at ease under the great tree,
Leaning against its massive trunk,
Listening to life rising from the roots
To branches silhouetted against the sky.
Even at mid-day,
It was shady and cool,
Without glare and bother,
A felicitous place to visit.

The whole village gathered there, Sometimes leaving offerings, Believing it a holy and auspicious place. It was a space envisioned by the ancestors But enjoyed fully only in our time, For it is we who have inherited the dream, The wonderful shade seen only in the hopes Of those who planted the first seed.

In the presence of this great living thing, No one asks if the petal which falls Is a part of the tree,
Or the root essential
To the business of shade.

### Loves

### Study

I stood before the statue,
Quietly contemplating
As the artist perhaps prayed
Before the block
Which was the parent of this beauty.

Does the composer
Lower his eyes
Before lines
Not yet filled with notes,
Or does the weaver
Gently touch the warp
Trying to sense
The weft which will bring it life?

And do you study me, Picturing the wonder I can be?

### The Marvel That Is We

Last night you lay
Tired and lost,
Turned old and grey inside
By weariness and me,
Unable to hold your own
Against the facts of life.

Tomorrow you will be light again, Green and spring-like, Moist and growing tall Rampaging up and over Everything set in the way, Like weeds and wonders Keen to triumph after all.

Now, before my searching eyes You reach out long and lovely; Hills and valleys Full of mists and forests; Seas and shores Awash with life and longing.

You are my hold on light and life, My link to earth and sky; My way of slipping past
The warriors of ill and loathing,
Lest I slip into the limits
Of my own self,
And miss the marvel
That is we.

### **Afterwards**

Afterwards,
Speechless overwhelming peace
Arises within me.
Time disintegrates
In a quiet eternity
Without space
Apart from my own vastness
Floating calmly in the bliss of we.

### **Embrace**

I watched weary and afraid
Nervously avoiding smiles and glances.
But recalling how we came together,
Your words were like drops of rain on a thirsty garden,
Your touch all misty sunlight warm.
Pain and joy embraced like reunited lovers,
Healing fears we'd too long borne.

### Mist and Irony

You lay in silence,
Spent and still,
Breathing deeply,
Eyes peacefully closed and face at rest
For the first time all week.
Passion and ecstasy
Caressed the hurt away.

Looking on,
Unable to approach the absence
Lying before me,
The bridge we built
Had turned to mist
And irony,
Barely visible
At the bottom of the chasm
Left their between us.

Caught on my way
To the other side
When the bridge collapsed,
I clawed my way
Back to the position
Held before the fall,

Wondering and cursing All the way.

Sometimes the end of passion Seems not blissful union So much as Solitude and pain.

### Silence

Silence is so dark and vast, So womb-like and full, So laden and becoming, So hard to restrain.

Silence is so terrible, So fascinating, So beckoning, So hard to resist.

Silence is so clear, So open, So gracious, So hard to ignore.

Silence is so real, So tangible, So momentous, So hard to deny.

Silence is so silent and alive.

#### Luna

Quite alone one night
And longing for company,
I watched the moon
Rise at a discrete distance
Silent and slightly hidden
Indistinct behind a gentle vail of cloud.

She was the more mysterious For the lateness of the hour, And more becoming For the shyness of her glance.

### **Approximation**

Life proceeds by little victories,
Each approximation urging on the next.
We hope for grand and glorious flight
And settle for momentary escapes from gravity and rest.

We hope for gentle time and solitude And settle for jagged, off-hand moments Snatched from harried schedules.

We hope for constant ecstasy and love And settle for companionship and care Extracted from the complexity of life.

Gradually the burdens of hope decrease

The weight of realities arise,

The scale tips slightly toward the happiness of peace,

Of quiet thoughts and gentle eyes.

### **Moon Journeys**

From beyond the rolling plain,
The watchman of the dark
Appears above the horizon,
His great light face,
An immense and ruddy fullness
Casting knowing glances
Across the evening earth.

He climbs into the high aloft, Peering far across the heavens Riding on the evening tide, Stately as a great ship sails Across the star lit ocean of the night.

The watchman sends
His silver light,
Saving solitude
From lonely darkness,
Then descends at last
From his mid-course height,
Turning the helm,
From the sailing world above,
To the unseen realm below.

I do not know
And perhaps can not,
The exertions that drain his life,
This guardian of the night,
Whose rising and falling
Is accomplished quietly
While others sleep.
But that I sleep in peace
While the moon journeys,
I know is so.

### Tomorrows

### **Fulfillment**

Oh to be Happily seeded And pregnant With a belly full Of laughter.

### Hope

Visions dreamed
In the midday heat
Of a thousand yesterdays
Covered the exhausted earth
Like twilight dew.

We watched them Slip silently away, Disappearing at last In the half lit memory Of a retiring moon.

Now they rise again, Shimmering in the wandering mist Above the looking glass pond Of morning.

### **Bright Morning**

This morning is so light, So full of tears and sight, All frailty and fight, So tall-feeling,
Long-time seeing and fine.
It is a mighty time,
Deep-seeing,
Far-reaching,
Spine-tingling,
Corn-popping,
Show-stopping,
Knuckle-cracking,
Toe-tapping,
Bright.

### **Fioe**

How could we have known Our time would break free Of all the past, Calved and released From the agony Of inching toward Oblivion and death?

Cut adrift,
Cast upon an ocean
Yet more vast
Than our fondest dreams
Or most terrifying nightmares,
Set afloat upon eternity
Suspended in the predicament
Of an endless horizon,
Blinded by unobstructed vision.
We have never before
Been so carried forth,
So intoxicated and terrified,
On such a floe of time and chance.

### **Facades**

Wondering what lies ahead, We have too long Cowered in fear Dreading the unknown On the other side. Now the deepest longing Compels us to look beyond. Appearances no longer Dissuade us From seeking the truth Beyond facades.

Suddenly, Facades torment us. Compel us, Call us. Demand we Look within And see What has been hidden. Shut away, Kept from our eyes and minds. Facades no longer deceive, No longer seduce and terrify, For we have stepped through, Crossed the threshold Into the reality behind Facades.

Facades no longer give life.
Only reality.
Only reality.
Only reality.

### **Opening**

With the way stretched
So ambiguously before us,
Our life is spent
Wandering the corridors of the heart,
Wondering if there is a way through.
Every turn leads on to another
And still there is no end in sight.
Anxious and afraid,
We try not to lose our nerve,
Running out of courage
To continue searching.

Suddenly there is a small spot in the distance, A change in appearances, Something unlike a turn, Still indistinct and uncertain.

A window? A door? Escape?

Slowly,
Like a flawed and painful birth,
The unknown comes more clearly into view.
Neither window nor door,
Neither escape nor opportunity.
On this side,
Fear and fascination.
On the other,
A new world.
And in between,
Only, but incredibly,
An opening.

### Rubric

Watching for the red Listening for the scream Running from the light Hiding from the beam Yearning for the might Drowning in the stream Blasted free of fright Hoping for a dream.

Faster, faster now Careening meaning now Flowing knowing how Going sowing Toing frowing Lasting blasting Casting fasting Fearing nearing Seeing fleeing Astonishing admonishing Unrehearsable irreversible Blundering wondering Pondering wandering Beeline streamline Land mine gold mine On-line on time Bottomless infinity **Endless opportunity** Merciless revelation Pitiless invitation Shocking levitation, Praying for the other side, If only we could make The other side. The other side. The other side.

All we need to know is how.

All we need to know is how.

All we need to know is how.

We are only waiting for the how,

Waiting only for the how.

[Floe, Facades, and Rubric were inspired by Phillip Glass' compositions by the same name from the album GLASSWORKS]

### Wishing Not To Miss The Train

We stand on a long platform Waiting for the train to arrive, Gripping bags tightly in our hands.

The moon rises and sets.

The sun rises and sets.

And we wait, bags in hand,

Expectantly waiting,

Wishing not to miss the train.

Trainmen come and go;

A policeman and some passers by.

And we stand,

Longing and waiting,

Bags in hand,

Afraid to miss the train.

After all these years,
Why do we stand
Sadly frozen to the platform?
When the train finally arrives,
We are left waiting,
Weeping as our dreams disappear
Down the track into the distance.

### Fire and Ice

From deep with our lives
Flows an artesian well
Of wonder and remorse;
Gratuitous refreshment and regret.
Burning and freezing,
Contend in every moment,
Searing and numbing
Deep behind the eyes.

The greatest test
Is drinking the pain
Of letting go
As a cup of hope.
The greatest hope,
Is the dance of the flame
In the chill of death;
Looking and seeing promise
In passing away.

### Metamorphosis

Leaping over memories

Tripped by yesterday's hesitation,

Searching for a sometime destination,

We create ourselves,

Hesitant and anxious,

Delicately fashioning

A maybe soon

From weary dreams.

### Chipping

Surrounded by plenty and want,
The aura of promise
The pallor of decay,
We find ourselves
Suddenly wide-eyed,
With chisel and mallet in our hands.
Hidden inside our lives
Is a trembling intention
Praying for release
From the excess
Which is its prison.

Like Michelangelos
Before crude blocks of marble,
We stand before ourselves
Trying to perceive
The essence of our future
Impatiently calling from within.

### Dance and Fly

Fly all day; Dance all night. Altitude and motion Improve sight. People who see Tomorrow now, Show builders of The new world how!

### Damned If You Do; Damned If You Don't

You're damned if you do
You're damned if you don't.
You die if you will,
You die if you won't.
No matter which way
You see yourself going
You just can not say
With unambiguous knowing
That one course is dark
While another is light
That one way is wrong
And the other is right.

The one final word
The truth about life
Indecision is heard
And guarantees strife.

The life that you get
Is the life you conceive;
The life that you give
Is the life you receive.
The moment you die
Is the moment you live.
The moment you try
The universe gives.

### Clarity

Proclivities, propensities, Opacities, and densities, Can not impede the larger view, Nor seeing clearly What to do.

### **Dreams**

Dreams and dreams of dreams
Rise up from the mists of consciousness
Before dawn each morning.
When you try to catch them,
They evaporate in the light of day.

### Lost and Lonely Hearts

Lost and lonely hearts
Longing for promise
But afraid to dare.
It can not last,
This convulsion of intent
Without the will to seize not yet
And wrest substance from the dream.

Lonely longing
Is the sentry's lot,
Left to guard the rear
When comrades have moved on.
A sad and weary plight
Watching victory
From the corner of your eye
While looking back.

### Suspended

It is a toe hold life,
Inching up the face of a forever dream,
Nearing the summit of an awesome hope:
An endless stream of humanity
Nearly ready for the other side,
Expecting to return home
On a filament of promise
Suspended from beyond.

### The Cat's Cradle

It was just a piece of string
Looped gently around our fingers;
A child's play for rainy days
When we occupied ourselves
With a small business of creation.
When careful fingers maneuvered
In and out and around
Pulling the string oh so finely,
The cats cradle became a real thing
A new arrangement of space
Suspended there before our wondering eyes,
Held between our palms
Like the energy of prayer
On a sunrise morning.

Now we weave and spin
A new arrangement of affairs,
A cats cradle as wide as the world,
As brilliant as the morning sun,
Gently stringing threads of business
And affection from soul to soul
Across the space perceived between
The vision and hope we find before us.

### The Wind

A wind is blowing through our lives,
Ruffling hair
And sending shivers up and down our spines.
Wind blown seeds,
These awful mysteries and exquisite dreams,
Conceived in hearts
Grown wider than their inheritance,
Borne aloft by gusts of hope,
Carried off on puffs of thought,
Above any height we dared imagine
Before our birth into the storm.

### The Dawn

Oh thou Mystery
Deeper than the mind can fathom,
We stretch to see over the smallest rock or clod.
We seem unable to find our way
Beyond the very next step forward.
We know the sumptuous feast of life
Yet live in poverty of spirit.

Now blessing and honor dance before us, Every moment full of celebration, Every turn a revelation. We wonder if it will be possible to sustain: Our gaze at the intensity of dawn.

Tears of gratitude and dismay Accompany the end of night, Eyes blinded by the light of day, A crazy mixture of agony and delight, Seeing all of life Salute before our sad and weary eyes.

### Watching The Universe

These eyes and ears
Watch and listen
To the universe
Like a shy and anxious
Wallflower,
Staged in a corner
While others dance.

