

5th CITY VOICE

MONDAY, JULY 28, 1975

The Fifth City Shopping Center, located at the intersection of Homan and Jackson Avenue, opened its doors today. New businesses include a barbershop, laundromat and drycleaners with a supermarket and currency exchange soon to follow in the coming week.

The shopping center opens at a time when community expectations

are at a turning point. This facility marks a new stage in the economic redevelopment of the West Side. It is the first such project to be conceived of, planned, and completed by the citizens of this community. It is the product of seven long years of work.

The shopping center is owned and operated by the Fifth City Commercial Corporation. Floyd

Stanley, a long-time respected businessman in the community, is president of the Commercial Corporation. Other businessmen in the shopping center and concerned citizens serve as members of the board of directors.

The shopping center has had a long and interesting history. In 1967 a decision was made by a small group

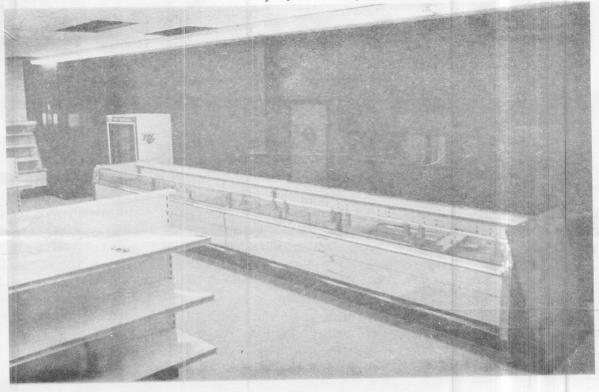


of neighborhood residents that new economic services, locally owned and operated, were needed to turn the tide of a rapidly vanishing inner city economy. In 1973, after many meetings and much work, construction began. Despite labor union strikes and other unexpected setbacks, the shopping center was

completed in the fall of 1974. During the following months. tenants were secured and interior construction and decoration was done by the individual businesses.

Future plans for the new facility are already moving. A new plaza and mall situated in front of the shopping center was approved last March by the city council. The section of Fifth Avenue between Homan and Jackson will be closed off permanently and converted into an open-air plaza to complement the shopping center. The Iron Man statue will stand in the center of the new plaza.

Inside The Shopping Center



5TH CITY SUPERFOODS Open In Near Future

TENANT POWER

Community residents have been planning for several months to improve the living standards in our previously rehabilitated units and how to maintain the buildings on a sound financial basis.

Tenant participation in the program has increased with the opening of a branch office of the management agent in the community center. Currently being designed is a tenant education program to further increase tenant involvement.

Construction on Pack II has been at a standstill for several months. However, work could begin again almost immediately if current efforts prove successful. The protection of the buildings by the community is deeply appreciated.

5th city

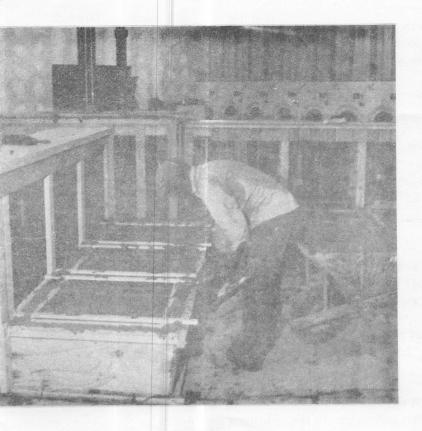


CORINE'S NEW BEER GARDEN provides night spot for community



STANLEY'S LAUNDROMAT

news



Adult Education Center Registration

Apply now for grants for fall courses. College classes and GED classes; for more information call 638-5852 or 638-5888.

5th City Neighborhood Health Outpost 3350 W. Jackson Hours: Mon., Tues. & Thurs. 9:30 a.m.-4:00 p.m. Fri. 9:30 a.m.-3:00 p.m. Wed. 3:00-7:00 p.m.

for your convenience call for an appointment 638-5852

PARENT POWER

Fifth City Preschool is currently beating many administrative and upkeep costs as parents back up the school with their skills. Doris Taylor and Geneva Morris are volunteer typists, and we have an "ace" painting crew of Robert Hicks, Debra and Pamela Medious, Portia Davis, Ida McClain, and Lonia Simmons. Maria Haynes turned into a book binder and Ida Kelley makes curriculum materials. All talents are needed to do this Preschool, and we would be glad to have you volunteer your time whether you are a parent or not!!!

REGISTRATION

Preschool Fall Registration starts August 15th, and we accept ages 2–5. The Preschool office is located downstairs in Building B at 3449 W. Van Buren, or call the office for an appointment at 722-3444.

TRIP BEGINS AUG 25

Residents of Fifth City have been planning to visit the Eastern United States and Canada during the week of August 25th to September 1st. This year's trip, ann annual event for several years now, will visit seven cities of national and international interest. All community residents and their friends are invited to go. Below is a tentative timetable of the trip. For additional information call Lilly Fox at 722-3444 or Donna Porter at 638-5852, Ext. 7.

DALEY HONORS 5th CITIZEN

Mrs. Mildred Robinson received special Hall of Fame honor from Mayor Richard Daley on May 5. Fifty new members were honored at a special program in the Council Chambers, City Hall. This honor is bestowed on senior citizens who have made significant and continuing contributions to the social and cultural life of Chicago and the metropolitan area. Mrs. Robinson resides at Garfield Park Senior Center and is one of the initial founders of the 5th City project.



JOIN 5th CITY'S ANNUAL TRIP TO 9 CITIES

national news

Day 1

Leave Chicago early travelling to PITTSBURGH, PENN. where we will have an evening to explore either in groups or on your own.

Day 2

Board bus travelling to WASHINGTON, D.C. Stop in LANCASTER, PENN. for a guided tour of Pennsylvania Dutch Country, and a late Amish lunch. After lunch continue travelling to Washington for a restful evening.

Day 3

Board bus for guided tour of WASHINGTON, D.C. In evening we will have dinner with colleagues.

Day 4

Visit some of our Washington Government Officials and Representatives, and possibly have lunch with them. Late afternoon we will travel to PHILADELPHIA for an evening on your own.

Day 5

Board bus for tour of PHILADELPHIA. In early afternoon travel to ATLANTIC CITY where we will tour Ocean City and the Board Walk. Then to NEW YORK CITY for a restful evening.

Day 6

We will have a day long tour of NEW YORK CITY, evening at the theater to see a popular Broadway play. After the show the group will journey to BUFFALO, N.Y. and NIAGARA FALLS.

Day 7

Visit NIAGARA FALLS and have a picnic lunch with colleagues. In the

evening we will have a farewell CELEBRATION in Canada. After dinner we travel to DETROIT and begin the journey home. Arrive in Chicago in early afternoon.

TOTAL COST OF TRIP: \$150 per person Cost includes: insurance for entire trip, double occpancy for hotel accomodations, baggage handling, and hotel tax, theater tickets in New York City, sight-seeing trips, several meals.

Bring a deposit of \$50 to a trip meeting at the Community Center, Tuesday July 29 or Tuesday August 5 at 7:00 p.m. Deadline for total payment is Tuesday, August 12.

Come out and let us know if you are interested. There will be films, posters and other items of interest to trip goers. See you there and bring a friend.



5th CITY VOICE

WEDNESDAY, NOVEMBER 5, 1975

CORNEAS



Hella Silas 1 Warren & Bertha Pinkston

HORIZONS ON DISPLAY

The purpose of the Horizons on Display Program of the American Revolution Bicentennial Administration (ARBA) is to focus on demonstrated solutions to community problems. National recognition will be given to 200 outstanding examples of community achievement from across the nation. Fifth City is one of over a thousand communities that has been nominated as a demonstration community.

Three of the selected Horizons on Display communities will then be selected to represent the United States at the United Nations Habitat Conference on Human Settlement to be held in Vancouver in June, 1976.

super foods open!

A dream of many years is finally a reality. After months of "We'll be open next week" and "Sorry, not for a few more weeks", Fifth City Super Foods opened its doors on Friday, October 24, 1975.

Many hours of volunteer time by 5th City Staff and ICA consultants helped to stock shelves, make advertising flyers, sweep floors and some even helped run the cash registers after the doors were pushed open on Friday.

The world came to Fifth City as a girl from Majuro in the Marshall Islands spent one weekend visiting in Fifth City and spent the time stocking shelves. (Hella Silas is a student at Monmouth College.)

Warren and Bertha Pinkston, the managers of Fifth City Super Foods, cordially invite you to come in and your regular shopping or just come on in and visit with them at the Fifth City Shopping Center, 3355 West Fifth Avenue.



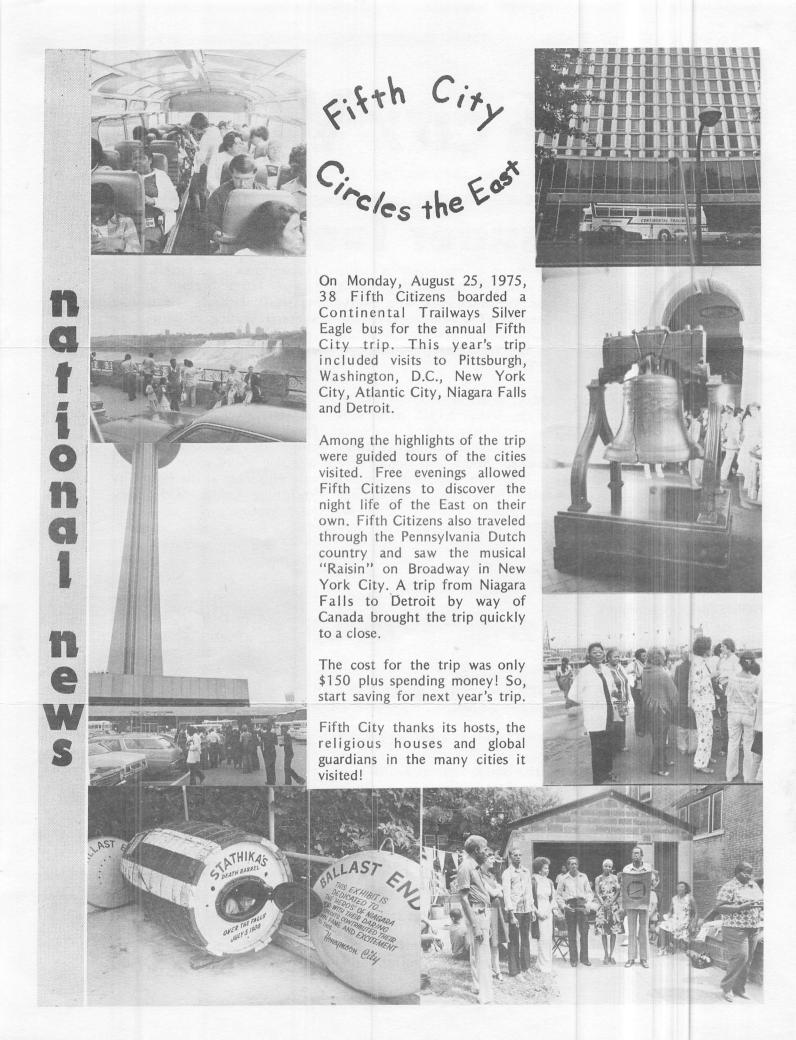


UNITED NATIONS CELEBRATES 30 YEARS

The United Nations was 30 years old Friday, October 24, 1975. During those 30 years, the UN has sheltered the homeless, educated the ignorant, fed the hungry, and dispatched peacekeeping forces to the Sinai desert and Cyprus.

Feeding the hungry, controlling runaway popultaion, developing laws for husbanding the seas' resources, reforming world monetary inequities, eliminating racism and curbing proliferation of arms are jobs that won't get done if the Third World contents itself with throwing flak at the United States. They will be done—if they can be done at all—only if the Third World joins the developed world in the same spirit of unity and hope that prevailed when the UN was created 30 years ago.

-Chicago Sun-Times -October 26, 1975



Fifth City is now making plans to hold a Town Meeting '76 on November 29th.

About 5,000 communities across the nation are planning to hold town meetings, "a time-honored method of solving community problems", during the Bicentennial Year.

The day-long program will be conducted in cooperation with the Institute of Cultural Affairs consultant staff.

The town meeting will be a one-day convention of concerned citizens with the program designed to create practical proposals for the future of the community.

Fifth City residents are urged to participate in helping to plan and conduct the Town Meeting '76 at the November 8th Presidium meeting.



FIFTH CITY INFANT CARE CENTER

The Fifth City Infant Care Center has been a dream for many years. As the renovation of the building moves on, the dream becomes more real every day.

Many companies have donated their services and products to help get the building up to city code for a licensed infant care center. Donations include sinks, fire doors, paint, calssroom clocks, paint brushes and rollers, architectural services and one company has designed the needed fire alarm system for the building. Material for the draperies is also on the way as are cribs and linens.

Many parents have already volunteered their time and energy. Joyce Jordan, Lelia Jones and Margaret Smith have spent many hours painting, helping with paperwork and working on proposals for toys and other needed supplies for the center.

The center will serve infants form the age of 4 months to 2 years and will have a capacity of 24 children. The staff will include a registered nurse and four child care workers, to be hired from the community.

Chicago

At this time the date projected for the opening of the infant care center is December 1, 1975. An "Open House" is also planned for Sunday, November 23, 1975, in conjunction with the community Thanksgiving celebration.

Daley goes to bat for schools

The ongoing political duel between Mayor Daley and Governor Walker flared up again last Thursday evening in a dramatic display of power in the State Capitol. The event came at a time when the major question facing not only the state but the country—at—large, seems to be how to maintain financial support of badly needed public social services, like good schools, while inflation continues to eat away the economic foundations of the nation. Easy answers are no longer available and the activity in Springfield on Thursday night proved that Illinois is no exception to the situation.

The issue at hand centered around Governor Walker's veto of \$81 million of (additional) school aid for the state in 1976. The current state budget allows for \$2 billion in state aid to education. About 25% of this comes to Chicago schools. Walker defended his veto on the grounds that to

continue school aid at the current levels would mean higher taxes next year. Daley contended that higher taxes are unavoidable anyway; and "as long as I'm around I'll raise my voice for the school children of Illinois and especially for the inner—city kids." The vote was 86 to 86—a stalemate, until next month when the issue will be brought up again.

Perhaps it wat the thousands of citizens that turned out to show their support for both sides that made the day an event. The public voice has shown its strength in the past to be a critical factor in hot political issues. Since it is the public that foots the bill, whichever way the decision goes, it was highly appropriate that the citizens of the state turned what would normally be a closed legislative hearing, into a state—wide "town meeting" on a key issue.

In the Fifth City Health Outpost we are concerned with the prevention of diseases, as well as treatment of illness after it has occurred.

Hypertension is a condition in which the blood pressure remains higher than normal. It reflects how hard the heart must work to pump blood to all parts of the body. Hypertension puts a strain on the heart and blood vessels. When it continues for a long time without treatment, it can lead to early heart disease, stroke or kidney disease. By getting a blood pressure test and treatment, if your blood pressure is high, you can lower the risk of having one of there diseases.

It is true that when you exercise, get angry or upset, your blood pressure goes up for a short time, this is normal. In true hypertension, however, the blood pressure remains elevated even if you are relaxed or sleeping. The body cannot tolerate this for long, without bad effects on the heart and blood vessels.

Hypertension is a common condition. It occurs in men more often than in women and in

blacks more often than in non—blacks. It is important to know that there is no way of knowing one has high blood pressure without an exam. Usually there is no warning and no sign that you have high blood pressure. Even headaches and dizziness do not occur unless the blood pressure is dangerously high and these symptoms are usually caused by other conditions and not hypertension.

The cause of hypertension in most cases is not known. Occassionally it is a result of certain kidney diseases or over-secretion of certain hormones. These last conditions can be detected and treatment will often cure the hypertension. However, in most cases of hypertension the patient must remain on medication every day of his life to keep the blood pressure normal. If this is done, he has a good chance to avoid disease of heart and blood vessel, and to have a longer and healthier life.

Most important is having a blood pressure test once a year, and if you have hypertension, stay under a doctor's care and do not let your medication run out.

-Dr. Mark Coleman Fifth City Health Outpost

Along with the opening of the 5th City Shopping Center, Fifth Citizens have been acting to establish a Business Center. The Business Center will serve as a focal point for rebuilding the economic foundations of Fifth City. The Fifth City Men's Service Club has been converting the gymnasium at St. Louis and Van Buren into the Business Center facility, which tentatively will include offices for the development of business improvements, a contractor's association, savings & loan, light industry, community security and job development.

The Men's Service Club has begun directing most of their efforts toward building a community security program. In this program, citizens are being invited to participate as Window Watchers, Block Captains, and mobile patrol operators, in a surveillance effort coordinated with the Chicago Police Department. The Men's Club will be featured on the program "2 on 2" on November 16th, at 10:30 p.m.

For more information as to how you can participate in bringing safe streets to 5th City, call William Glover at VA 6-3432 or George McNeal at 638-5852.

November							December						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		MONDAY		WEDNESDAY	THURSDAY		SATURDAY	SUNDAY 7
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17	18	19	20	21	22	COMMUNITY THANKSGIVING FEAST	22	23	24		26	21	28
24	25	26 PRESCHOOL THANKSGIVING CELEBRATION	類	28	TOWN 76	30	29	30	31	HAP	JEW.	VEAT	2!





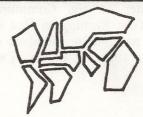
5th CITY VOICE

WEDNESDAY, NOVEMBER 19, 1975

A JUDICIAL GIANT STEPS DOWN

Change is painful. Old ways are comfortable though they be unjust, though they invite stagnation. As Supreme Court justice, William O. Douglas rejected that. Without altering America's principles, he hastened change with rulings to put the nations institutions in step with people's needs.

Yielding Wednesday to illness, Douglas retires as a judicial giant, a justice to match the nation's legal mountains. He helped shape the "Warren Court" and served others brilliantly in dissent.



He toiled. When Chief Justice Warren E. Burger bemoaned overwork and underpay, Douglas pooh—poohed him. Douglas' works make up a fourth of the high court's 400 volumes.

Douglas sometimes erred, yet he came as close as any other justice— closer than most — to grasping what America is all about. He retires knowing that he helped make it so.

—Chicago Sun—Times
November 14, 1975

5th CITY MEANS TOTAL SERVICE TO THE COMMUNITY											
5th	City Board of Man	agers									
	DOLUTICAL										
Education	Symbol	Social	CIVIL RELATIONS Leona Morris 638–5852								
PRE—SCHOOL Rosemary Medious 722—3444 (Bldg. C)	INTER-FAITH RELATIONS R. Lee McMullen 638-5852	YOUTH DEVELOPMENT Jimmy Alexander 638–5852									
SCHOOL SUPPORT Lilly Fox 638–5852	LOCAL ARTS O'Herrow Marshall 638–5852	SOCIAL SERVICES Bobby Collins 638–5852	SAFE STREETS George McNeal 638–5852								
ADULT EDUCATION Karen Eames 638-5888	COMMUNITY IDENTITY Ella Beasley 638–5852	COMMUNITY DEVELOPMENT Florizell H. Foy 638–5852	PERSONNEL Peggy Davis 638–5852								
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SecretaryGeorge McNeal Treasurer Karen Eames

Mother's Best Soul Kitchen
Pre—Thanksgiving Talent Show and Style Revue
3350 W. Jackson
Tom Washington Hall
9:00 p.m. until?
Prizes, Bar & Table Service
Battle of the D.J's
Advanced Tickets — \$2.50
At the Door — \$3.00

For more information contact Leona Morris or Jimmy Alexander at the Community Center, 638–5852. The Tom Washington Hall is now in the process of being painted by members of the Fifth City staff in preparation for the many events of the holiday season.

Preschool Spooks Celebrate Halloween

On Friday, October 31st, the Fifth City Preschool celebrated Halloween with a gala all—school celebration. Parent planning was the key for this celebration. On Thursday evening preschool parents gathered for a work night to make popcorn balls and caramel apples for the children. Mrs. Narvell Johnson and Mrs. Betty Veal were in charge of the plans for the celebration and were able to get candy donated from various businesses in the neighborhood.

The celebration began with the traditional parade around the block and all of the children were showing off their costumes and masks. Back at Building C there were games with prizes planned by the parents. In all, seventy—one happy children left preschool that day with their bags of candy and goodies to end a great celebration.

INFANT CARE CENTER OPEN HOUSE! November 23, 1975

FOLLOWING THE FEAST

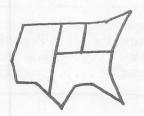
IF YOU HAVE

HIGH CHAIR
STROLLER
WALKER
BABY TOYS
CRIB SHEETS
CRIB BLANKETS

WHICH YOU WOULD LIKE TO DONATE OR WOULD LIKE MORE INFORMATION

CALL ROSEMARY ALBRIGHT OR RUTH CARTER AT 722-3444









FIFTH CITY

CELEBRATES

THE LIFE AND DEATH of

LARNEY LOUIS JOHNSON

FIFTH CITIZEN

One of the first IRON MEN

February 25, 1897 to November 10, 1975

5th CITY/ WESTSIDE Town Meeting

On Saturday, November 29th, residents of Fifth City and the entire West Side of Chicago will gather at the Garfield Community Service Center at 10 So. Kedzie for a Town Meeting.

The day will begin at 9:00 with registration, rolls and coffee and end at 5:00 at the end of the final reporting session. The day will be filled with workshops naming the challenges that face the west side and creating proposals for dealing with the challenges. One group of the participants will also write the story and the song which tell what the west side is all about. Around lunch will be more time for getting acquainted with our neighbors and also time for entertainment.

Plan on coming to the town meeting and getting out your ideas for the growth and development of the west side.

Saturday, November 29th 10 So. Kedzie 9:00 a.m. – 5:00 p.m.

THANKSGIVING FEAST

On November 23, 1975, 5th Citizens will gather at Tom Washington Hall in the Community Center, 3350 W. Jackson, at 2:00 p.m. for a Thanksgiving Feast to celebrate life in Fifth City.

There will be a mouth—watering feast of salads, vegetables, sweet potatoes, cranberry sauce and, of course, the guests of honor, THE TURKEYS!!!

So there will be enough for everyone to eat, families in each stake are being asked to bring a dish, enough to serve your family plus one more. If you live within one of the areas marked I, II, III, IV, V, A, B, C, D, E, bring the following dishes:

I/A — salads

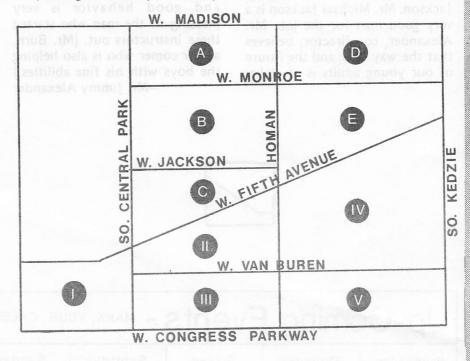
II/B - vegetables

III/C - bread, potatoes, rice, relishes, sauces

IV/D — meats (other than Turkey) paper products (plates, cups, napkins)

V/C - desserts

If you ar coming please phone Donna Pride at the switchboard of the Community Center, 638-5852, so we can know how many people to expect and set up for.



Happy Thanksquing

YOUNG ADULT LEAGUE

Y.A.L. has added quantity along with quality. The Young Adults Junior and Senior Basketball teams, Boxers, Karate and Kung—Fu are being well trained by qualified instructors.

Miss Brenda Harris has come up with a cracker—jack all—girl basketball team who really can produce for 5th City this year. The Ruling Planets [singing group] are going for a try—out performance Wednesday.

Mrs. Wanda Lee is doing a swell job with the help of Mr. Michael Jackson. Mr. Michael Jackson is a very good man for the job. Mr. Alexander, co—director, believes that the way it is, and the future of our young adults is at stake,

we must teach them how they must decide which road to take. Every young man and young lady is someone special to them and they want to make everybody somebody.

Mr. Hicks and Mr. Montgomery have been a tremendous help in putting everything together. Their Judo, Karate and Kung—Fu class is definitely going places soon.

The difference in all of these Young Adults has been plainly shown. Their manners, respect and good behavior is very pleasing to the man who started these instructors out. (Mr. Burn, a new comer who is also helping the boys with his fine abilities.)

—Mr. Jimmy Alexander

NO MORE EASY PREY

Fellow Fifth Citizens, the holiday season is upon us once again. There will be many celebrations, and fun times, as we all anticipate. There is another side to the holiday season, a not so bright side, the side of crime. Crime always goes up during this season.

Many apartments will be burglarized and men and women stuck up right here on our streets. Fifth City Men's Club has initiated a local Community Watch program. There are three components to it:

1-Window Watchers 2-Block Captains 3-Citizen's Band Patrols

If you want our streets safe then YOU! must participate in fighting crime. We meet every Monday night at 3451 W. Van Buren at 7:00 to organize the Community Watch program. Call me or visit with me to find out more.

-George McNeal 638-5852 -Mr. Glover VA6-3432 -Mr. Sissac 722-0839



Up-Coming Events - MARK YOUR CALENDAR NOW !

