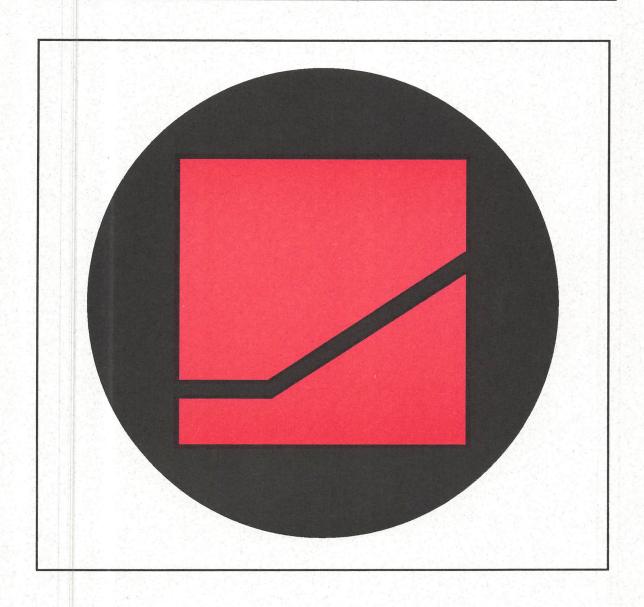
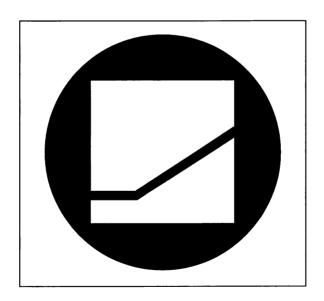
Fifth City: Chicago A Community in Motion





OUR FOURTH DECADE OF SERVICE TO CHICAGO'S WEST SIDE



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A Message from the Executive Director

The Fifth City heritage lives on! We are approaching our 4th decade of community service here in the East Garfield Park area. I am pleased to introduce this brochure, which highlights programs and activities at Fifth City.

During the past three decades, we've met many friends that have helped us develop our goals by participatory involvement. We have shared information with public agencies, developed successful programs in our area, provided training and employment for our residents. The citizens of Fifth City used their resurgent spirits to keep them motivated when faced with adversity. During times of adverse encounters, our friends provided valuable knowledge and advice that enabled us to reach critical decisions.

A Community in Reformation is an attempt by the citizens to improve their conditions. Fifth Citizens are committed to reforming the Fifth City area and reaching beyond in the fourth decade. Community groups are forming coalitions to take advantage of the many plans being designed city-wide for industrial land use, economic development, commercial revitalization and real estate development. Fifth City's goal is to be sure that it is included in the process.

Our present programs provide educational and cultural enrichment for youth, adults and seniors. The Neighborhood Residence Association and the Board of Directors join forces in providing the citizens opportunities to plan and make decisions in the developing process.

We at Fifth City are excited about continuing the tradition so firmly established here. Please join us!

Lela Moseley Executive Director



Lela Moseley (left) shown with Minnie Dunlap, Program Director

WHAT IS FIFTH CITY?

Fifth City is a non-profit community organization located in the heart of Chicago's West side. Since its inception in 1963, Fifth City has been committed to improving the economic and social vitality of its community. Through its efforts over the years, Fifth City has proven that a better way of life can be realized for its citizens, despite the devastation and decay of the inner city.

Fifth City's grassroots approach to community development has had spectacular results including:

- 144 rehabbed apartment units
- a new shopping mall
- job training programs
- preschool
- youth activities
- adult education
- elder care programs
- regular community-wide events (festivals and special tours)

Of course, there have been significant barriers to progress along the way. Unemployment, breakdown of the family, drugs, crime, gangs, and many other problems plague the inner city today more than ever. Feelings of helplessness and hopelessness are predominant in the lives of many citizens. It is for this reason that Fifth City is committed to striving on, recognizing those problems and conquering them. Today, Fifth City is a sign of hope for community development.

OUR MISSION

Fifth City's mission is to help individuals discover their own sense of uniqueness and self-worth, providing an opportunity for growth into a fulfilled, enriched life.

How does Fifth City achieve this mission? The answer lies in the hearts of Fifth Citizens. Through the creation of programs, activities and strategies that speak directly to enrichment of the individual, a sense of community awareness is developed. This results in a growing body of individuals committed to improving the lives of its fellow citizens. Development of the individual <u>and</u> development of the community go hand in hand.

WHAT DOES FIFTH CITY MEAN?

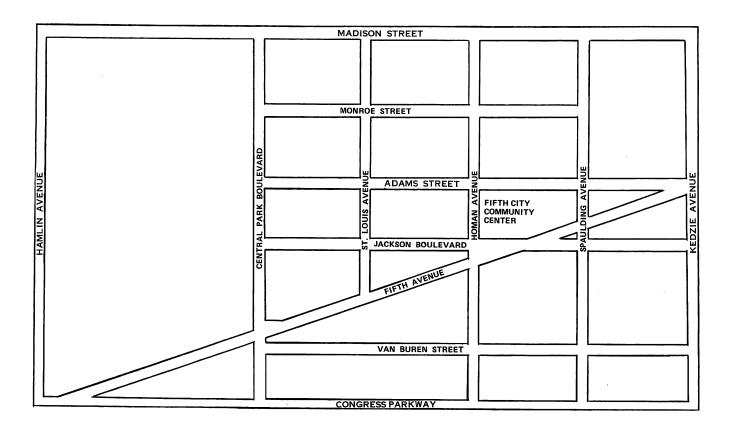
There are four socio-geographic "cities" that make up the modern urban complex. They are,

- 1. Downtown
- 2. Cultural areas (city neighborhoods)
- Suburbs
- 4. Exurbia (outlying suburbs)
- 5. Fifth City "Decisional City"

Fifth City is a unique community, based not on geography but on the decisions of its citizens. It is a "Fifth City," built to bring hope and renewal to cities everywhere.

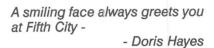
WHERE IS FIFTH CITY?

Fifth City is a 40 square block area in the East Garfield Park area on Chicago's West side.



PROGRAMS

Fifth City provides educational programs that serve all ages - from preschool for youngsters to nutrition instruction for the elderly. Fifth City has touched many lives in so many ways - counseling a teenager, teaching an adult how to read, providing a nutritious meal to an elderly person. Fifth City is all about touching people's lives - individually. That's how a community comes together.







Children patiently waiting for the "MOON WALK" at Annual Summer Festival

YOUTH

Growing up in today's inner city is tough. Gangs, drugs, poor education, and unemployment are a way of life. Social pressure to conform is intense for a developing teen. Many head down a path of self-destruction.

Along with providing recreational activities, Fifth City continues to have a positive impact on young lives, teaching self-respect, responsibility, individuality and self-motivation.



Trip to St. Norbert's College DePere, Wisconsin



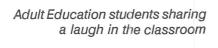
The Chicago Bulls aren't the only game in town

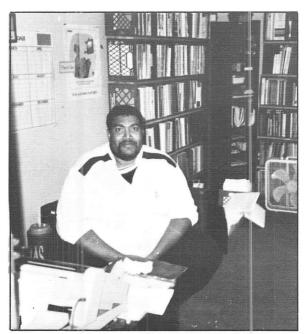
ADULTS

Trying to raise a family and pay the bills in an economically-declining neighborhood can erode the human spirit. Lack of employment opportunities and education leave many people in desperate hopelessness and poverty.

Fifth City's Adult Education Programs motivate adults for self-improvement and greater self-esteem. Classes are provided for acquiring basic skills (reading, writing, arithmetic, computer literacy) and preparing for the GED (high school diploma). Job counseling and placement is also provided.

Social activities bring neighborhood residents together. Many lasting friendships start at Fifth City.







Our fearless leader John Simmons -Director of Adult Education

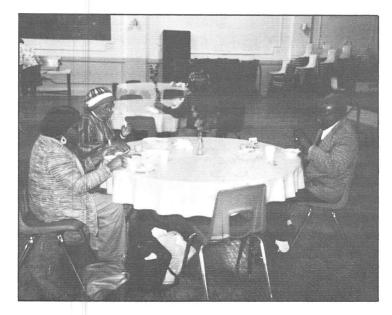
ELDERS

The "golden years" of retirement can be tarnished with difficulty for many elders in today's inner city. Issues such as health care, housing, family support, and poverty are magnified for this group.

Fifth City provides critical needs for elders such as nutrition workshops, health screening, food delivery, daily meals, and safety seminars. Elders can also take advantage of recreational activities like field trips, country-wide tours, arts and crafts and Bible studies.



All set to take on a Chicago favorite - Winter



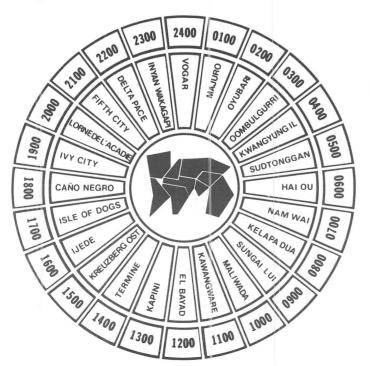
UMM UMM GOOD! Daily Senior Lunch

PRINCIPLES OF EFFECTIVE SOCIAL DEVELOPMENT

Fifth City's directors have defined five key principles, implemented at Fifth City and applied around the world.

- 1. Operate within clearly-delimited geography
 In order to produce visible results and create community identity, it is necessary to focus renewal efforts on a specifically-defined geographic area.
- 2. **Deal with all the issues**The problems within a community are interrelated and must therefore be solved simultaneously. Issues as varied as unemployment, poor schools, lack of services, and drug problems need to all be addressed and dealt with.
- 3. **Involve all the people**By involving all the people of a community, young and old, a consensus on future directions can be created.
- 4. Address the depth human issue

 By confronting the "depth human issue" of the individual, a community is released to see the possibilities of growth and prosperity, previously considered impossible. In Fifth City, the depth human issue to confront is the "victim-image" which fosters self-depreciation and lack of self-confidence.
- 5. Create key community symbols
 Communities need reminders of the self-identity that has been created from decisions made by its citizens. In Fifth City, the Iron Man is a symbol of the commitment of human development.



Communities Worldwide Where Fifth City Social Development Principles Have Been Applied

FIFTH CITY'S VISION FOR THE FUTURE

Fifth City has made significant strides in community development. However, barriers such as geographical partitioning, political exclusion, and socio-economic displacement limits opportunities for progress.

The future of the people of the West side depends on cooperative utilization of resources. For Fifth City, that means partnerships with other organizations. A team united in purpose can achieve far more than its individual members alone. With each organization specializing in specific services and offering them to the entire community, a comprehensive and dynamic spectrum of services is created.

Fifth City's mission demonstrates a linkage between enrichment of the individual and community progress. Fifth City believes that 1) expansion of services and programs, and 2) partnerships with other organizations, will aid in fulfilling its mission to neighborhood residents and the community as a whole.



