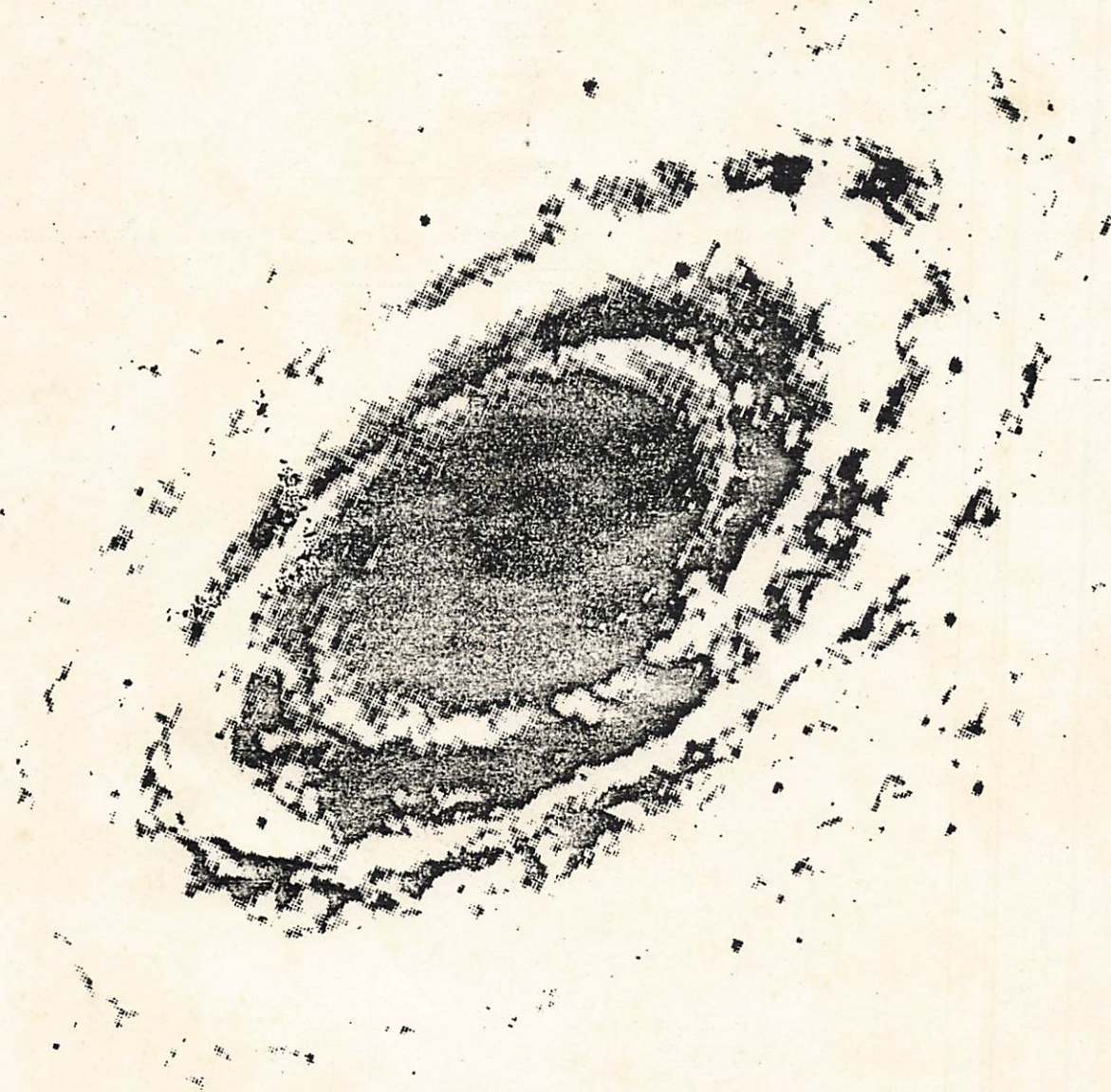


# **The Planetary Connection**

## **The New Vision of Reality**



**July 5-21, 1985**

**Sponsored by Institute of Cultural Affairs**

**4750 North Sheridan Road  
Chicago, Illinois 60640**

STANDARD DAILY TIME DESIGN  
The Planetary Connection

6:00 AM Wake-up

6:30 The Mythic Journey  
Myths, exercises,  
dance and drama

Break

8:00 Breakfast Buffet on the Mezzanine

9:00 First Session of the Day

12:30 PM Luncheon Buffet on the Mezzanine

2:00 Second Session of the Day

5:00 Break

6:00 Dinner Buffet on the Mezzanine

Variations from the Daily Time Design:

1. Jean Houston seminar continues with a Saturday evening session.
2. Special conference celebrations are planned for Monday July 8, Saturday July 13 and Saturday July 20 in the evenings.
3. Dr. Larry Dossey, the July 9th presenter in "Wellness and the Whole Person," will present a special evening event for the public on the 9th.
4. July 13th is a special day, details to be announced.
5. Separate time designs for the residential retreats July 14-16 will be made available when they begin.



Jean Houston, Ph.D., is a widely acclaimed pioneer in work as a behavioral scientist, emphasizing latent human capacities. She is the author or co-author of a number of books and numerous papers and articles detailing her various findings. The most recent of these are THE POSSIBLE HUMAN and LIFE FORCE: THE PSYCHOHISTORICAL RECOVERY OF THE SELF. Other books have included LISTENING TO THE BODY, concerning neural and psychophysical re-education; MIND GAMES, a ground-braking work about application of altered states of consciousness in education; and PSYCHEDELIC ART, books detailing findings from her earlier studies of psychoactive drugs and the creative process in the arts. These other books were co-authored with her husband, Dr. Robert Masters, with whom she also co-directs the Foundation for Mind Research. For six years Dr. Houston was protege and close personal friend of the late Margaret Meade and is presently writing a book about the anthropologist. She is editor of the Dromenon Journal, and has taught on the faculties of Philosophy, Psychology and Religion at Columbia University, Hunter College, The New School for Social Research, Marymount College and the University of California. She was recently Visiting Distinguished Scholar at the University of Oklahoma and is past-president of the Association for Humanistic Psychology.

An extraordinarily effective speaker, Dr. Houston regularly keynotes conventions and other meetings. She has taught myth and sacred psychologies on site in such places as Egypt and Greece, and has lectured and conducted workshops in European countries as well as in Canada and throughout the United States.

#### THE FOCUS OF THE WORKSHOP

This workshop is built around the story of The Wizard of Oz. The writer of the book using the vehicle of a "children's fairy tale" developed a powerful myth for modern times that appeals and addresses every person. The myth is not cast in a quest for possessions, power or glory, but rather the characters seek knowledge, courage, heart, or perhaps more profoundly the way back home. Seeing the power of this myth/fairy tale one writer pointed out: "To lose your love of fairy tales is almost as terrible as to lose your sense of religion. Indeed, at bottom, it is very much the same thing, for religion and fairy love alike spring from a sense of reverence and a sense of wonder in the face of the unexplored and unexplained mystery of life"

In this workshop we will investigate and experience the transformational mystery underlying the story of The Wizard of Oz. The content as it is presented is relevant to all who are involved in human growth and deepening. We will be moved to experience a Western mythos of the eternal drama of the soul in a way that is as profound as it is evolutionary.

A few of the arenas in which you will be working are:

- \* creativity as a way of life
- \* advanced work in psycho-physical reintegration
- \* modes of enhancing concentration and freedom from distraction
- \* myth and ritual as sources of renewed energy and vision

THE NEW PARADIGM: THE CONSCIOUSNESS REVOLUTION  
AND SOCIAL TRANSFORMATION July 8



Dr. Willis Harman is the president of the Institute of Noetic Sciences and has been a social scientist for 16 years with SRI International in the areas of futures research, policy analysis, and strategic planning.

He is also a Professor in Engineering-Economic Systems at Stanford University and a member of the Board of Regents at University of California.

Dr. Harman has authored AN INCOMPLETE GUIDE TO THE FUTURE (W.W. Norton, 1979) and has co-authored two others - CHANGING IMAGES OF MAN (Pergamon, 1982) and HIGHER CREATIVITY (J.P. Tarcher, 1984).

THE FOCUS OF THE DAY

Dr. Harman's presentation will include both formal talks and small workshop groups dealing with the present times, the real power of people of today, and a series of "what if" games in and to the future.

On the TIMES, such questions as "where is the world going?" and "what is the role people and groups must play?" will be explored. This will set the stage for looking at the Real Power of people today and exploring such issues as the power to challenge cultural norms and the power of deep mind or universal mind to change anything it wants to. The "what if" games will allow the coherence to wrestle with the question, "In this picture of the world, what does it make sense for networks to do?"

"PSYCHOSYNTHESIS PRINCIPLES & METHODS FOR DEVELOPING WHOLENESS IN INDIVIDUALS & SOCIETY"

JULY 9 - 12



Dr. Edith R. Stauffer is the Director of Psychosynthesis International, an educational institution which provides Psychosynthesis training for professionals living in remote areas of the world. She was the Director of the Psychosynthesis Training Center for High Point Foundation in Pasadena, California for eighteen years.

She has led workshops and training seminars in various places in the United States, Canada, Denmark, Germany and Holland, Italy, Japan, Korea, New Zealand, and Australia, and has conducted a workshop on the subject of Psychosynthesis, a Method of Healing Cancer and other Life Threatening Diseases and a seminar on Preparation for Death and Dying to a group of doctors, nurses, ministers and social workers.

THE FOCUS OF THE WORKSHOP

Day 1 Session: Introduction to Psychosynthesis/ How Psychosynthesis developed. The personal self and subselves or subpersonalities. How these sub parts developed because of unmet needs. How to meet these needs now. How to integrate the energy of the conflicting parts into the self for use toward wholeness. The development of the will. Directing the will to work for us instead of against us.

Day 2 Session: Belief Systems and Attitudes and How they Determine our Life/ How the mind functions to carry out our goals and how they are related to beliefs. Changing beliefs that no longer serve us by use of the will to change neural structures in the brain.

Day 3 Session: Establishing Attitudes, Goals and Relationships that Empower Us/ The attitude of Humility; the attitude of Unconditional Love; the Law of Forgiveness; and forgiving others and ourselves.

Day 4 Session: Spiritual Attunement/ Discovering and developing the intuition. Using the intuition for direction and guidance. Meditation -- various kinds for holding life giving attitudes. Discovering our purpose for being on the earth at this time. Making use of our potentials to fulfill our purpose. The future belongs to us (which includes a ritual).

## THE CREATIVE PROCESS, "A LEARNABLE SKILL

July 9-12



Toni Nixon, Ed.D., is the Director of the Institute for Human Evolution - a non-profit corporate affiliate of DMA, Inc.

Dr. Nixon has been a psychotherapist for 15 years obtaining a Doctorate in Educational Psychology in 1981 from Boston University. She also has extensive experience in health care management and administration both in the public and private sectors.

The Institute is currently developing educational programs to teach adolescents how to identify and achieve life goals and develop their leadership ability. Other areas in which the IHE are involved include Third World development and creating a new approach to psychotherapy using structural principles.

### THE FOCUS OF THE WORKSHOP

This workshop is a distillation of the DMA Basic Course created by Robert Fritz.

During the four days, participants will learn to make choices which will most effectively support the achievement of their life goals and create the momentum to achieve these goals. Participants will make choices which are consistent with their own deepest desires and then explore an attitude or orientation in which the power to create what is desired comes to lie within the being and not in those external circumstances which may seem to oppose what is desired. As this is done, the ability to more directly manifest the choices made will be developed.

The participants will learn powerful working concepts for working with consciousness and developing practical and applied creativity. Mastery of the creative cycle will be presented as a three-stage process: germination, assimilation, and completion. Using this model, participants will learn to choose more of what they want in their lives, establish patterns of success and momentum toward their goals, and acknowledge results they have completed. Another effective tool will be developed for creating by learning to differentiate primary and secondary choices.

Participants will learn alternatives to limiting assumptions, beliefs and investments in particular ways of attempting to reach goals, and to recognize strategic moments when energy can be redirected from seeming failure toward creating further momentum in the direction of one's long-term goals.

Throughout the workshop, participants will learn techniques for focus, balance and relaxation which are specifically designed to aid in the creative process. Finally, each participant will learn to act more naturally and directly in accord with his or her own true nature and purpose on the planet.

WELLNESS AND THE WHOLE PERSON July 10-12



Lawrence Cohen, M.D., is a faculty member of the Himalayan Institute's Program in Eastern Studies and Comparative Psychology. He received his M.D. degree in 1975 from Southwestern Medical School in Dallas, Texas. After completing his first year of residency in psychiatry at the University of Arizona, he engaged in Family Practice with American Indians. Dr. Cohen is presently on the staff at the Himalayan Institute Branch Center and the independent medical service Center for Holistic Medicine, both located in Glenview, Illinois.



Jerry Gore, M.D., has his private practice of holistic medicine and psychiatry in Evanston, Illinois, and consults to clinics in the Chicago area, including the Center for Holistic Medicine, in Glenview. He received his M.D. from the University of Illinois Medical School and completed his postgraduate training in psychiatry at Northwestern University. Dr. Gore completed a four-year training program at the Gestalt Institute of Chicago. He has served on the faculty of the Northwestern University Medical School Department of Psychiatry.

THE FOCUS OF THE WORKSHOP

WELLNESS AND THE WHOLE PERSON is a special seminar designed by the Himalayan Institute for the "Planetary Connection". A variety of topics will be covered dealing with Eastern and Western approaches to total person wellness.

Day 1 Session:\*Self Awareness, Growth and Maintenance of Change: Lecture and Practicum introducing major concepts to be explored during the three day presentation.

\*The Cultivation of Health in Everyday Living: Lecture and Practicum exploring a concept of health and healing and application to everyday activities.

Day 2 Session:\*Diet and Nutrition: A look at digestion, proteins, carbohydrates, fats, vitamins and the pros and cons of vegetarianism.

\*Food and Consciousness: Exploration of the relationship of eating patterns, qualities of food, effects of specific foods on one's state of being.

Day 3 Session:\*Movement: Inner and Outer Exercises: Lecture and Practicum in seeing movement as an avenue to health - psychologically and physically.

\*The Development of Clarity and One's Purpose in Life: With a sound body and calm mind one is able to understand and use the daily events in life to develop, focus, perceive clearly, and express one's unique purpose.



Hakuju Taizan Maezumi Roshi is one of the most accessible and effective Zen masters in America today. He devotes his time and energy to his various functions as President and Abbot of Zen Center of Los Angeles and Zen Mountain Center in Southern California as well as to the affiliate groups in New York, Oregon, Arizona and Europe.

Born in his father's temple in Otawara, Japan in 1931, Maezumi Roshi was ordained a Soto monk at the age of eleven and after receiving degrees in Oriental literature and philosophy from Komazawa University, studied at Sojiji, one of the two main Soto monasteries in Japan. In 1956 he came to the United States. Ten years later he founded the Zen Center of Los Angeles and began receiving students.

Maezumi Roshi has completed koan study and received inka (approval as a teacher) from both Koryu Osaka Roshi and Hakuun Yasutani Roshi, thus becoming Dharma successor to two major lines of Rinzai Zen. Dharma successor also to his father, Hakuju Kuroda Roshi, Maezumi Roshi is unique in having received Dharma transmission within both the Soto and Rinzai traditions.

#### THE FOCUS OF THE RETREAT

ZEN SESSHIN is an intensive "zazen" (sitting in meditation) practice retreat. Sesshin--if we understand the original implications of the word "sesshin" we will have a fairly good idea of what it means. It consists of two Chinese ideograms, setsu and shin. Shin is the "mind" and setsu literally means "to join or to fix together." To fix the mind together. It really means "to touch", "to connect". It also means "to receive", "to transmit", and "to continue." Setsu and shin. That is to join or connect the mind. Or to receive, transmit, or maintain the mind.

The retreat involves a rhythm of sitting, walking and eating meditations. There will also be some opportunity for chanting some of the sutras of the Buddhist tradition. Sesshin practice does not end at the end of the day--it is a 24-hour practice that involves every aspect of our living. Therefore, sleeping and rest times are part of sesshin. The clothes one wears is part of sesshin. The fundamental principle of sesshin is the realization and actualization of harmony. It is a chance to really concentrate, to realize who we really are.

Maezumi Roshi will be assisted at the workshop by Susan Myoyu Palmer:

## TAICHI RETREAT

Master Liao Waysun is a trainer of TaiChi masters. He is the director of the TaiChi Tao Center in Chicago. The TaiChi Tao Center is nationally recognized as an important training center in the ancient art of TaiChi meditation. The TaiChi Tao Center is a training school for trainers from across the United States and Canada. Master Liao Waysun has been teaching TaiChi in the United States for sixteen years. He originally studied TaiChi in Japan. Master Liao will be assisted in the retreat by two trainers from the TaiChi Tao Center.

### FOCUS OF THE RETREAT

The TAICHI RETREAT is a time for learning and practicing the ancient art of movement meditation through which one may achieve total harmony with the natural laws of the universe. Being in total harmony with nature, the TaiChi person is capable of using the universal energy. Because of this capacity, the Chinese named the art TaiChi Chuan, which translated means the grand ultimate fist. TaiChi is an art which can be applied to one's daily life and need not be left in the classroom.

The TaiChi Retreat includes total relaxation procedures, meditation practice, TaiChi movement exercises and contextual talks. The daily time flow includes early morning study of TaiChi classics as a preparation for the day. Each day will involve three periods of formal instruction which will include both total group and individual work with master teachers of TaiChi.



Sister Joyce Kemp is a member of the Order of the Cenacle. She had been with the Cenacle Retreat House since 1983 where she has been serving as a staff member.

Trained in religious education, her major interest has been in conducting retreats and providing spiritual direction. She has been a consultant for Dialogue House for the past four years as an authorized teacher of the Progoff Intensive Journal workshop "Life Context" course.

#### THE FOCUS OF THE WORKSHOP

The Intensive Journal program is for people who want to find a more meaningful way of living by providing them with a method whereby they can establish continuing contact with the creative principle of life, through bringing new power into their experience and expanding their capabilities of awareness and functioning.

The Life Context Workshop is the beginning of the process. It builds a perspective of your full life history in a non-analytical and non-judgmental way and teaches the basic techniques for using The Intensive Journal Workbook.

The Intensive Journal Workbook is a unique personal tool structured in such a way as to make it an active instrument, not simply a passive recording instrument like a diary. The interplay of exercises and techniques that have been developed for its use builds a movement within persons that propels them forward in their outer life. The Intensive Journal workbook thus enables persons progressively to restructure their life goals at their own tempo and in their own terms.



Swami Radhananda is the director of Shambhala House Toronto, a yogic teaching center dedicated to the application of spiritual teachings in daily life. It was founded in 1983 by the renowned yogic author and teacher, Swami Sivananda Radha. Shambhala, a Tibetan Buddhist name, refers to the kingdom of inner happiness that is discovered when we live in harmony with Divine Light. Swami Radhananda has been a student of Swami Sivananda Radha since 1974, and was initiated into Sanyas, a lifetime commitment to spiritual goals, renunciation and selfless service, in 1981. She holds an Advanced Yoga Teachers Certificate from the Yasodhara Ashram in B.C. and a degree in Fine Arts from York University. In addition to her years of training with Swami Radha, she has studies in India with leading yoga teachers B.K.S. Iyengar and Indira Devi.

#### THE FOCUS OF THE RETREAT

The retreat will begin with an introductory lecture, giving people the background of the yogic path, and an overview of the specific aspects of the tradition that will be explored during the retreat. Included in the talk will be a brief introduction to Mantra Yoga, Hatha Yoga, Karma Yoga, Bhakti Yoga and Jnana Yoga -- and the integration of all of these aspects to practice "Yoga".

There will be creative movement sessions followed by a talk on the importance of reflection and practical instruction of how to keep a Spiritual Diary. Participants will participate in a yogic practice called a "mind watch", and then write down their experience. There will also be a short talk on the role of formal worship ritual in the context of Bhakti Yoga.

Following an introductory lecture on Dreams and the Unconscious, Swami Radhananda will give practical instruction on how to begin dream work and its role in integrated development. If time permits, this will be followed by a participatory session on Guided Imagery (creating a common dream experience to understand the individual's unique response).

The talk on Karma Yoga will include the role of service in spiritual life, and the necessity for the balance between formal spiritual disciplines and selfless service.

## AN INTERNATIONAL PERSPECTIVE ON EDUCATION

Dr. Dee Dickinson is vice-president of the International Association of Accelerative Learning. She offers teaching and learning strategies for use at all age levels and in all settings, based on current brain/ mind/ body research.

Dr. Dickinson is coordinator of New Horizons for Learning, based in Seattle. It is an international human resource network created to communicate an expanded vision of education. The network focuses on increasing awareness of human capacities and offering effective methods to develop these capabilities.

Ms. Linda MacRae is founder and director of Pegasus School located in Washington State. Pegasus offers visions of education that combine science and spirit. They employ basic compatible teaching with dialogues, and see education as spiritual journey. Pegasus is an expansive educational system beginning with the prenatal through adults using workshops which stress self-transformation. Pegasus has a prototypical teacher-training and certificate program. At present Ms. MacRae is in the process of working on a book entitled Blue Print for Class Room Instruction. In addition, she is developing a model school in Rio de Janeiro and creating other paradigms of education.

### THE FOCUS OF THE WORKSHOP

THE INTERNATIONAL PERSPECTIVE ON EDUCATION draws on the most current information available from the cognitive sciences and looks at ways to apply that information so all can learn more effectively at every age and ability level.

Day 1 and 2 emphasis will be placed on how to use individual strength in complementary ways, and how to help people learn through their own strengths. Woven into the workshop are the experiential processes available in education today. Day 3 will deal with a new model of education. The focus will be on a model of education that incorporates prenatal through adult learning. A new international methodology engaging many human capacities will be explored and demonstrated. Education will also be viewed as a spiritual process that nurtures the unfoldment and creative experience of the self. Participants will actively engage in many spiritual processes and will envision futuristic education realities.

"THE NEXT LANGUAGE OF BUSINESS" July 17-19



Wilford A. Lewis, President of Wilford Lewis Incorporated, assists major organizations in the translation requirements of the emerging Information Age, New York; UniDynamics Corporation, Connecticut; and Pacific Telesis, California.

His forthcoming book, THE NEXT LANGUAGE OF BUSINESS, provides a necessary perspective and vocabulary for effective management as emphasis shifts from money to brainpower and products to ideas.

Lewis formed the consulting company in 1978 after twenty-five years of management experience in the U.S. Navy, International Paper Company and General Electric. The corporation is associated with the Tarrytown Group. Mr. Lewis served as acting chairman of Tarrytown during the present chairman's leave of absence to write a book.

Madeleine M. Schroeder, is the director of Communications Programs of Wilford Lewis Incorporated. Current clients include AT&T, Homequity, Women's World Banking and Bell Labs.

An artist and storyteller, she conducts communication workshops, helping people along the path toward whole life, combining personal aspirations with their work. Her emphasis is on the power of the symbolic language.

Her consulting work has grown out of personal experience in education through the expressive arts at The Learning Community and Presbyterian Institute in New York City.

THE FOCUS OF THE WORKSHOP

Day 1 Sessions:

- The challenging role of the Communication Age Manager
- Conceptual space and the levels of empowerment
- Shared vision and shared language

Day 2 Sessions:

- The human mind and how to engage it
- Integration and application of mind accessories
- Individual connections and corporate growth

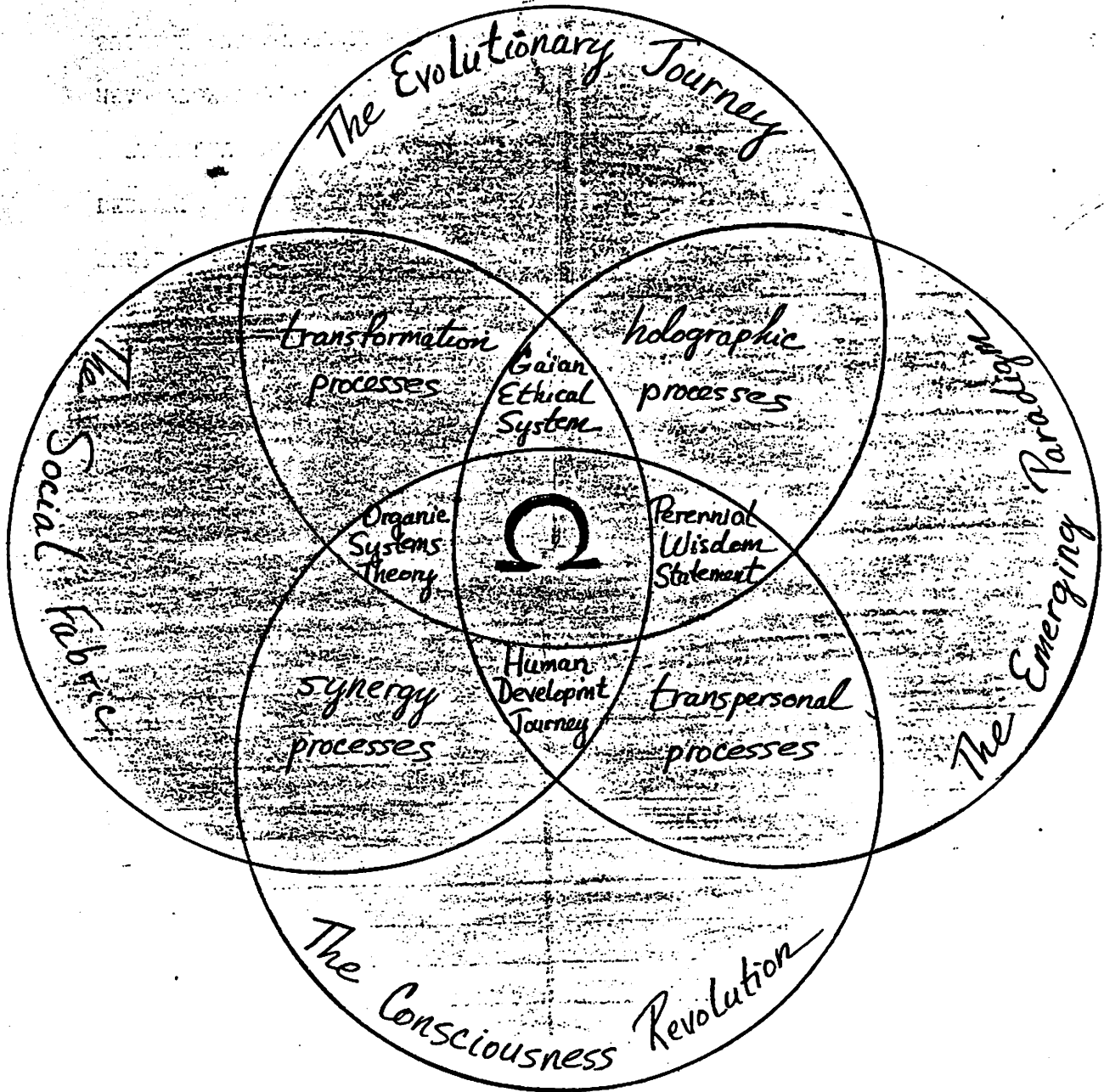
Day 3 Sessions:

- Information, entropy, and mental energy
- High performance management



(September 1985)  
RI/FT

# Toward a Theoretical Framework: The New Vision of Reality



Exercise: Working with Barbara Hubbard's new book, Manual for Co-Creators of the Quantum Leap. This manual is a total process for getting in touch with your own resonating core and then moving outward to care for society. Some of the language must be transparentized a bit and some adaptation for our use is needed (given that she is presupposing the desire to form a core of people who are concerned about the world), but her approach is very important and quite useful as a new way of coming at formation.

### TRANSFORMATION PROCESSES

The Aquarian Conspiracy by Marilyn Ferguson (chapter 3 & 4). Chapter 3 discusses how our brains and minds are changing as a result of living in these times. Chapter 4 discusses the transformative experience through the dynamical stages of transformation and grounding this in discoveries people are making as transformation unfolds in their lives. Although she is discussing the individual here, you might flip it to discuss society using her categories and insights.

### GAIAN ETHICAL SYSTEM

Person/Planet by Theodore Rozak (chapter 2). Here Rozak suggests that in asserting the human scale in all dimensions of our lives we nurture the earth--"Mother Gaia" from which we in turn are nurtured. He makes statements here very much like what might appear in a "Bill of Rights for the Planet." One could also review The Global Brain and Russell's dealing with the implications of the Gaia hypothesis for our lives. Also in the anthology is an article by James Lovelock from his book Gaia: A New Look at Life on Earth.

### PERENNIAL WISDOM STATEMENT

The Perennial Philosophy by Aldous Huxley (Chapter 2). In the introduction Huxley states "Philosophia Perennis (not the phrase) but the thing--the metaphysic that recognizes a divine Reality substantial to the world of things and lives and minds; the psychology that finds in the soul something similar to, or even identical with divine Reality; the ethic that places man's final end in the knowledge of the immanent and transcendent Ground of all being--the thing is immemorial and universal." The book is fundamentally an anthology of statements that range from traditional love of primitive people to all the higher religions. Huxley has pulled these together in themes and discusses what is being articulated. Chapter 2 is entitled "The Nature of the Ground" and discusses the Final Reality or Ground of Being with which one can find kinship in one's own being.

### HUMAN DEVELOPMENT JOURNEY

Life Force by Jean Houston (Preface and Introduction, "The New Dromenon"). This book is subtitled "the psycho-historical recovery of the self" and deals with the journey of civilization's development from pre-individual society through proto-individual, mid-individual, and individual society to our present post-individual society. She parallels the personal development of each person (from infancy, to childhood, to adolescence, to first maturity and second maturity) with the stages through which civilization has come.