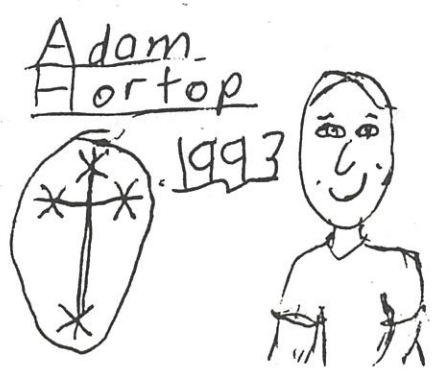
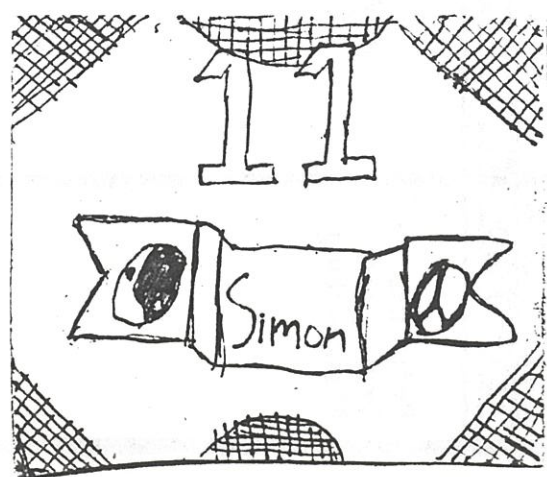
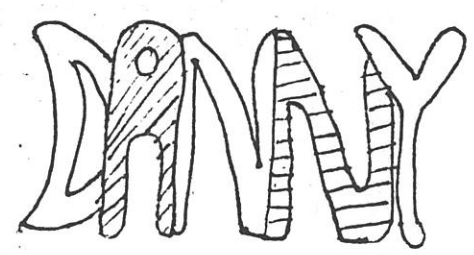
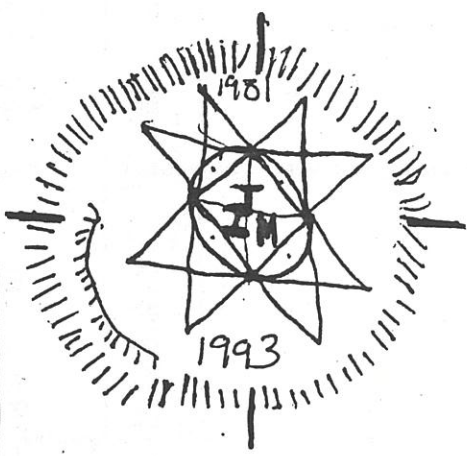
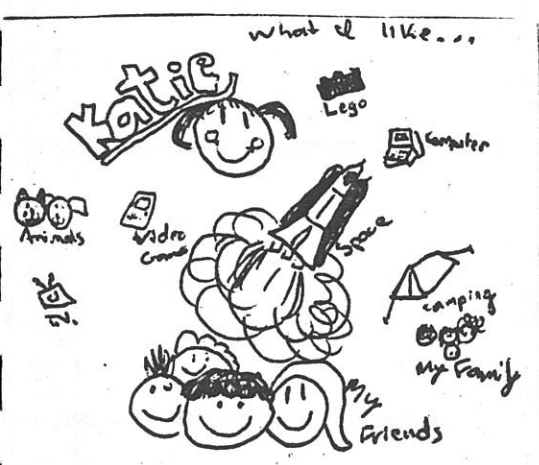
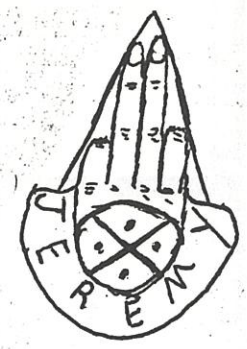
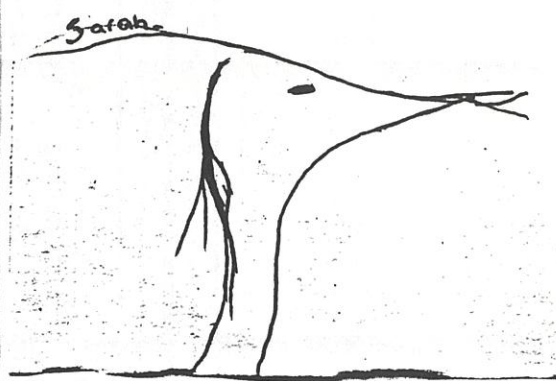
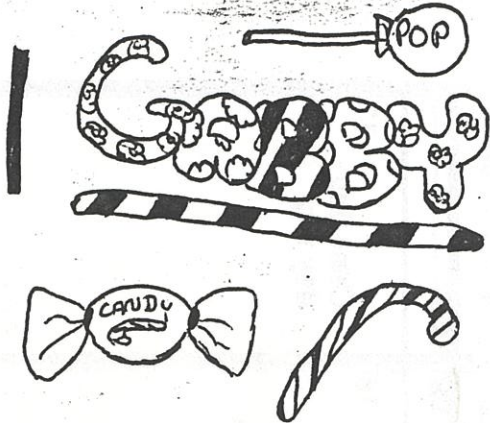




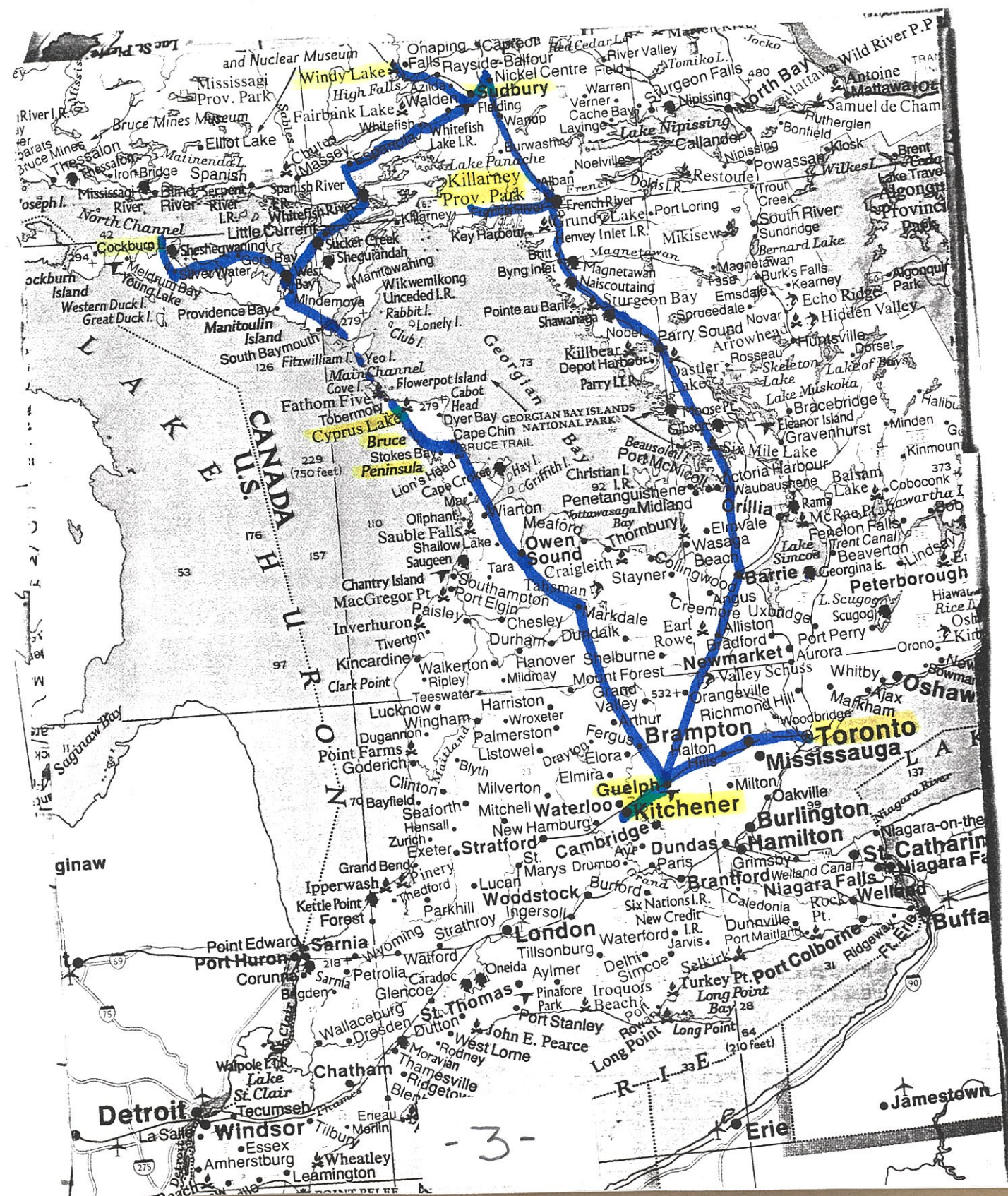


RITE OF PASSAGE JOURNEY 93 - ICA CANADA

RITE OF PASSAGE JOURNEY 93 - ICA CANADA						
						CALL TO-
						10
						Send out from 577 Kingston Rd at noon
						Orientation
						ALBION HILLS
ADVENTURE	THRESHOLD OF GIGRES			ROAD OF TRIALS		
Swimming 11 Trust games Mask making	12 Adventure / Ropes course at Canterbury Hills	13	Travel to 14 Killarney Swimming	Basic hiking 15 and canoeing skills swimming	Drive to Bell 16 Lake, then canoe to Balsam Lake	Canoeing 17 day trip

		MAGIC FLIGHT		RETURN THRESHOLD		
Canoe to Bell Lake 18	Hike to Silver Peaks 19	Canoe to Johnny Lake swimming learning to built shelter 20	Drive to Sudbury Science North Drive to Chutes 21	Drive to Manitopulin Bell Rocks & Dreamer's Rock Drive to Cockburn Island Native Drumming 22	Medicine Wheel teachings Swimming Dance 23	Purification Ritual Vigil Prep Vigil 24
(KILLARNEY)	BELL LAKE	JOHNNY LAKE	CHUTES	COCKBURN ISLAND RESERVE		
	MASTERS OF TWO WORLDS			FREEDOM TO LIVE		
Vigil Feast 25	Manitoulin exploration Swimming at Bridal Vale Falls ice cream stop 26	Ojibway Cultural Centre Ferry ride on the Chi-chee-maun Hiking around the Bruce National Park 27	Swimming in the caves Drive to Ric's place in King city 28	Wild Water Kingdom 29	Council of Elders Document Creation Celebration with pizzas 30	Travel to Toronto Welcome back at 577 Kingston Rd. 31
COCKBURN ISLAND RESERVE		BRUCE NAT. PARK	RIC'S PLACE IN KING CITY			TORONTO

The Route



RITE OF PASSAGE

What is Rite of Passage? This may be what you are wondering. Well it is a trip that helps a person go from a child to a youth. They teach us how to face our fears and make it through. This trip is not so much to learn about nature as it was to learn about yourself.

by Jeremy Brodhead & Tim Nelson



GETTING STARTED

We were all looking foreword to the trip but we were also a little bit worried about the people and activities. When we first met we got in a circle, said our names and got a Rite of Passage T-shirt. Then we got a group picture, hopped in the van and left. Off on a trip with total strangers except for their name. People we didn't trust or know. Such questions went through our minds. Why am I going on this trip? What am I going to have to do? But we went on because of the call to adventure.

by Jeremy Brodhead & Tim Nelson



SETTLING DOWN

Our first destination was Albion Hills. It was your regular campground with benches, tap water, and otherwise. After setting up the tents we played games that helped us learn each others names. The girls names were Emer, Jacqueline, Sarah, and Katie. The boys are Danny, Jeremy, Tim, Simon, Matthew, and Adam. We quickly became friends and were having fun together most of the time.

by Jeremy Brodhead & Tim Nelson



ROPES COURSE

The ropes course was on the third and fourth day of the trip. Some of us were frightened, some brave but we will always remember it. We started the day with games that tested our ability to work together as a group. We played games with clothes pins, foam pounders, and foam balls. Most of the games were creative and fun. They are not regular games like most people play. They were unusual and different. Then we started to play trust games so we will build up our trust as a group. We mainly played games that involved falling and catching and blind folding. After we were done with these games, we went to the ropes. The ropes were wires that were stretched between trees. One by one we learned how to operate the equipment then go on the ropes. It was an experience that most of us will never forget. The whole experiences taught us to cooperate and to trust each other.

by Jeremy Brodhead & Tim Nelson



MASK MAKING

After the ropes course we made masks. We took the plaster which was in strips and put them on each others faces. But before that we had to put oil on our faces. It was fun putting it on but taking it off was a different story. Despite the fact that we used oil, it stuck to our faces. When we did get it off we had plaster stuck to our faces. It was in our eyes, ears, eyelashes, eyebrows, and in our hair. But we had to admit the results were worth it. Even though they were molds for the actual masks they looked interesting and fun.

by Jeremy Brodhead & Tim Nelson



A FRIENDLY VISIT

When we first arrived at Killarney, we were surprised to find a bear cub raiding our campsite. Fortunately, a ranger was in the area and helped us get rid of it. He shot it in the rear but he hit a bone so it ran away never to be caught.

by Katie Rynes-Goldie & Jacqueline (Gabby) Symons



PURE WILDERNESS

Looking back at our camping experiences these past few weeks, we realized to live without modern day appliances is hard. Because we did not have these luxuries our clothes were usually soiled, our dishes dirty and our food not the best. By the time we had gotten to our final campground we thought it to be perfectly normal. To have clean clothes seems almost royal. During the trip we were responsible for the cooking, cleaning and shelter. In our spare time we usually gathered in a circle called the Sacred Circle. The activities we did in the circle were singing, sharing our experiences and thanking the earth for her gifts.

by Jacqueline (Gabby) Symons & Katie Rynes-Goldies



PORTAGES

Before our first big canoe trip, Ric split us up in two groups and showed us the main paddling strokes, the back stroke, the front stroke, the J stroke and the C stroke. Our first big canoe trip lasted 3 hours and we had to cross a pull over. Our second trip which was the longest of them all, lasted a whole 5 hours and consisted of three portages. The first portage was 640 metres long, the second was 150 metres and the third was 720 metres long. The next portage brought us to Bell Lake, fortunately it was a short canoe trip. Our next canoe trip was to Silver Peak and after our hike we canoed to Johnny Lake and then to the canoe rentals. The canoe trips were long and tiring but we all got over our ogres and completed our challenges.

by Jacqueline (Gabby) Symons



THE BIG CLIMB

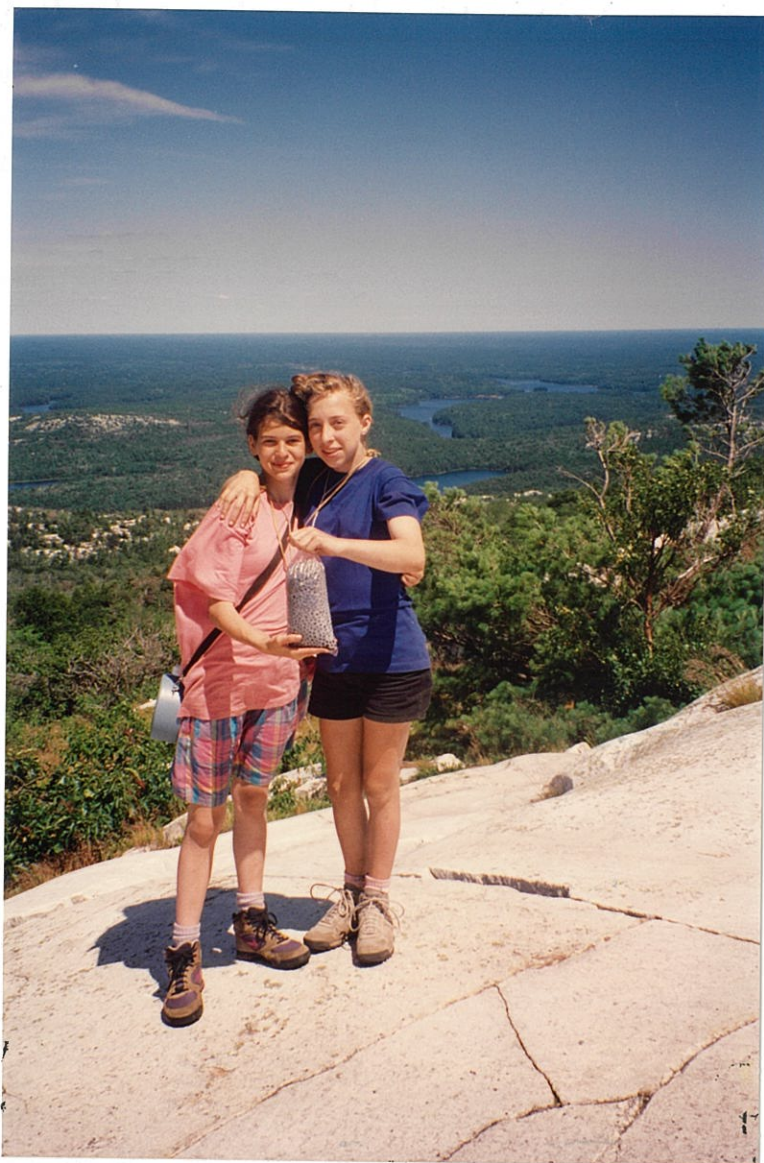
Our hike to Silver Peak was extremely exhausting. After the intense hike up hill we had time to relax and pick blueberries. Then we continued a less demanding hike to the summit. There the view was breath taking. Our lunch consisted of fresh salami and cheese sandwiches. We didn't have anything to drink besides the water in our canteens. From the top we could see the distance we had traveled during the past few days. Arlene told us we had traveled nearly sixty kilometres in total. We told the parents "staff" about the delicious blueberry snack we had just devoured. They came up with the idea to pick a bunch of blueberries we would have the following day. By the time we had finished picking blueberries we had enough to make scones plus a bunch to munch on later. Satisfied with our work, we hiked down the hill in a very relaxed manner. The hike down was quite easy and the stop at the fresh water spring proved to be very rewarding because we have had to boil and iodize our water because of beaver fever. We canoed back to the canoe rental and started our journey to Sudbury.

by Katie Rynes-Goldies & Jacqueline (Gabby) Symons

THE MIDDLE

We spent most of our time in the van between camping spots. In the van we usually played cards, sing songs and bothered people. The parents "staff" enjoyed listening to classical music but after begging for a while, we are allowed to listen to our music. Some people enjoyed sleeping in the van but they are awakened by the other people.

by Katie Rynes-Goldies & Jacqueline (Gabby) Symons



RINGING ROCKS

On the 22nd of July we got our mail. Everyone read other people letters, Everyone was happy to hear from home. After we had finished with our mail and lunch Rob (our tour guide) took us to Bell Rock. The Bell rocks used to be a group of seven rocks that rang really loud, when hit with another rock. It was used as a calling system for people all over the place. Someone moved the rocks and now only one rock rings.

by Adam Hortop



COCKBURN ISLAND RESERVE

When we first arrived at the reserve we were greeted by the community. They greeted us by the Indian word boojzoo which means welcome. We returned their greeting with the Indian word meegwetch which means thank you. Everyone at the reserve was friendly, warm and welcoming. When we arrived at our spot there where a few other community residents camped beside us. Some of us got to know the children and youth from the reserve very well. After we put up camp some drummers came and sang some chants. After supper we played a tackling game with some children from the reserve. The next night there was a dance in honor of the Rite of Passage Journey group.

by Emer & Adam



THE MEDICINE WHEEL

The day before the vigil Irene, the chief of the reserve taught us about the medicine wheel and what the colours for every direction. Her little helpers made a chart to help us. After we learned about the medicine wheel we made our own. We used the four colours black, white, red and yellow, and added fancy feathers and ribbons.

by Emer & Adam



JIM

About an hour before the vigil an Elder named Jim came and talked to us about what was lying ahead of us. First we were smudged with sage, then Jim sat down and told us that we didn't have to do the vigil if we didn't want to. He told us that on his way to us he passed four hitchhikers and waved, the fourth threw him the finger. He told us this to teach us that you can't get everyone to like you, and you can't expect everyone to like you.

by Emer & Adam



SOLITUDE

The parents "staff" took us around to our spot and then left us. I set up my shelter and gathered wood for my campfire. After that all I really had to do was keep my fire going and find something else to do. The sun was right over me when I started so keeping a fire going was really tough. Emer was right beside me and I wished I could have talked to her. That night I drifted off a few times but was quickly revived by either Ric, Adrian, or Arlene. At midnight they brought around instant soup, it was absolutely the best instant soup that I have ever tasted. When the parents "staff" came to take me back I knew that I was truly a youth.

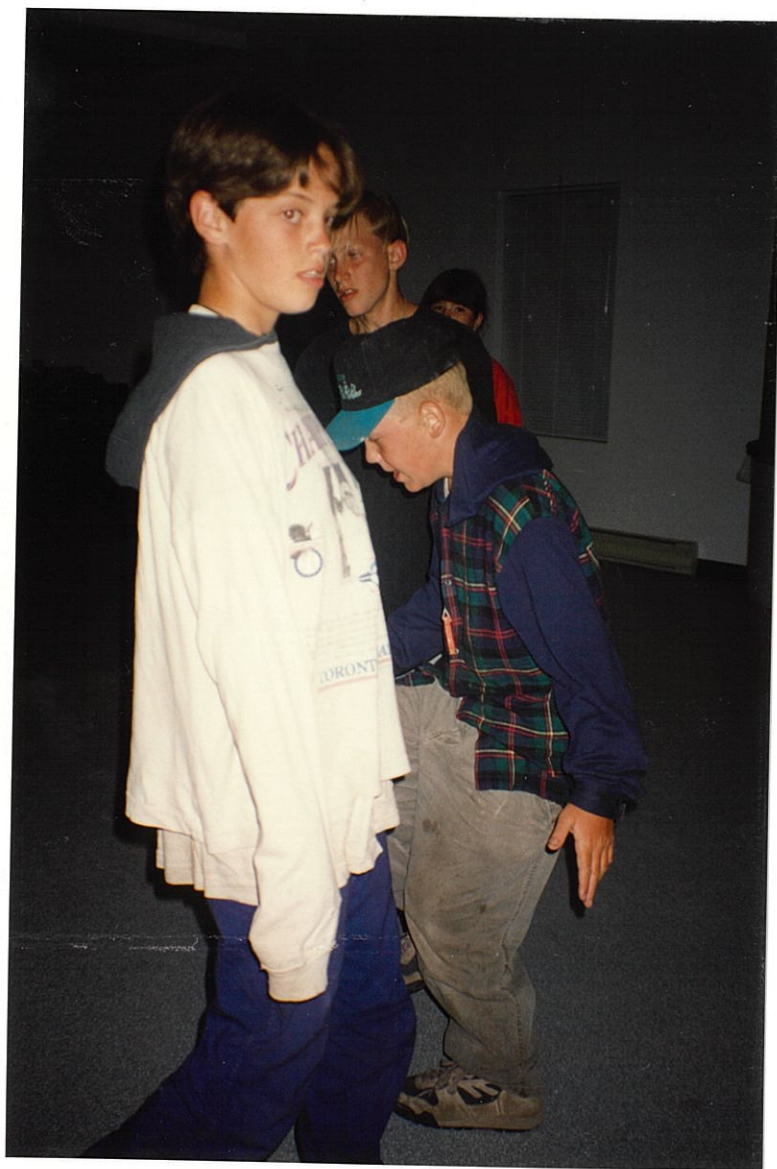
by Emer & Adam



DANCING WITH THE COCKBURN ISLAND RESERVE

When we were at Manitoulin the community threw a dance for us. The dance was honoring us having our vigil. The vigil was the next day and I thought that, that was really nice of them to do that. The dance was really fun and everyone enjoyed it. Something that was really funny was that, there was a song and I said "alright, Metallica" but then it was a Sesame Street song. Another time at Manitoulin we threw a dance and party for Dan's birthday. It didn't work out too well because it started too late, but it was fun and I think everyone enjoyed it.

by Simon George



ANIMAL MEDICINE CARDS

These cards are cards that you pick that represent something about you. For example, our last day at Albion Hills we saw a weasel chasing a rabbit and then when we went to Killarney we saw a bear. Anyway that night the three staff, Arlene, Ric and Adrian picked cards and they picked a rabbit, weasel, and a bear. I picked a dragonfly, and in the card it showed a dragonfly on a stalk of grass. About half an hour ago I had seen the exact same thing. I think that those cards actually meant something.

by Simon George



MANITOULIN THE BIGGEST LITTLE TOWN

When we were in Manitoulin we explored the town. In the town we went to Bridal Veil Falls and Cup & Saucer hiking trail. We went down to the hiking trail first. At the end of it there was a cliff that went straight down. It was really neat. Then we went to Bridal Veil Falls. We swam there and got to go through the falls. After we were done swimming most of us went to catch crayfish. After all that we went to have ice cream. It tasted good because we hadn't had sugar for two weeks

by Simon George



"YOUTS"

During our vigil we painted our masks. We were suppose to paint whatever we wanted. Some people painted their allies, and some people painted colours representing their personalities. During the ceremony of becoming a youth, I was the first to be called to the middle of the circle. There was one question I knew they were going to ask me, that was who was my hero/mentor. I said my brother because he never gets scared, where as I just get scared. They asked me a bunch of questions. I had two favorite parts of the ceremony. One was when we showed our masks and told why we painted them the way we did. My other favorite part was when we were called to the middle of the circle, kneeled down and they said "I now appoint Danny Bay the child, as Danny Bay the youth." That was to me the favorite part of the ceremony because that to me was the part when I completely turned into a youth.

by Danny Bay



FOOD FOR THOUGHT

After the vigil we were starving. We had to wait through the ceremony of becoming a youth. The people from the reserve, who were kind enough to let us stay with them for 4 nights and 5 days, made us the biggest lunch I've ever seen. The food was great. I was so stuffed, but I wanted to eat more. We had lots of food. We had scones, bread, soup, fish, drinks, buns, strawberries and spaghetti. To me the scones were the best.

by Danny Bay



SAYING GOOD-BYE TO COCKBURN ISLAND

When we left Manitoulin there was only one residence there to say good bye to. I would say at least all the reserve natives were there the night before so we got to say good bye then. I was really sad to leave because when we got there they treated us like honored guests. They are some of the kindest people I have ever been with. I wish I could of stayed there forever.

by Matthew Cale



THE RIDE

After saying good bye to our friends on the reserve we left quietly. It seemed like no time and we were going through the ticket booth to the ferry. The line up barely started so we parked the van and began to walk around. When the ferry came and was loaded everyone explored for awhile. Somehow everyone ended up in the lounge. We stared a game called man hunt in teams. If you saw someone from the other team who's not it then you have caught the team. Danny, Simon and Adam were the team who weren't it. Jacqueline, Emer, Tim and Jeremy were it. I didn't want to play at first but there wasn't anything else to do so I became a double agent. The Chi-cheemaun is a great ferry and we all enjoyed the ride.

by Sarah Lewis



THE ROCKY CAVES

The Bruce Peninsula was one of the most fun places of the trip although it was the shortest time spent anywhere in the trip. I liked it because it had millions of caves and cliffs. One of the caves we saw was halfway under water. The water was 30 feet deep and if you had scuba gear you would be able to go down that far and find a passage way leading to a place underground in the rocks or way out to Georgian Bay. We also went swimming in a cave that was like a wading pool. The pool was freezing! We had a lot of fun.

by Matthew Cale



WILD WATER KINGDOM

That morning we were allowed to sleep in. It was the ultimate day off! Everyone went from wave pool to hot tub to slides to hot tub to volleyball to hot tub. We did this till we ended of the day. I really pushed myself to the limits and went on the rides I wouldn't normally go on. At the end of the day trip it was announced that everyone had to (not really) go down "The Cliff." The Cliff was an almost vertical drop that leveled out at the end. As we climbed the stairs I started to get scared. We kept getting higher and higher up. I got more scared as we waited in line. Finally I pushed myself over the brink. It felt like being dropped from a 50 story building and slowly being caught. At the end I was glad I had gone down. I did it 2 more times, it was so much fun.

by Sarah Lewis

ELDERS COUNCIL

I was the last to go in. Not many people would tell me what was going on. I had no idea what to expect. When I got in I was so relieved! The parents (staff) were great and gave me helpful criticism and advice. In all it was a good experience.

by Sarah Lewis

PARTY

My thoughts on the party are that it will be a time to laugh and play. I am thinking what the food will be like. I think it will be good food like hamburgers or hot-dogs and chips, chocolate bars and pop. It might be like other camp foods too although I hope not. I really think everyone will have a great time at the party. I am looking forward to it

by Matthew Cale

SAYING AU REVOIR

When I leave my friends on this trip I will be very sad because I had such a great time here and I really don't want to leave this trip; except I wanted to leave the food because once we had vegetable burgers which tasted like bad tasting health food. I will miss the Manitoulin people as well as the good friends I have made on this trip.

by Matthew Cale

We started the day, with a lot of delay'
But we finally got to our spo-ot

We all take a liking, to the hiking,
Now we are doing, some canoeing

We all did the ropes course
Now we are singing, this chorus

We all did hard tasks, to make those masks,
But now here's the chorus, before we get hoarse

CHORUS

We all did some swimming, and now we are winning,
We're telling the truth, to become a youth

We all did some pouches, and now we are grouches,
Cause they were hard, we're all full of lard

We all hate mosquitoes, Adrian should know,
Yeah my bros.

CHORUS

We hiked, to Silver Peaks, that was neat,
But not for our feet

Danny's pants ripped, during the trip
He took a flip, And then he tripped

The girls like to laugh, at the staff
Because they haven't, taken a bath

The staff, gave us this food,
It's very crued, yeah dude

CHORUS

Going alone, for 24 hours,
Gives us a lot, of powers

After the vigil, we'll have a feast,
Pig out like a beast, but we don't want the least

While we were portaging, the staffs are massaging,
The beavers are lodging

CHORUS

The natives, are very creative
They make the medicine wheel,
How great it makes us feel

When Danny was just a wake,
he was thrown in the lake
But he had romance, that night at the dance

We went on the water slide, it was not very wide
We nearly feel down, and almost started to drown

Now this is the end, it's also the beginning
Now we are winning, at the same time as singin'

CHORUS (2X)

by Danny Bay, Simon George, & Tim Nelson

CHORUS

We have a big journey, in our hand (3X)
And we are going to be youth.

We have a lot of trust, in our hands (3X)
But we have support too

We went hiking, to the caves (3X)
But the water was freezing

CHORUS

We will be way up, in the trees (3X)
But we won't be afraid

CHORUS

We went in, as little children (3X)
But we came out as youths

CHORUS

Canoeing is hard, on our hands (3X)
So is the portage

CHORUS

TO THE TUNE OF "WE HAVE THE WHOLE WORLD IN OUR HANDS"

We had a lot of walking, on our feet (3X)
To climb Silver Peaks

CHORUS

We had a long vigil, in our hands (3X)
But we can make it through

CHORUS

We can't eat, on the vigil (3X)
But after there's a feast

CHORUS

There's no sleeping, on the vigil (3X)
But we can stay awake

CHORUS

We made it, through the vigil (3X)
Then we ate too much

CHORUS

We said our name is George (3X)
And they said who cares

CHORUS

by Jeremy Brodhead, Matthew Cale, & Adam Horto

TO THE TUNE OF "STAND BY ME"

When the night is near
And the food is served
And the children are the
only thing you can here
We won't, mis-mis-behave
No we won't misbehave
Just as long as we have our sugar

When we're hiking up the trail
And it's getting steep
We think this climb
will never end
We'll keep on, We'll keep on
Oh we won't turn around
Just as long as we can rest at the top

CHORUS

So staff, staff please be kind
Oh please be kind
"And let us have our sugar"

So staff, staff please be kind
Oh please be kind
"And let us rest at the top"

When we're on our way
And the portage has come
We must carry our canoes
along the path
We won't drag We won't drag
No we won't make a scratch
Just as long as we can
go swimming tomorrow

When the vigil has passed
And we're feeling great
We're back to civilisation
But it's not, Not the same
We've somehow changed inside

CHORUS

So staff, staff please be kind
Oh please be kind
"And let us go
swimming tomorrow"

When the dawn has come
And the sun is up
We are brutally
waken up by the drum
We'll get up We'll get up
Oh I'll be there
Just as long as we can
sleep in tomorrow

CHORUS

So staff, staff please be kind
Oh please be kind
"And let us sleep in tomorrow"

by Sarah Lewis, Katy Raynes-Goldie, Emer Schlosser, & Jacqueline Symon

Participants:

Danny Bay
Jeremy Brodhead
Matthew Cale
Simon George
Adam Hortop
Sarah Lewis
Tim Nelson
Katy Raynes-Goldies
Emer Schlosser
Jacqueline Symon

Staff:

Arlene Albright
Ric Fry
Adrian So

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Canterbury Hills-Cathy
Birch Island-Art and Vi Macgregor
-Rob Macgregor
Cockburn Island-Marjorie Sagon
-Irene
-Norman
-Drummers
-Community of Cockburn Island

Unforgettable friends and experiences